

The Fellow an Awful Liar or He'd Have Staked Him for at Least Two-Bits!



BY HITT

OPENINGS ON AL DIAMONDS

NINE TAKES FROM THE M—LANDIS-WINS

C. took a days from Saturday's Lancaster

enables the Eighth Ward Old Timers to defeat the Rheems Whippets by a score of 7 to 6 on the latter's field, Sunday afternoon.

Scoreboard for the game between the Eighth Ward Old Timers and the Rheems Whippets. Includes player names and scores.

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Scoreboard for the game between the Shoe Factory team and the Landisville team. Includes player names and scores.

The Shoe Factory team and Landisville played a very interesting game at Landisville Monday evening. The locals outhit their team 13 to 6 but were well scattered.

Scoreboard for the game between the Landisville A. C. and the Ephrata Cubs. Includes player names and scores.

Bladder Irritation If functional Bladder Irritation disturbs your sleep, or causes Burning or Itching Sensation, Backache, Leg Pains, or muscular aches, making you feel tired, depressed, and discouraged, why not try the Cystex 48 Hour Test? Don't give up. Get Cystex today. Put it to the test. See for yourself how quickly it works and what it does. Money back if it doesn't bring quick improvement, and satisfy you completely. Try Cystex today. Only 60c. W. D. Chandler, W. Main St., Mt. Joy.

HEALTH TALK

WRITTEN BY DR. THEODORE B. APPEL, SECRETARY OF HEALTH

"The term 'seven minute eater' is becoming more and more familiar. It represents that ever-growing class of noon-day restaurant and lunch counter patrons who have permitted the hurly-burly of life to impose upon their digestive apparatus. Apparently not satisfied with forcing their automobiles up to the limit, they insist upon forcing down their food to the limit. And in both cases, as a frequent result, a smash occurs," said Doctor Theodore B. Appel, Secretary of Health.

"While the rapidity of consuming provender at the midday meal in itself can shorten life, if it is consistently indulged in, the greatest objection to the practice lies in the establishment of the 'bolting habit' at all of the three meals. And it is fairly safe to say that the persistent bolter scarcely reaches extreme old age, which indeed is a very significant and sorrowful fact.

"The marked progress in the nutritional field is one of the present-day boasts; and quite rightly so. Instead of the attenuated course dinners which daily challenged the stomach's capacity, the shorter meal with salad and lighter foods is now socially accepted and consequently popular. However, much of the ground that has been gained by the establishment of a more rational menu is being lost through the more or less general custom of hasty eating.

DIVIDE STATE FOR MILK LAW CONTROL

Ralph E. Irwin, chief of the bureau of milk control, announced that nine milk districts have now been established in Pennsylvania for the purpose of adopting proper control methods in conformity with the milk law passed at the last General Assembly. These districts with a resident inspector are as follows: Harrisburg, Norristown, Forty-four, Pittsburg, Ebensburg, Lewisburg, Towanda, Meadville, and Indiana. In addition, there are three supervising inspectors working from the central office in Harrisburg.

"The object of these resident inspectors," Irwin said is to assure clean, safe milk to Pennsylvania's population. These men will assist the milk distributors in complying with the law by handling applications, making surveys and holding examinations for approved inspectors."

STATE-OWNED COWS LEAD AS PRODUCERS

The dairy herds of five State institutions average more than 1000 pounds of milk per cow, which is cited as an unusual record, by R. Bruce Dunlap, agriculturist of the State Department of Welfare, in a report to Mrs. E. S. H. McCauley, State Secretary of Welfare. The institutions with their average productions per cow are: Allentown State Hospital, 1202 pounds; Danville State Hospital, 1131 pounds; Muncy State Industrial Home For Women, 1137 pounds; Polk State School, 1300 pounds; Rockview Penitentiary, 1262 pounds.

Push Road Work

Maintenance forces of the Pennsylvania Department of Highways have completed more than ten miles of new highway surfacing. Surface treatment of existing macadam roads was completed on 155.16 miles of roadway, utilizing 449,216 gallons of bituminous material, commonly known as "oil." Twenty miles of guard fence was erected during the past month.

OUR SERVICE

Like all commercial institutions, this one to succeed well must SERVE well.

The better its service, the greater its success. This is just as true of a bank or trust company as it is of a bootblack or a railroad.

This organization was formed and its business is conducted with that truth always in view.

We give to all alike the best we have

First National Bank & Trust Company OF MOUNT JOY

ADVERTISING

Advertising and not competition is now the life of trade, according to the advertising experts who met to attend the International Advertising Association convention. The delegates at this meeting heard a number of interesting things. Among these was the statement by Charles Stelzle, New York expert, to the effect that if churches do not advertise their "ware"—spiritual upbuilding and moral betterment for both the individual and humanity—they cannot hope to arouse interest among the masses and fulfill the obligations placed upon them as parties to the general spiritual movement.

Another speaker declared that "advertising is greater than any single moral force we know of today. Advertising brings about changes for the betterment of life itself, changes which fuse into the social and political life of the nation."

It is now generally admitted by economic forces everywhere that advertising is the most important development of modern business. And it is also coming to be realized that newspaper advertising is the best kind of paid publicity. In the convention just mentioned the delegates who were advertising experts, agreed that newspaper advertising affords the best publicity medium for the churches and all church activities.

Advertising is no longer a theory. It is a science. And it pays.

To Motorists

Bring us your car to be drained and refilled at the Special Low Price of 20c per Quart for the highest grade Lubricants of Penna. Crude. This offer is for the months of August and September.

Why not get the Best at the Least Cost?

Enterline's Garage RHEEMS, PENNA.

July 30-2t

Advertisement for Aunt Sally's Kitchen featuring a cartoon character and the text 'HE USED OUR WNU CUTS IN HIS ADS FURNISHED BY THIS NEWSPAPER'.

Advertisement for Zonite medicine for pyorrhea, including a product image and text 'For prevention against gum infections, use Zonite, the new powerful antiseptic.'

Advertisement for Henry G. Carpenter Insurance - Mount Joy Pa.

Advertisement for Waterman Ideal Fountain Pens and Don W. Gorrecht Jeweler.

Advertisement for House Paints, Roof Coating, and The Coldren Roofing Co.

Advertisement for Aunt Sally's Kitchen with text 'It's Sold in Large Steins And is Ice Cold at All Times'.

Advertisement for A-B-C! Cut & Copy Service, featuring a cartoon character and text 'Simple as A-B-C! TO PREPARE ADS If you use our WNU Cut & Copy Service'.

Advertisement for Bladder Irritation treatment with text 'If functional Bladder Irritation disturbs your sleep, or causes Burning or Itching Sensation, Backache, Leg Pains, or muscular aches, making you feel tired, depressed, and discouraged, why not try the Cystex 48 Hour Test?'.

Advertisement for House Paints, Roof Coating, and The Coldren Roofing Co.