

Donegal Schools Menus

ELEMENTARY SCHOOLS

Friday, Jan. 19
 Cream Tomato Soup
 Grilled Cheese Sandwich
 French Fries
 Celery & Carrot Strips
 Peanut Butter Bars
 Milk

Monday, Jan. 22
 Frank & Sauerkraut
 Mashed Potatoes
 Cornbread & Butter
 Applesauce
 Milk

Tuesday, Jan. 23
 Orange Juice
 Cheeseburger on Buttered
 Heated Roll
 Peas & Carrots in
 Butter Sauce
 Donut
 Milk

Wednesday, Jan. 24
 Turkey & Gravy on
 Breaded Cubes
 Corn in butter sauce
 Finger Salad
 Apple Crisp
 Milk

Thursday, January 25
 No School

Celery & Carrot Strips

Peanut Butter Bars
 Milk

Monday, Jan. 22
 Weiner Wink
 Scalloped Potato
 Green Beans and
 Butter Sauce
 Choice of Fruit
 1 Roll & Butter
 Milk

Tuesday, Jan. 23
 Open-Faced Hot Turkey
 Sandwich
 Corn in butter sauce
 1 Roll & Butter
 Apple Crisp
 Milk

Wednesday, Jan. 24
 Orange Juice
 Hoagie (Meat, Cheese, Let-
 tuce, Tomato)
 Peas & Carrots in
 Butter Sauce
 Donut
 Milk

Thursday, January 25
 No School

HIGH SCHOOL

Friday, Jan. 19
 Orange Juice
 Grilled Cheese Sandwich
 French Fries

The greatest comfort of my old age and that which gives me the highest satisfaction, is the pleasing remembrance of the many benefits and friendly offices I have done to others. —Cato

Over The Back Fence



By Max Smith

FARM INCOME tax returns should be getting some attention at this time of the year; it is very important that accurate farm records be used to support data on the tax return. The due date for farmers is February 15, and according to the Internal Revenue Service, a farmer is a taxpayer who receives at least two-thirds of his gross income from the business of farming. Taxpayers receiving less than two-thirds of their income from farming should file their returns by April 15. Income tax management is important throughout the year and should be practiced at all times; a farmer does not have to be a tax expert, but should become well enough acquainted with the various tax aspects in order to make the proper management decisions. Money management

is very important regardless of the size of the operation.

WHILE ELECTRIC power failures for long periods of time seldom happen, it is advised that farmers invest in a standby generator to be used in case of emergency. With the growing amount of automatic machinery being used on our farms today, the loss of power, even for a few hours, can cause many inconveniences and perhaps a financial loss. A standby generator can help make sure that important equipment will keep moving despite a power failure. Both engine-driven and tractor-driven models are available in various sizes. Farm operators are advised to counsel with their electrician or local power company representative in making this investment.

FROM OUR Agronomists at Penn State University we have a report that states the good acceptance of Redcoat winter wheat; figures show that 87% of the total wheat acreage certified in 1967 was of the Redcoat variety; this figure has been increasing ever since this variety was introduced to the farmers of Pennsylvania. This should be encouraging to the many Lancaster County farmers growing Redcoat. Also, in this same small grain area we are informed that the wheat acreage throughout Pennsylvania last year increased 20%, largely due to the removal of government restrictions.

Week of Prayer Service Planned

The Mount Joy Ministerial Association will sponsor the last in a series of Week of Prayer Services on Sunday, January 21, at 7:30 p.m. in the Chiques Methodist church on Route 230 East.

The sermon entitled "Prayer of Submission" will be based on the prayer of Jesus in John 17:5. Rev. David R. Wolfe, pastor of Trinity E.C. Church will be the preacher.

An unusual aspect of the service will be a period of corporate prayer at which time the pastor and a layman from each of the ten participating congregations will kneel at the communion table in symbolic representation of common unity in Christ.

All are cordially invited to attend this service.

The average yield was 36 bushels per acre.

LOCAL CATTLE feeders will be interested in a recent research report from Michigan State university regarding the use of stilbesterol in the fattening of cattle. The use of 10 milligrams per head per day in the feed, or the implanting of 12 to 36 milligram pellets in the ear of the animal, resulting in 12 to 17% faster gains and 8 to 12% less feed needed per hundred pounds gain in weight.

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Central Matmen Win

Manheim Central's vaunted wrestling crew measured Donegal high's matmen Tuesday night, 36 - 6, supporting its long list of victories with a splendid show of team strength.

However, Donegal wasn't completely denied as Tom O'Connor and Mac McCurdy both scored decisions.

O'Connor won by a 4 - 0 count in the 120-pound class and McCurdy took his the hard way 13 - 12 in the 133 pound division.

Despite their strength, the visitors won only two falls one going 3 minutes and 27 seconds.

Mohr was forced to a default in the 180 lb. class at the end of 5:32.

Donegal won eight of 12 matches Friday night against Elizabethtown to claim a 30-15 victory.

Two triumphs were by falls, Bonham taking his in the 103 lb. class in 1 minute and 18 seconds. Mohr got the other in the 170, in the fast time of 59 seconds.

Decisions went to Mummaw in the 95-pound class by an 11-4 count; Wivell (112), 9-2; Piersol, 127, 5-1; McCurdy, 133, 9-0; Frymoyer, 138, 3-0

and Bixler, 165, 6-0.

This weekend, the Donegal matmen go to Hempfield on Saturday night and then on Tuesday, the 23rd, go to Penn Manor.

RESTORE PILE OF MATTED VELVET

To restore the pile of velvet that has become matted in wear, steam gently, suggests Ruth Ann Wilson, Penn State extension clothing specialist. Hold the matted area over a steaming teakettle or draw the wrong side of the fabric lightly across a hot iron with a damp cloth. Gentle brushing of crushed spots while they are damp may encourage fibers to straighten up.

The first leavened bread eaten by ancient Egyptians, may have come about by accident, say historians, when a surprised baker discovered that fermentation had arisen spontaneously in the dough!

1968 is going to be a bumper year for snow. It's a presidential election year.

When in need of printing remember The Bulletin.

Top Shape Cars

AT ROCK BOTTOM PRICES...

- 1966 Oldsmobile Hardtop 98 Sedan
- 1966 Oldsmobile Toronado A. C.
- 1965 Chevy II 4-Door Station Wagon, S. S.
- 1963 Corvair Monza 4-speed Sedan
- 1962 Pontiac Sedan
- 1962 Chevy II Nova Station Wagon
- 1961 Thunderbird
- 1961 Olds F85 4-Door
- 1960 Chevrolet 4-Door Sedan, V8, P.G.
- 1960 Chevrolet 4-Door Station Wagon, V8, P. G.
- 1959 Oldsmobile 88 Holiday Coupe
- 1959 Ford Sedan

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