

# Over The Back Fence

By Max Smith



I'D LIKE TO repeat the recommendation of careful disposal of old pesticide containers and the safe storage of surplus chemicals about the home and the farm. Spray materials are a part of many cropping programs in modern agriculture but must be handled carefully. Left-over materials should be stored in the original containers in order to maintain the label and spray directions; they should be stored away from children, pets, and livestock and away from any kind of garden or farm seeds to be used next year. Pesticide safety requires careful attention to these materials; empty containers should be buried or disposed through commercial disposal concerns.

SHEEP producers should be making some plans for the winter management of their flock. When the ewe flock is housed the forage that is fed should be equal to good pasture. Good quality legume hay or silage is a must for a successful sheep raising program. Either corn or grass silage can replace part of the hay but the silage must be top quality and free from mold and frozen chunks. Regardless of the forage fed, it is always safe to let the animals have free access to both salt and minerals; clean water at all times along with daily outside exercise will help bring success. Stemmy hay left-over from the previous feeding should be cleaned out of the hay rack and used for bedding. Little or no grain is recommended depending upon the condition of the ewes.

SYMPTOMS of shipping fever in feeder cattle might be worth reviewing at this time of the year; this infection is one of the most common among cattle and takes a heavy toll each year. Animals suffering from fever usually stand or lie alone with one or both ears hanging down and drip excess saliva from the mouth; they may or may not have a discharge from the nose. Rapid, short breathing is a sign of lung congestion or pneumonia; they appear dull and will eat very little; a hacking cough often accompanies shipping fever infection. Temperatures will usually exceed 100 to 102 degrees which is considered normal for many cattle. Careful observation of the animals for the first three weeks after shipping for the above conditions will detect trouble and dictate early treatment. Delayed treatment is costly and may mean the loss of the animal.

THE PROPER location to plant trees is often a problem on many premises; since some trees may be planted yet this fall and many more next spring, I'd like to suggest that advance planning enter into this decision. Keep trees away from overhead telephone and electric lines, sidewalks, curbs, driveways, and away from sewer lines and disposal fields. The roots of most trees will grow toward moisture and if sewage disposal areas are present, the small roots will clog up the system. Keep shade trees at least 30 feet away from buildings in order to prevent structural damage when the tree reaches maturity. Late fall or early spring are the recommended times to plant most shade trees in this area.

by Dr. Geo. W. Crane

## The Worry Clinic

Home Ec Teachers should spotlight Laura's tragedy. For Laura's mother, though a college graduate, still doesn't know how to use a cookstove! She can drive an automobile safely but not operate the kitchen range properly. So scrapbook this case or mail it to any parents with toddlers around the house!

CASE Z-494: Laura B., aged 4, is now in a hospital. "Oh, Dr. Crane," her frantic mother cried, "I don't believe I can stand it if Laura doesn't live."

"She reached up this noon at the kitchen stove and took hold of the handle of a pan full of boiling cabbage."

It tipped over on her and now she is so terribly burned that her life is hanging in the balance.

"Oh, Dr. Crane, please tell me what to do!"

### CONSULT GOD

When your loved one is in the hands of earthly medical experts, then you better consult the Chief Physician of this universe.

He is God Almighty.

Far too many of you Americans think an M.D. is God, but that is a sad mistake.

We medics can't even heal a scratch on your hand or foot!

When we remove an inflamed appendix, we suture the muscles and skin together, just so God will have an easier time of making the two cut surfaces knit or grow fast.

But we medics cannot make skin or muscles grow together!

I say this, not to reduce your faith in doctors, but to remind you to quit indulging in the popular idolatry nowadays of worshipping physicians.

In many cases, we can help the Almighty and often tip the scales in favor of recovery by our timely assistance and quick surgery.

So consult your physician immediately when necessary but don't forget the ONLY DOCTOR who can actually cure you!

And will you mothers PLEASE make it an inexorable rule to use the back two burners on your cook stove before you ever place a pan, skillet or coffee pot on the front burners?

Instead, most of you light the front burner first and thus endanger your toddler.

Until you need 3 burners, you should NEVER use a front burner!

And when you do, be sure to turn the handles sideways so they do not project outward to tempt the upreaching hands of toddlers!

Most of you wives can drive automobiles safely for you have often taken driving lessons in high school.

But it is vital that you also take safety lessons regarding that dangerous instrument called a kitchen stove!

Yet you may graduate from Home Economics at College and still thoughtlessly use the front burner when the back two are idle!

Train yourself, the way aviators are taught, so you don't have to think but will automatically and habitually do the right thing at the right time.

Thousands of children are critically burned at kitchen stoves every year, many fatally, yet their mothers are intelligent, well-educated women.

But they lack proper safety habits in their own kitchens!

Also, stop storing detergent liquids, cleaning fluids and other poisonous substances in pop bottles!

Clear out your medicine cabinet of unused pills and bottled drugs. Beware of acids and lye or toilet bowl cleaners!

Clear the deck for action when you have children in the home.

Even sleeping tablets, tranquilizers and aspirin can be lethal!

(Always write to Dr. Crane in care of this newspaper,

### TO CONFERENCE

Ragnar F. Hallgren, supervising principal of Donegal school district, has been in Bedford Springs, Pa., for three days this week attending sessions of the state supervising principals' association.

### AUTO SAFETY BELTS

Experts estimate that more than 5,000 lives would be saved each year in the United States and that injuries would be reduced by one-third if everyone used auto seat belts, says the Insurance Information Institute.

## Name New Principal And Teachers

A building principal, two elementary teachers and a secretary were employed recently at a special meeting of the Manheim Central School board held at the senior high school.

Richard J. Scott of Lemoyne, will assume duties as building principal at Stiegel Elementary School in January, replacing Miss Joanne Snavelly who resigned several months ago.

Mr. Scott, a Shippensburg State College graduate presently at Lemoyne, will also assume Miss Snavelly's duties as remedial reading teacher at Stiegel and Burgard schools.

Sarah Louise Houseal of Lancaster, who will graduate from Millersville State Teachers College in January, was engaged to teach second grade at Fairland Elementary School starting in mid-year, replacing Mrs. Barbara Sandmann who has resigned.

Woodrow H. Sites of Manheim, who is now doing student teaching at Burgard Elementary while completing college work at Millersville

State College, will join the faculty in January as an elementary teacher.

Mrs. Carol Mackley of Manheim was named secretary to Robert Eshelman, supervising principal of the system's elementary schools. She replaces Mrs. Nancy Gish, resigned, and will be at Burgard School.

### World Community Day

Church Women United of the Manheim area will observe World Community Day Nov. 2 in the Brethren in Christ church, north Grant street at 7:30 p.m. The speaker will be Miss Gladys Lehman, formerly a missionary to Africa.

### In Homecoming Court

Carol Lynn Bucher, daughter of Dr. and Mrs. Henry G. Bucher, Manheim R1, was selected to represent the junior class of Bridgewater College, Bridgewater, Va. in the Homecoming Court for Homecoming Day, Saturday, Nov. 4th.

Miss Bucher is a graduate of Manheim Central High School and is enrolled in the Physical Education Course at Bridgewater. She is also a member of the varsity hockey team and the college tennis team. She plans to teach physical education after graduation.

### Auxiliary to Meet

The Auxiliary to the Manheim Sportsmen Association will hold its regular meeting on Thursday, Nov. 2, beginning at 7:30 p.m.

### Fashion Fun

On Thursday, Nov. 9, at 8 p.m. the Manheim Jaycee Jaynes will sponsor a "Fashion Fun for Everyone" at St. Richard's Catholic church in Manheim. Admission is free.

Fashions will be provided by a local store. Mrs. Ralph Paine will narrate the show. Bonnie Shenk, Ronald Paine, Terry Mummau, Teddy Mummau, Beverly Paine and Gail Sprout will model children's clothes. Members of the Jaycee Jaynes who will model are: Mrs. David Lawrence, Mrs. Gary Hauck, Mrs. Michael Hackman, Mrs. Barry Hoke, Mrs. Robert Shenk, Mrs. William Lewis, Jr., Mrs. Anthony Goldman, and Mrs. Harold Irwin. The public is invited.

## Leisure Club To Hold Election

The Mount Joy Leisure Club will hold its November meeting on Monday, Nov. 13, at the Mount Joy Sportsmen's club, beginning at 1 p.m.

A nominating committee will be appointed to choose officers for election on Dec. 11, which also will be the date for a Christmas party.

The club needs four more members to reach a total of 100. Lewis P. G. Hart is the president and Walter Schefler, vice-president.

The club went on a bus trip on Oct. 9 as its October meeting. They stopped at Valley Forge, the Philadelphia art museum, Independence Hall, the Mall, Friends Meeting House (some went shopping), and drove along the river front.

They had dinner at King of Prussia.

enclosing a long stamped, addressed envelope and 20c to cover typing and printing costs when you send for one of his booklets.)

## Medical Folklore Usually Wrong

While much of medical folklore is now obsolete and largely forgotten, there are still many completely erroneous beliefs about their health held by sizeable numbers of people in our so-called age of enlightenment.

TODAY'S HEALTH GUIDE, the American Medical Association's manual of health information for the American family, points out that grandma is not always wrong in her concepts of health. But she often is wrong.

The book lists some of the common misconceptions about health—

- Eating between meals is always harmful (untrue).
- Bad breath means disease (not so).
- Milk should not be taken at the same time as sour fruits (not so).
- Proteins and carbohydrates should not be eaten at the same meal (incorrect).
- Daily bowel movements are necessary for health (untrue).
- Pain in the back must indicate kidney disease (incorrect).
- Pain in the abdomen means an overloaded stomach (wrong).
- A laxative is good for abdominal pain (it is sometimes dangerous).
- Food kept in an open tin can is necessarily poisonous (not if properly refrigerated).

- Scales from scarlet fever and measles spread the disease (nose and throat secretions actually do).
- Sewer gas makes people sick (no—it's just unpleasant).



- Pimples and boils indicate bad blood (they are due to infections).
- Boric acid strengthens the eyes (it does not).
- Fried and highly seasoned foods are harmful (not in moderation).
- A cold can be broken up or cured (it cannot).
- You feed a cold and starve a fever (no).
- Eye muscle exercises will eliminate the need for glasses (a dangerous fallacy).
- Vegetarianism is good for health (it simply makes good nutrition more difficult). 10/30/67

## Discipline Vs Punishment

Discipline and punishment are not the same, yet some people tend to use them interchangeably.

Discipline is teaching and training, and punishment inflicts discomfort on the offender, explains Mrs. Marguerite Duvall, extension specialist in child development and family life of Penn State university.

Leading, shaping, and guiding behavior are involved in discipline. The goal of discipline is self-discipline, self-reliance: One step toward self discipline is accomplished when children accept its usefulness. The fact that discipline is desirable is often overlooked.

Punishment may be bodily pain, such as slapping or whipping. It may take the form of scolding, shaming, or depriving the child of certain pleasures, says Mrs. Duvall.

Fear is connected with punishment. The fear of pain and the fear of the loss of love are deeper emotions than most adults realize. Punishment works because it threatens the child's security by fear. The success of punishment depends on whether he will remember the fear well enough to stop action the next time. The child comes to think of himself as bad because he wants to disobey, and weak because he is afraid He feels guilty and helpless.

To be effective, Mrs. Duvall points out that punishment must be used with an understanding by the child of why the crime is a crime, of what makes it undesirable. However, when both parent and child understand (and that is discipline), punishment often is not needed.

### GI BILL

The postwar GI Bill gave schooling to 36,000 clergymen of all faiths, who pursued their ministerial studies with government funds without being accused of violating separation of church & state.

When in need of printing remember The Bulletin.