
HOUSE, FARM AND GARDEN. Salt for the Throat.
In these days when dleceases of the hront are prevalent, and to so many
casea fatal, we feel it our duty to may a word in behalf of a mout effectual, it not positive, eure for sore throat.
For years past, indeed we may say during the whole of a life of more than forty yeara, we have been subjected to dry hneking cough whiteh is not only distressing to ourrelves, but to those with whom we are brought into business contact.
Lnast fall we were indueed to try what
virtue there was in common virtue hisere was us conced it the timeo day, mornling, noon and night. We dissolved a large tablespoonfoll of pure thble salt in about a halr small tumbler full of water. With this we gargled the thront most thoroughly juut before meal
time. The reault han been that furing the entire winter we were 0 only tree from eoughs and colds, but the dry hacking cough has entirely disappeared. We attribute these satisfactory results solely to the use of salt gargle, and moost hose who are subject to diseases of the hiroat. Many persons who have never tried the salt gargle have the impression cave. On the contrary, it is pleasant and after a few days use, no person who who
oves a ule clean mouth and a first-rate barpener of the appetite will abandon

Cut Out and Keep
If your coal fire is low throw on a
ablespoonful of salt, and it will help it tablesponfol of salt, and t will beip pit
very nuech. A litte ginger put into seling eakea, dip the knife frequently oup, use cold water to extract the juices. If the meat is wanted for itself alone, plunge in boiling water at once. You can get a botlle or barrel of oll of ting dry buck wheat plentifulty and fatithfully. Never put water to such a grease spot, or liquid of any kind. Broil steak without salting. salt draws the Juice In cooking; it is desimble to keep these turning frequently, searing oo both fore sides. Place on a platter; salt and pepper to taste. Beef havinga tendency a and pepper, gently for two hours, salt and pepper, taking out about a pint of the rest boil into the meat. Brown the meat in the pot. After taking up make a gravy of the pint of liquid saved.with boiling cabbareooal in the pot Clean oilcloth with mill a brush and soap will ruin them, Tum. blers that have had milk in them should never be put in hot water. A spoonfull or sewed tomatoes in the gravy of either roasted or fried meats is an improve-
ment. The skin of a boiled egg is the plied to a boil. Peel it carefally, wet aud apply to the part affected. It will draw off the matter and relieve the sorences in a few hours.
H5 Collect some soot from a chimney or stove where wood is used for fuel,
put into an old pitcher and pour hot water upon it. When cool use it to water your plants every few days. The effect upon plants is wonderful in prowithg a rapid growth of thrifty sboots with large thick leaves and a great
number of richly-tinted roses.

EFClover is a very strongly taprooted
plant and strides its feeders deep into the earth, finding nutriment where the finer roots of cereals would not go.-
The proportion which the roots bear to he top is very large, and on the remoyal of the crop these are left to rot and add their elements to enrich the soil. em" Years ago I was told by a young sows plenty of sulphur for a few days previous to farrowing time, as well as occasionally atterwara, I would have no trouble. I have found it to work like
5y No farmer who does not take a hearty interest in his work can ever
hope to ascend the ladder of progress. Haunted Mo.
A Workingman says: "Debt, poverty
and suffering haminted me for years, aused by a siek family and large bils,
for dootoring, which did no good., I was riopletely discouraged, until oie year
ngo, yon advice of my pator, I pro-
cured Hop Bitters und oommenced their ase and in one month we were all well,
and none of us have boen sick a dny
ince a and I wunt to eny to all poor men you can keep your familles well a year
with Hop Blters with Hop Bitters for less than one doe
tor's visiti will coat."


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