

# EDITORIAL

## Athletic Association Makes Good Try

Mount Joy's Athletic association made a heroic try — but the weatherman just did not cooperate!

The winter of 1972-'73 has been better for tennis than it has for ice skating.

And, thereby hangs the tale.

Shortly after the first of the year the athletic association went all out to transform the "lower" tennis courts at the Borough Park into an ice rink. Countless man-hours were given toward installing a plastic liner, erecting a low retaining barrier and flooding the entire area.

But, at no time after the project was finished has the weather been suitable. There have been a few cold days but never were there enough days one after the other when the thermometer dropped low enough and stayed there that the rink ever became first class for ice skating.

A few times there was an opportunity for very, very minor use but not at all in the way the entire community had anticipated.

Rather, two "upper" courts nearby had more use, for what is normally thought of as a summer sport, than did the rink.

One Sunday afternoon we noted three or four youngsters trying to play hockey on a small patch of ice on the lower court while both upper courts were being used vigorously for full doubles play.

About the only difference this winter, for the tennis players, is that sweaters and slacks are in order rather than tee shirts and shorts.

From a casual inspection, the "ice rink" courts have not been damaged much.

But — the point here is that the Athletic association did make a big effort for the community and it is sad that the work did not pay off in good clean, safe ice skating for young and old of the community.

Maybe next year?

## Over The Back Fence

by Max Smith



An item that should be of great concern to many Lancaster Counties is the proposed amendment to the State Constitution that would permit the assessment of farm land to be on its agricultural production value and not on the market value. This issue will appear on the election ballot this May throughout the state of Pennsylvania.

The Farm and Home Foundation is sponsoring a public educational meeting on Wednesday, March 14, at 7:30 p.m. in the Farm and Home Center. Several Penn State officials will present all phases of this subject in order to get our local folks better acquainted with the many issues involved. We urge farmers and all citizens to become interested in this subject.

Wheat growers are approaching the time of the year when a top-dressing of nitrogen fertilizer on the wheat field will help increase both straw and grain yields. The amount that

should be applied will vary according to the fertility of the field and soil type; however, from 25 to 50 pounds of actual nitrogen per acre would be the range. The larger amounts should be on sand or gravel soils that are not to be seeded down to alfalfa or clover. Nitrogen will replace some of the plant food that has leached from the soil since last fall and normally will give good returns for the investment. What that is to be seeded down to a new alfalfa or clover stand should be given the lighter applications in order to give the small legume seedlings a better chance of survival. When growth starts in the spring — it is time to apply the extra nitrogen.

Flower gardeners will soon be getting the "spring fever" along with lawn keepers and outside chores will become more common; that is, if winter weather does not come in March and April rather than January and February. The rose bushes are showing some winter killing in some areas and this dead wood needs to be removed along with the cutting back of the rose canes when the danger of hard freezes is over; this is usually done during late March or early April. If the bushes have been protected with mounds of soil or mulch, this material can be partly removed later this month. A complete fertilizer such as 5-10-10 or 10-10-10 around each rose bush (hand-



## Doctor in the Kitchen®

by Laurence M. Hursh, M.D.  
Consultant, National Dairy Council

### More On Feeding Little Folks

Are there some general principles to guide mothers and fathers in feeding their preschool-age child? Today I'd like to list seven points that should be kept well in mind for the toddler of three years of age or more.

They will help you help your child to build a solid foundation for health. Here are the points:

1. Serve small portions of food; use small manageable glasses of milk and juices.

2. A medium temperature for food, rather than too hot or cold, is usually preferred by young children.

3. "Finger foods" which are easy to handle are usually popular. Examples are wedges of hardcooked egg or tomato, cubes of meat or cheese, strips of carrot, small sandwiches (bite-size).

4. Young children usually prefer moderately seasoned food. So, in meal preparation keep this in mind. The rest of your family can add seasoning to their own taste at the table.

5. "Food jags" is the name given by nutritionists to those times when children eat a certain

ful) will encourage new growth and greater blooming. Some mulch should be left to conserve moisture this summer and protect the bushes against extremely hot, dry weather. Spraying for black rot will not be needed until the leaves start to grow early in April.

A number of alfalfa growers report some thin spots in their stand that was seeded last August; the question is presented about the merits of broadcasting additional seed on top of the ground over these thin areas. Experience reflects very spotty results with this kind of over-seeding, because the conditions do not present the best seed-bed conditions for the small alfalfa plants; the competition is too great in most cases. However, if the grower will not make his first cutting of alfalfa until the younger plants are in blossom, then they will have a better chance of survival; this will mean that the older plants that were seeded last August may have to be allowed to get into full bloom before they are cut. To cut the younger plants before they are in bloom will certainly be fatal to a large percentage of them.

type of food repeatedly for a short time. This spree should not cause parents undue concern. The child will usually return to a more varied diet if no issue is made of his temporary preference.

6. Serving a disliked food in a new way, or in very small portions, or with a well-liked food, will often help overcome the dislike.

7. And most of all: A good example set by older family

members is one of the best ways to help young children develop good food habits.

In practicing the foregoing, there is also another point you can keep in mind: In general, except for members of your family who might be on a medically-prescribed diet, all members of your family can usually eat the same basic meals. We all need the same nutrients. It's just that the amounts of each food we eat should vary according to size, activity, sex, and whether we are growing physically at the time.

The kinds of food needed are the wide variety found in the four food groups - the milk group, the meat-fish poultry-egg group, vegetables and fruits, breads and cereals. Fats and oils and sugars add flavor and help fill out energy needs.

## The Worry Clinic

by Dr. Geo. W. Crane

Hank offers some startling data about college graduates vs. skilled craftsmen! Study them with care. For they may explain why labor unions are growing conservative while many college students are so liberal they laud Castro.

By - George W. Crane, Ph. D., M.D.

CASE S-558: Hank J., aged 37, is a contractor.

"Dr. Crane," he began, "those young fellows with practical education seem to have the advantage nowadays, don't they?"

"For example, our Chicago Builder's Association made a striking comparison of the hourly income of Liberal Arts College graduates versus carpenters and even unskilled laborers.

"It assumed that 4 years at the university was the equivalent of a tradesman's apprenticeship.

"Now notice the comparative hourly earning scales in 1971, as printed in our Chicago TODAY:

|                |                 |
|----------------|-----------------|
| Laborer        | \$7.12 per hour |
| Carpenter      | \$8.65 per hour |
| Crane operator | \$9.57 per hour |
| Cement mason   | \$9.71 per hour |

Liberal Arts grad. \$4.00 per hour  
Accounting grad. \$5.00 per hour

"Dr. Crane, the men with trained hands are now in the saddle as regards earning power.

"Is it any wonder college students have lost much of their former motivation?"

### LUXURIOUS AMERICA

Do any of you readers think the laborers of Russia or Red China or even Cuba can compare so favorably with college graduates?

The above figures for Liberal Arts graduates were based on 2,000 hours of work per year.

That's a 40-hour week.

So the Liberal Arts grads thus average about \$8,000 per year.

Similar annual earnings for 2,000 hours of unskilled labor, will net the laborer \$14,240.

The cement mason over the same annual period of 2,000 hours would get \$19,420 for his yearly "take" from our great "free enterprise" system.

Maybe that helps explain why the "hard hats" (construction workers) are becoming more conservative in their political outlook.

And also why college youth are so liberal they often espouse communistic slogans!

Skilled craftsmen have wisdom in contrast to the theoretical (braintruster) education of the Liberal Arts graduates.

And those skilled craftsmen are usually possessed of a higher I.Q. than many high school or college grads who are pushed along on the basis of chronological age, regardless of whether they can read or write!

And I'm not joking!

For many high school diploma-holders are practically illiterate!

They can't even read the instructions on our trade and achievement tests for carpenters, cement masons et al.

There has been a widespread cry against the construction trades for not opening their membership more widely.

Alas, many of those who demand membership still can't read simple instructions or even tell time!

It is now imperative that we begin to stress achievement and skill, instead of color, race or religion.

The only type of bias that should be popular in America is that against stupidity, shiftlessness and dishonesty!

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## MOUNT JOY BULLETIN'S "WELCOME SPECIAL"

To celebrate the opening of Parkwood Homes' new plant on Mount Joy Route 2, the Bulletin through, and including March 23, is offering a

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The Bulletin will accept a subscription for any person whose mail address is Mount Joy Route 2, and is not now a subscriber, for  
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