



### It Pays To Trade Where Quality Counts!

The word ASCO is your guarantee. The highest quality is found in your neighborhood American Store, and the Best of it is that Truest Economy is the buying of Quality—That's why It Pays to Trade Where Quality Counts.

In our Stores you can buy almost every Nationally Advertised Food Product or the guaranteed "ASCO Brands" at prices that make your Dollars Go Still Further.

ASCO Stores Keep Living Costs Down!

Reg. 39c Strongly Made Each 29c  
**BROOMS**

Four sewed. Smooth, hard wood handles. Save Ten Cents.

Reg. 5c Need Any? Each 39c  
**Octagon Soap**

3 Cakes 10c

**Lifebuy Soap**

3 Cakes 17c

Window Screens each 39c  
Green Tinted Drinking Glasses 6 for 29c  
ASCO Home-Style Noodles 2 big pks 15c  
Princess Assorted Jellies 3 tumblers 25c  
ASCO Tomato Puree can 7c  
Hom-de-Lite Mayonnaise 1-2 pt jar 19c  
ASCO Sandwich Spread 1-2 pt jar 19c  
ASCO Pure Grape Juice 1/2 pt bot 17c  
Large California Prunes 2 lbs 25c  
Farmdale Tender Peas can 14c  
ASCO Fancy Sweet Peas can 17c  
ASCO Medium June Peas 3 cans 50c  
ASCO Tiny June Peas can 23c  
Del Monte Sugar Peas can 17c  
Red Ripe Tomatoes 3 med can 25c  
Ritter Catsup 3 med bot 10c  
California Sardines big can 10c  
ASCO Evaporated Milk 3 cans 29c  
Farmdale Evaporated Milk 3 cans 25c

Prim Blue Rose Rice pkg 5c

Heinz Rice Flakes pkg 12c

"Headquarters" For Quality Butter and Strictly Fresh Eggs! Delicious California

**Louelia Butter** Apricots

45c lb. Tall can 10c

Richland BUTTER lb. 43c Best Pink

Fresh Eggs 28c dozen 2 Tall cans 29c

ASCO Extra Strength AMMONIA qt. bot 19c

Asco 2 med bots 15c Babbitt's 2 cans 9c  
Ammonia Cleanser

Only because of our Producer to Consumer Plan of Merchandising, are we able to sell you such high-grade Coffees at these Reasonable Prices.

**ASCO COFFEE** lb 29c  
39c—29c 10c saved!

**Victor Coffee** lb 25c

**Acme Brand Coffee** lb 35c

Baked in our own Spotless Bakeries from the finest ingredients obtainable. Is it any wonder we do the baking for Thousands of Particular Mothers today. Do we do Your Baking?

**Bread Supreme** Large Wrapped Loaf 8c

The Ideal Loaf for making Tasty Sandwiches.

**Victor Bread Pan loaf** 5c | **Victor Raisin Bread Loaf** 10c

Because of Our Producer to Consumer Plan and the taking of only one small profit by us, you are able to Buy Quality Foods at Great Savings in ASCO Stores.

These Prices Effective in Our MOUNT JOY STORE

**CUTS** In your DISPLAY ADVERTISING

Realizing the great importance of CUTS this Newspaper is furnishing the WNU CUT & COPY SERVICE In New Releases Each Month—A Service FREE TO ALL ADVERTISERS

Come in and let us show you how easily we can assist you in preparing your copy for advertising and circular work. If you can't call at the office, ring 41R2 and see how quickly our advertising representative will be at your service.

Don't follow in the same old rut—Pep up your advertising at our expense.

**The BULLETIN** MOUNT JOY

### PRODUCE & LIVE STOCK MARKET

CORRECT INFORMATION FURNISHED WEEKLY BY THE PENNA. BUREAU OF MARKETS FOR THE BULLETIN

Receipts of tomatoes from New Jersey were heavy on the local market today and prices of good stock held firm. The first Marglobe tomatoes of the season arrived today and brought top prices. Prices ranged from \$1.00 to \$2.00 per 5-8 basket with Marglobes bringing \$2.25 to \$3.50. Poorer lots sold as low as 40c, according to the Pennsylvania and U. S. Market News Service.

The potato market was dull and nearby Cobblers sold at 40c to 65c per 5-8 basket with Pennsylvania 100 pound sack. Eastern Shore of stock bringing \$1.65 to \$1.75 per Virginia potatoes sold at \$1.75 to \$2.75 per barrel. Peppers were stronger and nearby offerings were lighter. Prices ranged from \$1.00 to \$1.25 per 5-8 basket.

String beans continued dull with most stock ranging from 20c to 40c per 5-8 basket. Corn was in liberal supply and sold at 60c to 75c per 5-8 basket with a few lots as high as 85c. Nearby lima beans met a fair demand at \$3.00 to \$3.50 per bushel. Nearby egg plant brought \$1.50 to \$1.75 per 5-8 basket. Onions met an improved demand at 50c to 65c per 5-8 basket.

Peaches were dull and early varieties sold at 50c to \$1.00 per 5-8 basket. Currants sold at \$4.50 to \$5.00 per 32 quart crate, blackberries at \$3.25 to \$4.50 and huckleberries at \$4.50 to \$6.50. New York state sour cherries sold at \$1.25 to \$1.50 per 12 quart basket. Raspberries were in rather light supply and sold at 12c to 18c per pint.

Market: Beef steers and yearlings semi-demoralized, compared with a week ago 50c to 75c lower, some sales better grades \$1.00 off, top \$9.10, average weight 1270 pounds, bulk of sales \$7.50-8.50. She stock showing decline. Bulls and cutters weak. Stockers and feeders in light supply, weaker undertone, bulk \$6.50-7.50, bulk fat heifers \$7.25-8; beef bulls \$7.25-8.00; butcher cows \$6.00-6.75; cutters \$3.25-4.00. Calves steady to weak, top vealers \$12.50, few select \$13.00.

Hogs: Slow, about steady. Receipts: For today's market, cattle 6 cars, 2 Chicago; 1 Saint Paul; 1 Kansas City; 1 W. Va.; 1 Penna., containing 161 head, 424 head trucked in from nearby, total cattle 585 head, 63 calves, 391 hogs, 105 sheep. Receipts for week ending July 19, 1930, cattle 65 cars, 29 Virginia; 8 W. Va.; 7 Pittsburgh; 4 St. Louis; 3 Chicago; 3 Kansas City; 3 Tenn.; 3 Penna.; 2 St. Paul; 2 Ohio; 1 Okla.; containing 1728 head, 1717 head were trucked in from nearby, total cattle 2445 head, 923 calves, 1097 hogs, 779 sheep. Receipts for corresponding week last year, cattle 5 cars, 17 St. Paul; 10 Virginia; 8 St. Louis; 7 Chicago; 6 Penna.; 4 Canada; 2 Tennessee; 1 Kansas City; 1 Ky.; 1 Ohio; 1 New York; 1 Maryland; containing 1827 head, 1262 head trucked in from nearby feed lots, total cattle 2089 head, 917 calves, 1215 hogs, 648 sheep.

Range of Prices

STEERS	
Good	\$8.50-10.00
Medium	7.50-8.50
Common	6.50-7.50
Good	8.50-10.00
Medium	7.50-8.50
Good	8.50-9.75
HEIFERS	
Choice	8.00-9.00
Good	7.25-8.00
Medium	6.50-7.25
Common	5.75-6.50
COWS	
Choice	6.25-7.75
Good	5.00-6.25
Common & medium	4.00-5.00
Low cutter & cutter	3.00-4.00
BULLS	
Good and choice (beef)	8.00-9.00
Cutter, common & med (yrlds, excluded)	6.00-8.00
VEALERS	
Good and choice	11.50-13.00
Medium	10.00-11.50
Cull and common	7.50-10.00
FEEDERS AND STOCKERS	
Good and choice	8.00-10.00
Cofmon & medium	5.50-8.00
Good and choice	8.25-10.25
Common & medium	5.75-8.25
HOGS	
Leightweight	\$10.75-11.25
Aeightweight	10.75-11.25
Mediumweight	10.75-11.25
Mediumweight	10.50-11.25
Heavyweight	10.25-10.75
Heavyweight	10.25-10.75
Pkg. sows, medium and good	7.50-10.25

Lancaster Grain and Feed Market Selling Price of Feeds

Bran	\$31.50-32.50 ton
Shorts	32.00-33.00 ton
Hominy	37.00-38.00 ton
Middlings	40.00-41.00 ton
Linseed	51.50-52.50 ton
Gluten	40.50-41.50 ton
Ground Oats	37.50-38.50 ton
Soy Bean Meal	48.00-49.00 ton
Hog Meal	43.50-44.50 ton
Cottonseed 41%	\$46.50-47.50 ton
Dairy Feed *16%	35.00-36.00 ton
Dairy Feed *18%	37.00-38.00 ton
Dairy Feed *20%	41.50-42.50 ton
Dairy Feed 24%	46.00-47.00 ton
Dairy Feed 25%	47.00-48.00 ton
Horse Feed 85%	42.50-43.50 ton
Alfalfa (Regular)	37.50-38.50 ton
Alfalfa (Reground)	40-41.50 ton

### SOME STATES BAN AUTO 'GUEST SUITS'

Benjamin G. Eynon, Motor Vehicle Commissioner, is in receipt of a request that the laws of Pennsylvania be so amended in 1931 as to curb what are popularly known as "guest suits," in which automobile-driving hosts are sued for damages, often by friends and relatives. Seven American states have taken steps to curb the practice.

"Enactment of such a law in Pennsylvania is strictly a matter for the Legislature—not for the Bureau of Motor Vehicles," Commissioner Eynon replied to the suggestion.

The Supreme Court of the United States recently upheld the constitutionality of the Connecticut statute providing that no guest in a motor vehicle shall have cause for action against the owner or operator unless injuries received "shall have been intentional on the part of the owner, or caused by his heedlessness."

These "guest suits" have nothing to do with the liability of a common carrier, it is pointed out, but deal only with guests of a car owner who are carried free of charge, and with suits by dependents and relatives. Legislation enacted in seven states covers the following ground:

Connecticut—As told above. Iowa—Provides that an owner of a car shall not be liable for damages to guests or invitees unless the driver of such car is reckless or intoxicated. Oregon—Provides that anyone riding as the guest of the owner not be entitled to recover injured, unless injury was intentionally inflicted.

Florida—Provides that guest by or right of recovery against owner or operator, except in case of willful misconduct or gross negligence. Delaware—Relieves owner or operator from liability for injuries sustained by any person riding with him or her, providing that person is riding free of charge. Michigan—Provides that owner shall not be liable for damages to person riding free in his car, unless accident is caused by wanton or willful negligence of the operator. Vermont—Provides that owner or operator is not liable unless occupant is paying for his carriage, or unless injuries are caused by gross or willful negligence.

### NEEDLESS KILL OF RABBITS EXCEEDS STATE STOCKING

Stocking rabbits in most sections of the State would be unnecessary if autoists really tried to protect rather than kill the harmless little animals, according to Hugh H. Groninger, chief of the bureau of predatory animals of the Game Commission.

Based upon an actual count made on a forty-five-mile stretch of the William Penn Highway, Groninger found that one rabbit is killed each twenty-four hours on an average of each twenty-one miles of road. The count was made during traffic trips in a forty-week period.

Because traffic and therefore the needless kill of rabbits is lighter on less heavily traveled roads, Groninger estimates that the daily average is one rabbit for each 100 miles road in the State. In a county with a total mileage of 1200 the daily kill, according to Groninger's estimates, would be twelve. Based upon his own personal experiences, Groninger believes that more than one-half of the rabbits killed result from carelessness or a cowardly complex of automobile drivers.

This needless kill, Groninger asserted, is greater each year in each county than the number of rabbits the Commission is able to stock.

### GOVERNOR FIXES AUTO INSPECTION DATES

Under the authority given him by the last session of the Legislature, Governor John S. Fisher fixed September 15 to October 31 as a motor vehicle equipment inspection period. Such inspection is compulsory and all cars registered in Pennsylvania must carry the official inspection stickers to be operated after October 31.

The Governor in a formal proclamation fixing the inspection period called attention to the large number of accidents on the highways which he blamed upon "failure upon the part of motorists to observe the laws requiring equipment and mechanism to be kept in proper condition."

### PENNA. R. R. ASKS FOR BUS RIGHTS IN COUNTY

The Pennsylvania General Transit Company, bus subsidiary of the Pennsylvania Railroad, filed applications with the Public Service Commission for permission to operate group and party bus service from various points in Cumberland, Dauphin, Lancaster and Perry Counties.

The places involved as points of origin in the applications follow: Cumberland County—Lemoyne, White Hill, Shiremanstown, Camp Hill, Mechanicsburg, New Kingston and Carlisle. Dauphin County—Steelton, Highspire and Middletown. Lancaster County—Elizabethtown, Rheems, Florin, Mount Joy, Landisville and Lancaster. Perry County—Duncannon, Millerstown and Newport.

Usually it is the last man who would be asked to run for office who is the first to deny he is a candidate.

### HOME HEALTH CLUB

WEEKLY LETTER WRITTEN EXPRESSLY FOR THE BULLETIN BY DR. DAVID H. REEDER

WORRY: If I could name but one evil that should be forever banished from the world, that evil would be worry. "Worry makes people old, worry makes people sick, worry makes people poor, worry kills." Anger and worry are two of the greatest of evils but of the two evils I think worry is the greater, abolish worry, and you abolish the greatest cause of anger.

I have known many people who were made ill unto death by worry. In fact, only recently one of the highest medical authorities has published the opinion that there is no real cause for the dread disease called hydrophobia, that fear and worry which are practically the same thing are the cause of the disease. The horse and the dog are the only domestic animals that exhibit much of the emotional nature, and therefore are most capable of worry, and they are about the only animals in which hydrophobia is found.

Less than a year ago a prominent physician died in Chicago of fear and worry. He had been in charge of a patient suffering with hydrophobia and becoming impressed with the idea that he had been inoculated, he at once cauterized the wound and applied other preventive measures but worried. Although there was no symptom of the disease, or change of any kind, he kept constantly thinking of it and at last left his business and went to Chicago for treatment. Still no symptoms appeared but in spite of all that could be done to stop the worry he died in less than two weeks in slight convulsions.

Many a case of lockjaw in my opinion has been brought on by suggestion, causing worry, and it is in turn causes the disease. A comparatively healthy person runs a rusty nail into the foot and some one with more tongue than brains suggests that there is danger of lockjaw. The seed is sown in the mind, and the mind can and unconsciously does control the functions of the body, the germ thus sown soon grows and a case of worry is developed which rips into lockjaw.

It may at first appear a cruel method of cure, but many times in order to prove to a patient that worry and fear were the cause of their illness, I have caused a severe sickness and positive pain by suggestion, first suggesting to the patient that certain indications would point to a certain disease, then minutely describe the disease and its symptoms.

In one such case, inside of a few hours, I had an extremely sensitive woman in bed and suffering intensely with a neuralgic pain in her left shoulder. I cured her just as quickly and as I knew her to be a woman of good sense, and unlimited confidence in my statements, I afterward explained to her fully what I had done and why. She saw the point, gladly paid me for my trouble, and thereafter when she was inclined to worry and fear pain, she would look in the mirror, laughing at herself, and say "So you want Dr. Reeder to come and suggest a pain in the shoulder, do you?" She would continue saying silly things until in a thorough good humor. She would then say positively "I am in excellent health and that is much to be thankful for."

Not everyone can so quickly accomplish results but all cases that are caused by worry can be cured and the list is much larger than one would think. The remarkable success in many cases of christian science, mind cure, mental healing, etc., is the result of powerful suggestion.

I quit worrying a number of years ago. Before that I weighed 130 lbs. and as I am near 6 ft. tall I was an interesting specimen. During the succeeding year I gained 40 lbs. and since then I have hardly known what sickness and pain are from actual experience while previously I was continually suffering.

I could cite hundreds of cases in which I know that the laws of suggestion have cured and I could fill a whole newspaper with testimonials that would bring to me thousands of dollars for miraculously curing disease. As a matter of fact there was no miracle about it. I simply made a counter suggestion which was more powerful in its effect than the one which caused the worry. My suggestion acted as an antidote, the worry ceased, the cause was removed and a cure naturally followed.

Control Red Mites Watch for the little red mites which hide in cracks and crevices of roosts, supports, and walls. These small parasites suck blood from chickens at night. A good mite paint can be used on roosts and supports for their control.

Pick Fair Exhibits The time to select exhibits for the coming fairs and farm products shows is at harvesting. Pick uniform typical specimens rather than the largest individuals which can be found.

Cows Drink Much A good dairy cow probably consumes more water than any other domestic animal. The more feed consumed, the more water the cow drinks.

**SOME BUS!** Tell The World!

HE BOUGHT IT THROUGH THE WANT ADS IN THIS NEWSPAPER.

PHONE US TODAY!

**Welcome** We are here to give advice as well as to handle funds. **No obligation.**

**The Union National** MOUNT JOY

Capital, Surplus and Profits, \$502,000.00

Can Serve You as Executor, Administrator, Assignee, Receiver, Guardian, Registrar of Stocks and Bonds, Trustee, etc.

jun12tf

**THE COUNTRY NEWSPAPER OF GREAT VALUE** ACCORDING TO STATEMENT OF NOTED EDITORIAL WRITER—PROVEN BY FACTS

Arthur Brisbane, one of the best minds of the time, says:

"H. Z. Mitchell's 'Sentinel,' published at Bermidjii, Minn., wins the prize as best weekly in the National Editorial Contest. This is a good time to remind the public in general, and national advertisers in particular, that country weekly newspapers are the most important organs of public opinion and protectors of public welfare.

"And, their advertising per mill line, is not excelled by any publication, of any kind.

"The reader of a country weekly buys everything from shingles on the roof to cement in the cellar floor, and every advertiser has in him a possible customer."

**MOLASSES FEED MIXING**

WE HAVE RECENTLY INSTALLED A MIRACLE PROCESS MOLASSES MIXING MACHINE. NOW WE CAN MIX ANY FORMULA YOU WANT AND ADD MOLASSES TO IT. GIVE US A TRIAL.

WE ARE ALSO IN A POSITION TO SELL MOLASSES IN ANY QUANTITY.

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