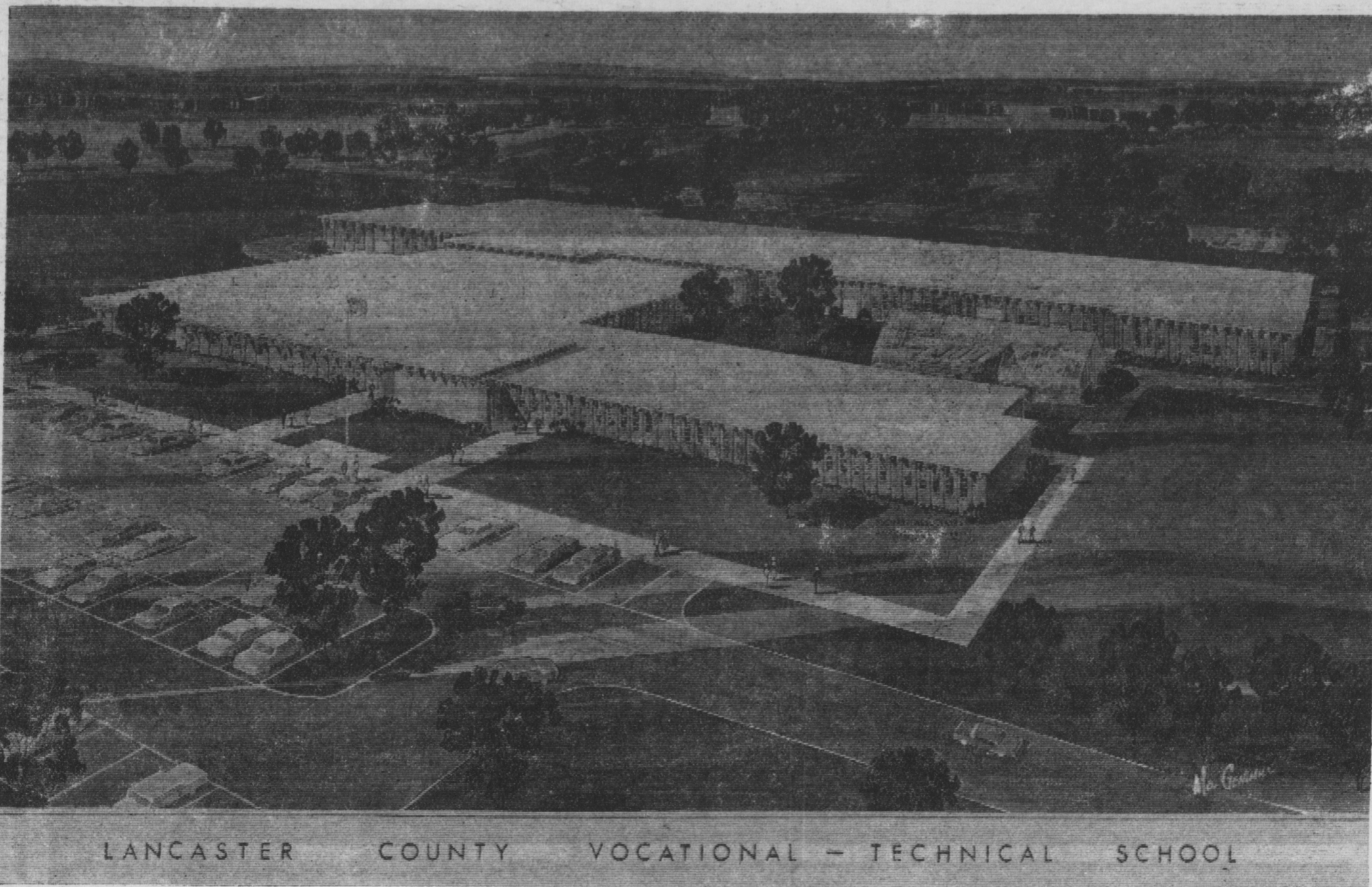


New Vocational-Technical School to be Built in Mount Joy



LANCASTER COUNTY VOCATIONAL - TECHNICAL SCHOOL

Over The Back Fence



By Max Smith

I'M GLAD to announce that the offices of our Lancaster County Agricultural & Home Economics Extension Service have moved from the Lancaster Post Office Build-

ing into the new Lancaster County Farm and Home Center, 1383 Arcadia Road, Lancaster, Pa. 17601. Our phone number will remain the same. This new facility will provide us with more adequate office space and more desirable working conditions for our entire staff. Accessibility and parking will be much easier and we will be in the same building as a number of other agricultural and educational organizations. The Extension Training Room in the basement of the Farm & Home Center will be the scene of many Extension meetings and demonstrations.

We invite you to visit our new offices at your convenience and to continue to benefit from our educational services.

THE PAST month has been agreeable weather from the human standpoint but has been a bit open and dry from the standpoint of trees and vegetation. The hard freezes on open ground plus drying winds could have done some damage; the ground is quite dry and this means that the trees and shrubs may dry out much faster. Those that are mulched have more protection. There may have been some damage to winter grains but it is too early to evaluate this item. Many of our fruit growers report the fear of heavy damage to peach trees and buds due to the extreme cold weather around the Holiday Season. The weather is still the uncertain factor in modern agriculture.

AT MANY of our educational meetings for farmers the word "management" is mentioned as a very important factor in successful agriculture. Operations with good management will succeed while those with poor management will have many problems. Management has been defined as the proper handling of land, labor, materials, and capital. The coordination of these items into a profitable business requires time and effort. We urge farmers to make special effort to do farm planning and to organize their operations. The ability to get things done on time is very important. There will be some educational meetings on management in the future; we hope that many farmers will recognize its importance and try to be better managers.

AT A RECENT educational meeting of pleasure horse owners held by our Extension Service the problem of internal parasites was discussed by one of our Extension Specialists. He pointed out that the problem was one that could include nearly 100% of our horse and pony population; there are several types of equine internal parasites that will reduce the growth of horses and ponies. With the horse population on the increase it is possible that this worm infestation could get worse. It is urged

that equine owners give some attention to this problem and perhaps submit a fecal sample from their animals to their local veterinarian. Nearly all species of farm animals are susceptible to internal parasite infection, but we have not given enough attention to this matter in horses and ponies.

by the H. C. Burgard Chorus under the direction of Miss Weibley.

There will be no room visitation prior to the above meeting.

The last P.T.A. Program for '67-'68 will be a variety show presented by the parents and teachers on Tuesday, April 16, 1968.

Manheim School 'Arts' Program

"The Arts," a program about art and music appreciation in the elementary schools, will complete a series of Stiegel-Burgard P.T.A. presentations attempting to give a total picture of the child's education. Being held Tuesday evening, March 19, in the H. C. Burgard School Auditorium, the meeting will begin at 8 o'clock.

Miss Weibley and Miss Backenstoe, the Stiegel-Burgard music and art teachers respectively, will be the guest speakers. They will describe the work and objectives of their programs.

Also included on the program will be a musical treat

SCHOOL LUNCH PROGRAM

During the year about 16 million hot lunches will be eaten on an average school day. If your child attends a participating school, he can get a bargain in good eating. The program is administered by the U. S. Department of Agriculture in cooperation with the state education agencies. Some schools, however, are currently unable to participate because they lack the necessary kitchen and serving facilities. Groups interested in community improvement projects might find out what their schools need for participation, and help them secure it.

No one does a full day's work anymore. No one else, that is.

Miss Teen Age



... answers questions about Junior Miss etiquette, grooming and interests.



Q. I'm giving a sweet sixteen luncheon party for my best friend, Marge. I want to enjoy the luncheon — I don't think hostesses should be kitchen-kept during their own parties. Any suggestions for organizing?

A. You're quite right — no one enjoys a party when the hostess is huffing and puffing between kitchen and table. So be the hostess-with-the-mostess. Prepare foods that require little or no work the day of the party. This way you can greet guests at the door instead of putting frantic last-minute touches on your food. A relish tray, for instance, and cold hors-d'oeuvres makes more sense than fancy hot canapes. Have fun with the luncheon. Try informal, gaily colored paper plates with matching or contrasting Kleenex dinner napkins — in avocado green, Persian blue, or antique gold. And ask a couple of the girls to pitch in and help — they'll be flattered that you asked.

Q. Is there any help for a Skinny Minnie? If Twiggy's fashionable, I'm even more so! The worst part is my storklike legs. What can I do?

A. Stop worrying! Remember the old saying, "Fat people are jolly"? Well it's true. Fat people aren't burning calories through nervousness or worry. If you can't eat at mealtime or if you're stuffed after one bite, try eating more often. Have a

snack every few hours. Prescription for those legs: Exercise! Stand straight, weight distributed evenly over both feet. Raise yourself on the balls of your feet, then back down. Repeat this 50 times each day. Good for muscle tone!

Q. My hands are so red and calloused I'm ashamed to let them show. I encase them in gloves, or sit on them, or hold them behind my back. Mom says I must do my share of the housework and this includes doing dishes. Speed advice — please!

A. Your hands will be creamy smooth for dreamy dances if you remember to use hand lotion whenever you do dishes, before bed, and first thing in the morning. Thin-skinned hands receive more wear and tear than any other part of our bodies — because they're washed more often. To make life easier for hands, use Handgard disposable gloves while you're doing the dishes or giving nylons their nightly washing. An extra dollop of lotion before you put on the gloves makes for smoothness too!

(Be confident of your table manners and dining etiquette. Ask your home economics teacher to write for the free film, "A Date for Dinner," from Kimberly-Clark Corp., Dept. 551-P, Neenah, Wis. 54956)



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