



Make the ASCO Store Your Shopping "Headquarters"!

These conveniently located neighborhood stores, well stocked with every seasonal food need at extremely reasonable prices, will serve you courteously and quickly.

It is well worth your while to make the ASCO Store your Shopping "Headquarters;" here you always receive Full Value for Your Money and Known Quality.

In the Stores Where Quality Counts, Your Money Goes Furthest!

Reg. 23c ASCO Sandwich Spread 19c

ASCO or Campbell's BEANS WITH PORK 3 cans 23c

ASCOS PEANUT BUTTER 15c

Regular 5c Lighthouse Cleanser 3 cans 10c

Lifebuoy Soap 3 cakes 19c

Reg. 15c Asco Pure Cider Vinegar or Asco White Dis. Vinegar 2 big bots 25c

The utmost care is used in making our bread. That's the reason why it is so good and stays fresh longer than just ordinary bread.

VICTOR BREAD Pan Loaf 6c

Bread Supreme Wrapped Loaf 9c

Reg 25c Pure bot SALAD OIL 21c

ASCO California Peaches Big Can 20c

Del Monte California Peaches Big Can 21c

There's a Difference and You'll Taste it the Minute You Drink Your First Cup!

ASCOS COFFEE lb 35c

Delicious for Iced Tea! Asco Teas 1/4 lb pk 17c

Always Bigger and Better Values in the ASCO Stores Where Quality Counts!

These Prices Effective in Our MOUNT JOY STORE

A Haircut Every 10 Days

a formula for good looks

LADIES' AND CHILDREN'S HAIR BOBBING

Agent for Manhattan Laundry

Hershey's Barber Shop MOUNT JOY, PENNA.

Read The Bulletin

WHY PAY MORE

WHEN YOU CAN GET THE BEST

ICE CREAM AT 50 CENTS A QUART

at THE REXALL STORE

E. W. Garber

Mount Joy, Pa.

June 3-31

The Produce and Live Stock Market

CORRECT INFORMATION FURNISHED WEEKLY BY THE PENNA. BUREAU OF MARKETS FOR THE BULLETIN

MARKET: Extremely dull, medium grade light steers predominating, no choice kinds here.

HOGS: Steady, no fresh receipts. RECEIPTS: For today's market, cattle 3 cars, 2 St. Paul, 1 Ohio.

Cooler weather during the past week has resulted in lighter receipts of asparagus and this morning prices were higher both in Philadelphia and New York.

Motor truck receipts of strawberries were lighter and totaled about 3,000 crates.

The Philadelphia potato market showed a weaker tendency. North Carolina cobbler brought \$6.00 to \$6.25 per barrel with a few sales at \$6.50.

Choice STEERS \$10.50-12.00

Choice BULLS 8.25-9.00

Choice HEIFERS 9.00-10.00

Choice COWS 6.75-8.00

Choice CALVES 13.75-15.25

Heavyweights HOGS \$9.00-9.50

Wheat (baled) \$1.37 bushel

Selling Price of Feeds Bran \$41.00-42.00

Cottonseed 41% \$49.00-50.00

Farm Hints by Radio The Pennsylvania State College radio station is continuing the broadcasting of programs during the summer months.

Better Grab This If there is any one who wants a good paying business in this section, here it is.

Thin for Quality Fruit Thin the heavily loaded apple tree. Trees with light crops and on fertile soils may not need thinning.

PENNSYLVANIA DUTCH

What Shwilkey Bumblesock Has To Say This Week



Der onner owet wore ich drunna ons Hullerhecka in der baar-shtoop g'hucked. Es wore kold un der Hickerheck but olla-ga-but en shticker hickory huls in si'oldder Hathaway uffa g'shteked far uns waurem holda.

Der onner owet wore ich drunna ons Hullerhecka in der baar-shtoop g'hucked. Es wore kold un der Hickerheck but olla-ga-but en shticker hickory huls in si'oldder Hathaway uffa g'shteked far uns waurem holda.

Der onner owet wore ich drunna ons Hullerhecka in der baar-shtoop g'hucked. Es wore kold un der Hickerheck but olla-ga-but en shticker hickory huls in si'oldder Hathaway uffa g'shteked far uns waurem holda.

Der onner owet wore ich drunna ons Hullerhecka in der baar-shtoop g'hucked. Es wore kold un der Hickerheck but olla-ga-but en shticker hickory huls in si'oldder Hathaway uffa g'shteked far uns waurem holda.

Der onner owet wore ich drunna ons Hullerhecka in der baar-shtoop g'hucked. Es wore kold un der Hickerheck but olla-ga-but en shticker hickory huls in si'oldder Hathaway uffa g'shteked far uns waurem holda.

Der onner owet wore ich drunna ons Hullerhecka in der baar-shtoop g'hucked. Es wore kold un der Hickerheck but olla-ga-but en shticker hickory huls in si'oldder Hathaway uffa g'shteked far uns waurem holda.

Home Health Club

WEEKLY LETTER WRITTEN EXPRESSLY FOR THE BULLETIN BY DR. DAVID H. REEDER

MODERN WOUNDS: A famous physician and surgeon from Washington, D. C., came to our city recently and after an hour's talk on various modern methods of medical practice he declared that the entire practice of medicine had changed during the past ten years.

He is well advanced in years and is gradually pulling out of practice and while he admits that the changes in methods are far superior, he could not readily discard the pills and poisons which he had used for so many years, so he has decided to quit.

He was familiar with my Home Health Club work and said it had been a powerful factor in bringing about these great changes.

The second big change will do away with nearly all medicinal drugs. The elements of cure are in the patient. If they are not, then the patient cannot be cured.

He discussed Autogenous and Auto Hemio Therapy as well as the reflex system of diagnosis, all of which I have been teaching to physicians for so many years, and he said that if these were generally known and used, there would be a most wonderful change for the better in all chronic diseases.

Officially the attitude of the dominant medical school has made but few changes, but the attitude of the rank and file of physicians has made wonderful progress and every reader of this paper can help along the good work by a careful study of the effect of various foods.

The blood cannot be pure unless the food and drink are pure and wholesome. The food must contain the natural chemical elements of the body.

These are found in their purest, in fruits, nuts, vegetables, and tubers. Cereals, as produced by nature also supply these chemicals but very little value is found in the white or starch portion of these splendid products.



He's prosperous... because he paints!

EVERY far-sighted farmer knows that good paint costs less than repairs. He remembers that his buildings cost a heap of money... and he paints them whenever they need it.

That's why he's prosperous... he protects his investment!

Give your buildings the dependable protection of du Pont Paint... it will be the best paint investment you ever made!

Here at the du Pont agency we have many a helpful painting hint that will save you money... next time you drive into town, stop in and see us.

J. B. Hostetter & Son Mt. Joy

Authorized Agency

PAINTS - VARNISHES and ENAMELS

Corn Chopped

As Fine As Mush Meal

As quick as our machines driven electrically, equal to the power of 55 sturdy draught horses, can turn it out.

When Your Load is Off, Your Grist is Ready

MIXING SERVICE \$1.00 will thoroughly mix 2000 lbs. of feed; any formula you desire.

CHICKEN CORN We make steel cut corn for your chickens, three different sizes. It is much better than ordinary cracked corn.

Fresh Lancaster County Wheat Bran

Fresh Lancaster County Wheat Shorts

Fresh Lancaster County Wheat Middlings

Bright Heavy Oats, Free From Weeds

Weights 40 lbs. per Bushel

Linseed Oil Meal Cottonseed Meal

Corn Gluten Meat Meal

Reist Seed Co.

SNYDER MILL PROPERTY

Special Sale

On Box Paper

The Biggest Value in Box Paper Ever Offered to the Public in Mount Joy.

Regular Value \$1.00 Melody Linen. This Sale Only 39c

Four Colors—White, Blue, Gray, Orchid, Decided and Bordered.

This is a Bargain You Should Not Miss.

The Rexall Store

E. W. Garber Mount Joy, Pa.

STONE

Before placing your order elsewhere, see us. Crushed Stone. Also manufacturers of Concrete Blocks, Sills and Lintels.

"Cap" Williams

E. Main St., MOUNT JOY, PA. Ladies' and Children's Hair Cutting a Specialty.

J. N. STAUFFER & BRO.

MOUNT JOY, PA.