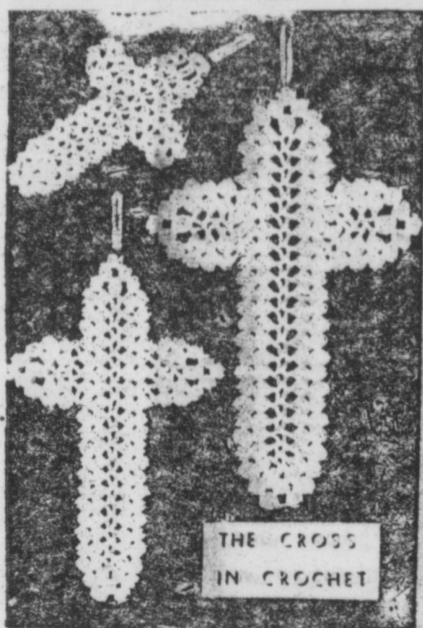


"Dixie" was written by a northerner!



THE CROSS IN CROCHET

1295

CROCHETED CROSSES

Crochet a cross for a number of uses such as a bookmark or tree decoration. Pattern No. 1295 tells how.

Send 30 cents plus 10 cents for postage and handling to MARTHA MADISON (care of this newspaper), Morris Plains, N.J. 07950.

CLOTHES SELECTION FOR THE OVER-WEIGHT

Flared skirts, a revived fashion this season, is a good choice for heavy-set women. Mrs. Ruth Ann Wilson, Extension clothing specialist at the Penn State university, explains that this style hides the hip and thigh area. She advises that overweight women look for clothing with a center front seam or some sort of trim down the center front. Button-up-the-front is good, too. All these have an up-and-down look which makes you look slimmer. Avoid skirts with full gathers, horizontal lines, and contrasting outfits.

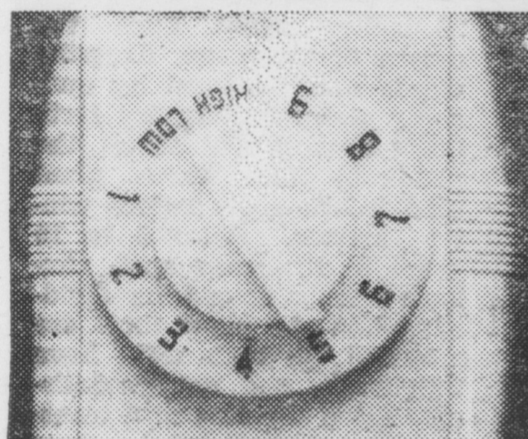
The man who is eager about tomorrow is the man who has properly arranged his past, has learned from it, and has planned something better. And the more extensive a man's knowledge of what has been done, the greater his power of knowing what to do.

People have been eating Roquefort cheese for more than 900 years.



FUTURE LOOKS BRIGHT for Muddy, Ill. Muddy's 100 residents are looking to new industry to bring their coal-mining town, on the decline since closure of its mine, back to life. Picturesque post office, however, will remain unchanged.

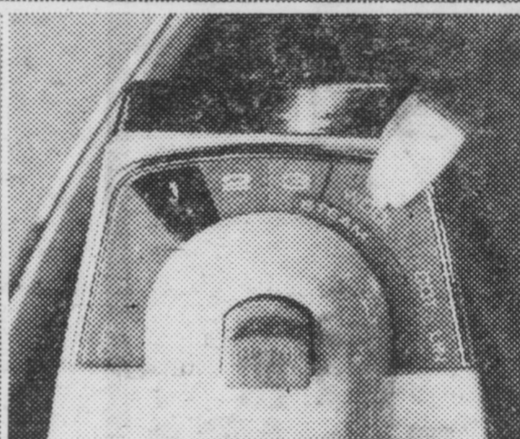
How you can use electricity more wisely.



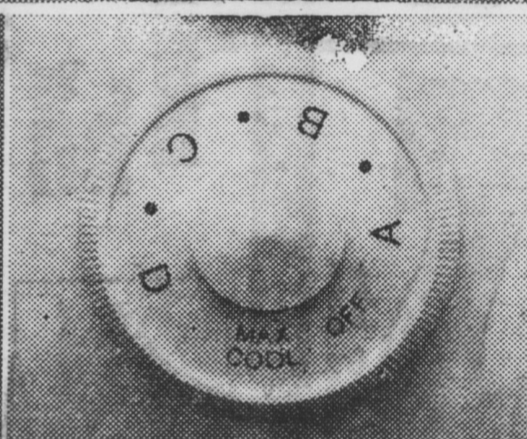
Electric blanket—when your alarm rings in the morning, turn off the blanket first, then the clock.



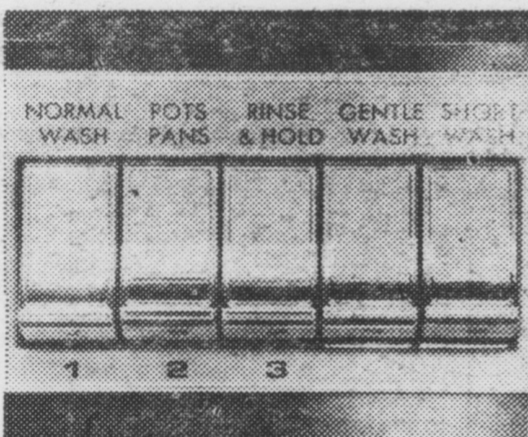
Freezer—make sure your freezer is not running colder than recommended by the manufacturer. Replace worn-out or broken door gaskets to prevent warm air from leaking in.



Iron—getting an iron hot enough to take out wrinkles takes electricity. So once it's hot, do a whole batch rather than one or two items.



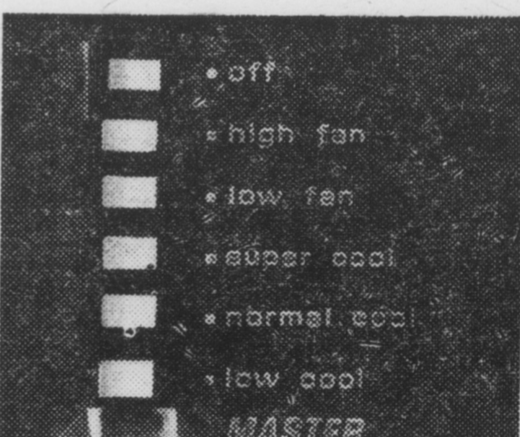
Refrigerator—the cold stays in when the door is closed. Keeping your refrigerator defrosted will keep it performing efficiently.



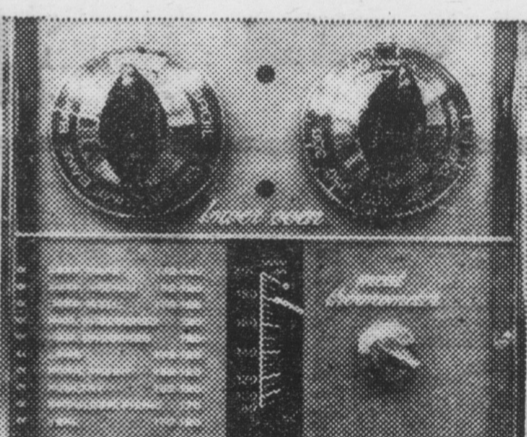
Dishwasher—for machines that don't have partial load settings, rinse and hold your dishes until there is a full load.



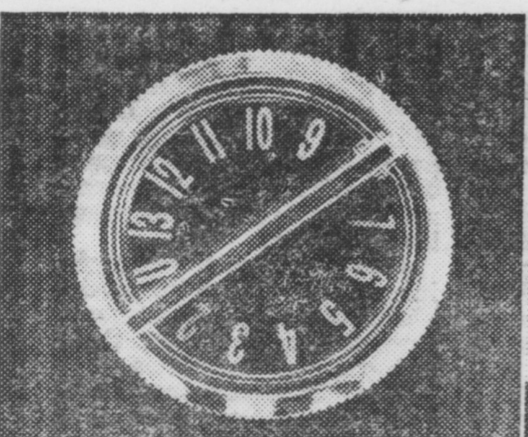
Clothes washer—use the full cycle setting only for full loads. Colored and slightly soiled clothes can be cleaned in warm rather than hot water.



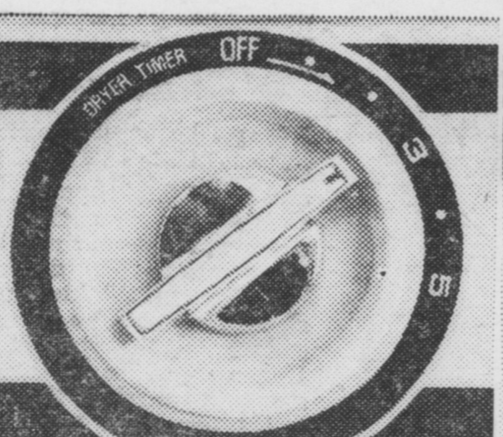
Air conditioner—closing draperies, blinds or curtains to keep out direct sunlight can cut heat coming into your house by 50 percent, substantially reducing your air conditioner's workload.



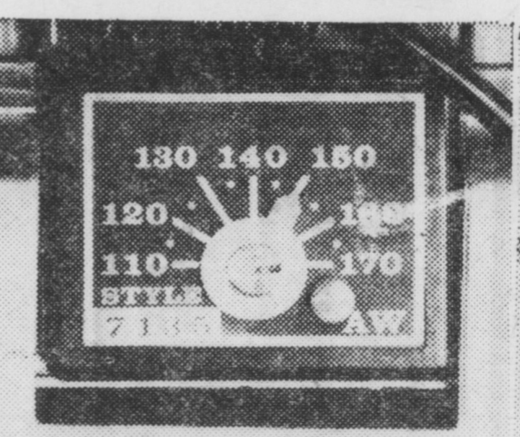
Electric oven—make the best use of a warmed-up oven. Bake several dishes together which require slightly different heat settings, and remove as each is done.



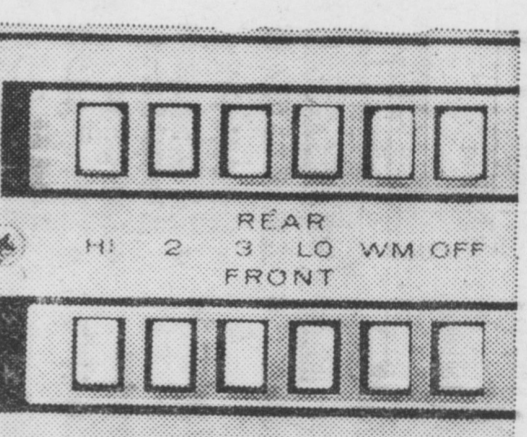
Television—if nobody's watching, it should be turned off.



Clothes dryer—you can save drying time by taking clothes out while they are slightly damp and just right for ironing.



Water heater—repair leaky hot water faucets. A leak of one drip per second for one year will pour 2500 gallons of hot water down the drain. And remember, showers take less hot water than baths.



Electric range top—lower heat settings can be used if you cook in covered pots and pans.

PENNSYLVANIA POWER & LIGHT COMPANY