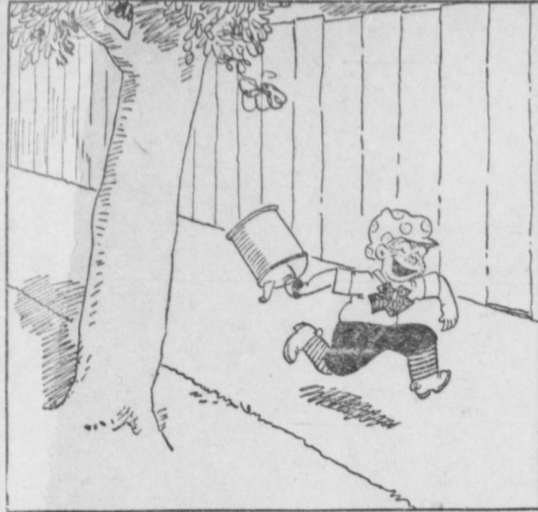




MICKIE, THE PRINTER'S DEVIL



THE Wingert & Haas Hat Store. Largest line of SUMMER HATS. Caps and Gloves. In the City PLAIN HATS A SPECIALTY. JNO. A. HAAS, Propr. 144 N. Queen Lancaster, Pa.

THE FLORIN HEAT FOLKS



If you want to try the one surest way to start the day wrong, just shiver down to breakfast the happy cold morning and face the wife with the admission that you have neglected to order Winter's supply of Heat Folks. She'll make it hot for you, but in a way that arouse any warm feelings in the heart of a man. Yet, it's coming to you, old man. You know you'd need coal. You meant to order. But you put it off. If you get caught this way, instead of going in to breakfast, you'd better sneak out the back door, and

Call the HEAT FOLKS For Good, Clean Coal Daniel M. Wolgemuth FLORIN, PENNA. Phone 151R4 Mt. Joy Exchange

Home Health Club

WEEKLY LETTER WRITTEN EXPRESSLY FOR THE BULLETIN BY DR. DAVID H. REEDER

LIGHT THERAPY: It is claimed by some of those most experienced and skilled in its use that light is the most powerful therapeutic agent known to man.

Without sunshine we have no light, growth, color or heat. Light itself which is the visible rays of the spectrum, constitutes only 13% of the rays sent out from the sun.

The violet rays which are invisible to us are only 7% of the rays of the spectrum and power claim that they contain the heating power of sunshine, but again we find that we can be deprived of the violet rays and continue to exist.

As there are only three rays of the spectrum and these are the invisible violet and the visible light constitute when combined only 20% of the total.

Away down in the black depths of the ocean caverns, animal life is found that never saw light, yet the wonderful penetrating power of the infra or super red vibrations have penetrated to their dark homes and caused growth.

Underneath deep banks of snow and ice, flowers bloom by reason of the super red vibrations and if our bodies are left uncovered in the bright sunshine, we suffer with the heat. The ultra violet rays of the spectrum immediately seek to protect us by covering the exposed body with a coat of tan, and it works so rapidly and vigorously that the tender skin is blistered, literally cooked and the delicate scarf skin destroyed, so that it peels off but it leaves a tough and hard coat of well tanned skin which protects us from the fierce heat in the future.

The red rays can penetrate most deeply through black, which readily tells us why a person wearing black suffers more with the heat of summer than one wearing tan or white. It is unthinkable that the sun is a great ball of fire which gives off heat like a stove or an open fire. If such were the case, the mountain tops should be very hot. The nearer one gets to the fire the greater the heat, but the nearer one gets to the sun the colder it is, and between us and the sun are millions of miles of cool air, and a man could not exist in it. But when the vibrations of the red rays of the spectrum have reached just the exact degree necessary to produce warmth, growth and life, these exist, various elements and chemicals are formed and in them we thrive. If the vibrations of the three rays of the spectrum are supplied with air and water in abundance we have abundant life. Our food is made up of air, water and sunshine. These three work together just as the three rays of the spectrum work together and if you deliberately shut out any of these elements from your body, then you are not living up to your natural privileges. You are starving yourself and thus it is that the doctor who sensibly determines which element is lacking and supplies it through sun baths, water baths, or light and color baths, will most quickly restore you to health.

All readers of this publication are at liberty to write for information upon any subject pertaining to health. Address all such communications to Dr. David H. Reeder, or Home Health Club, LaPorte, Ind., giving full name and address and 6c in postage.

SOUR KROUT SURE WILL BE VERY PLENTIFUL

On the first day of this month began the delivery of cabbage and this will now continue. It will be the most extensive crop the county has ever grown. The great fields of cabbage which can be found in any section, to some of the visitors in the county are a curiosity and when told that it is going into sour kroust, one of them remarked that he saw a posted that Lancaster county had taken the contract to furnish the rest of the world with kroust. Like many other things, this county has built up quite a reputation for the quality of the kroust made, and it is in demand from many sections.

You may as well try to conduct your business without capital as to try and get along without advertising. There's no use, it won't go. All the leading and most successful merchants use the columns of the Mount Joy Bulletin.

WILLITS GIVES INSTRUCTIONS ON MILK TESTING LAW

Farmers who sell milk on butter fat content basis are now afforded protection never before available. The new milk testing law, effective since August 4, requires that the testing be done by licensed testers and also that such tests shall be made at least once every sixteen days.

These composite samples, which are required to be analyzed, must be carefully preserved, representing each of the daily shipments of milk received at the plant or place of delivery, kept in an airtight bottle, plainly labelled with the producer's name and numbered and kept in a rack or container with the dates when they were sampled as delivered. It is further required that after such samples have been tested their residues shall be held intact, and in condition suitable to test for a further period of not less than ten days in order to permit second or check test to be made in case of controversy.

It appears that in some instances these samples have not been properly kept in the place where the tests were made but have been transported from one place to another, resulting in loss of samples, making it impossible for re-checks to be made. In order to carry out the provisions of the Law in this respect F. P. Willits, Secretary of Agriculture, has issued orders that all such composite samples shall be tested on the premises by a competent licensed tester where they are taken from the producers' shipments. Any one, therefore, who fails to comply with this provision of the Act will be held accountable under the penalties for violation. Under special conditions, where the testing can not be conveniently done on the premises where the sample is taken, permission may be given to make the test elsewhere upon special request to the Department.

RESTAURANT OWNERS FINED; VIOLATED MILK LAW

Twenty-three restaurant and room proprietors have been prosecuted and fined \$25 each for serving milk in violation of the law, effective since May 25, 1925, requiring milk to be served in the bottle in which it is supplied, not dipped from a bulk supply. Each violator paid a fine of \$25. In eighteen of the twenty-three cases, the milk was also found to be low in butter fat and total solids. The law requires a minimum of 3.25 per cent butter fat and 12 per cent total solids.

In a statement explaining the provisions of the milk container law, J. W. Kellogg, director, Bureau of Foods and Chemistry, State Department of Agriculture, says: "This law provides, among other things, that milk served for drinking purposes in eating places must comply with the standards for milk fixed by laws of the Commonwealth but that it must be served in the bottle in which it is sold and the milk is supplied to the hotel or restaurant. This means that any person found serving milk in a public eating place for drinking purposes from a milk supply is liable to a fine of \$25 to \$100 or imprisonment from 30 to 90 days. The law makes sure that the consumer is not served milk below the standard in butterfat or milk has been dipped or pumped from a bulk supply in an unsanitary way."

STATE ISSUES CROP AND LIVE STOCK REPORT

The Pennsylvania crop and live stock report for 1924 is now available for all persons interested in the agriculture of the State. The statistics have been compiled and published by the State Department of Agriculture, at Harrisburg as Bulletin No. 409.

Crops produced in the State reached the highest value in 1924, since 1920, with an estimated total of \$285,758,000, according to the facts revealed in the bulletin. The five leading crops in value per acre among the principal farm crops were tobacco, potatoes, corn, tame hay, and wheat.

Live stock, excluding poultry, was estimated to be worth \$150,705,000 on January 1, 1925, a decrease of \$6,379,000 during the year. The poultry industry showed expansion with an increase of over 1,000,000 in number of birds and an increase of over \$2,000,000 in total value. The number of turkeys was placed at 16,954,731 in 1924 as compared with 15,870,145 in 1923.

MADDEN THROWS LIGHT ON GOVERNMENT OWNERSHIP

Martin B. Madden, Illinois Representative in Congress, Chairman of the House Committee on Appropriations, watchdog of the Treasury and a leader in the tax reduction program in Washington, is addressing a 12-state Western Taxpayers' Conference at Portland, said in regard to government operation of business:

"Governmental agencies are not qualified to operate any business out of which any profits are to be made. Patronage to pass out, the demands of influential friends to satisfy, and the continual upbuilding of political prestige at public expense are the things that account for most of our governmental troubles."

Referring to the attempt at government ownership of an American merchant marine, Mr. Madden used the United States Shipping Board as an illustration. He explained how the sudden requirements of the country when plunged into the world war had thrown it into the shipping business. At the close of the war the government had 437 ships but then someone conceived the idea that the government ought to go into the shipping business and make the United States the greatest maritime nation on the face of the earth.

"Not satisfied with the 437 ships we had, and which we didn't know what to do with, we got busy and built a lot more so that pretty soon we had 2300—some of which wouldn't float. These cost us over \$3,000,000,000. There was not a member of the Shipping Board who knew anything about operating ships and if there had been it probably would not have helped matters much, for there were 531 men in Congress that had 531 different ideas of just what should be done."

"Now I am heartily in favor of perpetuating American merchant marine. I am in favor of doing it even if we have to give these boats away. I found that it was costing more than \$50,000,000 a year to take care of these boats, only one fifth of which we were using at all. It was costing the major portion of this amount to keep the boats we were not using and had no earthly use for, afloat. We have succeeded in cutting our annual loss down to \$36,000,000, but we still have to pay out \$24,000,000 of this to keep ships afloat that aren't in use. My idea is to get rid of them so we can keep the American flag afloat."

In this brief sketch of the nation's experience with government ownership and operation of ships, Mr. Madden told the whole story of such ventures which, of necessity, are subject to political management. No more striking object lesson could be placed before the American people to guide them away from such undertakings.

Happier Lives

In an address before the students at Camp Wilkins, Athens, Georgia on the subject of agricultural education and the necessity for applying scientific methods to farming, H. M. Atkinson, Chairman of the Georgia Railway and Power Company, said:

- "My company realizes that agricultural and industrial development go hand in hand. Industry furnishes the home market for the farm product. It is my sincerest desire to make electricity available for the farm. Some of the results of this would be: 1. Greater use of machinery on the farm. 2. Substitution of mechanical for man power. 3. Greatly increased production per man. 4. Conservation of human life and strength. 5. Greater comforts and conveniences on the farm. 6. Less drudgery in the home. 7. Greater opportunities for recreation. 8. Greater attractiveness and interest to farm life. 9. Farm and country life will become more desirable than city life. 10. The mechanical problems will interest the young men and keep them on the farms. 11. Happier lives.

"I want to call to the attention of you young farmers the importance of exercising your privileges of citizenship and your duty to vote. It is vital that you, as farmers, take an interest in government affairs. You should see that the right men are elected to office and that taxes are reasonable and not so excessive that they will decrease rather than increase revenue by driving industries and citizens out of the state."

The citizens of Washington, D. C. cannot vote because they are not citizens of any state and the District of Columbia is governed directly by the Federal Government, there being no elective offices.

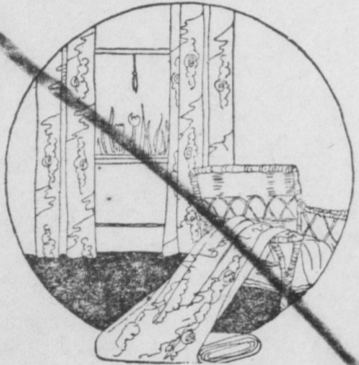
Scientific settlement of Australia is proved by a plan which it is believed will place, within the ensuing ten years, 450,000 assisted migrants from the United Kingdom.

Something to Laugh At



NEW IDEAS IN HOME COMFORT FOR SUMMER

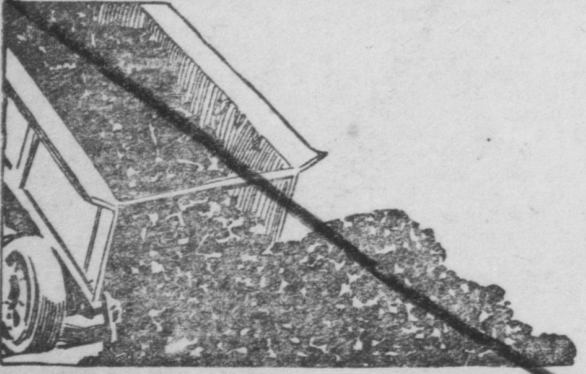
Summer is the one time of the year when home enjoyment depends upon the furnishings. Here are new ideas for making your home more comfortable for the warm days.



NEATLY DESIGNED DRAPES FOR EVERY ROOM IN THE HOME. Fix up the dining room for the warm weather. Food will taste better, and appetites will be tempted by new summer-weight drapes.

H. C. BRUNNER

West Main Street, MOUNT JOY, PENNA.



The Best Heating COAL

Pound for pound, Baker's Coal will give you more heat, whether burned in furnace, stove or grate, than any other coal you can buy. A trial will prove the truth of our statement.

F. H. BAKER, Mount Joy, Pa.

Crushed Stone \$1.40

Delivered to Mount Joy

Penn Lime, Stone and Cement Co. Rheems, Penna.



THE NEWEST STYLES OF BOBBED HAIR

Whether you are having your first bob, or are getting it retrimmed, you want it cut in the latest style. We specialize in hair work, hence you are assured the correct cut when you come here.

- Shampooing Shingling Bleaching Marcelling Singeing Dyeing Bobbing Massage Waving Facials Special Hair Treatments

Garber's Certified Shop 70 E. Main Street, MOUNT JOY, PA.

FOURTH ANNUAL MT. JOY COMMUNITY EXHIBIT

Oct. 22-23-24

A Haircut Every 10 Days

a formula for good looks

LADIES' AND CHILDREN'S HAIR BOBBING

Agent for Manhattan Laundry.

Hershey's Barber Shop MOUNT JOY, PENNA.