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Timely Tips For Women

by Doris W. Thomas

Nature Lesson For Children

Late summer and early fall days are an excellent time for your child to learn about the world around him. Your child is sure to have questions about nature and the things he sees, feels, hears and smells. If you're willing to slow down your pace to answer those questions, you'll be helping him become more aware of his world. Awareness can grow to curiosity then to understanding and finally to independence.

Try to spend some time with your child to guide this development. Find a quiet place for listening — in the backyard, the park or just down the street. Sit quietly for about a minute without moving or talking. Listen to the sounds around you. Then talk about what you heard—birds, wind, animals or even man-made sounds.

Look for colors, too, in all that you can see — colors that are close by and those that are distant. Feel the different textures in the world around the spot you've chosen to observe nature. You'll find smooth leaves and fuzzy ones, soft objects and coarse textured ones.

There are various smells to enjoy in nature, too. The smell of grass when it's freshly cut—the smell of the air after a shower.

As a parent and teacher you need to look, touch, smell taste and hear with your child as he learns. Experience the same adventures in nature as he does. Be with him as a willing guide in the wonderful world of nature.

Add Sparkle To Your Cleaning

Housecleaning is not limited to just the spring and fall months of the year. Here are some household hints that can add an extra sparkle to your home any time of the year. If slipcovers, throw rugs,

bedspreads and other home furnishings fabrics need a lift, a quick tint with a new hue adds extra life. Follow manufacturer's directions on day packages for preparing tinting solution. Add a small amount of packaged water conditioner to the solution to minimize streaking and spotting and assure even distribution of the new color.

If your curtains and draperies are washable and colorfast, you can launder them yourself and cut down on dry cleaning bills. Put them into your washing machine for a short, 3-minute wash cycle. Water conditioner added to both the wash and rinse cycles will help free the dirt and grime. Run the curtains or draperies through the dryer and put them back on the rads immediately. Let the wrinkles fall out and save yourself some ironing time.

Here's a time-saving tip for cleaning the bathroom. If stiff from soap film, place it in the tub and fill it with warm water. Add some water conditioner and let the curtain soak clean. Drain and refill the tub with warm water. Lift the curtain from the tub and let the excess water drip off. Put the curtain back on the hooks to dry.

To help keep the inside of your refrigerator odor-free, wash it with warm conditioned water. This will dissolve the film which causes staining and discoloring of the shelves and walls in your refrigerator.

It's the little touches to cleaning that can add a special sparkle to your home.



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