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We sell Sinclair Opaline and Sinclair Pennsylvania Motor Oils, Sinclair Tractor Oils, Sinclair Gasoline, Sinclair Super-Flame Kerosene, Sinclair Cup and Axle Greases, Sinclair P. D. Insect Spray, Sinclair Stock Spray, all Sinclair Farm Oils.

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OILS, GREASES, GASOLINES, KEROSENE
AGENT SINCLAIR REFINING COMPANY (INC.)

C. E. LUTZ, ELIZABETHTOWN, PA.

You Can Depend On The Man Who Advertises

NINE times out of ten you will find that the man who advertises is the man who most willingly returns your money if you are not satisfied.

He has too much at stake to risk losing your trade or your confidence. You can depend on him.

He is not in business for today or tomorrow only—but for next year and ten years from next year. He knows the value of good will.

You get better merchandise at a fairer price than he could ever hope to sell if he did not have the larger volume of business that comes from legitimate advertising and goods that bear out the promise of the printed word.

Don't miss the advertisements. This very day they call your attention to values that tomorrow you will be sorry you overlooked.

Read—The Bulletin

Far Cheaper Than You Can Build

VERY MODERN HOME

On an 80-foot front lot, house has 8-rooms and bath, slate roof, large porch, hot water heat, oil burner, hot and cold cellar, all cemented, possession any time. This is one of the best built homes in Mount Joy. Only reason for selling, but one person in the family. I will cheerfully show this property. No. 442.

Modern 7-Room House

On a 60-foot lot, corner, bath, oil burner, slate roof; house recently painted and papered. 2-Car Garage, poultry house, fruit, etc. Come and inspect.

JNO. E. SCHROLL, Realtor
MOUNT JOY, PENNA.

DO YOU KNOW WHY... Some People Are Not A Bit Sentimental?



OWL LAFFS



BY
A WISE OWL

Flattery is the molasses of the grid-dle cakes of conversation.

A small boy on Marietta street was told to take care of his very small brother. Suddenly he ran to his mother hollering: "Mamma, Jack fell and bumped his head on the piano." His mother, worried, asked: "Is he hurt?" And her son answered: "Naw, he hit on the soft pedal."

Temperamentally, "Beamy," says his girl is like a rainbow. She'd get green with envy, white with fear and purple with rage. Some things tickled her pink and some happenings made her see red, while in between times she felt quite blue.

Now for a timely piece of advice. This being the time to pick cherries any suggestions as to the easiest way to pick them are always welcome. So here's how a gentleman who works at the Gray Iron picks cherries. He borrows his neighbors ax, cuts down the cherry tree, pulls up a rocking chair and proceeds to pick the cherries.

Automobile mechanics are seldom run over, because they wear jumpers. That's a wise crack, I hope you appreciate it.

I was telling a fellow about a party I was at on Monday night and I said: "I went to a corn party Monday night. They had corn on the cob, corn bread with corn syrup, popcorn, and corn in a jug." My very patient listener piped up and said: "Musta been a regular corn meal."

They say that a little bit of vinegar knows its own mother, but it's a wise cork that knows its own pop.

While up in Perry County last week I visited one of those C. C. C. camps. There was a couple green, city rookies out in the forest whitewashing trees that had been chopped down. Being curious I asked: "Why are you whitewashing those fallen trees?" And one of the fellows answered: "We were sent out for timber and our order calls for white pine logs."

The guinea pig is no shark at long division, but it is said that he multiplies very rapidly.

Yesterday a lady on East Main Street was entertaining a rather old and nasty woman from near Bainbridge. The former's small son sat looking at the old lady, quite perplexed, for some time and then he said: "Let's see you turn around fast a couple of times Mrs.—" "But, why?" asked the visitor. "Well, mother says you're a crank," replied the boy. — You can use your own imagination as to what happened next.

From our experience, "A word to the wise" is resented.

I know a young man who attends church regularly, and clasps his hands so tightly during the prayer that he can't get them open in time for the offering.

Monday, while the garbage cans were standing along the curb, a certain young lady from town was waiting for the Elizabethtown bus. She set her suitcase down beside of a garbage can and when the bus finally arrived without looking she grabbed a handle and got on the bus. And she never discovered her mistake until the bus got warm and she found that she had left her suitcase stand and picked up the garbage can.

Don't raise a racket," said the burglar as he held up the tennis players.

Down near Salunga I saw a farmer engaged in building something and I asked: "Say, Jake, what is that new building you're putting up?" And he answered: "Wal if I can rent it, it's a bungalow. If I can't, it's a barn."

A definition of an advertisement is: A signboard of any kind showing a pretty girl wearing, driving, or eating something.

A little girl went to the Acme store



Eat Your Spinach

"EAT your spinach!" The very words are enough to make a woman weary if she is the mother of children who constantly refuse. There are many variations on the familiar theme, such as: "Please eat your lovely spinach, darling," and "Don't you want to grow up to be a big man?" Well, then, eat your spinach! But after all it's not a matter of reasoning. A child's psychology is very simple. Where arguments fail, something novel and amusing convinces him. If a mother saves a little time on the preparation of spinach, she can use the spare minutes to inject a little interest into the dull sameness of a child's diet. Canned spinach, which is very carefully selected and washed far more thoroughly than home-prepared spinach could ever be is now being used by many wise mothers. And when it comes to the child in its high chair in such charming forms as those suggested in the recipes given below, the most temperamental child sits up and takes his spoon in his hand.

Boats and Mountains

Carrot Boats with Spinach: Cook even-sized carrots until tender in boiling salted water. Drain and cut in halves, lengthwise, if very large. Scoop out centers and sprinkle cavities with salt. Heat a can of spinach, season well with salt, pepper, butter and a little lemon juice or vinegar. Pile in the carrot boats. Stick a potato chip in one end to look like a sail, or garnish with a sprig of parsley.

Mountain Peaks: Make piles of fluffy mashed potatoes as high and jagged as possible to represent snow on mountain peaks. Around the bottom, pile hot buttered spinach forming the trees below the snow line. Serve with crisp bacon curls.

Spinach on the Half Shell: Another attractive way to make spinach acceptable to the nursery is to cut the tops off baked potatoes, scoop them out, and refill them with the potatoes mixed with butter, a little cream and spinach seasoned to taste. Cover the tops with grated cheese, and brown in a hot oven.

FATE IN THE GUISE OF BREAD

The greed of a New York woman brought about her death, when, rather than touch any of her savings amounting to \$45,000, she grabbed up a piece of bread that had been used by a suicide to end his life.

Dependent over business and ill health an automobile mechanic went to a Broadway restaurant, purchased some bread and poured the poison which he had brought with him over it. He ate part of it, then walked to the wash room, knowing he would be dead in a few minutes. The ill-kempt women spied the bread and hungrily ate it, but as she rose to go the agony overcame her and she soon died.

No name of a living person appeared upon a United States postage stamp until he 1927 Lindgergh airmail stamp was issued.

An "indulgent husband" may be all right, but a good deal depends on what it is he indulges in.

and said: "I want a peck of apples." The clerk asked: "Do you want Baldwins?" And the little girl exclaimed: "Sure did you think I wanted some with hair on?"

According to a man from Rheems: Bigamy is it's own punishment.

Did you ever notice Ruhl's flower ad? If you have you'll remember his slogan is, "Say it with flowers" and he certainly keeps in touch with his slogan, by his novel way of sending bills. With each bill he sends me a bunch of forget-me-nots.

The latest in barber shop fiction is the little number entitled, "Nailed by a Manicurist."

A fellow asked this question: "What is it a sign of when your nose itches?" The answer was: "Going to have company." He then ask: "And what if your head itches?" And the answer was: "They have arrived."

Sport is any kind of work that you are not paid for.

A WISE OWL

"THAT LITTLE GAME" Inter-nat'l Cartoon Co., N.Y.—By B. Link



HEALTH TALK

WRITTEN BY DR. THEODORE B APPEL, SECRETARY OF HEALTH

The American tendency to go the limit in every sort of activity has again painfully asserted itself in the sun burn complex. Not satisfied with prudent moderation, vacationists and week end excursionists are already returning to their homes with varying degrees of burnt faces and burnt backs. Giving way to the enthusiasm of the moment and perhaps sold to the idea that the sun is good for bodies, they permit Old Sol to scorch them and in some instances actually to make them ill, states Dr. Theodore B. Appel, Secretary of Health.

The pain and the annoyance of even so-called mild sunburn, one should imagine, would be enough to deter people from repeating the experience from year to year. But the impression of the year previous, especially where the young people are concerned, apparently fades promptly and in the desire to have fun or get tanned or receive the health benefits of the sun's rays, bodies are unduly exposed and the inevitable price for the folly is again exacted.

In this cruelly placing the skin under the sun's effects, those who imagine they are indulging in the health practice have failed to understand that heliotherapy, otherwise known as sun treatment, is a science. When the sun is used as an adjunct to the treatment of tuberculosis or other diseases, it is very definitely controlled and highly supervised. Physicians well know that the tender skin needs training to withstand the sun's direct rays. Consequently, when heliotherapy is employed, the patients are exposed but a few minutes, the periods being gradually extended as the pigmentation or tanning process evolves. In this way burning is avoided and violet rays in sunlight are permitted to get in their caressingly healing work.

NATIVES PRESERVE HEADS

Natives make models of the heads of the important men of their country after their death in southern Malekula in the New Hebrides Islands. It is the man's important enough they may even glue his hair fast to the dummy head and provide a body. The heads are then placed on posts or kept in the man's clubhouses. In proof of this story, Dr. Albert B. Lewis, assistant curator at the Field Museum of Natural History in Chicago, has one complete body and several of the heads on display in Joseph N. Field hall of the museum.

A soft cloth dipped in melted paraffine will give a stove a clean and attractive appearance.

"Bulletin" Advertising Is the Key To Success

Who Wants A Bargain?

Compare this with anything you've seen or heard of in cheap real estate.

- 40 Acre Farm
- Bank Barn
- Stone House
- 3 Springs, 1 Well
- Tract Woodland
- Running Water
- On State Road
- Electric Current
- Hangs 5a Tobacco
- All Taxes \$48 Year
- All Southern Exposure
- For Trucking and Fruit
- 1 Mile to Market
- Price Only \$3,000
- 2/3 Can Remain at 4% Possession Any Time

Jno. E. Schroll
Mount Joy, Penna.