Drain syrup with apricots into saucepan. Add $1 / 2$ teaspoon of the whole cloves whole cloves. Bring syrup to a boil, boil rapidy
duced to $1 / 2$ cup. Stir in mo-
mating to lasses and vinegar. Bring to
a boil and pour over apricots a boil and pour over apricots
Cool. Chill several hours or
overnight.

## 



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## Use Artistry In Meal Plans

 All meals should be pre-pared with artistry and imagination, says Margaret B. Jennings, associate professor
of foods and nutrition at the Penn State University. She is opposed to mutilat-
ing beautiful food in the kitchen through time-consummixing, and wonders how
time and effort in meal preparation came to be associated with status and worth. - We try to teach our stuart and design courses with the preparation of attractive foods," Mrs. Jennings says. "They learn to do beautiful, things with food with a min imum of effort. "We encourage them not it!"'To illustrate, she displays scalloped potatoes and car-
rots cooked (in half the oven time) in an aqua-colored skillet on top of the range. and apple-custard "pies" baked in colorful pie plates, but without the time - consuming
and nutritionally frowned upon, pie crust.

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