

Penn State - Behrend

# Carnival 1990

Thursday, October 11

In Erie Hall

10:00 a.m. - 3:30 p.m.

## Games and Prizes

Over 20 clubs and organizations will host a variety of fun activities throughout the day. Prizes will be awarded!!

## Fitness Testing

Includes body fat analysis, cardiovascular assessment, and body strength measures. All tests will be conducted at *no charge!* Sponsored by the Behrend Athletic Department and Hamot Sports Medicine.

## Free Refreshments & Samples

O'Doul's non-alcoholic beer  
sponsored by: Erie Beer  
N.Y. Seltzer  
sponsored by: Moore Distributing  
PAPS non-alcoholic beer  
sponsored by: Moore Distributing  
Kingsbury non-alcoholic beer  
sponsored by: Moore Distributing  
Good Nature Farms non-alcoholic wine  
Meadowbrook Farms Orange Juice and  
Citrus Delight

Various Snack Foods contributed by:

Maplevale Farms, Inc.  
Clarence H. Houk Co., Inc.  
Giant Eagle  
Super Duper, East  
Bagel Basket  
Troyer Farms, Inc.  
Freshens

## Screenings

\* St. Vincent Health Center will conduct Cholesterol, Blood Sugar and Blood Pressure screenings. The fee is \$4.00 each for the cholesterol and blood sugar tests. Blood pressure checks are free. A 2-hour fast is required before the blood sugar screen. No fast is required for the cholesterol check. Students may sign a Certification of Health Charge form for the tests that have a fee. Faculty, staff and community guests pay at the time of the test.

## Demonstrations

Sobriety Testing Demonstration with Student Volunteers at 12:00 Noon.

Computerized Programs:

Fast food--Select your favorite fast food and determine the nutritional value of what you might order.

Alcohol Withdrawal--Information on what it's like to go through it.

Intro to A.A.--Find out about Alcoholics Anonymous and determine if you need their services.

AIDS--Information about the disease.

## Displays

The Erie Chemical People  
Cult Awareness Network  
TIPS (Training Intervention Procedures)  
Students Against Driving Drunk  
Mothers Against Drunk Driving  
Continuous Videos

Sponsored by the Behrend Health Advisory Board and partially funded by a grant from the Department of Education