

by Max Smith

## Over The Back Fence

THE HOG INDUSTRY is one deserving more attention from local farmers. Lancaster County has been leading the state of Pennsylvania in hog production for a number of years, followed closely by York County. The fattening of hogs works in very well with cattle feeding and with the utilization of locally-grown grain crops. The demand is present for a much larger number of uniform, meat-type hogs. Why is it necessary for a number of our eastern packers to transport butcher hogs from the mid-west each week? Anyone traveling on the Pennsylvania Turnpike will notice these "swine-flavored" trucks. From a breeding angle the demand for feeder pigs is usually very good and exceeds the supply.



Max Smith

WE ARE AWARE of the growing interest in sugar beet production in southeastern Pennsylvania. We have received a number of phone calls from farmers who want to try growing a small plot. This interest also prevails in several other parts of the state. I think that before we rush into this new crop, we should give our experiment station and our research farm a chance to grow a few beets to determine if we can produce the quality needed. This will be done this season and also it is likely that a few plots will be grown on local farms. There are many problems in sugar beet production and it will take a few years to learn if this crop is adapted and beneficial to our farmers.

THE Depressed condition of the fat cattle market has aroused nation-wide interest; (Turn to page 2)

by Doris W. Thomas

## Timely Tips for Women

### Low-Calorie Meals Can Be Delicious

If family members gained too much weight during the Easter holidays, now is the time to do something about it. Extra pounds gained at each holiday can add up to an amount that might affect future health.

With a little extra thought, you can plan nutritious, low-calorie meals. You can serve raw carrots in different shapes and forms. Raw carrots will add nutrients, bulk and interest to a meal, and many persons prefer them to cooked carrots. For variety, serve other raw vegetables or a combination of vegetables.

When serving salads, watch the dressing is good with vegetable and fruit salads. Instead, try diluting cottage

cheese with catsup and add a few finely chopped raw vegetables. This low-calorie dressing is good with vegetable and fruit salads. (Turn to page 3)

by Dr. Geo. W. Crane

## The Worry Clinic

Tim is living on borrowed time. In fact, his wife thought he was dead only a few weeks ago. But Tim was partly at fault for he had been practicing slow suicide, as we medics term it. Since I try to warn you against both medical and psychological dangers, I am risking the ire of the vested interests to expose the greatest cause of heart deaths. Beware!

CASE 0-420: Tim B., aged 43, had a heart attack recently.

"Dr. Crane," he began, "I was a victim of a coronary thrombosis last month.

"It was so bad, I fell unconscious and my wife thought I was dead.

"But the doctor soon got there and had me taken to the hospital, where they gave me oxygen. And I pulled through.

"But now he insists that I give up my cigarettes, for he says they are probably the greatest cause of heart trouble. Is that true?"

### Cancer vs. Heart

In this country about 250,000 people die each year from all the combined forms of cancer - that means, cancer of the breast, the

So heart trouble is 3 1/2 times as dangerous as cancer, combined!

And the American Cancer Society, plus the British and (Turn to page 4)

## When Flowers Will Bloom At Hershey

John P. Meszaros, director of the Hershey Gardens, announced April 19 as the target date for first bloom of the early tulips. Looking their best for attention about the same time will be 150 varieties of daffodils (narcissi) ranging in color from white, pale yellow, pink, golden yellow to deep orange and orange red. Huge trumpet varieties gleam along side of the dainty, multi-flowering types.

From April 26 to May 17, the remainder of the 30,000 tulips, 500 varieties, are expected to be at their best.

Again this year, visitors will marvel at the delicate fringed petals of the Orchid Flowering tulips. Joining the color parade of reds, dazzling yellows and charming whites are the pretty pinks and lovely lavenders. Contrasting focal points of color are created by the bicolors and near-black.

Of special note are the beds of tulips designed as a Windmill, Tulip Flower and Wooden Shoe. Each bed is planted with tulips of the same bloom period. The Shoe and Flower beds bloom early and the Windmill blooms toward the end of the tulip season.

Causing a minor commotion will be the 40 varieties of hyacinths with their colors of white, yellow, pink, red, lavender, blue and orange. Surprisingly, these hyacinth colors are distinctly clear.

There's no need to tip toe through the tulips because the wide walks are deep carpets of grass. Flowering shrubs, forsythia, quince, azaleas and magnolias add pleasant backgrounds that delight the photographer. The newness and freshness of spring are everywhere in the shy green leaves of white birch and maples, in the maroon red of the new rose leaves, and in the multi-shades of evergreens.

Visitors are welcome to enjoy this colorful tulip display daily from 8 a.m. to 7 p.m. at no cost for admission or parking.

### FORMING FIBER

Glass fibers, .00004 inches in diameter, are manufactured by drawing glass heated to 2400 degree F through special heat-resistant rhodium-platinum bushings.

- BOOKMOBILE**  
**FIRST TUESDAY**  
 Mount Joy Memorial Park  
 1 to 8 p.m.  
**SECOND TUESDAY**  
 Mastersonville Fire Hall  
 10 to 12 a.m.  
 Manheim Square  
 12:30 to 4 p.m.  
**THIRD TUESDAY**  
 Bainbridge Post Office  
 10 to 12 a.m.  
 and  
 Marietta Square  
 12:30 to 4 p.m.  
**FOURTH TUESDAY**  
 Landisville Fire Hall  
 10 to 12:30 a.m.  
 and  
 East Petersburg Bank  
 12:30 to 4 p.m.

## NEWS IN MARIETTA

### Cubs Hold Annual 'Derby'

Members of Marietta Cub Pack 150 held its annual pine wood derby in the social hall of the United English Presbyterian Church. Winners were Den 1, James Green; Den 2, Skip Shimko; Den 3, Paul Buchanan Jr.; Den 4, David Marley; Den 6, Steve Studholm; Den 7, Ken McKain. Grand champion was Skip Shimko.

Gerald Libhart, cub master presented the following bobcat awards; Blain Gorman and Ken Seaman; wolf badges, J. Frey, J. Rapp, J. McClintock, Ken McKain and J. Penwell; Ken McKain, a gold

arrow point and J. Penwell, gold arrow and two silver arrows.

Receiving webelos badges were Kenneth Rohrbaugh, J. Smith, J. Green, J. Ibaugh, and Don Miller.

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### Mayor's Corner

I witnessed a fine example of Democracy at work last Tuesday night at the Fire Hall when a group of civic-minded citizens spearheaded by Roy Wallick, of the Marietta Jaycees, organized and ordered chartered, "The Mar- (Turn to page 7)

## See That Little Lever?

See that little lever on the left side of your steering column?

That's your turn signal, and you had better start using it," Warned Commissioner Harry H. Brainerd of the Pennsylvania Bureau of Traffic safety.

The commissioner explained that while most drivers are using their turn signals for simple left and right turns, the great majority have vastly ignored other areas where the use of turn signals is explicitly required by law.

"The rising toll of traffic accidents on commonwealth highways calls for a complete about-face by all citizens with respect to motor vehicle laws. The bureau of traffic safety intends, with the cooperation of all the law enforcement agencies in the state, to crack down on violators of the so called "turn signal laws."

The Pennsylvania motor vehicle code provides that operators must use the signals to indicate starting, turning, changing lanes or entry into the traffic from a parked position. The law says that you must use your flashing front and rear signals on or at the side toward which the turn or other vehicle movement is to be

made. In addition, the law says that you must give the signals 100 feet in advance of any turning movement.

Legal officials for the bureau of traffic safety report that violators of this law are subject to a fine of \$10 and the cost of prosecution.

"The failure to use signals when changing lanes on high speed highways seems to be most abused portion of the law," Dr. Brainerd explained. "The use of the signals in times like these would have a profound effect on the number of costly and frequently fatal accidents that occur at a high rate of speed."

### BLEACH FOR WOOL

A sodium perborate bleach is safe to use on woolen fabrics, explains Bernice Tharp, Penn State extension clothing specialist. A chlorine bleach damages the wool fiber and if too strong it may dissolve the fiber. Sodium perborate bleaches are most effective when used with water at a temperature that would shrink wool. However, several successive treatments with warm water may give the results you want. Follow directions on container for use of bleach.

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