

MT. JOY BULLETIN
MOUNT JOY, PA.
J. E. SCHROLL, Editor & Prop.

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All correspondents must have their communications reach this office not later than Monday night. Telephone news of importance between that time and 12 o'clock noon Wednesday. Changes for advertisements must positively reach this office not later than Monday night. New advertisements inserted if copy reaches us Tuesday night. Advertising rates on application.

The subscription lists of the Landville Vigil, the Florin News and the Mount Joy Star and News were merged with that of the Mount Joy Bulletin, which makes this paper's circulation about double that of average weekly.

EDITORIAL

The citizens at Christiana banded together and with clubs, garden tools and whatever was handy, drove the strike agitators from Coatesville and Philadelphia out of town. There is not any kind of treatment mean enough for the chap who is too lazy to work. Neither will he let the other fellow work.

Be good and you'll be happy—maybe.

Even a cheap skate may disfigure much good ice.

When hope looks backward it is transformed into regret.

Beware of the married man who acts as if he was glad of it.

The active career of "Daddy" Browning closed at Scarsdale, N. Y., Friday. Those female gold-diggers must now hunt another easy mark.

Judge Atlee is to be commended for his attitude toward foreign criminals. Last week he sentenced a 21-year-old Atlanta, Ga. lad to from 24 to 64 years in the penitentiary. His purpose was to keep this chap in a place where he will not molest any one in the future. The criminal plead to sixteen indictments of burglary and larceny.

Crooks think that Lancaster Co. is a safe place in which to operate. Their conjecture may be true in part but if they are caught it's just too bad.

Both Judges Atlee and Sheaffer have been very liberal with their jail sentences and rightfully they should be.

It's just too bad that they don't give Bruno Richard Hauptmann a little Atlee justice.

STANDARD-BEARERS

In the human soul and in the larger images of humanity which are society, strife is the key to progress and the chief means of turning confusion to order. The clash of ideals, purposes and opinions leads to judgments; it reveals principles and also shows us where we stand in relation to them. We go forward by struggles and victories, and such strife is necessary to the purpose of life, as needful as the two millstones which grind the wheat or the hammer and anvil between which the tool is tempered.

In such trials at arms ignorance takes sides too quickly, and allegiance often owes more to obstinacy and prejudice than to judgment. Yet wider knowledge may bring a new danger by urging compromise and leaving no enthusiasms or convictions for which we will live and die. Beyond such lukewarm caution there lies real conviction, where vision rises above the smoke and dust of the arena and sees clearly and singly the essential goal at stake.

Such visionaries, who see not merely both sides of a question but also the greater principles to which it refers, become our leaders. These lift up standards to which we may dedicate our strength and our sword arm. These we must have if strife is to find the shortest way to peace and if we are to be spared the long struggles for unworthy victories and the old habits of blind hate and destruction.

HEROES TO ORDER

There are times when events take hold of men and wrest them out of peace and obscurity into duties and responsibilities unexpected and unthought. These, to be sure, are not ordinary men, since they have eyes to see and ears to hear the call where others passed by untroubled. They see there is work to be done, and by this knowledge are called and dedicated. Their duty lies before them, and cowardice alone can close their eyes to it.

History shows the need of the hour is no respecter of persons. It calls heroes from among the privates of the army of the world no less than from its leaders. It makes strong men of those who had thought them selves weak and reveals the hidden powers by which men rise from obscurity to the heights of leadership. Such necessity moreover, is a hard master, driving men onward when they are weary for peace and demanding their devotion through every hazard of pain, hatred and misunderstanding. So long as the need is there, they dare not desert their destiny.

The record of the world is the record of its heroes. Always there has been a man to step into the breach, to grasp the torch, to lead in the path revealed. So long as there are such men, whose courage will not fail when their eyes are opened, so long will the world push on surely to the days of promise.

YOUTH AND BRASS BANDS

To anyone who wanders about the country in the fall of the year, drops

RAILROADS SPEND \$2,000,000 A YEAR ON CROSSINGS

Harrisburg, Oct. 4—Two million dollars is spent each year by steam railroads in Pennsylvania in furnishing protection at public grade crossings, according to John P. Dohoney, investigator of accidents of the Public Service Commission.

Ninety per cent of this sum is paid to crossing watchmen and flashing light signal inspectors. One hundred thousand dollars is spent annually for materials to maintain this protection.

Three million dollars has been spent in installing gates, watchmen's equipment and automatic grade crossing signals at 2195 public grade crossings in the State. One thousand and seven of these crossings are protected annually, requiring the labor amounting to 18,400 man hours daily.

Alternately flashing color light signals of the type standardized by the Public Service Commission and which are now installed under the Commission's supervision, have been erected at 1035 of the 1303 crossings where automatic crossing signals are located.

These signals will be encountered at grade crossings throughout the State. The Commission reminds the motorists that under the provisions of the vehicle code, when the red lights of these signals are alternately flashing, they must bring their automobiles to a complete stop before proceeding over the railroad tracks.

Sale Register

If you want a notice of your sale inserted in this register weekly from now until day of sale, **ABSOLUTELY FREE**, send or phone us your sale date and when you are ready, let us print your bills. That's the cheapest advertising you can get.

Every Thursday Evening, at Wagner's Park, Beverly, regular weekly community sale of stock, chicks, merchandise, furniture, meats, etc. by G. K. Wagner.

Friday Evening, Oct. 19—At their place of business near Mount Joy, cows, chicks, fruit, merchandise, etc. by C. S. Frank & Bro.

Saturday, Oct. 20—On the premises on the East side of Longenecker Road, in Mount Joy Boro, public sale of real estate and household furniture by The Heirs at Law, of Eli G. Reist, dec'd.

Wednesday, Oct. 24—On the premises of Ada C. Musser, at Bellaire, on State Highway Route No. 241, a farm of 150} acres with improvements by Ada C. Musser. Aldinger, auct. See advertisement.

Thursday, Oct. 25—At 7:30 P. M. at the Bulletin Office, East Main St. Mount Joy, a frame dwelling house, No. 116 South Delta St., Mount Joy by the Union National Mount Joy Bank, executor of Malinda Greiner, deceased. Frank, auct. See advertisement.

Saturday, Oct. 27—On the premises in East Donegal township, known as the Duffy farm, on the northern border limits of Marietta, a farm of 247 acres with improvements by John Orth Trustee. Dupes, Auct. See advertisement.

Friday Evening, Nov. 2—At their place of business near Mount Joy, cows, chicks, fruit, merchandise, etc. by C. S. Frank & Bro.

I know that, answered the hotel man, but that towel was put there before that law was passed.

ping in here and there on football games, one of the most notable features of American civilization today must seem to be the development of the brass band.

Of course, there have always been bands. But did they ever flourish as they do today? From the smallest country high school to the biggest university there are bands—big ones and little ones, good ones and bad ones, some of them gay in bright uniforms and some of them dressed just any old way, all tooting their lungs out every Saturday afternoon from September to mid-November.

And these bands, for some reason, don't get the attention they deserve. For they represent, even more than the game of football itself, the spirit of youth—the spirit that flames on a thousand athletic fields from one end of the country to another, the spirit that packs the stands and brings forth thunderous cheers and makes young faces bright with the light of excited anticipation.

Who can watch these high school and college bands without being profoundly moved. They stand for something more than just a loud and pleasing noise. Expectant youth, eternally eager, keeps step with them. It will follow the drum beat and the bugle call across a foot ball field, or—if we adults wish—it will follow them to the ends of the earth and die on distant battle fields, and waste itself with a glad prodigality; for youth asks for nothing except a cause that it can glow enthusiastic over, and the blaring bands of the foot ball fields express this up-surge of spirit as nothing else in all the American life can hope to express it.

And then, too, there is the note of melancholy that these bands always provide when they settle themselves to play the "alma mater." This tune as often as not, is quite uninspiring; but it hangs pleasantly on the autumn air, with silver cornet notes drifting across the hazy field, and it plaintively reminds the adult listener that youth is splendid, romantic and tragically brief. And the shrill trumpets awaken echoes, for those whose youth is quite gone, and they get, surprisingly enough, a little moment in which old hopes and dead drums are revived.

HEALTH TALK

WRITTEN BY DR. THEODORE B APPEL, SECRETARY OF HEALTH

"A very wise literary light not so long ago made this pointed remark, "in the first fifty years you have reasonably good health in spite of folly; but the next fifty (more or less) you'll be lucky if you have it in spite of wisdom." Which, of course, is merely a very clever way of stating the ancient fact that, when young, vitality and health are difficult to down in spite of indiscretions, but when one becomes older nature needs sensible living rules to help her with the keeping-fit job. Judging from appearances, as well as the death and sickness rates, this truism is far from being appreciated by many adults who have attained the half-century mark," states Dr. Theodore B. Appel, Secretary of Health.

"To such as these the fact that, even though not radiantly vigorous, they have enjoyed fair health and either pulled through or escaped serious illness, naturally makes them feel that the old program of indifference and carelessness can be continued with safety.

"In truth, it is the exceptional person who at the time of the fifty year mark seriously considers the necessity of conserving vitality by taking a reasonable interest in living habits, and diet to particular. Yet this, plus effective daily elimination, are among the main requirements for continued health and vitality.

"To begin with, when one is young he can and perhaps should eat for fun. It is one of the grand privileges of the first thirty years of life. But when one is aging the fun factor should not be the exclusively controlling one. Reasonable moderation in line with the bodily requirements is the better rule. "Habitually to take in more fuel and body-building elements than the middle-aged or older person actually requires is to invite that great deteriorating force known as auto-intoxication. Thus, instead of aiding nature, it is definitely thwarted.

"Physicians well know that the blood stream should be alkaline. Yet in many persons the reaction will be acid. And this situation is to a large extent a question of food intake. By avoiding or minimizing the acid-forming foods and increasing the alkaline-forming ones such common manifestations of auto-intoxication in the adult as headaches, mental sluggishness, specks in the vision and physical slakness can often readily be eliminated.

"Therefore, sugar, grains, and meat including fish should be taken more sparingly and the consumption of fruits, vegetables, salads and milk definitely increased. However, as all individuals differ, the diet (and it will likely by a liberal one at that) should be personally prescribed by the family physician. One cannot safely generalize on this subject.

"It is, however, being emphasized that auto-intoxication, whether caused by the habitual intake of the wrong proportion of good food, or improper elimination, is a condition studiously to be avoided. It is one of the powerful enemies against bodily and mental buoyancy and longevity."



Treasure Hunting

LEGENDS tell us there's gold hidden away in unexpected places. Perhaps it's up the airy mountains, or maybe it's down the rushing rapids, where the men of the mountains haul it out to play at skip-stones with, on magic moonlit nights.

Let's look for gold in unexpected places. Did you ever think how many golden foods with a wealth of health treasure are hidden away on grocery shelves? Do you eat plentifully of golden apricots, peaches and pineapple that contain untold mineral wealth? And do you eat golden yellow yams—precious to the housewife in their convenient canned form but quite inexpensive?

Bury These Treasures

Hide away some golden apricots in the following delicious dishes, and see what an adventure the family will have discovering gold for themselves. The recipes serve eight persons.

Silver and Gold Salad: Drain apricots from a No. 2 can and have them very cold. Chill, also, two cups of honeydew melon cubes. Arrange on individual beds of crisp lettuce. Pour over French dressing.

Apricot and Grape Cocktail: Cut apricots from a No. 2 can, in quarters. Arrange them with a few grapes in cocktail glasses. Mix the juice of one and one-half lemons with the apricot syrup and pour over. Chill thoroughly.

Apricot Custard: Beat four eggs slightly, add three tablespoons sugar, and one and one-half tablespoons flour mixed with a few grains of salt. Add one and one-half cups of scalded milk and the contents of one No. 2 can of apricots pressed through a sieve and then heated to boiling. Pour into individual custard cups, place in hot water and bake in a moderate oven—350 degrees—until firm, or for about forty-five minutes. Serve cold from the cups.

Advertise in The Bulletin

Our Annual Community Exhibit Opens Tomorrow

(From page 1)

RULES AND REGULATIONS OF THE MT. JOY COMMUNITY EXHIBIT

ENTRIES—All entries must be sent or brought to the buildings where they are to be exhibited.

TIME OF ENTRY—All exhibits must be brought to town Thursday forenoon. No entries will be received after 1:00 P. M.

JUDGING—Judges supplied through the Lancaster County Farm Bureau will judge the products on Thursday.

ENTRY CARDS OR TAGS—Tags for all products will be supplied by the committee.

CONTAINERS—All containers will be supplied by the committee.

REMOVAL OF EXHIBITS—All exhibits must be removed by the exhibitor or some one designated by him on the last day of the exhibit 10 P. M. but not prior.

PRIZE MONEY—Prize money will be given to the winners on Saturday by the Chairman of the Department.

ENTRY FEES—No entry fees will be charged for any exhibit except poultry.

OWNERSHIP OF EXHIBITS—All exhibits must have been grown or produced in 1934 by the exhibitor.

EXHIBITS FROM ONE FARM—Only one exhibit in the same class may be exhibited from the same farm.

AUCTION SALE—An auction sale of all goods not removed from the buildings will be held at 10:00 P. M. Saturday.

PREMIUMS—Premiums will not be given for articles not classified in the catalogue.

Committee is not responsible for loss in case of fire or otherwise.

Where there is no competition in a class and the exhibit is worthy of a first place, second money will be awarded.

A morally clean show—no fakers and no gambling. All Sweepstakes, points to count.

CORN EXHIBIT

Ed. Ream's Garage, South Barbara Street
J. D. ROLAND, Chairman
10 Ears Constitutes an Exhibit

A—Yellow Dent	First \$1.50	Second \$.75	Third \$.25
B—White Cap Yellow Dent	First \$1.50	Second \$.75	Third \$.25
C—Lancaster County Sure Crop	First \$1.50	Second \$.75	Third \$.25

CORN (Continued)

D—Sweepstakes	\$2.50
E—Best Single Ear, Each Class	1.00
F—Pop Corn: Yellow	\$1.50
White	\$1.50
G—Sweet Corn: Green	\$1.00
Sweet Corn: Dried	\$1.00

30 Ear Classes

Yellow Dent	\$2.00	\$1.00	\$.50
White Cap	\$2.00	\$1.00	\$.50
Sure Crop	\$2.00	\$1.00	\$.50
Sweet Corn, Green	\$1.50	\$1.00	\$.50
Sweet Corn, Dried	\$1.50	\$1.00	\$.50

Large Classes

Longest Ear	Ribbon
Heaviest Ear	Ribbon

POTATOES

Ream's Garage
RAYMOND ZOOK, Chairman
One-Half Peck Constitutes an Exhibit

Cobblers and Early Surprise	First \$1.00	Second \$.50	Third Ribbon
Russet Rural	First \$1.00	Second \$.50	Third Ribbon
White Rural	First \$1.00	Second \$.50	Third Ribbon

Pink Skins, Rose of Erin, McCormick, White Sprouts, Green Mountain, Gold Coin, Etc. \$1.00 \$.50 Ribbon

Heaviest Potato, any variety (Best in the Exhibit), Ribbon

Sweepstakes, (Best in the Exhibit), \$2.50

All other varieties in one class.

SWEET POTATOES

Yellow	First \$1.00	Second \$.50	Third Ribbon
Pink Skins	First \$1.00	Second \$.50	Third Ribbon
Yams	First \$1.00	Second \$.50	Third Ribbon

SMALL GRAINS EXHIBIT

Ed. Ream's Garage, South Barbara Street
RAYMOND ZOOK, Chairman

Wheat, Bearded or Smooth	First \$.75	Second \$.50	Third Ribbon
Oats	First \$.75	Second \$.50	Third Ribbon
Barley	First \$.75	Second \$.50	Third Ribbon

Two quarts of cleaned grain constitutes an exhibit. The grain should be brought to the exhibit in a two quart jar in which it will be exhibited. The grain should be bright and free from all noxious weeds and small grains.

VEGETABLES

Rohrer's Garage
HARRY HAUENSTEIN, Chairman
H. M. Zeager and Catherine Hostetter, Assistants

Parsnips, 5 stalks	First \$.75	Second \$.50	Third Ribbon
Beets, 5 Specimens, Storage and Summer	.75	.50	Ribbon
Celery, 3 Specimens	.75	.50	Ribbon
Turnips, Five Specimens	.75	.50	Ribbon
Carrots, Five Specimens, Storage and Summer	.75	.50	Ribbon
String Beans, 15 Specimens, Green	.75	.50	Ribbon
String Beans, 15 Specimens, Yellow	.75	.50	Ribbon
Lima Beans, Fresh Hulled, One Pint	.75	.50	Ribbon
Soy Beans, One Pint	.75	.50	Ribbon
Endive: 1 Broad, one specimen	.75	.50	Ribbon
2 Curley, one specimen	.75	.50	Ribbon
Pumpkin, One	.75	.50	Ribbon
Cushaw, or Long Neck, best specimen	.75	.50	Ribbon
Barrel, best specimen	.75	.50	Ribbon
Field or Cow, best specimen	.75	.50	Ribbon
Pie, best specimen	.75	.50	Ribbon
Onions: Yellow, five	.75	.50	Ribbon
White, five	.75	.50	Ribbon
Peppers, five	.75	.50	Ribbon
Cabbage, one head	.75	.50	Ribbon
Egg Plant, one	.75	.50	Ribbon
Cauliflower, one	.75	.50	Ribbon
Head Lettuce, one specimen	.75	.50	Ribbon
Swiss Chard, one specimen	.75	.50	Ribbon
Spinach, one stalk	.75	.50	Ribbon
Salsify, one	.75	.50	Ribbon
Sunflower, one	.75	.50	Ribbon
Gourd, one	.75	.50	Ribbon
Squash, one	.75	.50	Ribbon
Tomatoes, five	.75	.50	Ribbon
Radishes, five	.75	.50	Ribbon
Cucumbers	.75	.50	Ribbon
Watermelons	.75	.50	Ribbon
Cantaloupes	.75	.50	Ribbon
California Egg Plants	.75	.50	Ribbon
Strawberries	.75	.50	Ribbon

Sweepstakes, points to count, \$2.50

EGGS

Ed. Ream's Garage, South Barbara Street
HIRAM NISSLEY, Chairman

White	First \$1.00	Second \$.50	Third Ribbon
Brown	First \$1.00	Second \$.50	Third Ribbon

Minorca	First \$1.00	Second \$.50	Third Ribbon
Sweepstakes	First \$1.00	Second \$.50	Third Ribbon

One dozen eggs constitutes an exhibit. Eggs should be clean and fresh, not more than seven days old. They should be uniform in size and should weigh at least twenty-four ounces.

FRUIT

Rohrer's Garage
ELMER R. SNYDER, Chairman

APPLES—Stayman Winesap, York, Paragon or Black Twig, Grimes Golden, Smokehouse, Rome Beauty, Baldwin, Winter Banana, Jonathan, King David, Spy, Fallowater, Delicious, Summer Rambo, Paradise and best all other varieties.

First: \$1.00 Second: 50c Third: Ribbon Sweepstakes: \$2.50

Five apples constitute an exhibit. They should be uniform in size and shape and free from all blemishes.

PEARS: Any variety, best plate	First \$1.00	Second \$.50	Third Ribbon
QUINCES: Any variety	First 1.00	Second .50	Third Ribbon
GRAPES: Blue, 3 clusters	1.00	.50	Ribbon
White, 3 clusters	1.00	.50	Ribbon
PEACHES: White	1.00	.50	Ribbon
Yellow	1.00	.50	Ribbon

Sweepstakes, points to count, \$2.50

NUTS

Rohrer's Garage
ELMER R. SNYDER, Chairman

Black Walnut, 12 specimens	First \$1.00	Second \$.50	Third Ribbon
English Walnuts, 12 specimens	1.00	.50	Ribbon
Shell Bark, 12 specimens	1.00	.50	Ribbon
Chestnuts, Chincapin, Pecan	1.00	.50	Ribbon

CANNED FOODS

H. S. Newcomer & Son's Hardware Store

MRS. HIRAM NISSLEY, Chairlady
Mrs. S. A. Horton, Assistant

Class 1 Display of Vegetables, Fruits, Greens, Relishes

A—Canned Vegetables, 3 varieties	First \$1.00	Second \$.50	Third \$.25
B—Canned Fruits, 3 varieties	First \$1.00	Second \$.50	Third \$.25

(Turn to page 3)

SUPER-FLAME OIL for heat heat SINCLAIR

We can guarantee uniformity in Sinclair Super-Flame Oil for Heat because we know that every step from oil well to your storage tank is under close Sinclair control. Super-Flame is refined from the best crudes by a process which removes all objectionable odors and waste materials. Make your contract now.

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C. E. LUTZ, ELIZABETHTOWN, PA.

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CHAS. HELLER MASTERTSONVILLE, PA.

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At this office now. We have them in stock printed on Muslin or Card Board

THE BULLETIN MOUNT JOY, PA.