

— EDITORIAL —

"If a man must die before his time, is there a greater memorial to his years on earth than the knowledge that he helped give life to someone else?"

A few brief days ago a promising young life was lost on a back road of East Donegal township as 15-year-old Ramon Sell was running with his fellow members of the Donegal high school track team.

A conscientious boy with more accomplishments behind him than some people of mature years can count for themselves, he was working hard — doing road work — to build his body for achieving still other goals in schoolboy athletics.

But, in a twinkling, in a fateful accident, he was cut down and now is gone, long before his time. At 15, his promise of life was glowing, vibrant with the expectation of a good life.

As a community contemplates the tragedy, there are those who mention memorials of one kind or another.

A "fund", perhaps...maybe a "tree"...others.

We suggest that already a start has been made on a certain kind of memorial in his memory.

Immediately after the accident, Donegal high school athletes were barred from doing further "road work" off the school property. It was explained at the time of the accident that "all of the schools are doing it" — meaning doing road work on the public roads.

Some schoolmen could not believe that athletes in their schools actually were running on the highways. Some learned, to their surprise, that, truly, groups of trackmen were doing just that, in the same way that young Sell was training.

Already some schools besides Donegal have prohibited such practice.

If such action thus saves the life — or limb — of another young man, then Ramon's loss has a certain memorial.

But, if the friends who mourn his loss feel that his memorial should be even greater, they might all begin a concerted effort to stamp out "road work" on the highways surrounding all schools — whether they be little-used back roads, secondary roads or along principal highways.

A determined effort to contact every school principal and every track coach might well be made in a dignified and thoughtful manner, pointing out the perils. Every principal and coach in the county — yes, the state and maybe more — might well be contacted by letter, for road running is a wide-spread practice and all of it is potentially dangerous.

A young life saved, is a life given. And, the words of experience, in Ramon's name, could save another.

And, just one young life saved would be the finest memorial any group of friends could possibly give to a boy who lived a brief, but tremendously successful, full life.

The Worry Clinic

by Dr. Geo. W. Crane

Peter had high blood pressure. So his physician put him on a diet low in saturated fats, such as egg yolk, meat fat, etc. Instead, he used vegetable oils and other unsaturated fats. But note his shock to learn about the California experiment!

CASE S-575: Peter B., aged 38, is confused.

"Dr. Crane," he began, "my blood pressure had been rather high for my physician said it was 165-90.

"He thought I had too much cholesterol in my blood so he put me on a diet of unsaturated fats.

"Thus, I had to omit eggs because of the cholesterol in their yolks.

"And I couldn't nibble at the suet on the steak or take other saturated fats.

"Instead, I used vegetable oils and other unsaturated fats.

"Well, now I understand that a recent medical report showed more heart attacks among those on the unsaturated fatty diet.

"And even more cancer, too.

"So what am I to believe?"

MEDICAL THEORIES

Experiments on animals often suggest possible remedies that might help human patients.

So physicians often test such theories on human beings.

California recently concluded an 8-year experiment on 846 men regarding saturated vs. unsaturated fat diets.

Probably to the surprise of the researchers, it was found that those who freely ate meat, eggs

● Deaths

EMONEZER S. SMITH

Emonezer S. "Pat" Smith, 65, of Mount Joy R2, died Thursday, April 19, at Lancaster Osteopathic Hospital. He had been under the care of a physician. He was the husband of Esther Frey Smith.

He was employed by Millersville State college in maintenance of the science department.

Smith was a member of Manor Brethren in Christ church.

Born in Williamsport, he was a son of the late Emonezer and Lydia Johnson Smith.

Besides his widow, he is survived by two daughters, Nancy, wife of John K. Frey, Maytown, and Alma, wife of Bruce Wilkins, Manheim R4; eight grandchildren; two sisters, Mrs. Fianda Campbell, and Vadis, wife of Edwin Dean, both of Maryland, and one brother, Stanley Campbell, Washington.

Services were held Saturday from the Cross Roads church and burial was made in the church cemetery.

CORA G. DERR

Mrs. Cora G. Derr, 76, died Sunday evening, April 22, at 8 p.m. at St. Joseph hospital. She had been a patient at the Fairview Manor Convalescent Home in Columbia, and before that she resided on Fairview Street, Marietta.

She was the widow of Norman C. Derr. Born in Rapho Twp., she was the daughter of the late Edwin and Annie Grider Myers.

She was a member of the United Methodist Church, Marietta.

She is survived by two sons, Wilbur C., Mount Joy and Edwin M., Marietta and three daughters, Mary, the wife of Ervin Leas, Marietta R1, Alice I., the wife of Lawrence McCauley, Columbia R2, and Hazel, the wife of Dr. Mearl Kilmore, Urbandale, Iowa.

She is also survived by two sisters, Mrs. Joseph Rettew and Mrs. Harry Miller, both of Marietta and 13 grandchildren.

Service were arranged for Wednesday afternoon, April 25, from the Smedley funeral home, followed by burial in the Silver Spring cemetery.

HELENT T. LEADER

Funeral services for Helen T. Leader, 71, of Marietta, who passed away Monday, April 16, were held from the Smedley funeral home and St. Mary's Catholic church, Marietta, on Wednesday, April 18. She resided at 100 W. Front Street.

Burial was made in St. Joseph's New Catholic cemetery, Lancaster.

Born in Lancaster, she died at St. Joseph's hospital, Lancaster, after an illness of several days. She was a daughter of the late Charles and Catherine Bender Leader. She was a resident of Marietta for approximately 44 years.

A retired employe of Wyeth Laboratories, Marietta, after 21 years service, she was a member of St. Mary's Catholic Church, Marietta, the Altar Rosary Society of the church and the Senior Citizens of Marietta.

In addition to her husband, she is survived by a sister, Miss Anna M. Gross, St. Anne's Home, Columbia.

and other saturated fats found in the normal American diet, thus fared much better than those on the experimental diet of unsaturated fats.

At the end of the 8-year test, there were 178 deaths among

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the Wonder of BOOKS

By Martha Epler

"THEN SINGS MY SOUL"

by

George Beverly Shea

with

Fred Baur

Published by Fleming H. Revell, 1968

Almost all Americans are familiar with the name George Beverly Shea. He is known to us well as the golden-voiced singer who travels with and adds great dimension to the Billy Graham crusades." "Then Sings My Soul" is George Beverly ("Bev") Shea's autobiography.

The introduction to the book is written by a most appreciative and admiring Billy Graham, who has been B. Shea's "colleague in evangelism" since 1944! Graham's regard for Shea is apparent as he notes, "His humility is genuine. His walk with God is sincere. He really means what he sings!"

"Then Sings My Soul" begins with the author's childhood. Shea speaks lovingly of his hard-working minister father and his musical piano-playing mother, who both were influential in his chosen career. Also spoken of to a great degree is his wife, Erma.

Apparently, "Bev" and Erma had quite a "tenuous" relationship before their marriage, due mainly to the unusual length of their courtship.

A humorous incident is cited concerning their actual wedding day. Bev and his best man were confronted with a flat tire on the way to the ceremony, and, as a result, kept the wedding guests waiting for over half an hour!

Many such incidents are recounted and written with a genuine warmth and feeling for humor that portrays the author's personality so well. We feel that this warmth and humor account to a large degree for the personal success that Shea has enjoyed.

Through reading "Then Sings

My Soul" one gains an understanding and appreciation for the many long hours of work and practice required to make a "good singer" into a master of the art. Shea recalls the beginnings of his career and the people and places encountered on the way to his present day success. Always, however, he speaks of his success with great humility, attributing all triumphs to the Lord.

It is indeed fascinating to read about the origins of many inspired to write music to Rhea Miller's poem "I'd Rather Have Jesus."

When the author was young, his mother made an endearing habit of placing notes, poems, or essays on his violin case! Such was the case with "I'd Rather Have Jesus." To Shea, "Melody just seemed to form around the words."

No other hymn has ever enjoyed the phenomenal success of "How Great Thou Art," from whence comes the book's title. One is absorbed with the fascinating story behind this great hymn!

This book would be of great interest to anyone interested not only in Bev Shea, but to anyone interested in Billy Graham. The author recalls Graham's crusades in their earliest and humblest stages. He takes us into the personal lives of such "greats" as song leader Cliff Barrows and preacher Grady Wilson.

The reader feels a closeness to the Graham Team as he "visits" many of the famous crusades—at

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