



MICKIE, THE PRINTER'S DEVIL

JIM BEEVER CIRCULATED AROUND TOWN THIS MORNING LEAVING A TRAIL OF BLACK EYES...

MRS. HAROLD THROUGH MOUNT JOY WON THE WOMAN'S CLUB PRIZE FOR HAVING THE BEST HUSBAND...

GEORGE HIBAT, WHO WENT TO FLORIDA LAST MONTH WITH A FAT WALLET TO BUY REAL ESTATE...

ART HAMOK'S AIREDALE PUP IS CURED OF BURNIN' THINGS, ESPECIALLY BONES IN THE COAL BIN...

Town Gossip

THE OLDEST HAT STORE IN LANCASTER Wingert & Haas Hat Store

Hats, Caps & Gloves So many kinds and styles that you will not have any trouble in being suited.

JNO. A. HAAS, Propr. 144 N. Queen Lancaster, Pa.



Modern Furniture Needs

The importance of correct furniture and furnishing in the modern home cannot be over emphasized...

H. C. BRUNNER

West Main Street, MOUNT JOY, PENNA.

Matters of Today and Yesterday

McKeesport—New bridge to be erected over Monongahela River, between this city and Duquesne.

Middletown—Metropolitan Power Company making survey for new power line from Middletown to Bethlehem Steel Works.

Waynesburg—North Morgan St. to be extended across Red Bird Hollow, connecting with E. Franklin street.

Pottsville—New community hotel being built, on site of Hotel Allen.

Forty water companies in Pa. planted 1,200,000 trees on their watersheds, during spring planting season.

Philadelphia—New York concern has force of 100 men laying out and developing Mellon 500-acre tract, east of Brooklawn.

Dubois—1,000 new oil wells will be drilled in Luke Center district, this season.

Allentown—\$2,000,000 edifice to be built by Pennsylvania Power and Light Company at 9th and Hamilton streets.

Bethlehem—\$11,700 contract is let for erection of new Victory fire station.

Monessen—24 new fire plugs ordered.

Sykesville—First National Bank of Sykesville installs new vault.

New Castle—\$32,000 will be spent in constructing new 15-in. water main from public square to Division street.

New Castle—Shenango Township School Board purchases 8-acre site on which to build centralized school.

Hummelstown—The Hummelstown National Bank increases capital stock from \$50,000 to \$125,000.

Rosser—Work resumed at mine of Clearfield Bituminous Coal Corporation.

Seranton—St. Mark's Lutheran Sunday School will be enlarged.

New Castle—Structures on Mercer and Falls Streets site being razed, preparatory to erection of \$750,000 new community hotel.

Dykens—W. Bingham erecting business building on West Main street.

Hazelton—Extensive development of electrical power extensions into surrounding districts under way, by Pennsylvania Power and Light Company.

Bryn Mawr—\$1,000,000 fund raising to enlarge Bryn Mawr hospital.

Huntsdale—New knitting mill is established here, ready for operation, June 1.

Homeville—Ground broken for erecting addition to First Christian church.

Carlisle—Gibbs Preserving Co., of Baltimore, will establish tomato receiving station here.

Westmoreland—The Westmoreland Coal Company makes extensive improvements to local properties.

Lansdale—New street will be opened in vicinity of Werner foundry, to provide entrance to new sewage disposal plant.

Big Run—Penn Public Service Corporation setting poles in downtown section, preparatory to placing new lamps.

Bookway—Work progressing, on new Brockway Clay Co. plant.

Lansford—Penna. Power and Light Company negotiating for purchase of Panther Valley Electric Company.

Chambersburg—J. Sierers Sons' store on South Main street, will be converted into 5-story structure.

Brownsville—Migrs. Light and Heat Company, of Pittsburgh, purchases Greensboro Gas Co., of Brownsville.

Middletown—Middletown Knitting Mill will enlarge plant.

Lebanon—\$33,325 contract let, for constructing fourth unit of sewage-treatment plant.

Mercersburg—New mail service established, between this place and Williamson.

Hometown—Modern filling station under construction, for anthracite Gas and Oil Co.

Greenville—Post office being enlarged.

Home Health Club

WEEKLY LETTER WRITTEN EXPRESSLY FOR THE BULLETIN BY DR. DAVID H. REEDER

LYMPHATICS: That word does not mean much to the average layman. He has heard of the lymph and of lymphatics and, his family physician may have said something about poor drainage of disturbances and organic involvement from colds to fevers but in the majority of cases, unless he is an Osteopathic physician he does not know an awful lot about it himself and this, for the simple reason that outside of surgical references, very little has been written or taught upon the subject.

The well trained Osteopathic physician realized quite fully that changes or disturbances of an organic nature must of necessity involve the lymphatics play a most important part in the maintenance of the normal in nourishment, elimination, secretion, assimilation, etc.

When your baby takes cold, just feel the little lumps down each side of its neck or in the groin. The best text book upon the subject of lymphatics so far supplied to the profession is by former townsman of mine, Dr. Millard, of Toronto, Ontario. I will quote just a few of his statements about the Lymphatics.

"The function, in part, of this system is to purify or clarify the contents of its modules, channels and ducts."

"The enlarged nodes are often at a distance from the point of infected abrasion or tissue poisoning."

"The unstable vasomotors thru lesions, congestion or thickened tissues, throw upon the lymphatics great responsibilities."

"Organic irregularities cause this system to become more or less blocked and taxed from the points of infection to the termination of the ducts."

In another paragraph he calls attention to the effect upon the little lymph glands shown very quickly by a cut and infected finger, a blistered heel or an abrasion of any kind, even a blister between the toes, a corn or an inflamed hang nail.

The importance of such studies was shown during the great influenza epidemic of 1918. The Osteopathic physician emptied the lymphatics of the chest and pumped them, so to speak, dry. Instantly they were refilled with fresh lymph and the resisting power of the patient was increased such an extent that the disease was quickly routed and the patient got well. When treated by the drug method, the lymphatics fought both disease and drugs, sometimes for weeks and could never restore him to his former health.

By the skillful manipulation of the body, an Osteopathic physician has entirely eliminated a "cold in the head" in one treatment and "a cold in the chest" and the prevention of pneumonia in a comparatively short time and no evil after effects will follow.

Many of the old school or drug physicians are now adding the Osteopathic technique to the artemarium. Especially for the treatment of hay fever and catarrhal deafness.

The government recently started paying Omaha Indians \$369,000 which had been owing to the tribe for seventy-four years under a treaty ceding certain lands for settlement. As the payments started, bootleggers, gamblers, and confidence men gathered in the towns surrounding the reservation eager to prey upon the beneficiaries.

HEAT FOLKS



Get the Heat Folks on the job in July, and they'll fix it up with the weather-man to give you spring and summer in your house all the year around.

To be sure of getting the kind of coal you want, at the price you want to pay, call us now.

And we will give you prices that please, service that satisfies and coal without comebacks.

Call the HEAT FOLKS for good, clean coal Daniel M. Wolgemuth 151R4 174R6

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4-6 East Main Street MOUNT JOY



Quality Green Grocery Fruit, Fish, Oysters Clams AT ALL TIMES

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Florin, Penna.

House Painter

When in need of a good job of painting, see me before letting your contract.

PRICES REASONABLE mar. 17-1f

STONE

Before placing your order elsewhere, see us. Crushed Stone. Also manufacturers of Concrete Blocks, Sills and Lintels.

J. N. STAUFFER & BRO. MOUNT JOY, PA.

Kaylor's Garage

General Auto REPAIRING

CAR GREASING A SPECIALTY All Kinds of Tires and Accessories Phone 119R3

Marietta St., Adjoining Groff Bldg.

Our HOT OIL treatments will make your hair grow more luxuriant and lustrous.

You'll be delighted. MILADY SHOPPE 70 E. Main St., Mount Joy

AMERICAN STORES CO. AMERICAN

Where Quality Counts Your Money Always Goes Furthest! Read over this advertisement carefully—it contains many items you need almost every day at very appreciable savings.

Clerks' Summer Half-Holiday OUR STORES WILL BE CLOSED EVERY THURSDAY AFTERNOON AT 1 P. M. DURING JUNE, JULY AND AUGUST

ASCO Sliced Bacon pkg 20c Sugara cured—sliced thin and trimmed of all waste

ASCO Evap. Milk 2 tall cans 19c Richer and more economical than Fresh Milk for Cooking and Baking.

TASTY READY TO SERVE FOODS!

- ASCO Alaska Red Salmon tall can 37c Choice Pink Salmon tall can 15c ASCO White Meat Tuna Fish can 25c Fancy California Sardines big can 12 1/2c Domestic Sardines 3 cans 20c Marshall's Kipperd Herring big can 27c ASCO Beans With Pork 3 cans 25c

Reg. \$1.00 Heavy Gauge Aluminum French Fryer and 1-lb can CRISCO 98c

Special for this week. \$1.25 value—save Twenty-seven cents

Sweet July Oranges doz 35c Rich Creamy Cheese lb 29c

Buy Your Bread Needs Where Quality Counts and Save Those Extra Pennies!

Bread Supreme Big Wrapped Loaf 10c Victor Bread Pan 7c

Victor Raisin Bread loaf 10c

APPETIZING SPREADS AND RELISHES!

- ASCO Peanut Butter tumbler 10c, 17c Hom-de-Lite Mayonnaise 8 oz jar 23c ASCO Sandwich Spread 8 oz jar 23c ASCO Prepared Mustard jar 12c Taste Tells India Relish bot 15c Fancy Stuffed Olives bot 13c, 23c Meaty Queen Olives bot 10c, 20c

Gold Dust Powder big pkg 23c Fancy Hawaiian Pineapple big can 20c

Save Five cents Slices slightly broken

ASCO Coffee lb 42c If you are paying more, you are actually throwing money away. ASCO Blend is the equal of many coffees being sold elsewhere for 55c a pound. Try ASCO, you'll taste the difference and save the difference as well.

Gold Seal Flour 12 lb bag 69c Highest grade milled. For Better Baking use Gold Seal

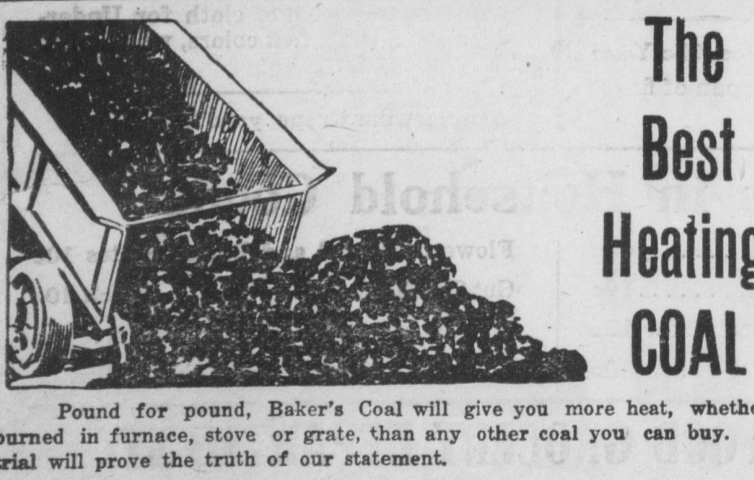
Teas of The Better Kind! Plain Black or Mixed ASCO TEAS

1-4 lb pkg 14c : 1b 55c Orange Pekoe, India Ceylon, Old Country Style, 1-4 lb pkg 17c : 1b 65c

Pride of Killarney Tea, 1-4 lb pkg 19c : 1b tin 75c begin this week and Buy all Your Table Needs at one of Our Stores. You'll be amazed at your Savings

Watch for Our Big Five-Hour Thursday Special!

These Prices Effective in Our MOUNT JOY Store



The Best Heating COAL

Found for pound, Baker's Coal will give you more heat, whether burned in furnace, stove or grate, than any other coal you can buy. A trial will prove the truth of our statement.

F. H. BAKER, Mount Joy, Pa.

Furniture

ARE YOU BUYING SATISFACTION WITH YOUR FURNITURE AND CARPETS? QUALITY AND SERVICE MAKE FOR SATISFACTION. WE ASSURE YOU OF ALL THREE WE ARE DEPENDABLE

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