

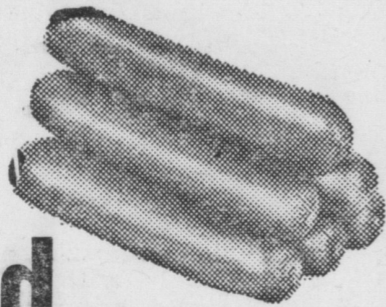
WEDNESDAY, JANUARY 5, 1972

PARTICIPATION

Life in these times may have a tendency to push a person toward being a spectator rather than a participant. You may read about what others are doing, or watch television shows of interesting people doing interesting things, until you feel left out and settle for just watching. You may even become convinced that there is not much in which you can participate; but if you settle for that, you live only half a life. It may be fun to be a spectator, but it is much more fulfilling to find that in which you can participate.

Frankfurters

(No Nitrates or any other chemical added. No sugar or fillers.)



and Sauerkraut

(Sauerkraut, Water & Salt)

NEXT MEETING MONDAY, FEB. 7, 1972 at 7:30 P.M. at Union Hall, S. Grant & Ferdinand Sts., Manheim. — The Public is Cordially Invited —

WEAVER'S Natural Food Store

Corner Mt. Joy Road & Hossler Road
MANHEIM, PA. Phone 665-5303 — FREE PARKING
Monday, Wednesday and Saturday — 7 A.M. to 5 P.M.
Tuesday, Thursday and Friday — 7 A.M. to 9 P.M.

DUTCH PRIDE FARM MARKET

2 MILES SOUTH OF MANHEIM ON RT. 72

WEEK-END SPECIALS

12 oz. Upper Ten Soft Drink

53c Carrier & Deposit
Regular 63c

MA'S BIRCH BEER

95c Carrier & Deposit
Regular \$1.29

FRESH

Broken Candy

lb 49c

Broken Pretzels

2 lb 79c

California Lettuce



head 29c

FRESH LOAD OF FRUIT
DIRECT FROM FLORIDA

GRAPEFRUIT
TANGALOES
ORANGES
TANGERINES
NAVELS

Fresh — Sweet — Juicy

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CLOSED SUNDAY

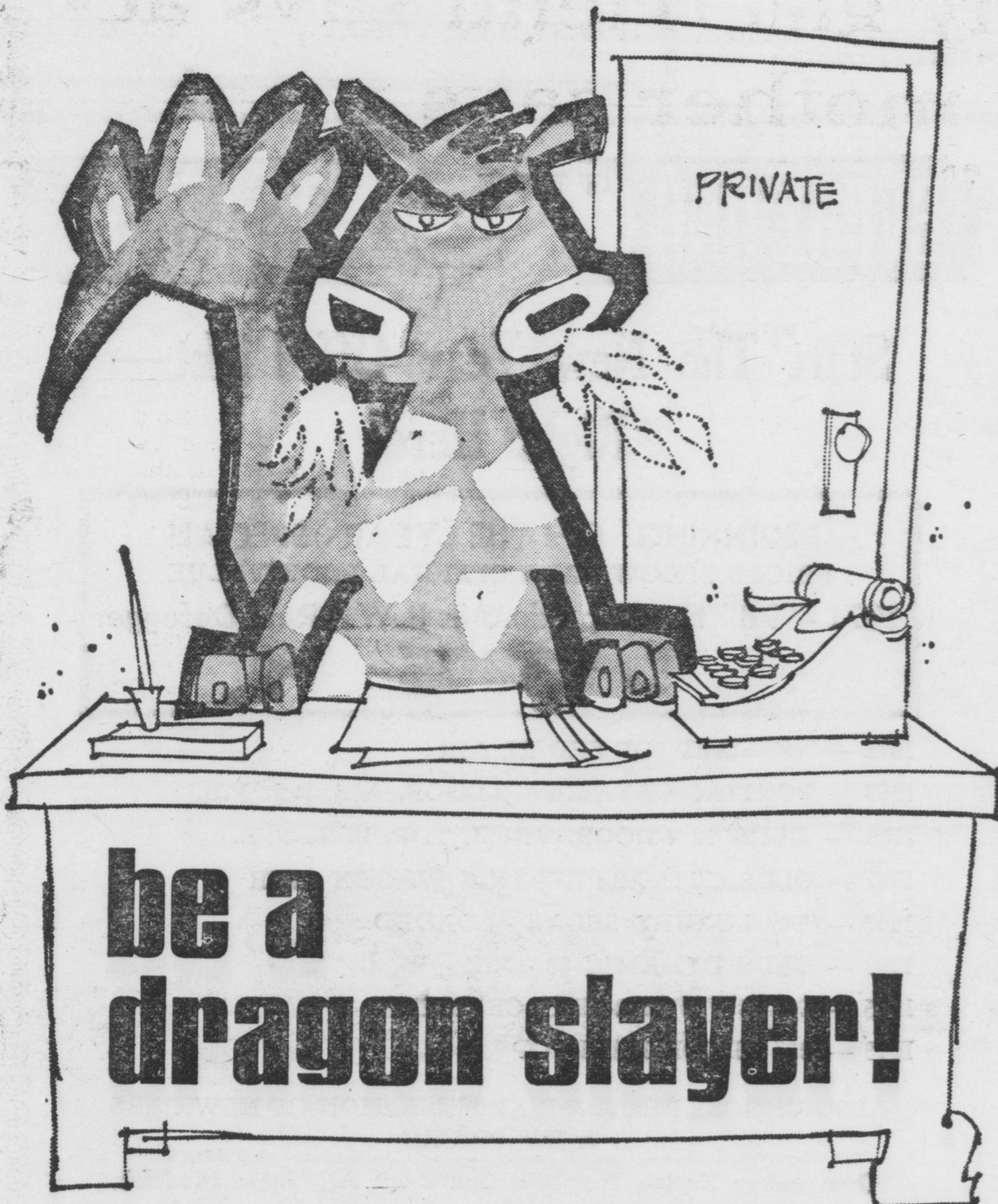
Drive Carefully

METHOD

If you engage in self-searching for the purpose of improving the quality of your life, ask yourself the question, "What methods do I use in finding solutions to problems that arise when working with others?" If you are one who has developed the method of being quarrelsome, critical, irritable in the name of being truthful and direct, you may have to change your method. Much talent, ability, and consequent achievement is lost because of wrong methods. You are called upon to properly handle the person before proceeding with the task.

FEELINGS

A part of practicing the art of properly handling our feelings is to (first of all) honestly admit them. If you admit pain, you are not a coward. If you feel tenderness or love, you are only human, not a monster. To face your feelings and honestly admit them is the first step in properly handling what you feel. The goal is not to stop feeling, but to express your feelings in constructive ways.



be a dragon slayer!

Phone ahead for your next out-of-town business appointment!

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