

Busy homemakers need convenient extension phones

to help keep track of things! Extension phones cost so little and help so much. Choose your favorite styles and room-matching colors. To order yours, call our business office today!



COLUMBIA - UNITED TELEPHONE COMPANY

An Equal Opportunity Employer
CALL 684-2101

Member UNITED TELEPHONE SYSTEM
OPERATED BY UNITED UTILITIES, INCORPORATED

- HEAR! HEAR! -
We Are Not Having A Sale
BUT
Our Prices Are Always Low!
Come In And See For Yourself

WE'RE LOADED

With Living Room, Dining Room & Bed Room Furniture

OPEN EVERY NIGHT 'TIL 9:00 — FOR YOUR SHOPPING CONVENIENCE

Beck Bros. Furniture Store

(FINE FURNITURE SINCE 1899)

11 NORTH MAIN STREET

PHONE 665-5500

MANHEIM, PENNA.

YOUR "PENNSYLVANIA HOUSE" DEALER

E. & S. Auto Body Shop

440 SOUTH MAIN STREET

MANHEIM, PA.

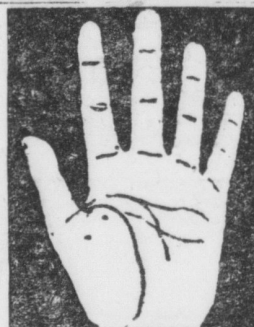
PHONE 665-4276

SPECIALIZING IN:

- ★ Auto Body Work
- ★ Truck Painting
- ★ All Kinds of Auto Painting

FREE ESTIMATES

HOURS: 7:30 A.M. - 9:00 P.M. 188c



MRS. MAY READER and ADVISER

She can answer all your questions about love, health, business, personal problems, etc.

All readings private and confidential. For more information
CALL 273-4673

576 EAST CUMBERLAND STREET, LEBANON, PA.
Between 6th & 7th Avenues on Route 422 West
near Hills Bros. Dept. Store 22-4p

PLAN PICNIC FOODS FOR SAFETY

Picnickers can expect to do battle with the ants. But there are far greater dangers to the carefree picnicker than the little brown crawlers — in the form of bacteria, molds and yeasts, says Mrs. Ruth Buck. Extension foods and nutrition specialists at Penn State university.

Because hot humid weather favors the growth of such bacteria that cause food spoilage, Mrs. Buck offers these suggestions for safe picnic foods.

Keep in mind that the time food remains in the danger zone is cumulative—that is, the danger of spoilage increases with the length of exposure time. That's why it's important to keep all perishables in the refrigerator until just before you leave on the picnic.

Chill hamburger, hot dogs and other meats thoroughly in the freezer section of your re-

frigerator and thaw them out during travel time to the picnic site. Plan to eat soon after you arrive at the picnic spot — while food is at its safest and best tasting.

Take advantage of refrigerating containers and insulated chests that are available for carrying foods. If you use ice to keep foods cold, place food items in plastic bags or other liquid-tight containers. This will keep the melting ice water out of your food.

In warm weather, use special care with sauces, meat, fish, macaroni or potato salads and sandwich fillings, eclairs and cream puffs. Do not risk custard or cream pies.

If you must take foods that require special care during warm weather remember to keep these foods cold. Remember that safety requires that all pork products be thoroughly cooked. If some members of your family like hot dogs or hamburgers rare or medium done, make sure the meat is all beef and not a mixture of beef and pork.

SAUCY SANDWICH

Add a special touch to those left over chicken salad sandwiches. Makes them open face and top with fancy shapes snipped cranberry sauce.

The lowest body temperature ever recorded for a living person was 69.8° F. in Milwaukee, Wis., in 1950, the woman's temperature returned to normal after 12 hours in the hospital

USED CARS

'69 VW Bug
4-Speed \$1295
'67 Rambler 770
4-Dr., At. Air .. \$795
'66 Falcon 2-Dr., At \$595
'66 Ford Wagon, A.T. \$595
'65 Olds F-85
'65 Tempest 2-Dr. H.T.
A.T. \$450
'65 Ford Wagon, A.T.
Air cond \$550
'65 Rambler 2-Dr.,
Auto. \$295
'64 Chevy 2-Dr. H.T.
Auto. \$395
Super Sport V-8
'64 Chevy II, A.T. .. \$495
'63 American, 4-Dr. . \$100

VIC WENGER

Colebrook St., R. D. 2
2 Mi. North of Manheim
On Shoemaker Rd.
Phone 665-3728