The Bloomfield Cimes.

HOUSE, FARM AND GARDEN.

Heart Disease.

When an individual is reported to have died of disease of the heart, we are in the habit of regarding it as an inevitable event, as something which could not have been foreseen or prevented, and it is too much the habit when persons suddenly fall down dead to report the heart as the cause; this silences all inquiry and investigation, and saves the trouble and inconvenience of a repulsive post-mortem. A truer report would have a tendency to save many lives. It is through a report of the heart that many an opium eater is let off into the grave, which covers at once his folly and his crime; the brandy drinker too, quietly slides around the corner thus, and is heard of no more; in short this report of disease of the heart is the mantle of charity which the polite coroner and the sympathetic physician throw around the graves of genteel people.

At a scientific congress at Strasbourg it was reported that out of sixty persons who had died suddenly, an immediate and faithful post-mortem showed that only two persons had any heart affection whatever-one sudden death only in thirty-three, from disease of the heart. Nine out of the sixty-six died of apoplexy-one out of every seven; while forty-six-more than two out of threedied of lung affection, half of them of congestion of the lungs-that is the lungs were so full of blood they could not work; there was not room for air enough to get in to support life. It is then of considerable practical interest to know some of the common, every day causes of this congestion of the lungs, a disease which, the figures above being true, kills three times as many persons at short warning as apoplexy and heart disease together. Cold feet tight shoes, tight clothing, costive bowels, sitting still until chilled through after having been warmed up by labor or a long hasty walk; going too suddenly from a close heated room, as a lounger, speaker, or listener, while the body is weakened by continual application or abstinence, or heated by the effort of a long address; these are the fruitful causes of sudden death in the form of congestion of the lungs, but which, being falsely reported as disease of the heart, and regarded as an inevitable event, throw people off their guard, instead of pointing them plainly to 'the true causes, all of which are avoidable and very easily so, and as a general rule, when the mind has been intelligently drawn to the subject .- Hall's Journal of Health.

Miscalled Coal oil Explosion Preventives.

One of the latest is a so called preventive of coal oil lamp explosions. It is simple and cheap, and would be a good thing if it only was a preventive. The remedy is to put a teaspoonful of common salt in the oil of the lamp; but upon a test trial being made by an expert chemist, the alleged 'preventive' failed. The pretroleum used had a "fire test" of 125 degrees, and it gave off a vapor with salt in it at precisely the same temperature as it did without salt, and exploded the same with salt as without it. The chemist gives his opinion that the publication of such a remedy for coal oil explosions might have the result of causing people to rely on it to a degree that would make them careless, and so produce the very danger and injury the plan is intended to cure. We agree with him. There is at present no preventive for coal oil explosions except to be as careful in handling the article at night, or near a fire or light at any time, as if it was gunpowder, and to be sure to buy the best quality.

Starch for Shirt Bosoms.

Take two ounces of fine gum-arabic powder put into a pitcher, and pour on a pint of boiling water, according to the strength you desire, and then having covered it, let it stand all night; in the morning pour it carefully from the dregs into a clean bottle, cork it and keep it for use. A tablespoonful of gum water stirred into a pint of starch made in the usual manner will give to lawn, either white or printed, a look of newness when nothing else can restore them after they have been washed.

Improvement for Mind and Body.

For genuine merit there is no tonic sold that begins to compare with Parker's Ginger Tonic. One 50 cent bottle contains more life and strength restoring power than a bushel of malt or a gallon of pure milk. As an appetizer, blood purifier and kidney correcter, it meets with astonishing success, and invalids find its use promptly followed by renewed energy and vivacity, mental and physical improvement, and gradual restoration to perfect health. See advertisement in another column.

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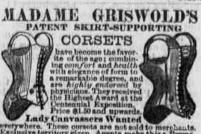
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February 15, 1881-3m A

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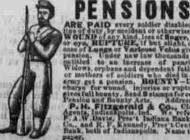
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January 18, 1861-6t

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