

Timely Tips for Women

by Doris W. Thomas

Temperature Important To Caring For Polyesters

When it comes to caring for polyesters, it's important to keep your eye on the temperature—of your iron, your washer and your automatic clothes dryer. Polyesters will glaze when the iron gets over 300 degrees Fahrenheit. And they'll wrinkle-set whenever the wash water or drying temperature gets too high.

Keep the iron on a synthetic setting for polyesters that need touching up. Otherwise you will get that unwanted shiny look from a too-hot iron that leaves the fabric glazed.

And keep the water temperature on warm—not hot—when washing polyesters. That way you'll avoid the wrinkle-set that occurs in too-hot a tub. But you can usually be successful at getting out by rewashing the garment at that same temperature. This seems to relax the fabric enough to release the wrinkle-set. Take polyesters out of the washer immediately or more wrinkles might set in.

Tumble drying also helps remove wrinkles. But again, if the garment is allowed to stay in the dryer after the cycle is finished, it may end up with some rather deep wrinkles that won't hang out.

So wherever heat and polyesters must mix, remember to keep the temperature as low as possible.

* * *

What To Do When Your Freezer Stops

The first thing to remember if your freezer stops running because of an electrical power failure is to keep it closed. How long the food in the freezer will stay frozen depends on the amount of food in the freezer. A full freezer will stay cold many hours longer than one that's only a quarter full.

If you can get dry ice, 25 pounds should hold the temperature of a half-full, 10 cubic foot freezer a bit below freezing for 2 to 3 days. Put heavy cardboard directly on the packages of frozen food and then put the dry ice on top of the cardboard.

You might consider covering the freezer with blankets, quilts, or some other covering. It will also help to put crumpled newspaper or excelsior between the cabinet and the blankets. But do not allow the coverings on the freezer to cover the air-vent opening. The power may go on unexpectedly and the unit will



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Chic Smooth Pillar

Since the buttons are just for trim, you could if you prefer, substitute some garniture from the trimming counter to accentuate the diagonal line from neck to side seam. No. 3111 comes in sizes 12 1/2 to 22 1/2. Size 14 1/2 without sleeve, 2 yards of 44-inch.

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refilling. When you refreeze thawed food, refreeze it very quickly. It may be advisable to do this at a commercial locker plant.



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WEDNESDAY, FEBRUARY 2, 1972

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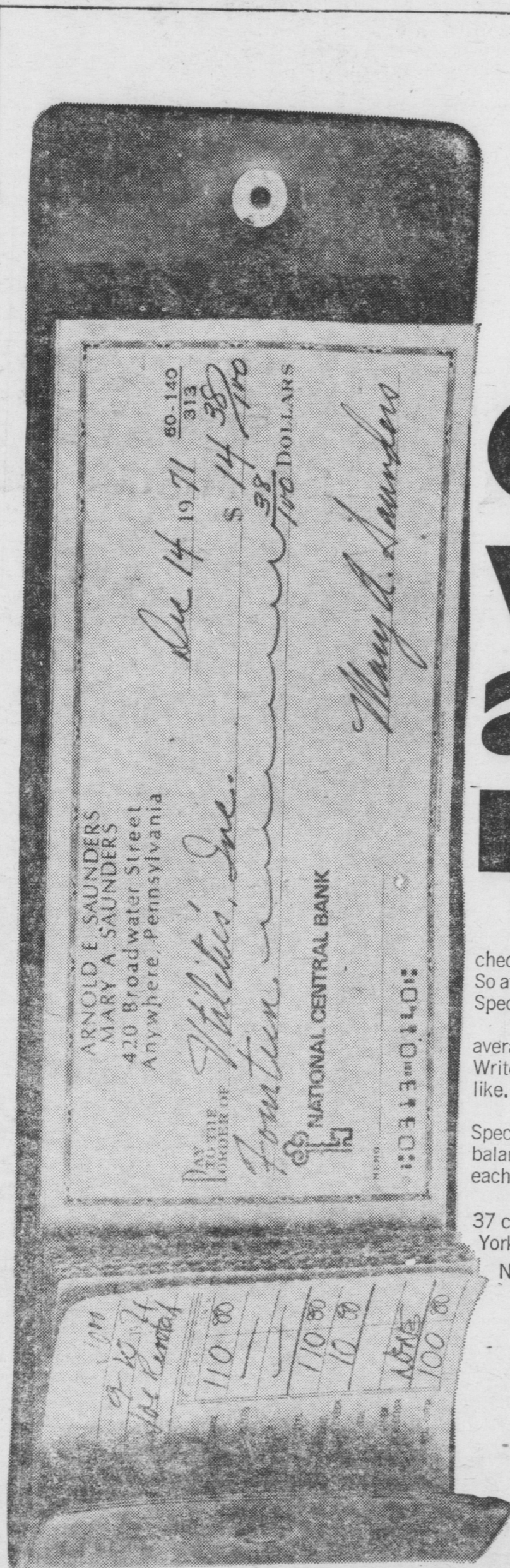
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