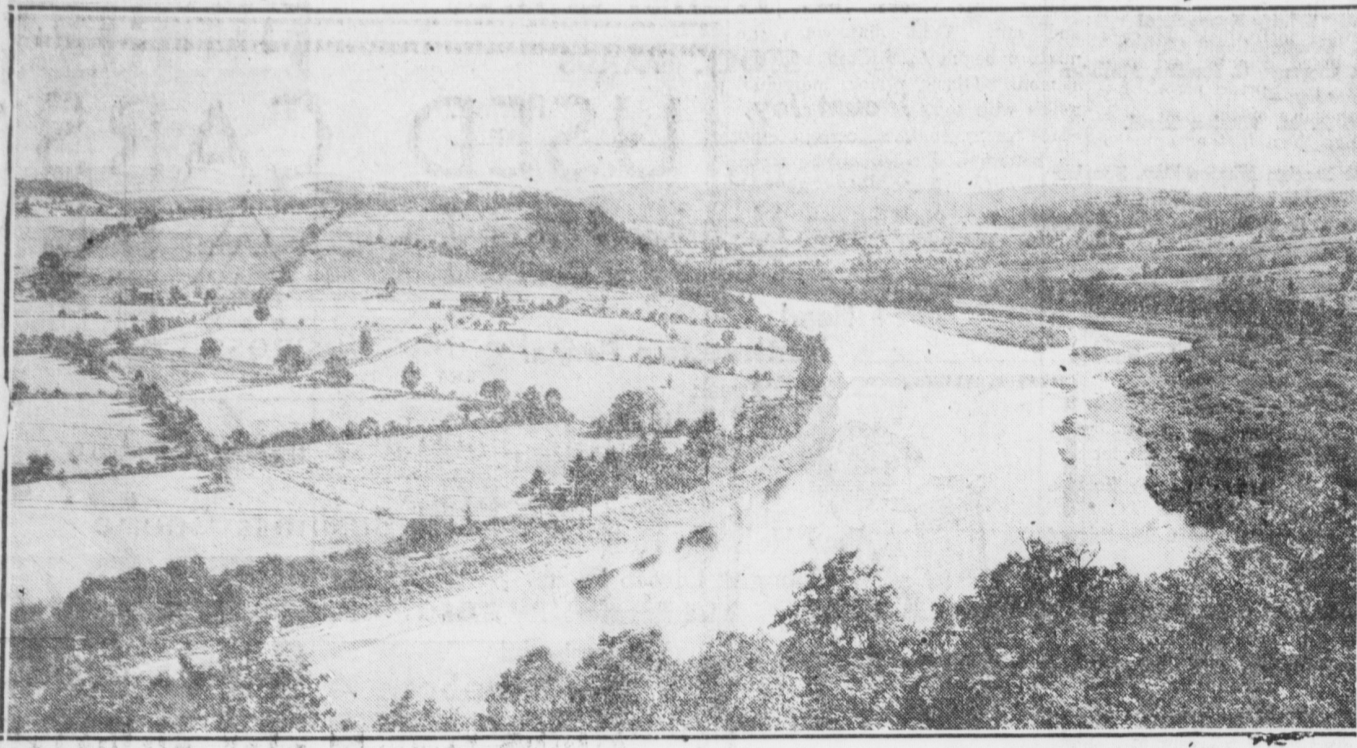


### Susquehanna's Majestic Sweep Fills Camera's Eye



This expansive view shows the Indian-named River of Many Isles as it rounds a bend of neat farm land in Bradford county. The scene is looking north from U. S. Route 220.

### MONTOUR CLAIMS ONE OF OLDEST CHURCHES IN CENTRAL PENNA.

Pottsville, Pa.—Tourists in search of historical sites will enjoy an interesting visit to the Chillisquaque Presbyterian Church erected near this Montour county community 163 years ago. The church, the oldest in this part of the State, was built in 1774, burned by the Indians, and rebuilt in 1779. Its congregation consisted of pioneers who settled here before the Revolutionary War. Near the church is a cemetery which also is credited with being one of the oldest in Central Pennsylvania. Here are buried Revolutionary War veterans and Indians 1779.

### SUNDAY, DINNER Suggestions

By ANN PAGE

FISH filets will be a good selection this week for those wishing to balance budgets after week-end extravagance. Even people who don't like fish because of bones enjoy boneless filets. Eggs and cheese also make inexpensive and appetizing main lunch and dinner dishes. Lamb, pork and fowl represent the best meat values. Peaches, pears, apples and grapes are abundant. Honeydew melons and huckleberries are the chief members of the melon and berry families in market. Abundant supplies of a great variety of vegetables continue to come to market including potatoes and sweet potatoes, broccoli, celery, eggplant, peppers and tomatoes. Seasonable and reasonable foods make up the following menus.

- Low Cost Dinner**
  - Spanish Ham Omelet
  - Fried Potatoes
  - Cole Slaw
  - Bread and Butter
  - Tapioca Cream with Sliced Peaches
  - Tea or Coffee
- Medium Cost Dinner**
  - Roast Stuffed Lamb Shoulder
  - Boiled Rice
  - Bread and Butter
  - Peach Bavarian
  - Tea or Coffee
- Very Special Dinner**
  - Tomato Juice
  - Roast Lamb
  - New Broccoli
  - Ice Cream
  - Stuffed Celery
  - Mint Sauce
  - Browned Mashed Potatoes
  - Avocado Salad
  - Butter
  - Sponge Cake
  - Coffee

Silas Clam  
Lies on the floor,  
He tried to slam  
A swinging door.

NEW MODELS OF HAMILTON AND ELGIN WATCHES

Don W. Gorrecht  
Jeweler Mount Joy, Pa.

### OLD STYLE CURTAINS STAGING COMEBACK

Glass curtains noted in smart apartments this season include colored madras, heavily patterned, reminiscent of those of a generation ago; fine Irish point lace and a sheer film of net with Alencon type embroidery. These types, with fine printed voiles and figured sheer rayon, are beginning to take an important place in decorative schemes.

### Save Fuel

WITH ACCURATE METAL Weatherstrip Sold and Installed by Howard Strausbaugh MAYTOWN, PA. Phone Marietta 69R4 sept.22-21-p

Patronize Bulletin Advertisers.

HOW ARE YOUR SHOES? DON'T WAIT TOO LONG BRING THEM IN CITY SHOE REPAIRING CO. 30 SOUTH QUEEN STREET LANCASTER, PENNA.

PAINTING BODY & FENDER WORK OF ALL KIND Hassinger & Risser, Inc. MOUNT JOY, PA.

PAUL A. MARTIN Contractor and Builder Mount Joy, Pa.

### Asthma Cause Fought in 3 Minutes

By dissolving and removing mucus or phlegm that causes straining, choking, asthma attacks, the doctor's prescription, Mendocino removes the cause of your agony. No smoke, no drowsiness. Absolutely tasteless. Starts work in 3 minutes. Sleep soundly tonight. Soon feel well, years younger, stronger, and enjoying. Guaranteed completely satisfactory or money back. If your doctor has not prescribed Mendocino for you. Don't suffer another day. The guarantee protects you.

### Kidneys Must Clean Out Acids

The only way your body can clean out acids and poisonous wastes from your blood is thru 8 million tiny, delicate kidney tubes or filters. But beware of cheap, drastic, irritating drugs. If functional kidney or bladder disorders make you suffer from Getting Up Nights, Nervousness, Leg Pains, Backaches, Circles Under Eyes, Dizziness, Rheumatic Pains, Acidity, Burning, Smarting or Chinking, don't take chances. Get the Doctor's guaranteed prescription called Cystox (Sias). Works fast, safe and sure. In 48 hours it must bring new vitality, and its money back on return of empty package. Cystox costs only 9c a day and is druggists and the guarantee protects you.

### SHE LOST 20 POUNDS OF FAT

Feel full of pep and possess the slender form you crave—you can't if you listen to gossipers. To take off excess fat go light on fatty meats, butter, cream and sugary sweets—eat more fruit and vegetables and take a half teaspoonful of Kruschen Salts in a glass of hot water every morning to eliminate excess waste. Mrs. Elma Verille of Havre de Grace, Md., writes: "I took off 20 lbs.—my clothes fit me fine now. No drastic cathartics—no constipation—but blissful daily bowel action when you take your little daily dose of Kruschen."

There is no better way to boost your business than by local newspaper advertising.

### ARE YOU ONLY A THREE-QUARTER WIFE?

MEN, because they are men, can never understand a three-quarter wife—a wife who is all love and kindness three weeks in a month and a hell cat the rest of the time. No matter how your back aches—how your nerves scream—don't take it out on your husband. For three generations one woman has told another how to go "smiling through" with Lydia E. Pinkham's Vegetable Compound. It helps Nature tone up the system; thus lessening the discomforts from the functional disorders which women must endure in the three ordeals of life: 1. Turning from girlhood to womanhood. 2. Preparing for motherhood. 3. Approaching "middle age."

### HOW OFTEN CAN YOU KISS AND MAKE UP?

Few husbands can understand why a wife should turn from a pleasant companion into a shrew for one whole week in every month. You can say "I'm sorry" and kiss and make up easier before marriage than after. Be wise. If you want to hold your husband, you won't be a three-quarter wife. For three generations one woman has told another how to go "smiling through" with Lydia E. Pinkham's Vegetable Compound. It helps Nature tone up the system; thus lessening the discomforts from the functional disorders which women must endure in the three ordeals of life: 1. Turning from girlhood to womanhood. 2. Preparing for motherhood. 3. Approaching "middle age."

Patronize Bulletin Advertisers.

### Communities Race To Profit By State Publicity Campaign

Harrisburg, Oct. 1—A spirit of friendly but keen competition is rapidly developing among cities and sections of the Commonwealth anxious to share in the new business being created by the Pennsylvania State Publicity Commission.

Such healthy rivalry in the development of local advertising programs is essential to the success of the campaign to popularize this State as a year-round vacationland, Secretary of Highways Warren Vanduyke pointed out today.

As Chairman of the Commission, Mr. VanDyke, in a formal statement declared:

"Every community has something to sell. And it is the job of the Pennsylvania State Publicity Commission to help them sell it as part of all the attractions this Commonwealth has to offer.

"The commission, by law, is directed to publicize the State as a whole. Naturally, we cannot, under the circumstances, favor one section or community over another.

"The large outlay represented by the half-million now being made by the dollar appropriation to the commission is building a solid groundwork for every section to profit by in its own way.

"Our campaign of newspaper, magazine and radio advertising is already yielding a tremendous response. Inquiries for special scenic maps and descriptive booklets of places of interest are coming in at the rate of almost a thousand a day.

"Why shouldn't your community cash in on this public interest we are stirring up?"

"In other cities, including Altoona, Bloomsburg, Wellsboro and a half dozen others I could mention, local

committees have already been organized and are at work. I do not want to appeal to selfish motives alone. There is more to this whole plan than just profits from tourists. There are the patriotic values to be preserved, early historical sites to be memorialized.

"At the same time, the citizens of every city and county should get busy, unless they want to be left behind in this procession.

"Your Lions Clubs should go out and roar about your local beauties. Let Rotary swing into action. Let Kiwanis and other service clubs help build this venture, and your Chamber of Commerce and other civic bodies join in the movement."

No movement along these lines has yet been started in Columbia, it was revealed today.

### CHINESE ART BLENDS WITH PERIOD STYLES

Chinese decorative accessories continue to hold an important place because of their suitability for practically all period styles. English and American sailors, since they first sailed to China, have been bringing back Chinese porcelains, ivories, brass and other wares. Hence, the art of China is interwoven into all the period styles of these two countries. There are many varieties of vases and jars in solid colors and decorated, as well as figurines, hangings, wrought iron pictures and ancestral portraits.

He flew through the air, With the greatest of ease, But the funny part was, He forgot his trapeze.

### Mileage Hints

By J. F. Winchester Supervisor of Motor Vehicle Equipment, Esso Marketers

CLUTCHES are today so designed that but little slipping is encountered and therefore few motorists recognize the seriousness of this condition when it occurs. A slipping clutch causes waste of gasoline, is a strain on the various parts of the chassis mechanism and causes high repair bills because frequently not only is the clutch disc ruined but other parts are also affected. The skilled motorist will detect a slipping clutch while driving and yet any driver can test the operation of the clutch quite easily himself.



While the engine is idling, put the gears in low, pull on the emergency brake and then let in the clutch. The engine should stall immediately if the clutch is holding correctly. If, however, the engine continues to turn over in spite of the fact that the car is braked and not in motion, it is quite evident that the clutch is slipping.

Whenever the engine appears to be running at an unaccountable speed in relation to the movement of the car and the gasoline mileage is lower than usual, it is well to make this test. If the operator finds the clutch functioning improperly, he should immediately have a mechanic make repairs or adjustments. He may thus save himself a future large repair or replacement bill.

### LAMB ROAST ALWAYS IN FAVOR

There is a good supply of high quality lamb in the market at present, and the wise homemaker takes advantage of this fact to serve it frequently to her family and for party luncheons and dinners.

There is nothing finer for a roast than a leg of lamb. It has a delicious, delicate flavor, is good hot or cold, and it is easy to prepare. Lamb, being the meat of a young animal, is always tender. It is best when roasted at a constant low oven temperature. Then it is sure to be juicy and to retain its fine flavor.

When you select a leg of lamb for a roast, do not have the "fell", that thin, papery covering, removed. The fell does not affect the flavor of the meat, and the roast holds its shape better and cooks a little more quickly if it is left on.

Sprinkle the roast with salt and pepper and place it, skin-side down and cut-side up, on a rack in an open roasting pan. Place it in a moderate oven (300 to 350 degrees F.). Do not add any water and do not cover. You will not need to baste the roast. Allow about 35 minutes per pound for roasting.

Mint apples are an attractive garnish for roast leg of lamb. Make a syrup by cooking 2 cups sugar and 1 cup water. Color with green vegetable coloring and flavor with a few drops of oil of peppermint. Pare and core apples and simmer in the mint syrup until tender but not soft. Place in a border around the roast. Garnish with mint leaves.

- Dinner Menu**
  - Concomme
  - Roast Leg of Lamb with Mint Apples
  - Baked Potatoes
  - Baked Onions
  - Lettuce and Tomato Salad
  - Ice Cream and Cake

### RELICS OF ANCIENT RAILROAD RECOVERED

Stone railway ties once part of the Old Portage Railroad across the Allegheny Mountain between Hollidaysburg and Johnstown were uncovered recently by workmen reconstructing the William Penn Highway in Blair county.

Nearly 25 of the 100-year-old ties were found several feet below the ground surface, in an excavation required to keep the road smooth and level.

The ties, each about a foot square, were perfectly preserved by the protecting earth which had covered them since the road was dismantled about 1852. Some of the ties even retained the iron pins which carried the light rails of the line.

Only a few days before, workmen on the project had found buried log cribbing used to support the pioneer railroad near the same point.

Scene of the finds is just west of Duncansville, Blair county, along William Penn Highway, Route No. 22. A rare skew arch bridge perfectly preserved and a monument telling the history of the Old Portage Railroad can be seen from the same highway only a few miles to the west.

### TEXTURES HOLD LEAD AMONG UPHOLSTERIES

From the fabric field current predictions are that plain and textured goods will continue to lead in upholstery. Vertical stripes are on the up and up in both drapery and upholstery fabrics, and the public is expected to want more and more of them. Florals, particularly large designs, in stylized or naturalistic types, are still very important in upholstery, and there is increased call for refined and subdued versions of Early English designs.

For Clean, Well-Graded Crushed Stone At a Low Price CALL John A. Hipple Mt. Joy 25 or E'town 66R4 sep.11-tf

WE HAVE..... QUALITY MEATS KRALL'S MEAT MARKET West Main St., Mt. Joy

EYES EXAMINED Dr. Harold C. Killheffer OPTOMETRIST

MANHEIM ELIZABETHTOWN 19 W. Steigel St. 15 S. High St. Telephone 11-J Telephone 24-B Mon., Wed., Thurs. Tues., Fri., Sat Evenings by appointment in Manheim Electric and Acetylene WELDING R. U. TRIMBLE ELIZABETHTOWN, PA.

# Farmers Who Are Trespassing Their Land Can Get Notices At This Office For Only 25c Per Dozen.

## The BULLETIN MOUNT JOY