

## Lady Lions increase record to 4-2

*Intense and aggressive playing produce wins for Lady Lions*



Louis Gavin/The Collegian

**Set me up:** Pam Allshouse, (16), sets up the ball for a spike against Buffalo State. The Lady Lions went on to beat Buffalo State.

by Matt Cissne  
*The Collegian*

Roar!

The Lady Lions Volleyball Team clawed out a tough win against Buffalo State, 15-6, 5-15, 14-16, 15-10, 15-8 on Tuesday night in Erie Hall.

Tuesday's win increased the Lions' record to 4-2. This weekend the Lions took fifth place in the Cortland tournament by winning their first three matches before losing two in the championship bracket.

Co-captain Pam Allshouse is not surprised with the team's early success.

"We have a very good team," Allshouse said. "We back each other up and we play with intensity."

Coach Jan Wilson agreed with Allshouse, "we are a well rounded team and we are playing very aggressively."

The team is led by co-captains Allshouse and Kellie Jordan.

Last season Allshouse broke a school record by accumulating 801 sets and she led the team in serving aces with 61.

Jordan has over 120 serving aces in her career and she is a strong and

experienced hitter.

Wilson praised her captains, "they are both good leaders. Pam (Allshouse) is more vocal, but they both lead by example."

Other players who Wilson expects to make a major contribution to the team are newcomers Carrie Grzejka, Jennifer Mook and Lori Nadolny and veterans Aisha

**"I think team spirit is crucial to winning and it allows the team to have more fun."**

**-Coach Jan Wilson**

Norflett and Alexis Pasteur. Pasteur is a strong hitter and is the team leader in kills.

Wilson was quick to point out that she felt her team was well-balanced and she expected everyone to make contributions to the team effort.

Last season the Lions were 15-27. One of Wilson's goals for the season is to have a winning record.

Her other goals for the team include concentrating on good serves, playing with intensity and communicating on and off the court.

"I think team spirit is crucial to winning and it allows the team to have more fun," said Coach Wilson.

To achieve the team's goal of having a winning season, Wilson feels the team needs to work on serve reception and defense.

The Lions' next action is this weekend at the always tough Allegheny tournament. Next Tuesday they are at home to face Case Western and Theil.

The opposition better be prepared!

"We are playing very well right now," said Allshouse. "We are not letting ourselves get down and we really want to win. I'm excited to be on such a strong team."

When Lions talk, you really should listen.

Roar!

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Catch the Lady Lions' next home game against Case Western/Theil Sept. 17, at 6 p.m.

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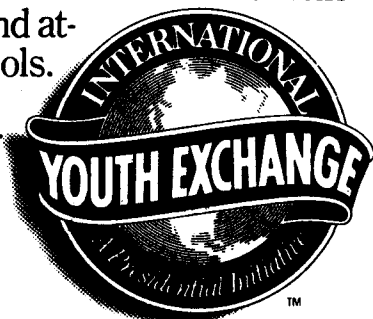
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