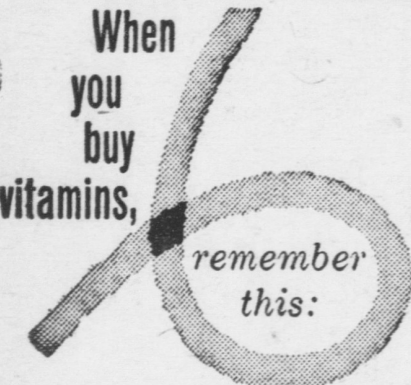


### Do Not Mix Floor Waxes

Don't mix and match floor waxes! Many people do not realize that two partially used cans of a self-polishing floor finish — the kind that dries shiny — should not be combined to save space.

Different brands have different formulas, of course. Then, too, there may have been a change in formula between two packages of the same brand because of continuing improvements in the product.

If you are in the habit of pouring some of the wax in a flat pan into which you dip your applicator, never put the leftover portion back into the container. You are bound to have picked up some dirt or foreign matter on the applicator pad, and this would inevitably end up in the pan. Pouring the unused liquid back into the container is a sure way of contaminating the contents.



Be sure you get the vitamins you pay for. Vitamins get lost in tablets and capsules the same as they do in cooking. The manufacturer must know how to prepare and test his vitamin products to be sure the vitamins are there when you buy them. That is why your physician prescribes and our pharmacists dispense only those vitamin products of nationally known ethical pharmaceutical manufacturers. Your health is your most important possession. Don't guard it lightly. Let our professional experience help you select the vitamin preparation that will help you most.

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### ● The Always

(From page 5)

in a moderate oven for 45 to 50 minutes. Remove from oven and pour vinegar over the potatoes and frankfurters. Cover and return to oven for 5 minutes. 4 servings.

### ● Manheim

(From Page 1)

heim borough council. The center of activities, which include a chicken barbecue and a fishing event for the youngsters, will be the community pool and Veteran's Memorial Park.

### Honor Students

The Manheim Central High School installed these students into the National Honor Society.

Seniors: Linda Barto, Dale Bicksler, Elizabeth Brantley, Lois Demmy, Patricia Ann Ellinger, Judith M. Fauser, Judy Greenly, Barbara Heffner, James L. Hollinger, Gail Kuhn, Patricia Ann Maybe, Alan D. Mease, Carolyn Snyder and Judy Shelly.

Juniors: Randall Carper, Dennis Denenberg, Jeffrey Dunkle, Stephanie Fauber, Janet M. Good, Larry Graybill, Kathy Haines, John Matter, William C. Miller and Phillip M. Shank.

### Manheim Cubs

In preparation for the upcoming Scout Circus to be held on Saturday, April 18th at the Manheim Jr. High School, Cub Pack #47 held the final judging of more than 75 participants in its annual Circus Poster contest, through the cooperation of Miss Carol Anspach, Art

### Patronize Our Advertisers

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She told friends it was better than new — Buy "Old Masters" at Cassel and Graham, 20 Market Square, Manheim, Pa.

# Nat King Cole Sings Praises For March of Dimes Program

(Ed. Note: Nat King Cole, one of the most successful recording, radio, TV and motion picture stars of the past decade, has always been a willing March of Dimes volunteer. A singer whose easy and relaxed voice is known all over the world, Mr. Cole is also a hit song writer, and, as he shows here, an interesting and informative newspaper columnist.)

By NAT KING COLE

Over the years, I've been awfully lucky. I've had a chance to cross and recross this country dozens of times. And my travels have taken me out of the country, to Europe, South America and Asia.

I feel that I've had a chance to get to know my country, not only through my work, but because I've lived in different areas. I was born in Birmingham, Ala. My parents moved to Chicago when I was four years old. Now, my family lives in Los Angeles.

No matter where my work takes me—to Paris or Peru—I always look forward to getting back to my wife, our five children and our home, which has been the center of my life for some years now.

Maybe that's why I like to do benefits. I think that anyone who's been as fortunate as I've been should help out.

### Favors March of Dimes

One of my favorite voluntary organizations is the March of Dimes. I can remember back to the 1940's (when the March of Dimes and I were both younger!). Each January, there were always coin collectors or dime boards in the clubs and hotels where my trio played.

Those coin collectors from the 1940's were responsible for the fact that today, all five of my children are protected from polio by the Salk vaccine.

Only a few days ago, I saw photos of the 1964 March of Dimes child, a child who was born with a birth defect. I know that in one of the cities on my cross-country tour this winter, or at a recording session, or in a radio or TV studio, this little girl and I will meet at some March of Dimes event. I'll be there as a volunteer, glad to help out.

All five of our children are

healthy, strong, alert. I'm grateful. I know that 250,000 times a year in this country, parents are told that their child has been born with a physical or a mental defect. Only a parent knows what a blow those words can be.

### Hails Polio Vaccine

Our twins are two years old now. As I watch them run and tumble over the lawn, I'm grateful that they'll never need to fear polio, because the March of Dimes has developed two vaccines. And I can't help hoping, that when they're ready to start their own families, March of Dimes-sponsored research will have found some answers as to what goes wrong when a tiny body is being formed. Maybe, by then, there will even be some way to prevent a child's being born crippled. Maybe, by that time, science will have found a way to insure every baby's being born with a healthy, strong body.

I hope so. I'm doing what I can to help out. And from what I can see, so are millions of other people across the country — women who volunteer as Marching Mothers, teenagers who channel their wonderful energy into fund-raising projects, and businessmen who de-



Nat King Cole

vote their free time to running local campaigns.

### Glad to be American

As I travel over the world, I see, each day, events which make me glad I'm an American. I don't think a person can leave this country without realizing how wonderful it is to return. Here, in addition to everything else, we have a tradition of neighbor helping neighbor that goes back over 300 years. In my own lifetime, I have seen this tradition result in benefits for all America and for the world. Children in cities I've visited in Japan and South America are protected by polio vaccines which were developed with the help of dimes from Montgomery and Chicago and Los Angeles.

It's not such a bad old world when you realize that a lot of people spend a lot of their time and energy to help others.

teacher at Manheim High School and John Tshudy, Commercial Artist, who acted as judges, first prize was awarded to Wayne Peters; second to Gary Reihl and third prize to Gary Shully.

Awards for the best posters for each den were presented to Tom Brendel, Skip Ruhl, Doug Holmes, Miks Graybill, Ritchie Stief, Brian McGeehan, Robert Baker, Peter Coleman, Rick Becker, Neil Shank and Jeff Ibach.

Each month has seen an increasing number of boys wishing to become Scouts. This has been indicated by the new members taking the Cub Scout oath at the last

pack meeting. These new Cub Scouts are: Jim Sacks, Steve Shenenberger, Michael Rettew, Michael Gantz, Robert Thomas, Robert Baker, Michael Tuscan and J. Sacks. William Umberger, Thomas Barto and Robert Dissinger have fulfilled all the requirements of Scouting and have advanced to Webelos.

### Youth Day

Thomas Hostetter, son of Mr. and Mrs. James Hostetter, South Charlotte Street, Manheim, was elected mayor of Manheim for Youth Day in Government at the Manheim Central High School on Tuesday, Feb. 25. Elected with him were the following councilmen and councilwomen.

1st Ward — Dennis Denenberg, John Earhart, Alice Rohrerbaugh;

2nd Ward — Terry Hostetter, John Stouch, and Linda Pott.

3rd Ward — Linda Barto, Tim McDowell, Julie Young.

4th Ward — Tom Greenawalt, Larry Graybill, Gerry Williams;

5th Ward — Paul Hosler, Sue Jeffrey, Dan Yohn.

The elected students were presented with certificates in a special assembly program held in the school auditorium, by Mr. Lew Fornoff, National Director of the Jaycees. Herbert Obetz, town mayor also gave a short talk on the boro of Manheim. After the assembly, the elected students were taken on a tour of the Fuller Co., Water Works, Sewage Plant and the boro office. Herbert Obetz, mayor, James Tribble, boro

secretary, Kent Ruhl, faculty advisor, and Dan Lane, Manheim Jaycee director accompanied the students on the tour. After the tour the students and the members of boro council had a dinner together at Evans Restaurant, after which they retired to the boro chambers for the monthly boro council meeting.

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