



Read--Buy--Save!

Here is your guide to economical buying, Mrs. Housekeeper, if you are interested in Saving Money on your Food needs without sacrificing the Quality, pay us a visit today—see how far your Dollar really goes in these bright up-to-the-minute Grocery Stores.

Always the Most of the Best for the Least, Where Quality Counts!

ASCO or DEL MONTE SLICED PINEAPPLE Big can 23c

A Healthful ready-to-serve Fruit for every meal.

Your Q for Quality Canned Foods!

Sweet Sugar CORN 3 cans 29c ASCO Fancy SUGAR CORN 3 cans 43c

Red Ripe Tomatoes 2 med. cans 15c ASCO Golden Bantam Corn 3 cans 54c Maryland Tomatoes 2 big cans 25c

CHOICE HOME GROWN RICE lb 5c

Prim Rice 3 pkgs 20c

Choice Calif. Peaches big can 15c Ready to Serve Foods! Japanese Crab Meat can 29c California Sardines big can 12 1/2c Domestic Sardines 3 cans 20c Fancy Norwegian Sardines can 15c Choice Pink Salmon can 19c ASCO Wet Shrimp can 19c Corton's Fresh Mackerel can 23c Heinz Beans with Pork 3 cans 25c ASCO Baked Beans 3 cans 25c Hom-de-Lite Mayonnaise jar 20c

Large Size 10c Fancy Santa Clara Prunes Extra Large Size 12 1/2-2c

Quality the same, only difference is size of fruit.

Thousands upon Thousands of Particular Mothers have stopped baking since they first ate our Bread.

Victor Bread Pan Loaf 5c

Big Wrapped Loaf 8c ASCO Pound Cake lb 25c

Reg. 12 1/2c ASCO SOUR KROUT 2 big cans 19c

Partly cooked. Requires very little cooking. Save 6c.

ASCO Vanilla Extract bot 13c, 25c ASCO Core Starch pkg 7c ASCO Evaporated Milk can 10c Star Soap 5 cakes 22c ASCO Ripe Tomatoes 3 cans 29c ASCO Backwash 3 pkgs 25c ASCO Pancake Flour 3 pkgs 25c ASCO Golden Syrup 3 cans 25c ASCO Sliced Peaches 2 cans 25c Reg. 14c Bab-O ASCO Ammonia 3 hot 25c Ivory Soap 4 med. cakes 25c

There's a reason why the Most Particular Coffee drinkers use no other Blend—but ASCO. Quality counts.

ASCO COFFEE lb 35c

With that Rich, Rare Flavor—Satisfies Fully. Victor Blend Coffee lb 31c High Art Coffee Sealed Tin 49c

These Prices Effective in Our MOUNT JOY STORE

MELHORN'S FRUIT and POULTRY FARM "PENNA. SUPERVISED CHICKS"

This breeding farm specializes in supplying Baby Chicks from only the most carefully selected matings, free range, and standard bred Leghorns, now under official trap nest supervision. All males and females have been approved and leg banded by an inspector of Pennsylvania Department of Agriculture for two successive years.

Buy "Supervised" chicks that produce big, beautiful Standard S. C. White Leghorns that you will be proud of. Place your orders early as all orders will be filled in rotation.

WE AIM TO PLEASE J. E. MELHORN, Phone Call 63R3 MOUNT JOY, PA.

Local and Long Distance Hauling

Movings—None too Short, None too Long See me for prices before engaging your truck. REASONABLE RATES

HAS. Z. DERR MOUNT JOY, PENNA.

The Produce and Live Stock Market

CORRECT INFORMATION FURNISHED WEEKLY BY THE PENNA. BUREAU OF MARKETS FOR THE BULLETIN

Express receipts of asparagus were more liberal in Philadelphia and there was a fairly active demand for good stock. Most of the asparagus was medium to small in size. California "grass" sold at \$5.00 to \$8.50 per crate of a dozen bunches while Georgia stock brought \$6.00 to \$8.00. California is shipping straight carloads and Wednesday 11 cars were moved. The season in Georgia is not as far advanced and only small lots are being expressed. Carload shipments from both Georgia and South Carolina are expected in the near future, according to the Pennsylvania and Federal Bureau of Markets. Supplies of nearby apples were moderate and trading was rather slow. Prices held firm with Rome selling at \$2.25 to \$2.90, Stayman at \$2.50 to \$3.25, Winesaps at \$2.25 to \$3.00, and Ben Davis at \$1.50 to \$1.75. Pennsylvania hot bed dandelion brought \$1.75 to \$2.00 per 5-8 basket. Rutabagas, parsnips and white turnips sold mostly at .35 to .65 per 5-8 basket while beets brought .85 to \$1.00. The mushroom market was slightly stronger under a good demand. Most sales ranged from .50 to \$1.15 per 3 pound basket with a few extra fancy lots bringing \$1.25.

Potato prices were generally steady on the Eastern markets today although shipping points showed a weaker tone. Pennsylvania round whites sold at \$2.90 to \$3.15 per 120 pound sack in Philadelphia while Maine Green Mountains brought \$3.65. The New York market was firm with bulk Penna. round whites bringing \$4.65 to \$4.75 per 180 pounds. Maine shipping points were practically at a standstill and there were too few sales to establish quotations. New York shipping points were about steady with round whites quoted at \$3.85 to \$4.00 per 150 pound sack. Shipments for the entire country totaled 924 cars, of which Pennsylvania shipped 11, Maine 176 and New York 16.

MARKET: Slow, beef steers steady with weeks early decline, compared with week ago good and choice grades .25 lower, spots off more on heavies, common and medium grades about steady, top \$13.00 paid for 3 loads 1200 lb. averages, bulk of sales \$11.25-12.25. Bulls, about steady, cows and all cutters steady to weak, heifers showing weak tendency, bulk butcher bulls \$8.25-9.50, Heifers \$10.00-10.75, butcher cows \$7.50-8.50, cutters \$4.25-5.50. Calves sharply lower, .75 to \$1.25 under last weeks closing price, top vealers \$16.50.

RECEIPTS: For today's market, cattle no shipped receipts, 334 head trucked in from local feed lots, 19 calves, 219 hogs, 3 sheep. Receipts for week ending March 17, 1923, cattle 21 cars, 12 Pa; 3 Chicago; 3 St. Paul; 1 Va; 1 Md; 1 Ga; containing 570 head, 873 head trucked in, total cattle 1443 head, 385 calves, 1223 hogs, 13 sheep. Receipts for corresponding week last year, cattle 23 cars, 17 Pa; 3 Va; 1 Chicago; 1 Ky; 1 Ind; containing 564 head, 945 head trucked in, total cattle 1475 head, 75 calves, 32 hogs.

Table with columns: Range of Prices, STEERS, HEIFERS, COWS, BULLS, Feeder and Stocker Cattle, VEALERS, HOGS. Lists various grades and prices for livestock.

MAPPED MT. GRETTA FROM AIRPLANES For several days last week airplanes from the 103rd Observation Squadron of the Pennsylvania National Guards, together with 3,000, 000 candle-power searchlights mounted on large trucks, have been engaged in photographing and mapping the Pennsylvania State Military Reservations at Mt. Gretna.

Four of these powerful lights have been used in at night work. These lights are directed straight into the air, to assist the aviators in fixing and locating the equilateral triangle.

Three corners of the area have been mapped at Inland near the Schuylkill Co. line; Little Round Top near Middletown, and Governor Dick's Point, near Mt. Gretna, being two extreme points.

Clean up Corn Remnants In corn borer infested areas all corn stalks or corn remnants of the 1922 crop in the field, in the barnyard, or elsewhere about the farm, unless ensiled, should be destroyed by burning, plowing under, or finely shredding, say State College entomologists.

Hotbeds Now Now is the time to start hotbeds for early vegetables if not already started. They should be placed in sheltered corner where they will receive plenty of sunlight.

Home Health Club

WEEKLY LETTER WRITTEN EXPRESSLY FOR THE BULLETIN BY DR. DAVID H. REEDER

Applying treatment at home: I get many letters from people that suffer with backache and stiffness, soreness of muscles and a complaint that they seem to be getting old before the evidence of old age should be manifested. A little inquiry brings out the fact that these people are themselves to blame for the pains.

There is a certain principle to be observed and it applies to all animals, horses, mules and men, yes, women and boys and girls. It is this: When tired, keep warm. When very tired, keep very warm. If you ever attended a horse race you probably observed that as soon as the horses come to the end of the race, the owners or caretakers at once covered their blankets even though the day was exceedingly hot and but little air stirring. Their heads, it is true were quickly sponged with cold water and they were allowed just a little to drink, but they were kept warm. Never allowed to cool off quickly. As a rule the man that cares for and works with beasts of burden uses more good judgment in their care than in the care of himself. I have many times seen him come from plowing or other hard labor where the coat of both a man and beast were saturated with perspiration and he would stop in the cool shade, then immediately cover the horses so they would not chill and "stiffen up," while he would throw off his coat and lie on his back upon the damp ground. I have seen him put the team in the barn, cover them, let them stand until cool before watering and feeding, cover them to prevent chill, then later remove the blankets and rub them dry while of himself he took no such care but instead washed his head and hands in cold water and sat in the cool evening breeze and then wondered why he was so stiff and sore the next morning, while the horses were fresh and active.

If he had taken off his wet clothing, sponged himself with hot water and put on dry clothes and just a little heavier than those he took off, a coat or some kind of top garment, or had dried his clothes quickly by a fire while covered over them with a dry coat, blanket or even a linen duster, he would have prevented much suffering.

If you have the facilities and want to feel just as good tomorrow as you did before you got stiff and sore or the backache, take off all the clothes wet with perspiration and take a hot bath. Put on dry clothes and a wrap or coat, then enjoy the cool evening breezes and rest, with the assurance that you will feel ready for another round tomorrow.

A thorough foot fomentation applied in the manner described in the Home Health Club Bulletin, Vol. 1, No. 1, will do much to relieve the pain.

There is only one solution to this problem, and that solution lies with those who are engaged in the industry, and must come through a greater cooperation, through the industry working together as a single unit, or through consolidation of some kind. Those of you who have met here as members of the Pennsylvania Farmers' Protective Association must go out and get others to unite with you in this work, and through your organization and through other farmers and lumber producers organizations we must unite on this subject if we are not to continue in this "profitless" I do not mean to say that there are not some in the lumber business that are making money, but taking the industry as a whole it is not, has not, or can not pay a profit to those engaged in it so long as we continue to conspire against each other through the merciless price-cutting and competition, and the high cost of operating as single units.

Ralph A. Smith

SPECIAL HEALTH UNIT GUARDS MILK SUPPLY

The bureau of engineering of the Pennsylvania State Health Department reports that during the past year the division of milk control has inspected 200 pasteurizing plants and that 500 inspections were made on dairy farms throughout the Commonwealth from which unpasteurized raw milk is sold to consumers. Two motorized laboratories, with personnel, were directly engaged in this work. Two milk control districts were organized: one including Lewistown, Northumberland, Turbotville, Montgomery, Hughesville and Danville, while the other comprises Pottsville, Shenandoah, McAdoo and Tamaqua.

Borer Moths Fly At Night

In answer to the question, "When do corn borer moths fly?" State College entomologists say, "They fly mostly in the dusk of the evening or at night." The moths are not attracted to lights in sufficient numbers to make them effective for trap purposes. Many kinds and colors of lights have been tested but none has proved effective.

Push Early Lambs

Feed early lambs grain so that they will grow rapidly. They should be in condition to market in the autumn competition be-

Our Freight Rates Are Very Unfair

(From page six) tory extending from New York all the way down through the South Atlantic States and Gulf States. Let us take a look at what is almost certain to happen. Take 5,000 men of your acquaintance today, in any walk of life, or take 1,000 or possibly 500, and among that lot you are certain to find someone who through some unfortunate happening through disease, death, accident, or from conditions beyond control, or perhaps of his own making, who is compelled to sacrifice some property in order to prevent some greater disaster. He, therefore, is compelled to offer this product at a price which, on account of these conditions, he is forced to accept and which is not only ruinous to him, in his strained condition, but is ruinous to any one in any condition. This unfortunate person may be some colored man out from Tampa, Florida, who has manufactured the material and wants to give it away for the sake of having employment in hauling it to market, even though he loses the cost of manufacturing and his stumpage, or he may be some man whose timber is located within a few miles of the very mine where this timber is wanted, who is in a similar condition. Always when these quotations go out they are certain to fall into the hands of someone who either has been unfortunate, or who had the timber given to him, or who lives right up against the mine. This fixes the price for the entire industry, and the result has been this price is so low there is nothing left to furnish an incentive to grow trees on these hills of Pennsylvania. If you take the case of sawn timber, you have a condition that is far worse because you not only have this local competition but you have competition from all over the United States, Canada and from Europe, countries, for Austrian Spruce is being laid down on our Atlantic seaboard ports in competition with our west coast products.

We have a protective tariff to protect some of the preferred industries of this country, and those same interests that have so long advocated the protective tariff, and with whom we have no particular quarrel, also demand that we preserve and protect the forests, while at the same time they deny us the very means of protection that must be had. Our Government is selling timber in our forest reserves at prices that are not equal to ten per cent of the cost of reproducing it, and at the same time they are giving the railroad rates to bring it into Pennsylvania below the cost of producing it here. They have guaranteed the railroad a return on their investments, and they have given them rates which we must pay for transporting our products that makes it impossible for us to have a profit on our investment. Public service corporations are authorized to increase their capital and the Government guarantees them a fixed return. We are asked to reforest and protect our timberland and we are guaranteed nothing. And the national banking laws will not permit our National banks to even loan us the money to grow trees.

There is only one solution to this problem, and that solution lies with those who are engaged in the industry, and must come through a greater cooperation, through the industry working together as a single unit, or through consolidation of some kind. Those of you who have met here as members of the Pennsylvania Farmers' Protective Association must go out and get others to unite with you in this work, and through your organization and through other farmers and lumber producers organizations we must unite on this subject if we are not to continue in this "profitless" I do not mean to say that there are not some in the lumber business that are making money, but taking the industry as a whole it is not, has not, or can not pay a profit to those engaged in it so long as we continue to conspire against each other through the merciless price-cutting and competition, and the high cost of operating as single units.

Ralph A. Smith



COLORS radiant as the Rainbow Spring beckons! And Buick owners will greet the season in cars which take first place in rich, alluring beauty. Glowing colors—colors that rival the exquisite hues of the rainbow—colors as distinctive as the fleet, low lines of Buick bodies by Fisher. Not only in beauty, but in performance, too, Buick leads the way. Its famous Valve-in-Head six-cylinder engine provides the thrilling abilities so highly desired on tempting Spring days. Visit the Buick showroom and see the most colorful cars Buick has ever produced. Their beauty will captivate you—and a demonstration will make Buick your choice. SEDANS \$1195 to \$1995 COUPES \$1195 to \$1850 SPORT MODELS \$1195 to \$1525 All prices f.o.b. Flint, Mich., government tax to be added. The G. M. A. C. finance plan, the most desirable, is available.

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