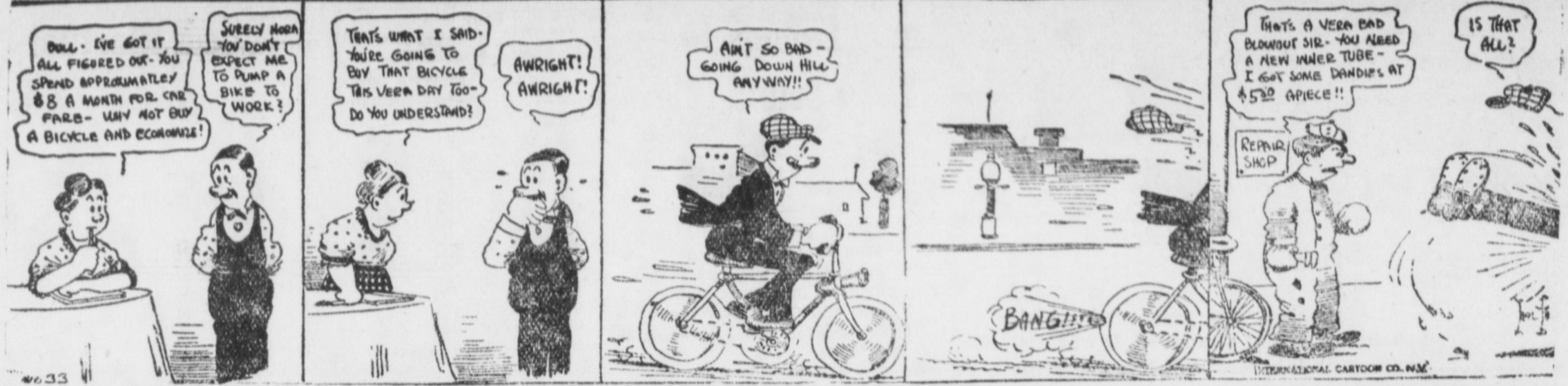


REVOLUTIONARY RAIL CAR IS GIVEN FIRST DEMONSTRATION Philadelphia, Pa.—Officials viewing the Budd-Micheline Car. Left to right: K. G. Budd, head of the manufacturing company which built and designed the car; M. Micheline, pioneer French tire maker; G. P. Huston, president of Baldwin Locomotive Works, and F. Williamson, president of New York Central R. R. The car is an extremely strong light vehicle, built of stainless steel, self-powered and equipped with pneumatic tires. Because of its light weight, the car permits several types of motive power—mechanical drive, electric drive or service on electrified lines.

BULL RUN—How Figured Out the Original Cost of the Bike (As Some People Do Automobiles)—Not the Upkeep



HEALTH TALK

WRITTEN BY DR. THEODORE B. APPEL, SECRETARY OF HEALTH

"There is an old saw, which states a little knowledge is a dangerous thing. And the truth of this familiar adage is no more aptly illustrated than in its connection with the human body. Literature on health and illness is exceedingly prevalent these days. Much of it is admirable. Some of it quite otherwise. In the former class may be placed the popular articles on health over the name of recognized authorities appearing in magazines and the newspapers. In the latter category are to be found the near truths of fad-dists, cultists and the simon-pure fakirs. However, there is much more to do than to be able to differentiate between the two," states Doctor Theodore B. Appel, Secretary of Health.

"For example, a mother of five children for years was an ardent student of a very excellent daily health feature. And despite the frequent warnings by the writer that illness was a matter for professional, rather than amateur attention, she unfortunately arrived at the conclusion that she knew as much about some ailments as did a physician. Consequently, when the eldest child went down with a cold, calling on her over-rated information on the subject, the mother treated her boy. The fact that three days later pneumonia killed him has sadly reduced her estimation of her own medical worth."

"Now the point of this tale lies in the truth that all the information on medical subjects to be found in printed popular form, no matter how excellent it may be, can not, nor is it expected to, supplant the services of the family physician, of when needed, the specialist.

"To be able to talk glibly about blood pressure, calories, vitamins, thrombosis, goitre and many other interesting subjects may be a social asset; and within reason to follow the practical advice found in health features is displaying excellent common sense. On the other hand, to imagine that the constant reading of such material automatically gives one a professional insight to curative, or even many phases of preventive medicine, is the sheerest folly.

"It must not be forgotten that doctors are not made in a day. Most of them have graduated from a four year college course, a four year intensive medical study, have had a year's hospital experience, and to all this preparation have added years of daily professional attention to the personal illness of many hundreds of persons. To set off against this type of training a few whundred columns of news print is a pathetic exhibition of misplaced egotism. Therefore, if tempted to self treat and give medical advice, remember that a little knowledge is a dangerous thing, and that is the doctor's and no one else's business to attempt to care for the sick.

CANNERY PRODUCTS INSPECTION BECOMES POPULAR SERVICE

Grading, by State inspectors, of raw farm crops for manufacture increased nearly ten million pounds in 1931 over 1930, according to George A. Stuart, director, bureau of markets Pennsylvania Department of Agriculture.

This type of inspection is purely a voluntary service performed by the State only when requested and upon payment of fees to cover the expenses of the State officials in performing the work.

This service was started in 1928 when the first inspectors were requested at three Pennsylvania canneries. Mr. Stuart explains, that year 900,000 pounds of tomatoes were purchased on the basis of the U. S. grades. In four years the demand from growers and canners for the service increased to the extent that 23 inspectors were employed in 1931 to handle the inspection of approximately 53,500,000 pounds of the raw fruits and vegetables. Thirty-two million pounds consisted of apples, tomatoes totaled thirteen million pounds, and the balance were snap beans, sour cherries and grapes for grape juice manufacture.

Grades for other crops, not now inspected, will soon be issued by the United States Department of Agriculture, according to Mr. Stuart so that the State will be able to furnish inspectors for canning corn during the 1932 season and possibly for peas and lima beans some time in the near future.

Plant Farm Garden  
A good farm garden will produce a sufficient quantity of various kinds of vegetables for a 12-month supply. Such a garden will be profitable supply an abundance of tasty, healthful food, and its management will prove to be a pleasure rather than a drug-ery.

OWL-LAFFS



The other day I saw a fellow on Main street walk along that he almost tripped on his lower lip. I remarked: "What on earth is wrong?" He said: "I work at the ——— and when I opened my pay envelope today it contained this note: "Your salary is your own personal business and should not be told to anyone." But he said he fixed the boss. When he signed his receipt he wrote on the bottom of it: "I'm just as much ashamed of it as you are."

A little fellow on East Main street said to his father: "Dad is it correct that Edison invented the first talking machine?" Reply: "No, son, he did not but he did invent the first one you could shut up."

I'll bet four dollars against a snow ball that if his old lady heard that crack he's liable to get arsenic in his coffee.

It's rather amusing the peculiar experiences people have. Frank Germer says he was at a show one time to see a hypnotist. As the hypnotist was about to work on a subject he remarked: "I will now make this man forget everything."

Frank says he put up a big kick because the man owed him ten dollars. I asked Henry Eby and Jake Hersey what cities they went thru on their way home from Florida and they told me if I get a road map they will show me.

Henry said he just couldn't resist trying his luck at fishing and it sure was sport. One fish in particular that he caught was so big that it made him puff till he got it ashore.

Jake said he fished too and kept hoping that no big ones would take his bait as he went down there on a little vacation and didn't care to exert himself. Believe me, that's the only way to get a real vacation.

Bud Carpenter and Grant Gerberich attended a dinner at Lebanon last Thursday. They had fish and when the plate was passed there were but two left. Grant took the large one and passed it to Bud, who remarked: "If I'd have served myself first, I would have taken the small fish and left the large one for you."

Grant said: "Well, you got the little one, didn't you? What are you kickin' about?"

We have a man on East Main St. who claims that his wife never listens to a word he says. I told him he should try talking in his sleep.

Doc Stoner told a patient to drink six glasses of water every day. A little later he saw the man and asked if he followed instructions.

The patient said: "Yes, I drank 4 cups of coffee and two of water every day."

Doc said: "But my dear man, coffee and water are not the same."

"They are where I eat," said the patient.

A boy on East Donegal street said: "Don't I wanna go to the George Washington Bicentennial celebration in Washington?"

Dad—"We can't afford to take the trip this year. Son, but you can go the next time."

If the price of eggs continues to drop it wouldn't surprise me to see the hens go on a strike. If they do you won't need to feed them Lay or Bust—they'll bust then lay.

A fellow came to me yesterday to rent a house. I said: "Was your landlord out when you told him you couldn't pay your rent?" He said: "No but I was."

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The Benefits of Dept. '31 Work

(From page 1)  
during 1931, the annual report indicates. With one exception, more cattle were tested than in any other year on record. The number of cattle under supervision stands at 1,161,704 or 83% of all the cattle in the Commonwealth. Seventy-two townships were completely tested during the year, bringing the total to 1193 in 66 counties. All the herds in 46 out of the 67 Counties are now under supervision.

In the course of the year, the market for milk has been held for the farmers in untested areas in every possible case. Department officials have gone to boards of health in the cities where bans on milk from untested cows were contemplated and secured the cooperation of the boards providing the farmers had signed for the test. In this way, the market was saved for hundreds of farmers who cooperated with the State and Federal Governments. Opposition to the test has practically disappeared.

Egg Grading  
"The Department asked the last regular session of the General Assembly for an egg grading law but the request was refused," Secretary McSparran states in his review. "The Department, in cooperation with the poultrymen, then established voluntary egg grades for use in Pennsylvania. This action has met with favorable response and most encouraging results. The grades were immediately adopted by the officials of the egg auction at Doylestown and a licensed inspector was located at the assembling plant to grade all eggs before the auction.

"This development has proven helpful to hundreds of poultrymen in Bucks County in obtaining premium prices, and apparently the Philadelphia market has responded to the situation and the best grades of eggs in Pennsylvania are now selling from one cent below to several cents above the price received by Pacific Coast producers. Before the egg grading work was attempted here, the California eggs were selling from four to six cents a dozen above the price paid for the Pennsylvania laid eggs.

European Corn Borer  
"The European corn borer has threatened the corn growing industry of Pennsylvania for almost a decade. However, corn growers in cooperation with the State and Federal Departments have accomplished an outstanding piece of work in effectively curbing the ravages of this insect. The rate of infestation in the oldest and most densely infested area has been reduced from five to less than one per cent during the past five years while in all other infested States the number has increased. Clean farming practices such as cutting corn stalks low and not allowing any corn refuse to remain over winter, have contributed much to this successful campaign against the corn borer. So far the insect has been kept out of the principal corn growing counties, and it is hopeful that the spread into these counties and its rate of increase there will be extremely slow because of the successful and practical means of control undeveloped.

Unscrupulous Milk Dealers  
"Rounding up unscrupulous dealers who were practicing a short-changing scheme on the milk producers has brought definite results during the year. Fifteen of these dealers were caught under-reading the Babcock butterfat test and were not only heavily fined but were required to pay in rebates more than \$5,000 to the farmers who had been cheated. While this type of business has proven very costly to farmers, it is only fair to emphasize the fact that the great majority of milk dealers are not in this class. They are doing an honest business and are cooperating not only with milk producers but with State officials and local health authorities in the distribution of the best possible grade of milk circumstances will permit.

"Merging of bureaus and cutting out unnecessary duplication of activities have made it possible for the Department to accomplish more work than during previous years with a reduction of \$50,000 in the annual budget. Many of the important activities have been placed on a self-supporting or a revenue producing basis due to the collection of fees. How this has been done will be shown in a subsequent release."

Control Fruit Pests  
If San Jose scale is serious, applying the dormant spray of lime sulphur is a timely practice. Give the trees a thorough drenching, say the State College entomologists.

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