

Engagements

BERRIER — HOFFMAN

Mr. and Mrs. Millard S. Hoffman, Mount Joy R1, announce the engagement of their daughter, Miss Bonita Kay Hoffman, to Dale Jay Berrier.

The bride-elect was graduated from Donegal H. S. and Harrisburg Business School, Harrisburg. She is employed by Armstrong Ceiling Plant, Marietta, as a secretary.

Mr. Berrier is the son of Mr. and Mrs. Dale J. Berrier of Elizabethtown R3.

He was graduated from Elizabethtown high school and served in the U. S. Marine Corps for four years. He is employed by PP&L, Holtwood Power Plant.

MARQUART — BOSTIAN

Mr. and Mrs. Charles Bostian, Mount Joy R1, announce the engagement of their daughter, Miss Elsie Bostian, to Jesse Marquart Jr.

She is employed by Kerr Glass Mfg. Corp.

Mr. Marquart is the son of J. Marquart of Lancaster. He is also the son of the late Mrs. Grace Marquart.

He is employed by Kerr Glass Mfg. Corp.

Peter Paul Votes Dividend

The Board of Directors of Peter Paul, Inc., at its meeting last week declared the regular quarterly dividend of \$0.30 per share, payable March 1, to stockholders of record at the close of business Feb. 11.

Preliminary consolidated net sales for the year ended, Dec. 31, were \$67,321,000 as compared to \$66,751,000 for the year ended Dec. 31, 1970. Preliminary consolidated net income of the company for the year ended Dec. 31, was \$3,738,000 or \$1.81 per share. Consolidated income for the year ended Dec. 31, 1970, was \$3,450,000 or 1.61 per share before provisions for losses and write off of investment in unconsolidated foreign subsidiaries.

Consolidated net income for the year ended Dec. 31 was \$55,000 or .03 per share after these extraordinary charges.

CHESTER CHOIR IN FIRST LENTEN SERVICE

The Chester, Pa. Community Church Choir will give a sacred concert in the Florin Church of the Brethren Wednesday evening, Feb. 16, at

8 p.m.

This is the first of a series of cooperative Lenten services sponsored by the Glossbrenner United Methodist, and St. Mark's United Methodist and the Florin church.

The busload of singers, accompanied by their pastor, Rev. Ron Clark, will give a full concert, singing from the classics, folk and spiritual traditions. This black inter-city church group has thrilled many with its singing and with the program that it carries out in the heart of a metropolitan area.

The public is invited.

and nasal decongestants may lessen the stress of cold symptoms.

4. Lots of fluids are advisable.

Also forget about keeping late hours, smoking and running around to discotheques and such. If you've never been much of a run-around, just slow down on whatever it is that you're doing, anyway.

The Institute also points out that not all cold-appearing symptoms necessarily indicate a cold. Runny noses, watery eyes, sore throats, cough and muscle aches, for example, may also be due to allergies, or, in some cases, influenza, which means home care is out and a visit to the doctor is advisable. The same precautions apply if one's temperature rises above 101 degrees or if a shaking chill, deep cough, ear, chest or throat pains develop.

Another thing to remember notes the Institute, is the fact that should the "cold" turn out to be serious enough to require medical attention, health insurance help pay the doctor and hospital bills for a majority of Americans. An estimated 187 million persons are now protected through group coverage where they work or health policies individually obtained.

MANHEIM

Sportsmen's Meeting

The regular meeting of the Manheim Sportsmen's association will be held Thursday evening, Feb. 10 at 8 p.m. at the junior high school rifle range.

Central America Movie

The Manheim Sportsmen's association will sponsor a colored movie Saturday evening, February 12 in senior high school auditorium beginning at 8 p.m.

Title of the movie will be "Central America, it will be narrated by Dwight Nichols. It will show scenes in Guatemala, Honduras, Nicaragua, El Salvador, Costa Rica and the isthmus country, Panama, along the Inter-American Highway.

The public is invited to attend.

Aboard Stores Ship

Navy Seaman Robert L. Cooper, son of Mr. and Mrs. John H. Cooper of 629 Parkhill Drive, Manheim, is a crewman aboard the stores ship USS Rigel, homeported at Norfolk, Va., which was named by "Our Navy" Magazine as the 'Ship of the Year' for 1971.

The Rigel was noted for its battle readiness, excellence in engineering, supply, and receiving the Edward F. Ney Award for the best small galley afloat.

The rigors of listening to the usual speech are exceeded only by having to make a speech.

OPPORTUNITY

There sometimes wants only a stroke of fortune to discover numberless latent good and bad qualities, which would otherwise have been eternally concealed; as words written with a certain liquor appear only when applied to the fire. —Greville

Boy and Girl of the Month

C. JOAN LITTLE

Joan Little is the daughter of Mr. and Mrs. Paul D. Little, 215 Park Avenue. She is a senior in the college preparatory course at Donegal high school.

Her high school activities include: Booster Club 9, 10, 11, 12; Rifle Club 9; Dramatics Club 11; Spanish Club 11, 12; Junior Class Play 11; Senior Class Play Committee 12; Chorus 9, 10, 11; Band 9, 10, 11, 12; Yearbook Staff 11, 12; Student Council 10, 11; Library Assistant 11, 12; Science Fair Winner 9, 10; National Education Development Test Certificate of Achievement 10; DAR Girl 12; National Honor Society 11, 12; Hispanic Honor Society 12; Yearbook (Associate Editor); Spanish Club (Treasurer).

She is a member of Trinity Lutheran church of Mt. Joy, where she is a member of the choir.

Following graduation from Donegal, Joani will enter the College of Human Development of the Penn State university to major in consumer related studies.

When in need of printing remember The Bulletin.

DREW HOSTETTER

Drew Hostetter is the son of Mr. and Mrs. Gerald A. Hostetter, 68 West Donegal street. He is a senior in the Academic course at Donegal high school.

His high school activities include: Soccer 9, 10, 11, 12; Basketball 9, 10, 11, 12; Tennis, 9, 10, 11, 12; Charles Heaps Memorial Tennis Award, 9, 10, 11; Lancaster Co. Tennis Singles Champ, 11; Varsity Club 10, 11, 12; Junior Play Committee; Honor Banquet 9, 10, 11, 12; National Honor Society 11, 12; Senior Executive Committee; Bridge Club President 11, 12; Lancaster New Era Teen of the Week.

Out of School Activities: Mount Joy-Florin Coin club; Manheim Tennis Club, Inter-county league. St. Mark's United Methodist Church and Sunday School. Tennis ranking Central Penn 16 and under No. 1; Tennis ranking Middle States 16 and under, No. 10;

He has worked two summers as assistant tennis pro at the Lancaster Country Club. He has been accepted at Shippensburg State college, to major in accounting.

A CURE FOR?

The Common Cold?

A few months ago, the big toe — a part of the anatomy which usually gets little attention in headlines—became news in medical circles.

What made it an anatomical celebrity was the fact that two Israeli researchers reported that they have found a cure for the head cold by chilling big toes with a refrigerant chemical. According to the doctors, the sudden chilling dries up nostrils and "cures a cold."

Unorthodox as the new "cure" may sound, and it has not been tested here, the fact is that cold remedies throughout the ages have frequently been on the offbeat side. They have included, reports the Health Insurance Institute, such "therapies" as wearing garlic around the neck, sniffing smelling salts, and standing on one's head.

The last remedy, according to one compiler of cold facts, Richard Armour, is optional and could either mean standing on your own or somebody else's head; depending, presumably, on who has the cold. This particular therapy supposedly responds to the theory that blood rushing from the body into the head goes to work on the cold lodged in the nose and throat.

Among other venerable preventives is the keeping-away-

from-crowds theory. This too, is subject to variations, depending on individual life style. For example, while some people stay away from crowded stores, subways and crowded cocktail parties, others just stay away from crowded stores and subways.

While new cold cures crop up periodically, newly minted deterrents against the common cold are also frequent—and widely publicized. One of the most controversial ones in recent years is the claim by Nobel Laureate Dr. Linus Pauling that large doses of vitamin C can prevent and cure the common cold. Other studies have found Dr. Pauling's theory debatable and have questioned the preventive of therapeutic effectiveness of vitamin C. The debate rages on—and so does the common cold.

However, even if there are few sure fire cures for a cold here is a number of medically recommended precautions that a cold sufferer should be aware of, points out the Health Insurance Institute:

1. Get more bed rest than usual.
2. A hot shower or bath before going to bed may help decongest respiratory passages.
3. Judicious use of aspirin

The Prayer of the Week

The prayer this week is by Christina G. Rossetti:

"O Christ, our God, remember Thy strong and Thy weak ones, great and small, men and women, for good. Remember the righteous who worship Thee by faith, and bestow on them the blessing of those who not having seen, believed. Remember and bless all who worship Thee by prayer and reveal Thy gracious Presence unto them. Remember any overthrown through frailty, raise them up and perfect Thy Strength in their weakness. Remember the bereaved in their anguish, and make their latter end better than their beginning. Furnish the fallen with love, and accept their love. Grant unto sufferers faith, and reward their faith. Remember the despised, the overlooked, the misunderstood, reserving mercy for them in the day of Thy justice. Remember munificent hands to refill them, and generous hearts to spiritualize them. Remember us all, O God, for good; for the sake of Thy Holy Name. Amen."

Over The Back Fence



By Max Smith

WITH ONLY one weekend in snow cover so far this winter, we have gotten several requests concerning the owners of snowmobiles running over private land without permission. I am sure that a good many people are aware of the increase in popularity of the snowmobiles and the larger numbers around each winter; I have seen many hill-sides and slopes well marked by this thrilling vehicle. However, I would like to point out that unless the owner of the snowmobile gets permission from the landowner, he is trespassing on private property. Even though we are not certain of the exact amount of damage done to a winter crop, or to a sod field with these machines, it does not remove the need of the landowner's permission. All snowmobile owners please note. Unless the rights of others are recognized, no doubt more rigid regulations will be made and enforced.

THE SPRING growing season is coming rapidly, and a time when all pieces of farm machinery should be in good working order. I'd like to suggest to farmers that if any of their machinery needs servicing, it might be an advantage to get this work done before spring weather arrives. Some machinery dealers might give some special discounts in order to get the work done during the off-season and avoid the spring rush. Machinery is very expensive and needs attention in order to give the best returns. Repairs and servicing now may avoid a costly delay during the growing season.

THE PRUNING of fruit trees need not be delayed until warm spring weather. Pruning before February or March might increase the hazards from winter injury, but in large operations the work must be started early in order to get done before the buds open. Apple and pear trees are the hardiest of the fruits and should be pruned first; plums and sour cherries are next, and peach and sweet cherries are the most tender and should be pruned later in the spring. Many home-owners may want to do some pruning of their several trees and should keep the above time schedule in mind. Pruning is necessary to control the size and shape of the tree, remove damaged wood, and open up the tree for better color in the fruit.

THE CAREFUL use of all drugs and antibiotics around livestock is again called to our attention. When these materials are used carefully and sparingly, no doubt they will contribute to herd or flock health and increase production. However, the frequent use of many antibiotics may result in a resistance being developed in the bacteria or organism and end with poor results. Also, most all materials list the length of time milk is to be withheld or days before slaughter; producers are urged to recognize these regulations and follow them carefully. The use of chemicals and antibiotics has not caused any trouble with food officials; it's the mis-use of these materials that get too many people into trouble. Keep record of materials administered for self protection.

PRAYER

He prayeth best who loveth best
All thing, both great and small
—Coleridge

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