

Death Takes Rutherford At Age 40

Henry J. Rutherford, age 40, of Marietta died Monday night, Feb. 19, after being stricken with a massive stroke.

He was seized in the yard of his home at 190 Longenecker Ave., about 3 p.m. and was rushed to the St. Joseph hospital. He died about 8:30 p.m.

District Attorney for the past year and a half, Rutherford previously had been assistant DA and had been a practicing attorney in Lancaster and Marietta. He was an honor graduate of Marietta high school and of Dickinson college and Dickinson Law School.

A man of many causes, he participated in diverse phases of community life, including serving as a member of the Donegal District School Board and as president in 1960.

He was a director of the Marietta Water Works, the First National Bank of Marietta and the Home Building & Loan association. He was a member of the First United Methodist church of Marietta and president of the board of trustees.

He is survived by his widow, Dolores Elliott Rutherford and one daughter, Ann, at home.

Funeral services were arranged for Thursday, Feb. 22 from the Marietta United Methodist church with burial to follow in the Marietta cemetery.

● This and That

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say they combined two of them and then also used a third which we never heard of before!

In October they drove down to Lorton, Va., one afternoon and boarded the fabulous Autotrain, which deposited them in Central Florida the next morning!

It was a fascinating trip, complete with free food, free movies, and warm southern hospitality. They watched their car being carefully loaded in a double-deck enclosed car on the Autotrain, and then were delighted to have it returned to them when they arrived in Florida.

They spent a week touring Florida in their own car, with two wonderful days at Disney World. It was an exciting unforgettable time for the father, mother, a 21-year-old son and a high school sophomore daughter.

"What is the other way they used to make the Florida trip?" you ask.

They went via grocery coupons!

Not just ordinary coupons, though. They weren't the kind where the store takes several cents off the marked price of an item purchased, if the customer has a coupon.

They were "refund" coupons, on which the food manufacturer refunds in cash a portion of the price if the purchaser sends in to the company a label from the package!!

Over a period of a year or more, our friends assiduously searched for such coupons in the stores, and just as assiduously bought the items and sent in the labels for the refunds!

Sometimes it was as much as a dollar they received back; in most cases, it was less than that. But they kept it all in a separate fund at the bank, drawing a little interest. And the fund grew. When October came, there was enough to buy the Autotrain ticket to Florida for the four of them!

So—they "went" to Florida on grocery coupons! We wonder where their 'coupon' money will take them next!

Life is interesting. This past week end the editor's sister's youngest child, a daughter, "opened" in a play on Broadway!

A graduate of the Drama Department of Purdue University in Lafayette, Ind., and of the Goodman School of Drama in Chicago, Becky had held in her heart for several years a dream of being in a play on Broadway. Her play opened in Chicago, had a run in Washington, D.C., and Wilmington, Del., before going to New York.

We would have liked to be there for the opening Sunday evening, but could not make it. Now we are eager to hear firsthand from the family all about how it is to attend an "Opening Night" on Broadway. We shall enjoy it vicariously!

● What's a

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of the 1890's.

Round or octagon in shape, it would have had a fancy banister and a roof-maybe peaked or domed.

However, as described as a possible design for a possible band stand in Mount Joy, the word more likely means some kind of low platform with minor decorative features — perhaps lattice work.

Backers of the plan do emphasize that the project still is in the discussion stage and that there is much work to be done before there is anything definite.

Rotarians Hear John M. Booth

John M. Booth was the speaker Tuesday noon at the weekly luncheon meeting of the Mount Joy Rotary club, held at Hostetters.

As chairman of the local group's committee on "Rotary magazine", he reviewed several important articles which have appeared in the international organization's monthly publication.

During the noon meeting, two new members were inducted. Richard Killian, personnel manager of NCR plant, was presented by Dr. David Schlosser, and Sam Zuck, insurance agent, was introduced by Ray Wiley Jr.

The Republic of Maldives, off the Indian peninsula, consists of the island of Male and 210 other atolls or islets.

It Pays To Advertise



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Please have the Welcome Wagon Hostess call on me
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● Main Street

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out of the race.

And, because American sports fans like an underdog, the state applauds lustily as the boys from the rural areas win and climb ahead of the city lads.

Dramatics Club Gives Play

Members of the Donegal high school Dramatics Club presented a play, "The Lottery," by Brainerd Duffield, on Friday, Feb. 16, in the auditorium.

Cast members included Rebecca Germer, Frances Eno, Ross Neiss, Michael Reidy, Michael Kohler, Suzanne Ma-teer, Selisa Stauffer, Jane Youtz, Robert Shank, Timothy E. Helman, Helene Dalkiewicz, Steven Hassinger, Patricia Reidy, Maureen Jones, George Rice, Robert Eno, Pamela Mathiot, Brian Leshner, Ramona Sell, Patricia Wolfe, Anne Spangler, Larry Gillham Teri Shireman, Chuck Simmons, Jay Kopp, Sonya Smith Donald Witman, Gabriele Amersbach, Phillip Hollinger, Marcia Weidman and Todd Shank.

In addition, there were backstage, properties, costumes, program, make-up, prompters, under studies and lighting committees. Faculty director was Mrs. Mary Margaret Peraro, with Lynn Weaver as student director.

Fire Auxiliary

Ladies of the Auxiliary of Friendship Fire company held their meeting Thursday, Feb. 15. There were 20 members present.

Plans for a donut sale on Tuesday, Feb. 27, were made. Orders will be taken at phones 653-5514 or 653-4307 until Feb. 23.

The Auxiliary also will hold a rummage sale in March and a Christmas bazaar in November. Auxiliary jackets are being sold and orders are in charge of Mrs. Eva Charles, 18 Pine street, or at phone 653-5514.

Soy Beans Tops In Crops

By Max Smith

Soybeans seem to be the "golden-haired boy" of the farm crop this year; everyone seems to be interested in growing a larger acreage due to the high prices of proteins. Our information relates of an uncertain supply of quality seed for the 1973 planting season. Growers who are planning to grow soybeans should be getting their seed supply on hand. However, I feel that local farmers should evaluate the merits of growing soybeans as compared to corn. After all, a good corn crop is also worth money and will yield more feed nutrients than an acre of soybeans. In my opinion corn for silage purposes is hard to beat for yielding the greatest return per acre of feed nutrients.

The goldfish is descended from the dull-colored carp.

Farmers in Italy often make triple use of each acre by training grapevines on the mulberry trees and growing wheat between the tree rows.

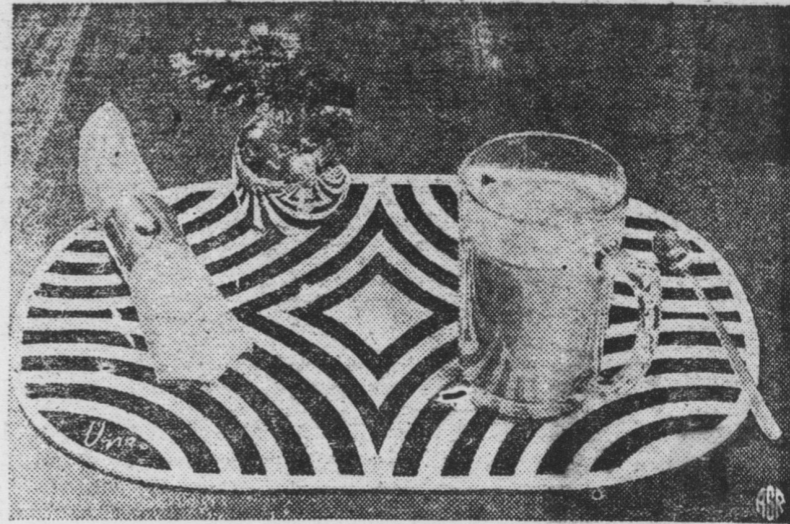
More books are read in Iceland than in any other nation, in proportion to population. Nothing else to do.

EMPEROR SELASSIE

Haile Selassie was crowned emperor of Ethiopia on Nov. 2, 1930.

The Rocky Mountain states are Idaho, Wyoming, Montana, Colorado and Utah.

"Batch" It ---- Don't Botch It!



Whether you're a Summer bachelor (male or female), or the year-round variety, there is a basic attitude toward living alone that can make it much more enjoyable. That attitude is: you deserve the best. Take as good care of yourself as you would of an honored guest. Don't "make do" with unattractive linens, for instance, just because nobody generally sees them except you. Who is more important? Decorating can be done attractively on any budget. The idea is to surround yourself with objects that do something for your own solitary spirits. Towels and bed sheets come in dozens of handsome patterns today at reasonable cost. Patterned sheets make great curtains and summer bedspreads or tablecloths, too—as do the Madras throws available at import bargain stores.

Even a hamburger-and-salad dinner seems more palatable when it's served well. Set a place for yourself at the table. A few cut flowers are in order. Ditto candlelight, if you're the type, and background music. If this sounds overdone when it's dinner for one, ask yourself which sounds more relaxing: the scene above or a TV tray dumped in front of the Boob Tube ... or eaten at the sink in a few hasty mouthfuls?

Show me a bachelor with style, and I'll show you a bachelor with good eating habits. This applies to breakfast especially. When you live alone, it's easy to get into the habit of sleeping until the last possible moment before dressing and dashing for work. If that's becoming your morning pattern, start adding a glass of Carnation Instant Breakfast to the routine—preferably served in style on Vera's black and white art placemat called "Reflections". Of course, you could drink your Instant Breakfast while shaving or applying make-up, but it's more fun this way. Mixed with 8 ounces of whole milk, one packet becomes a bacon-and-egg kind of nutritious meal. Don't you owe it to yourself to start off with this energy edge ... every single day?

Timely Tips for Women

by Doris W. Thomas

Eggs Are Economical Buy At Today's Prices

The recent increase in the price of eggs has caused many consumers to question the practicality of using their food money to buy eggs. The reasons for the price increases are short egg supply caused by increased feed costs and an increase in the price of alternative protein sources which in turn increase the demand for eggs. However these reasons

don't help the housewife decide if eggs are still a bargain when she has to pay 75c a dozen for large eggs.

Most of the high protein foods in our retail markets are sold on a weight basis — for example, 89c for ground beef. However, eggs are sold by the dozen and not by weight. By converting a dozen large eggs to a weight basis we get 1 and 1/2 pounds of food. If we analyze eggs in this way, we get a better idea of the actual value of eggs.

Using the example of a dozen large eggs costing 75c that means the eggs cost 50c a pound. Compared to most other high protein sources this is an economical food, since beef costs about 89c a pound, ham 99c and beef around \$1.49. Chicken is still the exception and is priced below 50c per pound.

When comparing various high protein food sources, we must consider not only the price per pound but the amount of protein. This value is not constant since the percentage of protein in foods varies. But using the same prices for the foods mentioned above, we get 62 grams of protein per dollar when we buy ham; 58 grams when we buy beef round; 91 grams with ground beef; 135 grams with chicken at 43c a pound and 100 grams with eggs costing 75c a dozen.

In addition to considering quantity of protein received, protein quality is also important. For example — can the body use the protein adequately. Whole egg protein has always been used as a standard by which to judge other proteins since it contains desirable proportions of all the essential amino acids and can be completely used by the body.

When the above factors are taken into consideration, we see that eggs are still a bargain at 75c a dozen—even if we as consumers would rather see them priced at 50c a doz-

One of the items on your food shelf that you don't want to stock up on is spices. They gradually lose flavor and color during storage. The United States Dept. of Agriculture suggests you store spices and herbs in a cool, dry place in airtight containers.

A warm storage area may speed up flavor loss. And a damp area may cause spices to cake and change color. They can also become bug-infested.

Close the containers after each use so the volatile oils of the spice or herb are not lost. Under favorable conditions spices will keep their peak aroma and flavor up to six months. Whole spices will keep their flavor almost indefinitely. Herbs tend to lose flavor more rapidly than ground pepper, ginger, cinnamon and cloves. But if you store herbs properly, they will keep the flavor and color for several months.

Destruction Bay, Yukon, got its name because many boats were wrecked during the gold rush of 1898 as they rounded the point of the bay in Kluane Lake.

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