

AMERICAN STORES CO. AMERICAN

The Neighborly Spirit

which an ASCO Store creates is an asset to any Community. The advantages we bring to ASCO Friends everywhere are an inspiration and an education. Thousands and thousands of modern women have learned by experience that it Pays to trade

Where Quality Counts

Extra Special! ASCO New Milled BUCKWHEAT or PANCAKE FLOUR 2 pkgs 15c

ASCO Golden SYRUP can 11c

Princess Ast'd JELLIES 3 tums 25c

Princess Apple BUTTER 2 cans 17c

Del Monte or ASCO Finest California Peaches big can 19c

Extra Fancy Lemon Cling

ASCO Finest Maryland Tomatoes 2 med cans 19c

New Pack 1930 Crop

ASCO Golden Bantam Corn Farmdale Peas Farmdale Stringless Beans ASCO Sauer Kraut Best Pink Salmon 2 cans 25c

ASCO Beans with Pork 3 cans 23c

ASCO Mixed Vegetables can 12c

The flavor is delightfully different—and so is the price! ASCO COFFEE lb 29c 39c-29c 10c saved! Victor Blend Coffee lb 25c The Choice of Thousands. Acme Brand Coffee lb tin 35c Adapted to percolator use.

Kellogg's Corn Flakes 2 pkgs 15c ASCO Toasted Corn Flakes 2 pkgs 20c Post Toasties 2 pkgs 15c ASCO Gelatine Desserts 2 pkgs 13c ASCO Best Whole-Grain Rice 2 one lb pks 25c Kellogg's Pep 1 pkg 12c Kellogg's All Bran 1 pkg 12c

Stauffer Biscuit Company pound 21c COCOANUT CRISPS

Reg. 10c Best Domestic SOUP BEANS 2 lbs 17c

Strongly Made PARLOR BROOMS each 29c

ASCO TEAS India Ceylon-Orange Pekoe 1/4 lb pk 17c 1/2 lb pk 33c Plain Black or Mixed 1/4 lb pk 10c 1/2 lb pk 19c

Lifebuoy Soap 3 cakes 20c Ivory Soap

Chipso Rinso 3 pkgs 25c

Kansas Cleanser 3 cans 10c Lighthouse Cleanser

Fels Naphtha Soap ck 5c

Baked in sunlight bakeries—of the finest ingredients! Bread Supreme Large Wrapped Loaf 7c

Victor Bread, Big Pan Loaf 5c

Always Highest Quality—Always Lowest Possible Prices—in ASCO Stores Where Quality Counts

These Prices Effective in Our MOUNT JOY STORE

Read the "Bulletin"

Smoking Tobacco

PRINCE ALBERT 2 cans 25c VELVET 2 cans 25c TUXEDO 2 cans 25c HALF AND HALF 2 cans 25c EDGE WORTH 2 cans 25c SIR WALTER RALEIGH 2 cans 25c DILL'S BEST 2 cans 25c

PEACHEY 3 cans 25c UNION LEADER 3 cans 25c GEO. WASHINGTON 3 cans 25c GRANGER 3 cans 25c SMALL PRINCE ALBERT 3 cans 25c SENSATION 3 cans 25c FIVE BROTHERS 3 cans 25c OUR ADVERTISER 3 cans 25c

All 15 Cent CIGARETTES 2 for 25c

All CIGARS Remain the Same at Reduced Prices

H. A. DARRENKAMP 3 Doors East of Post Office MOUNT JOY, PA.

PRODUCE & LIVE STOCK MARKET

CORRECT INFORMATION FURNISHED WEEKLY BY THE PENNA. BUREAU OF MARKETS FOR THE BULLETIN

Market: Beef steers and yearlings fairly active throughout week, compared with week ago the better grades all weights 25c lower, common and medium grades suitable for replacement channels steady, top \$9.75, average weight 1400 lbs., bulk of sales \$7.50-8.25. Bulls weak to 25c lower; she stock and cutters steady to weak, bulk fat heifers \$6.50-7.25; beef bulls \$6-7.25; beef cows \$5.00-5.75; cutters \$2.50-3.25. Stocker and feeder division more active, wider outlet for replacement cattle, weighty kinds selling freely from \$7.50-8.25, common stocker steers hard to move. Calves steady to strong, top vealers \$13.50.

HOGS: Showing weaker undertone at close.

RECEIPTS: For today's market, cattle 28 cars, 10 Va.; 5 W. Va.; 4 Chicago; 3 Tenn.; 1 St. Paul; 1 Md.; 1 Kansas City; 1 Penna.; 1 Neb.; 1 Ky.; containing 759 head, 40 head trucked in, total cattle 799 head, 112 calves, 305 hogs, 186 sheep. Receipts for week ending Oct. 11, 1930, cattle 274 cars, 157 Va.; 33 West Virginia; 17 Saint Paul; 17 Chicago; 13 Md.; 9 Pittsburg; 7 Tenn.; Mich.; 5 Ky.; 3 Pa.; 2 Kansas City; 2 St. Louis; 1 Ind.; 1 North Carolina; 1 Neb.; containing 7083 head, 449 head trucked in, total cattle 7532 head, 989 calves, 2962 hogs, 397 sheep. Receipts for corresponding week last year, cattle 215 cars, 54 Va.; 42 Canada; 38 St. Paul; 24 Chicago; 14 W. Va.; 9 Md.; 6 Tenn; 6 Mich.; 5 St. Louis; 5 Pittsburg; 4 Wis.; 3 Penna.; 3 N. Y.; 1 K. C.; 1 N. C.; containing 6259 head, 166 head trucked in, total cattle 6425 head, 686 calves, 1583 hogs, 24 sheep.

The local potato market was weak and the demand was moderate. Pennsylvania round whites sold at \$1.65 to \$1.90 per 100 lb. sack while bulk stock brought \$1.75 per hundred weight. There were a few fancy lots of Pennsylvania potatoes received by truck that sold at \$2.00 per 100 pound sack while fancy Idaho Burbank potatoes of medium to large size brought \$2.75 to \$2.85, according to the Penna. and U. S. Market News Service.

String beans were stronger and met a good demand. Green varieties sold at 75c to \$1.25 per 5-8 basket while wax sold at \$1.00 to \$1.25. Lima beans were firm with a good demand for the best stock. Prices ranged from \$1.75 to \$2.75 per bushel. Beets were firm and sold at 1 1/2c to 2c per bunch, carrots at 1c to 2c and celery hearts at 2c to 2 1/2c.

The cauliflower market was about steady with sales of nearby stock at \$1.25 to \$2.00 per crate, while Big Boston lettuce brought \$1.00 to \$1.50. Corn was in light supply and prices advanced. Pennsylvania and New Jersey stock brought \$1 to \$3.00 per 100 ears.

The mushroom market was weak with heavy supplies. Pennsylvania offerings sold at 25c to 75c per 3 pound basket. Parsnips sold at 75c to 90c per bushel, spinach at 25c to 75c, radishes at 50c to 75c, kale at 35c to 50c and escarole at 40c to 50c.

The sweet potato market showed a weaker tendency with the yellow stock bringing 65c to 80c per 5-8 basket and reds 75c to 90c. The apple market continued dull with a limited demand. Most stock sold at 50c to \$1.50 per bushel. Crabapples brought \$1.00 to \$1.50 per bushel and Kieffer pears 30 to 50c per 5-8 basket.

Table with columns: Range of Prices, STEERS, HEIFERS, COWS. Prices range from \$9.00-10.25 to \$5.00-5.75.

Table with columns: Choice, Good, Medium, Common. Prices range from \$7.25-8.00 to \$5.00-5.75.

Table with columns: Good and choice, Medium, Cull and Common. Prices range from \$11.75-13.50 to \$7.00-9.75.

Table with columns: FEEDERS AND STOCKERS, HOGS, Lancaster Grain and Feed Market. Prices range from \$7.00-8.50 to \$52.00-53.00.

PENNSYLVANIA DUTCH

What Shilkey Bumblesock Has To Say This Week



Mer haerd ois de leit sawga es wara tsu feel leit in unseram weldt dale. Se kenna shier nimme oll doh laeva, mer set fort gae, he woos net so feel lit het. De wore-heit is awver, os we de welt e-gericht is, but net holver leit gan-kanke-mer mawke he gooka woo-mer will fahla het. Es hut net gan-kanke monseit, net ganunk weips-leit, net ganunk maid un net gan-unk boova. Gae dorich de shtod un dorrich de shtette un du warstht saena dos iverall leit fahle. De shro-keeper holla de heit fun der tzeit derby mit nix tsu do os worda far de customers cooma un era goods kawia. Oil de wardt im gonsa lond hetta garn a pawr dowsend custom-ners mae far era schnopps drinka, un yader porra het garn a pawr dowsend g'mainsgleeder, yader shooshtore leit garn un lot orma bofoesliche de shoe missa hovva far dar winder; yader glaeder shrore dait wincha os pawr dowsend hoh-nochice cooma daita far glae-der kawia; yader lawyer winst es dait about tze molh so feel norra gava de shtride un lawsnits sharta daita; yader ducter wut os es about tze molh so feel norra gava dait; yader drooker maned es setta about fint dowsen mae leit doh si far si schlechte tzeit nemma; yader weshfraw maned es setta about dri mlh so feel leit cooma mit schmutziche wesh, even dota-graevch hetta garn mae dota tsu bagrawwa, un yader shtod het garn nuch a pawr dowsend ei-wohner. Des is en deitliche bawise dos es net holver ganunk leit gebt.

Awver don gebts widder feel bletz os mer mained de weldt het gons un gor tsu feel mensha un mer muss sich wacha os se em net de ribba ni renna un em dote draida. Gae amohl on jiletz far nix, dart fressa un tsu sawfa is far nix, dart fint mer olsart un grosse crowd-olles is lavendich un gooked we en grosser emaschwarm usht net so decent un so ordlich. Gae amohl on holidix conventions woo pawr empter osn gadedald wara, odder woo en blotz is far en appointment, woo mer geld grosba con, awenich shtaila un awenich rawwa mid os in de jail cooma, dart sin olsart tsu feel leit. Un gook amohl woo en fessly beer far nix osu-gadald wart odder tsu kaffer-bree gadreat wart, dart sin aniche minnut tze molh so feel leit os note-wenich. Nixnootsiche, far-dorvena, shtulsa, eihildische, hoach-edeliche, dreckliche, lousiche un u-ricliche leit sin feel doh, awver recht-shoffena, arliche, brawte, dae-un sohore leit sin tsu wennich, un fun selera sort kent mer nuch mil-lina braucha.

A Poet at 8 Oliver Goldsmith, before he was eight years old, had contracted the habit of scribbling verse on small scraps of paper, which, in a little while, he would throw into the fire. A few of these verses, however, were rescued from the flames and taken to his mother. She read them with a mother's delight, and saw at once that her son was a genius and a poet. From that time she beset her husband with solicitations to give the boy an education suitable to his talents.

Egyptian Mummification Egypt owed its scientific advance before other nations to the Nile. Its dead could not be buried in the loose alluvial soil disturbed every year by the floods. Tombs were hollowed out of the hills, until their whole surfaces were honeycombed by them. To tide their dead over the weeks of the high water, their bodies were carefully embalmed and this grew to be a custom until not only people, but even fa-vorite animals (especially cats) were converted into mummies.

No Loss When Mary Louise visited in the country her aunt gave her a live rooster to bring home. Several weeks later her aunt visited Mary Louise's mother. "Did you eat the rooster I gave you?" her aunt asked. "No; he ran away," said Mary Louise. "But he was so old and tough we never would have eaten him, any-way."

Over-Enthusiasm A fault common to most workers for an ardent cause is to lose sight of the strength of the opposition.—Woman's Home Companion.

Consistent and NOT spasmodic advertising always pays best. Each time you stop advertising, the pub-lic thinks you quit business.

Table with columns: Hog Meal, Cottonseed, Dairy Feed, Alfalfa. Prices range from \$43.00-44.00 to \$44.00-45.00.

HOME HEALTH CLUB

WEEKLY LETTER WRITTEN EXPRESSLY FOR THE BULLETIN BY DR. DAVID H. REEDER

Jaundice: Jaundice is known to physicians under the technical name of icterus and to all the rest of mankind by the extreme yellowness of the skin. No matter what name it may be called the general appearance of its victim is usually about the same in all cases. In fact any disease which causes an obstruction to the proper flow of the bile through the ducts or sup-presses the secretion of the bile so that it passes into the stomach or circulation may be the cause of jaundice.

Atrophy, or congestion of the liver, malaria, tumors, cancers, some forms of intestinal diseases, and various other maladies may be the predisposing cause of the diffi-culty.

As a rule the first notice one will make is a yellowness of the skin about the ears and in the whites of the eyes. The tongue is also yellow and digestion is dis-turbed. There is a bitter taste in the mouth, constipation is usually severe, and the passages are near-ly always clay colored. In some cases, diarrhea may occur for a short time. The pulse rate is soon diminished and the volume of the urine may be slightly tinged with yellow and a slight irritation of the skin may appear. In severe cases of long duration which have terminated fatally there has been noted severe hemorrhages from the nose stomach or bowels, while in other cases there was dark bloody urine, delirium, convulsion, or stupor.

In the home treatment of jaun-dice there is a simple and practical method of treatment which is ab-solutely safe and harmless and at the same time is nearly always eff-ective and it is essentially the same as that which was given in my lecture upon the clearing of the blood and pure blood and clear skin, all of this information is giv-en in detail in volume three of the Home Health Club books, which should be carefully studied and followed if a complete and per-manent relief is desired as well as to observe carefully the proper rules of diet. Coffee, tea and all kinds of alcoholic drinks must be absolutely forbidden. Exposure to extremes of either heat or cold must be avoided as well as all kinds of excesses. An abundance of stewed prunes and juicy fruits of nearly all kinds except pears should be eaten. Lemonade as well as the juice of oranges and unfer-mented grape juice is excellent while water should be taken freely and in abundance. In fact the trouble is frequently caused by a lack of sufficient water and by its free use, according to the method described in the Lectures referred to, a cure is brought about. Frequent bathing in warm water containing soda should be practiced while the bowels should be kept open by the use of a thoro enema although in some cases sen-na tea must be used. The follow-ing herb remedy will be found very good, one teaspoonful to be taken each night. Fluid extract of bitter root and cascara, each one half ounce, in sirup of ginger seven ounces. Before each meal an infusion of golden seal and peach leaves is advisable. In chronic cases a small amount of juniper may be added to the gen-tian sirup to be taken three times daily. Compound gentian in tab-let form can now be had and it is best.

All readers of this publication are at liberty at all times to write for information pertaining to the subject of health. Address Dr. David H. Reeder, 3 E. 31 St., Kansas City, Mo., with at least 6 cents postage.

Club Notes Dear Doctor: I would like to ask your advise about my husband. He had his hip out of place three years ago not knowing it at the time. He always thought it was rheumatism that made his hip ache and the leg shorter than the other. This summer it was so much worse that he went to a doctor who said the hip had been out of place so long that nothing could be done. Do you think it could be put in place by osteopa-thy and chiropractic? He is 62 years old. Any advice will be thankfully received. Answer: In regard to the condition of your husband, his age is some-what against successful treatment so also is the length of time that his hip has been disjointed. But it is not a possibility to overcome it, if he can secure the service of a skillful osteopath.

LOBATA Mrs. B. L. Landis and children Rachel, Sara, Helen and Bennie motored to York County on Sunday. Miss Nancy Swope of Marietta was the guest of her grandparents, Mr. and Mrs. B. L. Landis on Wednesday. Mr. Jacob Landis and family of Deodate, spent Sunday evening as the guests of Mr. B. L. Landis and family. Misses Rachel and Sara Landis were entertained at dinner at the home of Mr. and Mrs. Warren Libhart at Bainbridge, on Sunday. Mr. and Mrs. Charles Morrow and children Charles Jr. and Robert of East Petersburg, visited Mr. and Mrs. B. L. Landis and family and Mrs. J. S. Gouffie Sunday even-ing.

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Welcome We are here to give advice as well as to handle funds. No Obligation. The Union National Mount Joy Bank MOUNT JOY, PA. Capital, Surplus and Profits, \$502,000.00 Can Serve You as Executor, Administrator, Assignee, Receiver, Guardian, Registrar of Stocks and Bonds, Trustee, etc. jun12tr

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