Chicken Goes

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(From page 1)

gredients, except orange slices and simmer gently for 2 to 3 minutes. Pour sauce over flour Gradually add milk, chicken in casserole. Cover stirring constantly over low and bake at 350 degrees for heat; cook until thick and 50 to 60 minutes, or until smooth. Add seasonings, lemchicken is tender. Just before serving, add oranges.

Chicken Vegetable Puff 1 9-inch unbaked pastry shell 3 tablespoons butter

3 tablespoons flour 1 cup milk

1 teaspoon salt

1/4 teaspoon paprika

Dash pepper

PHONE 665-2344

1 teaspoon lemon juice 1 cup diced cooked chicken ' Chicken Broccoli Casserole

1/2 package frozen peas, or chopped broccoli or asparagus, cooked

4 egg yolks, beaten 4 egg whites, stiffly beaten Melt butter and blend in on juice, chicken and vegetable. Blend egg yolks into creamed mixture. Cool slightly, then fold in stiffly beaten egg whites. Pour into unbaked 9-inch pastry, then fold in stifly beaten egg whites. pastry shell; bake in pre-

minutes. Serve immediately.

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6 ervings.

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Winter

Clearance

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WOLGEMUTH FRUIT MARKET

2 boned chicken breasts, halved

1 ponud fresh broccoli or package (10-oz.) frozen 1

broccoli spears

1/4 cup (1/2 stick) butter 1/4 cup flour

1/2 teaspoon salt

2 cups milk

1 cup shredded Cheddar cheese .

2 tablespoons grated Parmesan cheese

Cook chicken and broccoli; keep warm. Meanwhile, in saucepan melt butter; blend in flour and salt. Remove Pour into unbaked 9-inch from heat and gradually add milk; return to heat and heated 325 degree oven 40 cook, stirring constantly, until mixture thickens and loses starchy taste. Remove

Cheddar from heat; add cheese and stir until cheese melts. Place broccoli in 9-insquare baking dish; place chicken breasts on top; pour cheese sauce over all. Sprinkle with Parmesan cheese; and place under broiler until well browned. 4 servings.

Quick Chicken Sauce 1/2 cup chopped celery 1 tablespoon butter or margarine 1 can (10¹/₂ ounces) condensed cream of celery soup 1/2 cup water 2 tablespoons chopped pimento

1 cup diced cooked chicken Cook celery in butter or

CONTEMPORARY FURNITURE

Retired couples like contemporary furniture because of its easy maintenance and lack of space and storage problems, report Penn State extension home management specialists. The trend toward converting vacation houses into retirement homes also contributes to the contemporary spirit in decorating.

FOR WELL-BEING

Moderation and variety are two important words to remember in thinking about the relationship of diet and long-term well-being, believes Louise Hamilton, Penn State extension nutrition specialist.

CASUAL CLOTHING TREND

Emphasis on casual garments tends to decrease the

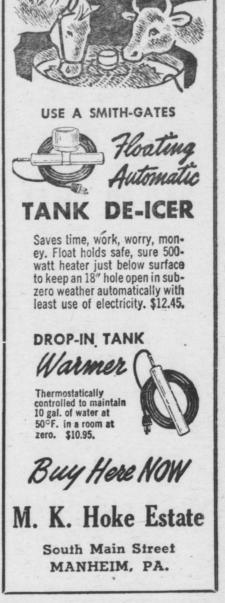
Wednesday, January 29, 1964

margarine until tender, about 10 to 15 minutes. Stir in soup, water pimiento and diced chicken. Heat to boiling and serve over biscuits or popovers.



A crocheted stole makes a handsome gift at any time. This one shown today is done in the interesting knot stitch. Send for No. 1105.

Our new 1964 Needlework Book contains a fine selection of crochet, knit, embroidery, quilts, etc., and includes instructions for four designs and also coupon entitling you







IT PAYS

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TO KEEP

money each person spends Sale for clothing, point out Penn State extension clothing specialists. Separates add variety and permit less costly replacements. As part of this casual trend, women's suits and housedresses are declin-20%-40% ing in popularity, while emphasis is given skirts, blouses, sweaters, and slacks. For men, the trousers-and-sport coat combination continue to REDUCTIONS rate high, while suit sales decline. Two-thirds of all the shirts bought are sport shirts and short-sleeved dress shirts may be a current compromise. EFFICIENT MARKETING The efficient American **Eicherly's Men's Shop** marketing system moves and processes each year 135 million tons of foodstuffs worth han \$60 billion, says 78 EAST MAIN STREET Han Neigh, Penn State extension consumer economics MOUNT JOY. PA. specialist. The mere marketing of food costs the consum-66 cents of every dollar he spends for it. ANNOUNCING RED FOIL HEARTS **KITTY'S DRESS SHOPPE** 5 1/2 oz. 80¢ 1 lb. \$2.10 1 3/4 lb. 3.40 70 E. MAIN ST., MOUNT JOY, PA. **Clearance Sale** ONLY THE FINEST FOR OVER FORTY YEARS'

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