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which is doing such wonders e an electric ray machine skin diseases, that I sincer ely felt it was my duty to ablic know about it.

electric rays are perfectly safe; no ill effect can bepatients who are exposed to the rays. will see an improvement right from the first treatment.

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31x4 Jurray Cord	\$20.00
isk Cord (used)	\$ 5.00
S. Cord (fixed)	\$15.00
	\$15.00
	\$12.50
	\$10.00

# ANCK SCHOCK

E BROTHERS CARS Mount Joy, Pa.

in The Bulletin

### Produce and Live Stock Market

RECT INFORMATION FUR. SHED WEEKLY BY THE PENNA. BUREAU OF MARKETS FOR THE BULLETIN

losing moderately active. Betteeling on all classes of Killing 9k. Comparisons with week ago: If Steers strong to 25c higher, arday's top \$10.00; bulk of sales 25-9.00. She Stock and Bulls sing full advance. Stockers and iders firm, most sales 25c higher, k \$6.50-7.25, sea 1. Calves firm, top ts higher. Hogs ther, top western 1.75, bulk 3.25-13.50. Receipts for Saturday's market:

Receipts for Saturday's market ttle, 25 cars: 14 Chicago, 4 Pa., Va., 2 W. Va., 1 Canada and 1 wa, containing 624 head, 377 hogs,

Receipts for week ending January 1926: Cattle, 55 cars: 21 Chicado, 9 Va., 8 Pa., 4 St. Paul, 3 Iowa, W. Va., 1 Canada, 1 Buffalo, 1 Louis, 1 Tenn., 1 Ky., 1 Ind., 1 Caro., 1 Mich., containing 1423 and. 27 Calves, 625 Hogs, 319 the process of the compared with week previous Cattle, 60 cars containing 1614 sheep. Compared with week prevous: Cattle, 60 cars containing 1614 36 Calves, 1627 Hogs.

Post-Holiday Trade Active Trading was fairly active on the Philadelphia fruit and vegetable market after the Holiday lull. Oferings were liberal and there as a good movement of most ines, according to the State and

Federal Bureau of markets.
Fancy A 2½ inch Pennsylvania apples topped the market selling as high as \$7.00 per barrel. The as figh as \$7.00 per barrel. The market generally ruled steady and most varities sold at unchanged prices. Cabbage was firm, altho with several fresh cars prices were not as high as those established last week. Celery was in moderate demand and desirable stock brought higher prices Christy week. brought higher prices. Onions were in fairly active demand despite

the heavy supply.

Florida spinach showed a wide the market was easier. Pennsylvania mushrooms weakened slightly but cranberries held steady. Sweethers were in moderate. potatoes were in moderate supply and steady. The white potato market was firm and the demand moderate. Penna. round white ranged from \$7.00 to \$7.25 per 150 pound sack, with bulk stock selling at \$4.50 to \$4.75 per 100 pounds

### Range of Prices:

	Good to choice	89.50-10.50
	Fair to good	75-9.50
	Medium to fair	75-8.7
	Common to medium	0.50-7.75
1	BULLS	
1	Good to choice	6.50-7 25
1	Fair to good	5.75-6.50
١	Medium to good	4.50-5.7
١	Common to me	4.00-4.50
ı	HI WAR	

Good to choice	6.00-7.0
Medium to good	4.50-6.0
Common to medium	3.50-4.5
Canner. & Cutter	1.75 3.5
STOCKER AND FEEDER	STEER
Good to choice	8.25-9.0
Fair to good	7.25-8.2
Medium to fair	6.25-7.2
Common to medium	4.50-6.2
STOCKER BULLS	S
Good to choice	6.25-7.2
Fair to good	5.25-6.2
Medium to fair	4.50-5.2
Common to medium	4.00-4.5
CALVEC	

Good to choice Medium 13.25-15.00 Common 5.00-10.50 Heavyweights 13.00-13.50 12.75-13.50 Mediumweights ightweights

Lancaster Grain and Feed Market 

 Milling Wheat
 .\$1.65 bu.

 Corn
 ...
 75c bu.

 HAY (baled)
 ...

 Timothy ..... \$17.00-18.00 ton Straw ..... \$11.00-\$12.00 ton

Selling Price of Feeds Bran \$38.00-39.00 ton 38.00-39.00 ton 41.50-42.50 ton 43.50-44.50 ton \$58.00-59.00 ton Middlings Gluten 50.00-51.00 ton 41.00-42.00 ton

Alfalfa (Regular) 42.00-43.00 ton Affalfa (Regular) 42.00-43.00 ton Cottonseed 41 pc. \$47.00-\$48.00 ton Dairy Feed 16 pc. 37.50-38.50 ton Dairy Feed 18 pc. 42.00-43.00 ton Dairy Feed 20 pc. 44.00-45.00 ton Dairy Feed 24 pc. 49.50-50.50 ton Dairy Feed 25 pc. 52.00-53.00 ton Horse Feed 85 pc. 45.00-46.00 ton Alfalfa Meal(Fine) 46.00-47.00 ton

### **NEW LINEMAN**



Telephone Company of Pennsylvania linemen run new circuits at Norris own recently, decided to imitate them He climbed one of the poles and had to be coaxed down again by his

## Hall's Catarrh Medicine will do what we claim for it—

PENNSYLVANIA DUTCH

What Shwilkey Bumblesock Has To Say This Week



bringa, ich muss dere widder shriva. Mere hen so en grosse tzeit g'hot de ledsht woch doh om Barrick os de gons nuchbershoft uff ga-reared is. Es wore en "Karriche Fare," un es hut now boomerawlishe socha gevva. hut now boomerawlishe socha gevva.
Du waisht mer hen shunt long druvvel g'hot mit em Porra Mohler sime loo. De g'mae cons nimmy uff maucha. De gleeder sawga are is ous-ga-shpeelde. Are hut shunt dri mohl si barl full breddicha 'esunnersht-eversht gagraid, der budda rous g'shloga un widder unna awnorm si bari full breddicha esun-nersht-eversht gagraid, der budda rous g'shloga un widder unna aw-fonga laesa. Un es shlimsht is are muss laesa mit tswae finger. Won are ushst mit ame finger noach gait don farleered are sich we do Kinner Iserawl in der wald un es nembt ene fartzich yohr far si wake rous finna. wase ken salicher mensh wos si text wore. De oldta hardt-shofficha bower, woo ga-used sin olla more. er, woo ga-used sin olla morga on fier uhr uff shtae, shlofa, ei un schnorixa os de benk donsa, de maid un boova shmisa shofe-awga nuchannoner, un de glaena kinner schwenka de bae unich de benk henannoner. kinner in der ceiling fun der oldta karrich.

on we schware os se sin), ludderee tickets, un in fact olles os en poker game—wile se so barmlichs drunna sin uff korda shpeela. Awver sel wore net oll. Wos es mensht drufl ga-tzaeled wore far geld ei-bringa wore es supper game. Se hen en hap uff g'henked un en glae luch ne g'schnitta. De monsleit sin hinnich der hap g'shtonna un hen era nawsa dorrich g'shtecked. Es weipsmensch woo es arsht ga-gassed hut wem s naws os se is wore em mon si pardner far supper woo de naws ga-agen ed hut. Es is olles recht gonga his der Mike Hetzel hinnich der curtain g'shtepped is. Are is wid-mon un wore der drit mon. Now der Mike is about der ublesseerlicht mon om onsa barrick. Are hut arem em nunner henka bis on de wauda en kup we en kolbasht, en mowl we en karrich-hofe, fees we en commale un hend we misht-hoka. Es shlims fun oll is, are hut en wartz uff der naws so grose os en hosselniss un de hut en dutzent barsht druff en holl tzoll long. De de naws dorrich der ha pcooma is sin de weipsleit shie umechtich worra. Un es shlimsh wore es hut kens wissa wella tsu

umechtich worra. Un es snimsn wore es hut kens wissa wella tsu wen os des gadeer kared wile se net mi em agener derfun nuch em dish hen wella. Se hen oll declared ed se wista net wem se ware. Galoga! Haryom mer! Ich hob net gawist os so fee linger om barrick sin. Un oll de leega far om Porra Mohler si loo raisa. Se hen oll g'saena os won net ebber boll ebbes doot don geba hoodleri. Doh wore now ga-wis amohl en mish-mosh. De Bixlery hlt declared se daid net mit em Mike Hetzel noach supper gae won's de karrich uff-brecha daid. De Ann Biffe oyer hut g'sawd se wet lieve der gretz hovva, un so hut yades g'shtritta bis endlich is de Polly uff shtonna unhut g'sawd:

"Im nawma Guttes, es is em—" "Im nawma Guttes, es is em-"Unnershtae dich," hov ich g'-sawd un se hut sich widder he g'-

setzed. Endlich hut de Bixlery sawd se daid moofa mere da sawd se daid mooia mere daida des game uff gevva un mit unsera agena menner noach supper gae, un se sin oll ob-g'sshtart un der Mike shtae lussa mit der naws im hap, un ich denk are shtaid nuch dart—are is anyhow net ni cooma far supper. Mer hen bouen goot supper g'hut. Mer hen en grosser welch-hawna ga-roast g'hot un se supper g'hut. Mer hen en grosser welch-hawna ga-roast g'hot un se hen mich draw far en "carva" im Fennsylfawnisha Leitscha wake un ich hob ene nows tsu meim dellar ae bae ob-g'schnidda far mich un es onner for de Polly un ene derno widder tzurick g'shtelt un hob g'sawd.

"Now helft eich selver. Sell is der Pennsylfawnish Deitsch wake far om dish ob-words." Noach supper hen mere en

Noach supper hen mere en line duch ivver de weipsleit g'henked so os nemond se gakent hut, un no hen de monsleit se dricka darfa far en fardle dawler. Now, du konsht dere net ei-bilda we shtarrick os des en Porra Mohler si loo uff-maucht hut. Du waisht der Sam Seeshuls is en wid-mon. Are hut shunt elf yohr nix tsu der karrich gevva, un on sellem game hut are wise-der-freeda dri dawler un-a-tardle ni ga-blosa. We my un-a-rardle ni ga-blosa. We my tzeit cooma is hov ich my fardle in ga-cmpped un uff-g'shtepped far my "drick." Ich hob bout en neice Leet g not. Ich hob g'maned ich net de Lissy Hulsopple, en shaen-sht maidel om barrick, un ich hob evva ga-dricked un ga-dricked—ol le wile aw-ga-lust os wo nich vist ware ich het bis endlich de leit awfonga locha un ich hob g'saena os se uff meim game sin, un we ich's line-duch runner ob don wore's, by-em-shinner, de Polly!

Se hut mere usht ae gook gevva un ich feel de gons tzeit sidder os won ich dorrih en longe gronket

De "Fare" is gli dernoach uffrid your system of Catarth or Deafness ga-brucha un mere sin hame, un sidder is der gons barrick uff-rearish. De oldta maid woo shunt far tswonsiel yohr nimmv ga-dricked sin warra wella nuch en "Fare"

## Home Health Club

WEEKLY LETTER WRITTEN EX-PRESSLY FOR THE BULLETIN BY DR. DAVID H.\ REEDER

FAT FOLKS: A regular reader of my Health articles writes me about her weight. Her husband is thin and she is fat, wants to know what the trouble is, as near as she can tell they both like and eat the same things. A bit of information on the subject.

"When you were normal wabout 120, did you ever try to vey 70 pounds of flow or sugar vey 70 pounds of no a chunk of a boy u. Why no, I cov carry 70 pounds let alone up a sty s. "Well, that it dust the country avery de u.c.

doing every de it gives you no instead, prevents ur muse from doing their work the greatest ease."
"But what makes me so fat, doc-

tor, I don't eat early so much as my husband and he is as thin as a rail?"

quantities of saliva. I happen to know that he drinks his coffee after he has finished eating. He digests starches perfectly. He doesn't eat candy and uses little sugar. His muscles are as hard as iron and his elimination is good. He always eats

years."

"You, on the centrary, do not secrete much saliva, which is an alkaline secretion, and you make it worse by drinking your coffee and several glasses of water in order to wash down your food. You do not wash down your food. You do not wash down your food. schwenka de bae unich de benk hen-ka de kep hinna uff de sitz un wat-cha de weshpa dreck-neshter bowa cannot digest starch. Nearly everything you eat is starch, sugar or fat. You eat cream and sugar in your coffee. Lots of butter on your bread and you eat lots of candy in der ceiling fun der oldta karrich. Se wara ene garn lose awver are wase en goot ding won are's saed. Are mauched en gowlish goot gabade un is dere besht handshaker os si laeva om Barrick wore.

Well, we ich g'sawd hob, se her druvvel far si loo uff-maucha, un far des hen se en "Karriche Fare" g'holda, un ich un de Polly sin onna. Se hen olla sort games g'hot far bensa fonga. Fish-pond, koocha weega (far saena ware's naixt gessa on we schware os se sin), ludderee

"Well, what can I do, doctor. I simply can't live without my good, home-baked bread. I take the prem ium every year at the fair for the finest and whitest looking loaf, and the taste is so good."

"Think you cannot only live without your white bread, but you will enjoy life much more. Just try aying off that 75 pounds of white starch or flour that you have been carrying around in the form of fat and see how much more abundantly you can live."

I received a letter this morning from a fat woman, no excuse me, a woman who was very fat six months ago and is now so proud of herself that she sent me two photographs to prove the difference, and in letter she says she feels so 1 and strong, she cannot resist taking long walks and can climb the steep-est hills with ease. Now isn't that worth while?

I know a man and wife who put themselves in normal health and weight over 30 years ago and neithweight over 30 years ago and neither of them has gained or lost in weight at any time since. The greatest variation has not at any time exceeded two pounds, and when they started to eat right the man was skin and bones and supposed to be dieing of cancer while the woman was called a rolypoly. to be dieing of cancer while woman was called a rolypoly.

woman was called a rolypoly.

It is hard for people who have not the will power, to change their habits of eating, but anyone can who will. The one thing against which I must caution all fat folks, is drugs. Do not under any circumstances, take any form of so-called s drugs. Do not under any circum-stances, take any form of so-called arti-fat medicines. Eat right and liminate waste and your weight vill be normal.

All readers of this publication are at liberty to ask questions per-taining to health Address all leters to Dr. David H. Reeder, 3131 lain street, Kansas City, Missouri iving full name and address and at east six cents in postage.

### LOW GRADE FERTILIZER BAN EFFECTIVE JAN. 1

amendment to the State The amendment to the State Fertilizer Law, passed at the last session of the Legislature, which prohibits the sale of extremely low grade fertilizer, will become effective January 1, 1926, Secretary of Agriculture, F. P. Willits, warns all fertilizer manufacturers and depleve the beauty familiar, with dealers to become familiar with the provisions of the new law.

The law as it now reads prohibits the sale in Pennsylvania of any mixed fertilizer or mixture composed of two or more ingredients containing less than 14 per cent of total plant food. It like-

to make purchases. Still another feature is the fact that the law as amended will enable farmers desiring to purchase fertilizer for to bacco to have the assurance that such special brands will not in clude potash in the form of chlorides. This is extremely important since it has been demon that potash in the form of ides in fertilizer injures the burning quality of tobacco.

hovva un de monsleit sin aw drin derfore, awver de g'hireda weip-sleit si ndrunna druff we en dow-send bocka-stae. Farwass wase ich et-awver con sich ei-bilda. t dawg wora oll de der nuchbershoft bissy bouch-wae druppa ousduckter result fun tsu feel ice-"im nawma Guttes" em Porra Mohler si loo



YOU are likely to abuse the battery in your car these hot days. Like the horse, it needs a drink. It is also easy to overfeed a battery in hot weather, and overfeeding (over charging) will burn it up. Regular inspection by men who know will keep it fit. Longer life and more dependable service will be the reward.

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