

COUNTY WIDE BUSINESS DIRECTORY

NEED HELP? OR SERVICE?
One of these reputable firms may be able to be of assistance

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• TRENCHING
• GRADING
R. D. 4 MANHEIM
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NEW ADDITIONS
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653-5325

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HOLLINGER
OIL SERVICE
MOUNT JOY 653-4484
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ROOFING & SIDING
CONTRACTOR
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Pennsylvania, the largest
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has over 400 fraternity and
sorority chapters at 48 col-
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MARTY SHERMAN
ELECTRONICS SPECIALIST
Color TV - Stereos - Radios
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WATCH REPAIRING



More than 90 percent of breast cancer patients discover the tumors themselves, through breast self-examination. The American Cancer Society urges each woman to check with her physician if she notices a lump or thickening.

MEALS FOR CHILDREN

To add some fun to eating for children, cut sandwiches or cookies into interesting shapes or hide a piece of fruit in custard as a surprise. Mrs. Ruth Buck, Extension foods and nutrition specialist at the Penn State university, points out that introducing new foods to your growing child may be a problem. Serve small amounts of the new food along with favorite foods

and don't expect him to take more than a taste. Some flavors may be too extreme for him to accept quickly. But as your child grows, encourage him to eat certain foods because he has helped select or prepare them.

The egg of the rainbow snake more than doubles in size after it is laid!

Cigarette smoking can rob you of years of life. Nobody likes a quitter, but we do says the American Cancer Society.



MRS. MAY

READER and ADVISER

She can answer all your questions about love, health, business, personal problems, etc.

All readings private and confidential. For more information

CALL 273 4673

576 EAST CUMBERLAND STREET, LEBANON, PA.
Between 6th & 7th Avenues on Route 422 West
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MANHEIM, PA.

LUCKY LEAF

CHERRY PIE FILLING 2 cans **69^c**

WEAVER'S WHITE MEAT

Fresh Sliced at Mosemann's

CHICKEN ROLL 1/2 lb. **65^c**

HEARTS DELIGHT

FRUIT COCKTAIL

2 2 1/2 SIZE CANS **79^c**

JIFF

PEANUT BUTTER

12-OZ. JAR **39^c**

MADE OF BEEF

HAMBURG PATTIES FIVE - 3-OZ. PATTIES **75^c**

MEATY - END CUT PORK CHOPS lb. **69^c**

Fresh Cut At Mosemann's!

BORDEN'S BEST

Fresh - Center Cut

SWISS CHEESE lb. **\$1 19**

FRESH - JUICY - SWEET

SEEDLESS GRAPES lb. **39^c**

OPEN - THURSDAY and FRIDAY till 9 PM - SATURDAY till 6 PM

MOSEMAN'S FOOD MARKET

37 MARKET SQUARE

MANHEIM, PA.