

Catch Current Prices

Before The Tide Turns

"Time and tide wait for no man."

Nor are the low prices of today and the turn of the tide toward higher prices going to wait for those who haven't the vision, courage and foresight to buy when prices are at the lowest ebb in 15 years.

And this changing of the tide as applied to prices is more than a mere simile . . . it's a certainty . . . price tides change as surely as ocean tides.

Today's prices on food, clothing, furniture, furs, cars and other things are from 40% to 100% lower than they have been in years and lower than they will be before the turn of another season.

Don't be caught off your guard when it's so important that your savings be guarded.

THE BULLETIN MOUNT JOY, PENNA.

For This Locality's Complete News Service Read—The Bulletin



"Tight buttoned" Have You, The "Can't Afford It" Habit?

THE use of that phrase does not suggest the inability to buy so much as the desire to practice rigid economy . . . to save . . . to deny yourself needed and necessary commodities.

But Man, oh Man, and you, too Madam, how better and more effectively can you practice economy and thrift than to buy when prices are at their lowest ebb in years?

How more certainly can you insure economy than to replace worn or out-of-date furniture than when new is selling for one-third of what it sold for 15 years ago? Or to stock up on food products when they are 40% less than at any time since the war? Or clothing when \$53 today will buy you what you paid \$100 for in 1912?

What you really cannot afford to do is not buy because you cannot afford to miss today's low levels . . . prices that are an actual boon to reduced incomes . . . to the practice of sensible, far-sighted economy.

THE BULLETIN MOUNT JOY, PENNA.

This Hotel in New York Attracts Royalty from Countries Overseas



EVER since its opening ten years ago, the Gladstone, on East 52nd Street, New York, has had the royalty registered among its guests. At one time there were eleven barons, counts, countesses and even a princess spending a New York season at this exclusive hotel. When the Gladstone was opened, an average of \$2,500 was spent in furnishing each room, which remains as the record high mark of the industry. The Gladstone Register looks like a "Who's Who of the World," with its list of titled nobility, famous polo players and members of diplomatic circles. At one time it was the home of Mr. and Mrs. Frederic A. Delano, uncle and aunt of President Roosevelt and from which family he derived his middle name. Host at the Gladstone is Gustave Tott, a member of the Ritz-Carlton worldwide hotel organization and known in Europe as well as America. Much of the unique coloring and decoration of the Gladstone carries out Mr. Tott's ideas. One feature is the Persian restaurant, where dishes are served that are triumphs of the culinary art. Recently, because of the discovery that canned pineapple has more known nutritive value than any other fruit, in addition to being unusually refreshing, Mr. Tott has found great demand for it. One of the most popular dishes is a salad named after the hotel. Place one slice of canned pineapple on a firm lettuce top with three balls of cream cheese. Garnish with maraschino cherries and lemon dressing. This easily prepared salad is a tempting one in warm weather especially, and should be welcome in any home.

Salt Used in Many Household Tasks

Illustrations and text describing household uses of salt: FISH IS MORE DELICIOUS WHEN SOAKED FOR A FEW MINUTES BEFORE COOKING IN A STRONG SOLUTION OF SALT. DISCOLORATION ON THE INSIDE OF A COFFEE POT IS QUICKLY REMOVED BY RUBBING WITH A LITTLE SALT. VEGETABLES KEEP THEIR COLOR BETTER IF A LITTLE SALT IS ADDED TO THE WATER IN WHICH THEY ARE BOILED—COOK IN UNCOVERED KETTLE. CRACKED EGGS CAN BE BOILED WITHOUT THE CONTENTS COZING OUT IF A TEASPOONFUL OF SALT IS ADDED TO THE WATER. CREAM WHIPS VERY RAPIDLY WHEN A PINCH OF SALT IS ADDED TO THE CREAM BEFORE WHIPPING.

The experienced housewife who delights in her knowledge of domestic science knows that some of the inexpensive common ingredients in the kitchen cupboard have a variety of uses—a household secret which should be imparted to the bride of a few months who is intent on saving household money to start a savings account. Pure table salt, for example, says Emily Banks, of the Worcester Salt Institute, is helpfully employed for many other things besides seasoning food. Its use, in fact, extends right to the bathroom medicine chest where it is handy for use in gargling and taking stimulating salt baths. Some of its more ingenious uses in and around the kitchen are pictured above.

Is Office Work More Fatiguing Than the Stage Work? "Not When You Take Salt Baths," Says Dana Hughes

DOES the average office girl who daily takes eight hours of dictation from a boss who is frequently grouchy, work harder than the theatrical girl? "Don't you believe it!" says Miss Dana Hughes, stage and screen star who declares that not only is the work of the theatrical star before the camera or footlights more exacting but the average show girl can give an office girl cards and spades anytime in endurance. "Not only is theatrical work more fatiguing" declares Miss Hughes, "but the average stage girl takes considerable exercise as well.



Miss Hughes herself is a fencer and tennis player of note, in addition to engaging in many other outdoor sports. The best way to keep fit according to her is by means of salt baths—bring the ocean into the bathtub daily. "When you feel fatigued after exercise or a hard day's work at the office, and you have a dance engagement for the evening, draw half a tub of warm or hot water. Pour into the water one carton of Worcester salt, leaving enough salt in the carton to massage the muscles and feet as a finish to the bath. Before stepping out of the tub thoroughly rinse the grains of salt from the body. You'll be delighted with the sound sleep that follows and the invigorated and youthful feeling next morning." If you have a shower in your bathroom, the process of taking a salt bath is greatly simplified. Dampen the body. Then take handfuls of salt and rub the body thoroughly. While the skin is still rosy from the friction, turn on the shower and rinse every particle of salt away. As far back as Bible days people knew the value of salt baths. There is an inscription on one of the public baths amid the present ruins of Pompeii which states that salt baths could be had. And that was nearly 2,000 years ago. The modern housewife, too, benefits by salt baths because they are so refreshing. They give relief from fatigue and "that run down feeling."

Market Clean Eggs Soiled, badly stained and tinted eggs should not be packed with clean chalk-white eggs. It also is a mistake to use soiled flats anywhere in the case as these will soil the eggs and will result in a lower price.

Provide Clean Seed Cockle can be pulled out of an acre or two of wheat to provide the clean seed for the next seeding. Where the cockle is too plentiful to pull out, a trade should be arranged for new seed.

Religious News In Churches

NEWS PERTAINING TO ALL THE CHURCHES IN MOUNT JOY AND THE ENTIRE SURROUNDING COMMUNITY.

All the church news in this column is published gratis and we solicit the news of your church. Ask your pastor or someone to mail or bring this news to this office every Tuesday afternoon.

Trinity Lutheran Church Rev. George A. Kercher, Pastor Sunday School 9:30 A. M. Morning service 10:45 A. M. No evening services during July and August.

Donegal Presbyterian Church Rev. C. B. Segelken, D. D., Pastor Church school at 9:30. D. C. Witmer, superintendent. C. E. Society at 10:30. Evening worship and sermon 7:30.

Macedonia A. M. E. Church The Church of "Welcome" Rev. Claude H. Wilson, Pastor 10:00 A. M. Sunday School. 11:00 A. M. Morning worship. 12:00 M. General class meeting.

Church of God Rev. Paul G. Martin, A. B., Minister Daylight Saving Time Sunday School 9:30 A. M. Preaching 10:30 A. M. C. E. 7:00 P. M. Preaching 7:45 P. M. Prayer meeting Wednesday 8:00.

St. Mark's United Brethren in Christ Rev. O. L. Mease, S. T. D., Pastor Sunday School 9:30 A. M. Morning worship 10:30 A. M. Evening worship at 7:30. Prayer meeting on Wednesday evening at 8:00. The time for services is Daylight Saving Time.

Presbyterian Church Rev. C. B. Segelken, D. D., Pastor Church School 9:30 o'clock H. S. Newcomer, superintendent. Morning worship and sermon at 10:30 A. M. The sacrament of the Lord's Supper will be administered at this service. Preparatory service Wednesday evening July 12, at 7:30.

St. Luke's Episcopal Church Rev. William S. J. Dunhill, Rector Holy communion and sermon the first Sunday of each month at 10:30 Sunday School at 9:15. Morning prayer and sermon 10:30 Evening Prayer 7:30 P. M. Choir rehearsal Wednesday evening at 6:30. All who have no church home are invited to come and worship with us.

The Methodist Episcopal Church "The Church on the Square" Rev. W. Ridgway Peire, B. D., Pastor Sunday, July 16, 1933 9:30 A. M. Sunday School, Dr. E. W. Garber, Superintendent. 10:30 A. M. Morning worship. Children's Sermon and sermon. Theme: Parade Ground Soldiers. 7:00 Vesper service. Next Week Wednesday, 7:30 Prayer Meeting Come, worship at Mount Joy's livest church.

MAYTOWN

Mrs. Annie Mackley left for New Castle, where she will be the guest of Dr. and Mrs. Alon Shewman. Mr. Isaac Carpenter attended the funeral of his cousin, Mrs. Ella Hickman at Kennett Square on Saturday.

Dr. and Mrs. John R. Shetter, of Philadelphia, spent Friday in town visiting friends.

Master Henry Haines returned home after spending a week at Millersville with his grandmother, Mrs. Elizabeth Kready.

Miss Miriam Haines left Sunday for Millersville where she will visit her grandmother, Mrs. Elizabeth Kready.

Mr. and Mrs. Christ Hostetter and daughter, Janet Louise, of Palmerton, are visiting Dr. and Mrs. G. A. Harter.

Miss M. Ethel Culp left Friday for Lawton, Iowa, where she will spend some time with Mr. and Mrs. Wray Wilson.

Mrs. Charles G. Hicks and children, Louise and George, spent the week end at Marietta with her parents, Mr. and Mrs. George Retew.

Miss Eleanor Bullock, of Chester, is visiting Miss Harriet Rannels.

Mrs. Jennie Fryberger and Wm. Roath spent Wednesday at Columbia.

Mr. and Mrs. Herbert Smith entertained Mr. and Mrs. Goetz on Saturday.

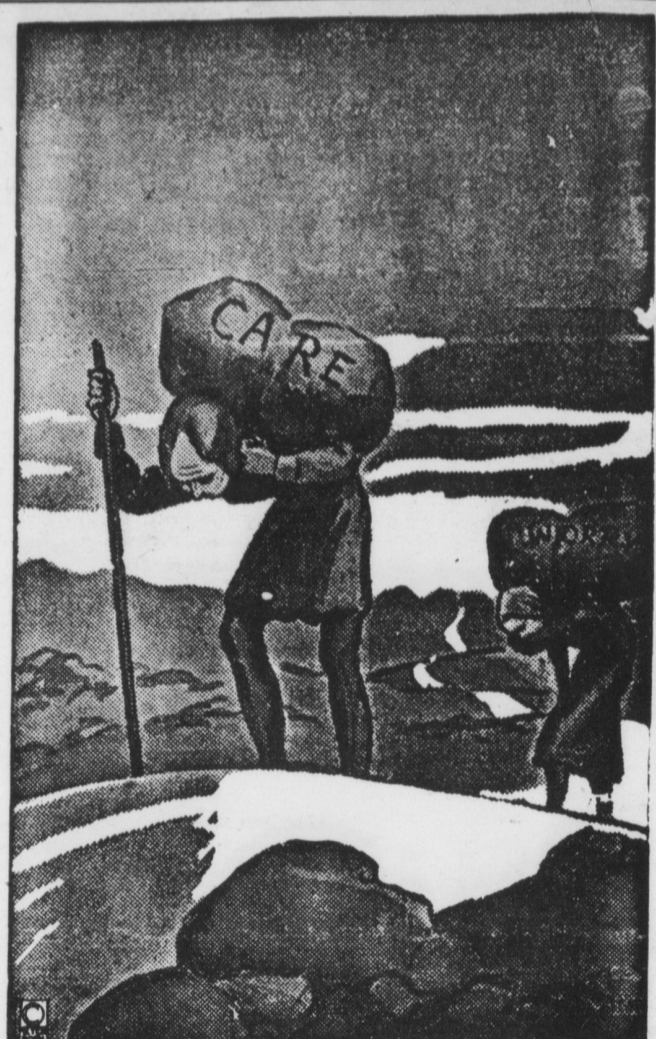
Miss Lila Snively, of Lancaster, visited Mr. and Mrs. Henry B. Haings on Wednesday.

Mrs. Elizabeth Kready, Miss Martha Kready and Stehman Kready of Millersville, spent Sunday with Mr. and Mrs. Henry L. Haines.

The Ladies' Aid Society of the Reformed church will hold their monthly meeting at the home of Mr. and Mrs. Hiram Risser, Thursday evening, July 13th at 7:31.

Holy communion will be held in Reformed church Sunday morning, July 16 at 10:30 A. M.

Mr. and Mrs. Earl Mitchell and two sons of Carland, Mich., who are visiting in this vicinity, left for their home today and will be accompanied by Rev. Harry Brubaker of Donegal Springs Road. Rev. Brubaker will conduct campmeetings at Gladwin and Moorestown, Mich.



All BUNDLES Must Be Left at the DOOR...

STRANGE ruling! Yet a ruling that is adhered to strictly by every church. The bundles in question are WORRY, CARE. They must be left at the door when you enter your Church. And when you come out again, the bundles will be gone! No matter how heavy your burdens, no matter how long or far you have carried them, they will be lifted from you as you enter. Remember that! When things are darkest, and you are weary, and the hill ahead looks too steep, and you feel that you cannot take another step, remember your Church.

Leave Worry and Care at Home

Your Church offers you strength, rest, courage. Let your Church help you. Come Let your Church help you. Come often. Come in sorrow, but come, too, in joy. For though the Church can make your sorrow less bitter it can also make your joy more sweet. Come to Church next Sunday and leave WORRY and CARE at the door.

COME TO CHURCH SUNDAY

- SAINT MARY'S CHAPEL
DONEGAL PRESBYTERIAN CHURCH
CHURCH OF THE BRETHREN
KRAYBILL'S MENNONITE CHURCH
PRESBYTERIAN CHURCH
MT. JOY MENNONITE CHURCH
ST. LUKE'S EPISCOPAL CHURCH
CHURCH OF GOD
TRINITY LUTHERAN CHURCH
FLORIN UNITED BRETHREN CHURCH
METHODIST EPISCOPAL CHURCH
TRINITY EVANGELICAL CONGREGATIONAL CHURCH
ST. MARK'S U. B. CHURCH

