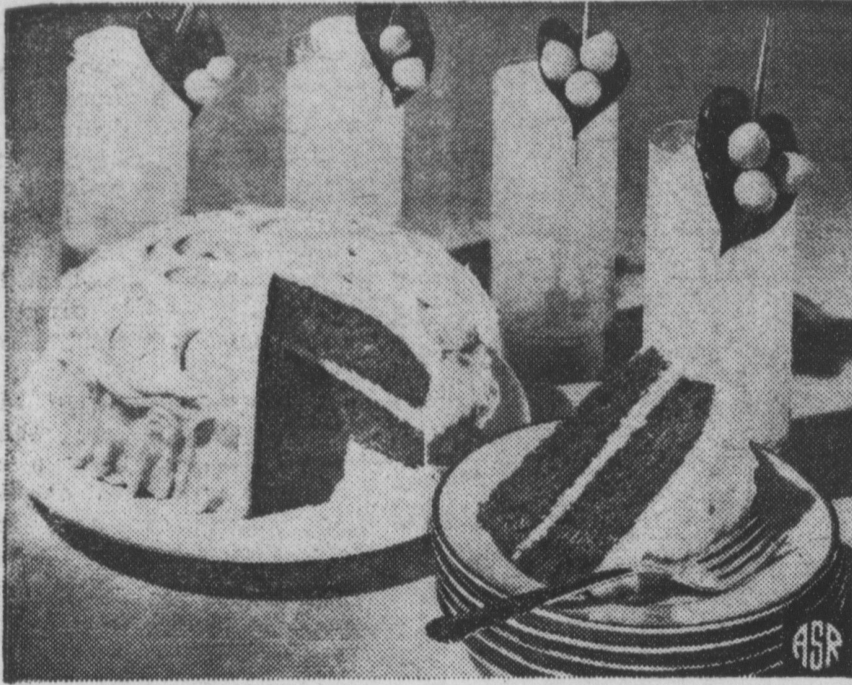


Orange Graham Cake Honey Of A Dessert



Sunny days are here again, and one delicious warm-weather dessert that's perfect for patio dining or taking on a picnic is Orange Graham Cake. Unusually good anytime or anywhere, it's easy to make with sugar honey graham crackers crushed into fine crumbs mixed with ground pecans and spiced with mace. Topping it off sweetly is a fresh orange frosting flavored with aromatic bitters. Try serving Orange Graham Cake soon along with lemonade or iced tea.

Here's how to make it:

Orange Graham Cake

1 inner wrap package Sunshine Sugar Honey Graham Crackers	1/2 cup ground pecans
3 teaspoons double acting baking powder	1/4 cup butter
3/4 teaspoon salt	1/4 cup sugar
1 1/2 teaspoons ground mace	3 eggs
	1 1/2 cups milk

SALE LISTINGS

Saturday, April 27—406 N. Market St., Elizabethtown. Antiques, car, bank stock, household goods. Effie L. Shank estate. Dupes and Gerberich, Aucts.

Sat., April 27—4 mi. so. Manheim on old Rt. 72, so. Root's Market. Antiques, HH goods, farm equipment. S. Frank Martzall Est. J. Omar Landis, auct.

Sat., April 27—2218 Wood St., Rohrerstown. Real estate and HH goods. Mary E. Good Est., J. Omar Landis.

Sat., Apr. 27 — Antiques, H.H. goods and tools. 376 Essex St., Marietta. Harry and Robert Mullen. Harold 'Abe' Shaffner, Auct.

Saturday, April 27, 2 mi. N. of Mt. Joy, bet. Mt. Joy and Milton Grove, bet. Becker's gas station and Mt. Pleasant church. Farm equipment and 30 dairy cattle by Leo P. Frank. Rufus Geib, auct.

Saturday, April 27—cattle, farm equipment, H.H. goods, antiques. 4 mi. n. of Mt. Joy, 1 mi. n. of Becker's gas station on Meadow Rd. Raymond Kaylor. Clyde Wolgemuth, Auct.

Sat., April 27—potato and general farming equipment. at Prattsburg, N.Y., 8 mi. off Rt. 15, w of Bath N.Y. by Leigh Goodrich.

Sat., May 4—Farm, H.H. goods, car. 6 mi. n. of Manheim west of Rt 72 along Pinch Rd. Wm. L. Moyer Est., Clyde Wolgemuth, Auct.

Saturday, May 18 — At Maytown Fire Co. Farm equipment, tools, hardware, antiques, household goods. Cousin with dry goods.

Shaffner, Sensenig, Kaufman & Wolgemuth, aucts.

YOU CAN GET RELIEF FROM HEADACHE PAIN

STANBACK gives you FAST relief from pains of headache, neuralgia, neuritis, and minor pains of arthritis, rheumatism. Because STANBACK contains several medically-approved and prescribed ingredients for fast relief, you can take STANBACK with confidence. Satisfaction guaranteed!

Test STANBACK against any preparation you've ever used

Good Housekeeping
GUARANTEED
OR REFUND TO CONSUMER

Snap Back with

STANBACK
POWDERS

Quick Relief
HEADACHE, NEURALGIA
STANBACK
TABLETS

10¢ 25¢ 69¢ 98¢

FLUORIDES AID

What is the state of dental health of five-and-six-year olds who have drunk fluoridated water for all or most of their lives?

Initial examinations of youngsters from fluorides-enriched Newburgh, New York, the American Dental Association reported, showed that 42 percent of them had no decay in primary or permanent teeth compared to only 18 percent of youngsters from neighboring Kingston which does not have a fluoridated water supply. Kingston children averaged 8.3 times as many decayed, missing, and filled permanent teeth when first seen by the dentist. Kingston children needed an average of more than twice as many dental services as the Newburgh group.

Still another use of the chemical was reported recently. According to ear, nose, and throat specialist Dr. George Shambaugh, of Northwestern University, fluoride helps reinforce the cochlea, the spiral-shaped bone in the inner ear that conducts sound. In some people that bone softens due to a condition known as cochlear otosclerosis, impairing hearing.

- MANHEIM NEWS NOTES -

PLAN SUBDIVISIONS

The Manheim Boro Planning Commission approved a recommendation recently to approach borough council about preparation of a borough subdivision ordinance.

The commission's plans for subdivision controls follow closely on the heels of its new zoning ordinance. Specific actions of the subdivision plan have not been worked out yet, according to commission members.

In other business the commission discussed the boro sidewalk ordinance which was drawn up in 1943. The ordinance is believed to be outdated, and commission members are seeking ways to bring it up to date.

Assigned to Infantry

Army Private First Class Gerald R. Peters, 20, son of Mr. and Mrs. Cyrus R. Peters, 170 N. Hershey Drive, Manheim, was assigned to the 9th Infantry Division 47th Infantry in Vietnam, April 6.

Peters, a mortarman in Company B of the infantry's 2nd Battalion, entered the

Army in October 1967 and completed basic training at Ft. Benning, Ga. He was stationed at Ft. McClellan, Ala., before arriving in Vietnam.

The private, a 1965 graduate of Manheim Central High School, was employed by United States Asbestos Division at Manheim, before entering the Army.

Junior Initiated

Miss Sylvia Marie Longenecker, daughter of Linn W. Longenecker, RD 4, Manheim, was initiated in the Epsilon Chapter of Sigma Alpha Iota, a professional women's fraternity. Miss Longenecker is a Junior at West Chester state college, where she is majoring in music education. She is an honor student and is in the Concert Choir.

You can tell whether a stray egg is cooked or raw by using this simple trick: place the egg on its side and spin it like a top. If the egg spins on an even keel, it's cooked. If it wobbles, it's raw!

PRINTING

should be bought as an investment
designed to accomplish some definite
purpose, whether it be used to stimulate sales or enhance prestige. Its value to you lies not in what it cost, but in what it accomplishes.

Let

THE BULLETIN

Do Your Printing

Phone 653-4400 Mount Joy