WEDNESDAY, MAY 19th, 1926

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## THE MOUNT JOY BULLETIN, MOUNT JOY, LANCASTER CO., PA.

Achievements of Past Only Show

Great Opportunity Ahead.

YOUNG AMERICANS

FUTURE BECKONS

The Produce and Live Stock Market CORRECT INFORMATION FUR-NISHED WEEKLY BY THE

PENNA. BUREAU OF MARKETS FOR THE BULLETIN

MARKET: Extremely dull. Com-pared with week ago: Beef steers quality considered weak, 15 to 25c quality considered weak, 15 to 25c lower, top \$9.00, some held higher, bulk \$8.25 to 8.75, nearby ani-mals showing considerable im-provement in quality. Bulls and heifers slow about steady. Cows, weak ostly 25c lower, bulk \$4.25 to 5.00. Canners and cutters steady. Calves steady, top vealers \$14.50. steady. \$14.50. HOGS: Incative. No fresh re-

RECEIPTS: For today's market: Cattle three cars: 2 from Paul; 1 Penna; containing head, 501 head trucked in fi nearby farms, total cattle 585. St. 84 from

Receipts for week ending May 15th, 1926. Cattle twenty-six cars, 22 from Penna.; 3 St. Paul. 1 Ohio; containing 597 head, 1244 head trucked in, total cattle 1841 head: 221 calves, 74 hogs; 73 sheep. Compared with previous sheep. Compared with previous week: Cattle twenty-eight cars, containing 597 head, 1280 head trucked in, total cattle, 1877 head; 223 calves; 357 hogs. 91 sheep.

Range of Prices: STEERS Good to choice \$8.75-9.25 Fair to good Medium to fair 8.25-8.75 8.00-8.25 Common to medium 7.00-8.00 BULLS Good to choice 7.50-8.25 Fair to good Medium to fair 6.50-7.506.00-6.50common to medium 5.00-6.00 HEIFERS Choice to prime Good to choice 8.25-8.7 7.75-8.25 Medium to good Common to medium 4.50-5.75 COWS Good to choice Medium to good Common to medium Canners & Cutters 6.00-7.00 4.75-6.00 4.00-4.75 3.00-4.00 STOCKER BULLS Good to choice 7.00-7.50 Fair to good Medium to fair 6.25-7.00 5.50-6.25 Common to medium 4.50-5.50 CALVES Good to choice 13.25-14.50 Medium 10.00-13.25 5.00-10.00 Common HOGS Heavyweights 13.25-14.00 14.00-14.75 Mediumweights 14.25-14.75 Lightweights Rough stock 10.75-13.25

Lancaster Grain and Feed Market Milling Wheat ..... \$1.40 bu. ..... 75c bu. Corn HAY (baled) Timothy ...... \$16.00-17.00 ton Straw ...... 10.00-11.00 ton Selling Price of Feeds

(Cash at Warehouse) \$37.00-38.00 ton 36.00-37.00 ton Shorts Hominy 36.00-37.00 ton 41.00-42.00 ton 60.00-61.00 ton

cially in the financial field. "The achievements of the past are the groundwork for the opportunities of today and tomorrow," he said "There never was a time when so great were the potentialities of the individual. The world was never so ready and able to pay well for what it wants. For superior service to society under competitive conditions, whether through invention or production or organization or distribution of useful articles, no reward is begrudged, particularly here in America. "Adding to human comfort and hushared, but it is in America that they

have reached their highest development and utilization. The American spirit of useful enterprise, however, does not confine itself within our own borders. It permeates the entire world

and renders great service to peoples other than our own. "Let us pass over America's service to humanity in the war and consider

what is being done now. Largely to rebuild the economic life of a world shattered by the war and its devastating after effects, America has, since the war, loaned other peoples over ten

billion dollars. Last year alone a bilbillion dollars. Last year alone a bil-lion and a half in foreign financing was consummated in the United States. American financial genius has so far readjusted our banking ma-chinery to meet enlarged international

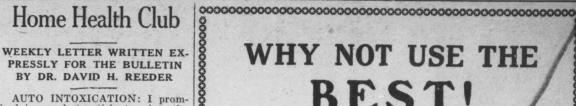
obligations that stupendous foreign loans, such as the \$100,000,000 Dawes plan credit to Germany, are concluded and the books closed after being

open to public subscription only a few minutes. "With our new world viewpoints we in America have many great things yet to do. These things are typical of

the broadminded world viewpoint of American finance. It shows the vision necessary to the men who guide our business affairs today. Certainly there

is an inspiration in this and the great opportunities which await us."

Bankers and business men of the leading towns of Taylor county, Texas, employed a county agent last 44.50-45.50 ton 38.50-39.50 ton spring, and requested that he vigorously promote boys' and girls' club Cottonseed 41 pc. 44.00-45.00 ton Dairy Feed 16 pc. 33.00-34.00 ton Dairy Feed 18 pc. 38.00-39.00 ton activities. As a result of his work over 300 club members were enrolled. Work is being concentrated this year



AUTO INTOXICATION: I prom-ised in my last article to give the 3rd and 4th weeks special elimina-tion diet prescribed by the famous Doctor Wm. F. Koch for the pre-vention of cancer, because it is an elimination diat. It detoxicates or Great events of the past quarter century which lead some young men to complain that all the big things have elimination diet. It detoxicates or throws the poisons out of the sysbeen done, leaving no opportunity for them, as a matter of fact only go to

The previous article gave the show that even greater opportunity diet for the first and second week. THIRD WEEK: Whole fruit and today lies ahead of them, F. N. Shepherd, Executive Manager of the Amervegetables, either raw or cooked. vegetables, either raw or cooked, may be eaten. The more raw food, used, the better. Salads, vege-tables and fruit puddings prepared as follows may be eaten. For salads, use lettuce, celery, chopped or grated carrots or turn-ips (or both) and chopped apples, pears or pineapple. Use no dress-ings A large plate of this more here. ican Bankers Association; recently told members of the American Institute of Banking in New York. After reviewing the outstanding accomplish-

ments in science, industry and finance during the last twenty-five years, Mr. Shepherd emphasized the reward given ings. A large plate of this may be eaten daily. men of achievement in America, espe-

The vegetable soup is made in the same manner as the vegetable liquor for the second week, we the exception that less water with used in cooking and the vegetables are now eaten and not strained A pint or more may be eatout. en\_daily.

To make the fruit pudding, chop 1-4 pound of figs or dates and 1-4 pound of raisins fine and simmer over the fire for a few minutes; over the fire for a few minutes; add to this three or four fair sized unpeeled apples cut up fine and a little more water. Cook un-til the apples fall to pieces. Add "Adding to human comfort and her ho sugar of bavoring functions man needs, these things make life This gipes a delicious nutritious finer and hetter. The world has dish of which a whole meal can be dish of which a whole mean can be made. If desired, a few pecans ground in the meat grinder, or an ounce of peanut butter mixed with a little water to a cream may

be added to this pudding just be-fore removing it from the fire.' FOURTH WEEK: Milk, cream, cereals (whole and chicken may be added to the diet. The cereals should be extended to the diet. ould be eaten raw without milk. They must be thoroughly mixed with saliva before being swallowed. Vegetables, tubers such as turnips, ets, parsnips and potatoes (baked or cooked with the jackets on) may be eaten. Patients must remember that acid fruits, or salads with an acid fruit dressing are not to be eaten provided the general

ience

All readers of this publication are at liberty to write for inform-ation upon any subject pertaining to health. Address all communications to Dr. David H. Reeder, 3131 Main street, Kansas City, Missouri, giving full name and address and at least sir cents in postage.



WHY NOT USE THE BEST! Consumers of Milk and Cream will be interested to know that by a careful test by Dr. Mitchell, of the Lancaster City, Board of Health, the Milk of my Dairy tested as follows:

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## 84<sup>1</sup> Percent Perfect Butter Fat 3.70 Solids, 12.30 T. B. Test 96 Percent

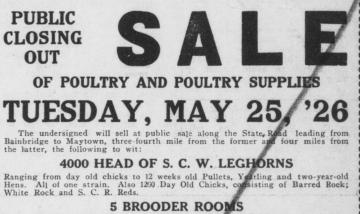
Of the 43 dealers supplying milk in Lancaster City, I had the highest T. B. test, the highest solids test, the highest bacteria test, the highest perfect test and was third in butter fat.

I handle milk from twenty-two of the best dairy herds thruout this section. These are facts, and a visit to my place of business here will convince you that I have one of the most modern and anitary milk stations to be found.

When You Buy Milk and Cream Buy



MOUNT JOY, PA.



No. 1-Building, 10x16 ft.; No. 4 and 6 are two skids, with double floors; No. 7 and 8-Building feed and coal bins built in. 0 10x12 Buildings, attached on 12x30 ft., with double floors;

## 6 NO. 19 BUCKEYE BROODER STOVES

IN NO. 1 CONDITION home-made Wooden Chick Feeders, also Log Galvanized Feeders, Gal-Fountains, Earthen Fountains, los of Star Fountains with Stars; lot ooden Water Troughs, lot of 1-24m, mesh Wire, 15 in. by 15 feet for hovers; 6 Awnings for around wire for cold weather, some Netting. -4 inch Water Pipes, one Scalding Trough. vanized Long W



