

The Produce and Live Stock Market

CORRECT INFORMATION FURNISHED WEEKLY BY THE PENNA. BUREAU OF MARKETS FOR THE BULLETIN

Lima Beans & Tomatoes Stronger
New Jersey Lima beans and tomatoes showed a weaker tendency today and sold at higher prices, according to the State and Federal Bureau of Markets. String beans moved slowly at a weak market. Cabbage, carrots and peppers showed a weaker tendency. Blackberries were in light supply and higher. The onion market was more active under moderate offerings. The lettuce market was firm with an improved demand. Sweet potatoes met a more active demand at unchanged prices. The potato market was steady with U. S. No. 1's ranging from \$3.50 to \$3.65.

Egg Market Easy
The Philadelphia egg market was easy with extra firsts quoted at 36c per dozen and firsts in second hand cases at 32c. Receipts in Philadelphia on Wednesday totaled 2820 cases. Pennsylvania furnished 227, Virginia 74 and Indiana 815.

Fruits & Vegetables Pleasant
Fresh receipts of homegrown fruits and vegetables were fairly liberal on the Philadelphia market this morning. The market on most lines was steady. Apples sold slowly but blackberries were in light receipt and moved at higher prices. Grapes were scarce and the market steady. Huckleberries and raspberries were slightly stronger. Extra fancy peaches were higher and the market was steady under heavy supplies. The potato market was steady and prices for New Jersey U. S. No. 1's ranged from \$3.50 to 3.75.

Sweet Potato Market Stronger
Sweet potatoes sold at higher prices on the Philadelphia market this morning due partly to the improved quality of the offerings. Supplies were limited and the demand improved, according to the State and Federal Bureau of Markets.

Watermelons were slow and lower in price. Nearby peaches were in light supply and the market dull. Cantaloupes, cucumbers, corn and spinach were weaker. Apples and tomatoes held steady. Huckleberries showed a weaker tendency.

Potato Markets Unsettled
The Eastern potato markets were unsettled and the demand slow, according to the State and Federal Bureau of Markets.

Prices on New Jersey Cobblers ranged from \$3.75 to \$3.85 in Philadelphia, \$4.10 to \$4.25 in Washington and in New York most sales were made at \$3.50. Shipments for the country on Wednesday totaled 545 cars, of which number Pennsylvania forwarded 6, Minnesota 101 and New Jersey 82.

Nearby apples were firm on the Philadelphia market and continued to sell well. Blackberries were in light receipt and prices were slightly higher. Grapes were weaker while fancy watermelons were a little stronger. Cabbages, lima beans, cabbage, corn, cucumbers and tomatoes were weaker.

Feed Markets Quiet
The feed markets are quiet with wheat feeds slightly firmer and fewer offerings from Western markets. There is little interest among interior buyers at present prices. Cottonseed Meal market is quoted at 50c per ton lower, with no improvement in the demand for the new crop. Linseed meal is fairly firm but there is no inquiry for deferred shipment. Corn feeds offerings are rather heavy, the demand is fair with yellow hominy feed rather weak.

MARKET: Beef steers steady compared with weak goods, and choice grades 25c to 30c higher, spots up more, quality mostly plain bulk \$7.50 to \$8.50. Bulls, she stock and canners slow, about steady. Stockers and feeders in moderate supply, fair movement, bulk \$5.00 to \$6.50. Indications point to a liberal run of medium light weight stockers Monday. Calves closing steady top vealers \$14.00.

HOGS: steady, demand light, top Westerns, \$15.50.
RECEIPTS: Receipts for today's markets: Cattle 53 cars—17 Chicago; 12 Virginia; 8 St. Paul; 5 Tennessee; 3 Canada; 2 South Omaha; 1 West Virginia; 1 St. Louis; 1 Indiana; 1 Michigan; 1 Kansas City; 1 New York, containing 1675 head, 71 Calves, 190 hogs.

Receipts for week ending August 29, 1925: Cattle 264 cars—82 Virginia; 6 St. Paul; 29 Chicago; 7 West Virginia; 17 Iowa; 11 Tennessee; 7 Kentucky; 6 South Omaha; 6 St. Louis; 5 North Carolina; 3 Canada; 2 Pittsburgh; 2 Michigan; 1 Penna.; 1 Kansas City; 1 New York, containing 8323 head 319 calves, 427 hogs, 121 sheep.
Wheat Shipments Lighter
Shipments of Pennsylvania wheat arriving in Philadelphia and Baltimore during the latter part of August were lighter than earlier in the month, according to the State and Federal Bureau of Markets. Lancaster county continued to be the heaviest shipping section and has rolled approximately 134 cars. The movement from York County is increasing with about 15 cars reported. The wheat from this section of good quality with 11 of 15 cars grading No. 2 Red Winter. During the past two weeks there has been considerable wheat containing Angoumois Moth. The percentage of Sample Grade wheat is lower but cockle and galls are showing up to a greater extent. Pennsylvania mills were paying from \$1.30 to \$1.50 per bushel during the week ending August 22. Although this is practically the same price range as paid during the previous week, there were more mills paying the top quotation.

Range of Prices:
STEERS
Good to choice \$9.50-11.50
Fair to good 8.25-9.50
Medium to fair 7.00-8.25
Common to medium \$5.50-7.00
BULLS
Good to choice \$6.25-7.25

SALUNGA

Mr. and Mrs. G. L. Warner spent Sunday visiting the latter's parents at Manor Camp. Miss Sue Fackler is home after a week's visit to Philadelphia and Bristol.

Mr. and Mrs. Henry B. Erb and family spent Sunday with Mr. and Mrs. Amos Brenneman. Mr. and Mrs. Jacob Herman and daughter, Betty, spent Sunday with her parents, Mr. and Mrs. O. B. Weidman.

At the Church of the Brethren on Sunday, Rev. I. N. H. Boehm preached. The children's meeting in the afternoon was well attended. John E. Garber and daughters, of Mount Joy, were entertained by Mr. and Mrs. Jacob Newcomer on Sunday.

Mr. and Mrs. Irvin Newcomer and son, Ross, and Elias Augst visited friends at Terre Hill on Sunday.

Frank and Kendig Deichler, of Highland Park, Philadelphia, are visiting at the home of Mrs. E. P. Kendig.

Mrs. Emma P. Kendig attended the W. C. T. U. convention in St. Paul's Reformed church, Lancaster, on Wednesday.

Mr. and Mrs. George Cutrell and children, were Sunday visitors with her parents, Mr. and Mrs. Ben Nissley, at Landsville.

Mr. and Mrs. Will Shannaman and Mrs. Emma Shannaman, of Lebanon, Mr. and Mrs. Dick Charles, of Landsville, called on Mr. and Mrs. Samuel Eby, on Sunday evening.

The Landsville and Salunga Auxiliary of the General Hospital met on Tuesday, September 1, at 2 P. M., at the home of Mrs. Samuel Eby.

ROCK POINT

Mr. Clark Gotschall, of Highspire, called on Mr. Cleve Gotschall on Friday.

Mr. and Mrs. LeRoy Stahl, of near Kraybill's church, announce the birth of a son on Wednesday, August 26.

Mr. and Mrs. Norman Zeager and family visited Mr. and Mrs. H. K. Brenneman on Sunday.

Mr. and Mrs. Clinton Zeager, of Pittsburgh; Mrs. Sam Zeager and daughter, Elsie, and Miss Almeta Zeager, of Conewago, visited Mr. and Mrs. Norman Zeager and family on Thursday.

Mr. and Mrs. Claude Nye and son, Edward, Mr. and Mrs. Oscar Brenneman and Miss Ruth, of Harrisburg, visited Mr. and Mrs. Norman Zeager and family on Wednesday.

Messrs. Lee Rheinhart, Roy Brenneman, Vernon, George and LeRoy Stahl attended the motorcycle hill-climb held near Washingtonboro on Sunday.

While on a trip to Perry county last Sunday, Mr. Paul Goss was home without his hat. He never missed it until he was nearly home. Mr. and Mrs. Engle Mumma and children, Jonas, Lydia, Harold, Hazel, and Ruth, Mr. and Mrs. Paul Goss and children, Charles, Martha and Evelyn; Mr. and Mrs. Cunningham and children, George, Bobby, and Joe, and Mr. and Mrs. Chas. Collier and children, Paul, Claud, Mary and Billy enjoyed an auto trip to Perry county last Sunday.

Choice to good \$5.25-6.25
Medium to fair \$4.75-5.25
Common to medium \$4.00-4.75
HEIFERS
Choice to prime \$8.25-9.00
Good to choice \$7.25-8.25
Medium to good \$6.25-7.25
Common to medium \$4.00-6.25
COWS
Good to choice 5.50-7.00
Medium to good 4.25-5.50
Common to medium 2.25-4.25
Canners & Cutters 2.00-3.25
STOCK STEERS
Good to choice \$7.50-8.50
Fair to good \$6.25-7.50
Medium to fair \$5.25-6.25
Common to medium 4.25-5.25
STOCK BULLS
Good to choice \$5.50-6.75
Fair to good \$5.00-5.50
Medium to fair \$4.50-5.00
Common to medium \$4.00-4.50
CALVES
Good to choice \$12.50-14.00
Medium \$11.50-12.50
Common \$4.00-11.00
HOGS
Heavyweights \$14.75-15.25
Mediumweights \$15.00-15.50
Lightweights \$13.25-13.25
Rough Stock \$11.00-13.25

Lancaster Grain and Feed Market
Wheat \$1.45 bu.
Corn \$1.15 bu.
HAY (baled) \$14.00-16.00 ton.
Timothy \$10.00-11.00 ton.
Straw

Selling Price of Feeds
Bran \$38.00-39.00 ton
Shorts \$41.50-42.50 ton
Hominy \$47.00-48.00 ton
Middlings \$45.50-46.50 ton
Linseed \$58.50-59.50 ton
Gluten \$51.50-52.50 ton
Ground Oats \$37.50-38.50 ton
Alfalfa Meal, reg. \$41.00-42.00 ton
Cottonseed 41 pc. \$55.00-56.00 ton
Dairy Feed 18 pc. \$43.50-44.50 ton
Horse Feed 85 pc. \$44.50-45.50 ton
Alfalfa Meal, Fine \$45.00-46.00 ton

Lancaster County leads Pennsylvania Wheat Shipments
Lancaster county has shipped approximately 119 cars, or 44% of the Pennsylvania wheat that has been reported in Philadelphia this season. Lebanon county has rolled about 44 cars, Chester 32, Lehigh 24 and Berks 16. The balance of the total of 270 cars is made up of small shipments from Bucks, Delaware, Dauphin, Northampton, York, Montgomery and Westmoreland counties.

The first cars containing live moth were reported during the first two weeks of August. There was about 25% of the wheat received during this period that graded No. 4 Red Winter, 27% No. 3 and 24% was classed as Sample Grade due chiefly to moisture. There was considerable smutty wheat but relatively little cockle and garl. Pennsylvania mills reported a fair demand for wheat during the week ending August 15 and were paying \$1.30 to \$1.50 per bushel. The highest prices were being paid in Franklin county and the lowest in North Hampton.

Home Health Club

WEEKLY LETTER WRITTEN EXPRESSLY FOR THE BULLETIN BY DR. DAVID H. REEDER

HEALTH FOODS: A few years ago, comparatively few years, the country was simply flooded with various brands of packaged forms of cereal foods, all of them advertised extensively as the especial thing that would cure all kinds of ailments from an ingrowing toe nail to a bald head.

One of my personal friends was quick to see the commercial possibilities and he started to manufacture a health food in a small shed. Before his death several years ago, he had accumulated over thirty-six million dollars. The health foods did not save him.

In charge of his business after his death, was a great big vigorous man, also a personal friend of mine. Under his skillful management, the value of the business has more than doubled in eight years.

In a conversation with him a few months ago, he told me of a new cereal health food which they had placed on the market two years before. During the first year they spent eighty thousand dollars more than they took in but during the second year, their net profits on that one item was over one million dollars.

I had not seen this man for over 3 years. He is about 10 years younger than I am, and I expected to find him as active and vigorous as ever. When I stepped into his luxurious office, I instantly recognized the welcoming voice, but it came from a flabby, helpless old man, at least 25 years (physically) older than I am. He could not even get up to welcome me and one arm hung helpless at his side. The health food had given him every luxury except health.

Practical common sense should tell people that the best health foods in the world are those that are prepared for us by Mother Nature, and they should be used in almost the identical form that nature supplies them.

Cereals are more easily digested and assimilated when thoroughly cooked but when wheat is ground and bolted in such a manner as to make white flour bread, we have nothing but pure starch. It is not cooked enough to be changed into dextrin and grape sugar. Now if no sweets were eaten, our digestive ferments would do this chemical work for us, but nature will not do work that is already done, and therefore, as we eat sugar with our cereals, jams, jellies and pastries with the white flour bread, we inhibit digestion, start fermentation and develop acidity, gas, indigestion and constipation.

Many farmers buy a small package of breakfast food at the grocery store and the price paid is in excess of \$10 per bushel for the wheat which he sold for \$1.00.

I have a small hand mill which costs about \$5.00. With it, I can grind in one hour, enough pure whole wheat flour to last my big family for two days. It costs only the price of the wheat.

From a health standpoint, we can get the very best health food from our gardens and orchards. The work of growing them is of especial value to city people, but most of them prefer to play golf or bridge and pay the farmer who gets more than his share of exercise.

Most of the packaged health foods sold over the counter are not only very expensive, but about the only merit they possess is that they contain the whole grain. It would require great skill as a dietitian to secure a well balanced meal out of packaged health foods.

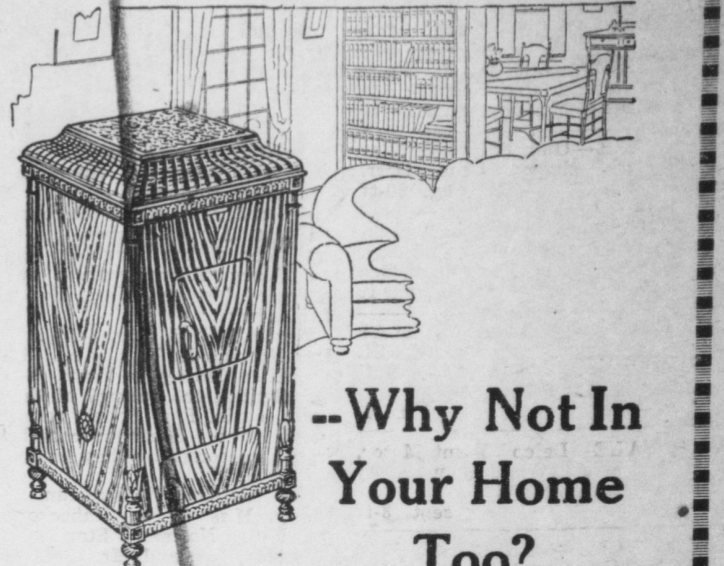
All readers of this publication are at liberty to write for information upon any subject pertaining to health. Address all such communications to Dr. David H. Reeder, Home Health Club, LaPorte, giving full name and address and 6 cents in postage.

A TEST OF YEARS

Is the Experience of This Mount Joy Resident
Are you miserable with an aching back? Feet tired, nervous and run down? Do you have daily headaches, dizzy spells and annoying urinary disorders? Then why not take the advice of a Mount Joy resident who suffered as you do and found lasting relief by using Doan's Pills—a stimulant diuretic to the kidneys? Here is a Mount Joy case that the years haven't changed. Why not profit by it?
Mrs. Irvin Geistweit, 205 West Main Street, says: "My back ached severely. My kidneys acted too frequently and I didn't rest well at night. Finally I used Doan's Pills as I knew other folks had taken them with benefit and I can say they are the best medicine I know of for kidney troubles."
MORE THAN NINE YEARS LATER, Mrs. Geistweit adds: "Kidney trouble has been a thing of the past since Doan's cured me."
60c, at all dealers. Foster-Milburn Co., Mfrs., Buffalo, N. Y.

Why Pay Rent?
Who was an 11 1/2 acre farm with good buildings along a good highway, only 3 miles from Mt. Joy lots of fruit, good water and pleasant place to live. Price is only \$3,500. Come around and let me show you this property. J. E. Schroll, Mt. Joy.

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Furnacette, like radio and the automobile, is the answer to a demand for something better. Why not have the comfort of a furnace, the economy of a stove—and the beauty of fine living room furniture?

Furnacette heats the whole house efficiently and economically like the best warm-air furnace by continuously circulating warm, moist air.

Furnacette embodies leading heating features found in Mueller Boilers and Furnaces—dependable heaters.

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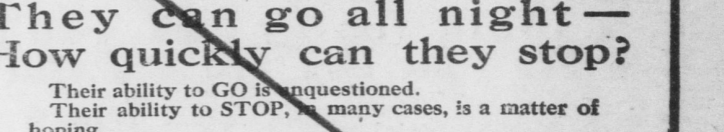
No Other Home Heater Has These Extra Value Extra Features!

\$42.50 WORTH
Automatic Heat Regulator \$30.00
Extra Liners \$10.00
Built-in-Floor Protector \$ 2.00
Glass Caster Cups \$.50

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The wise driver thinks as often of his brakes as he does of his motor.

Perhaps that is why so many of our townspeople are driving in and ordering Johns-Manville Asbestos Brake Lining put on their cars.

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Furniture

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McNESS' KILFLY
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In case I have not called on your home or have just been to your home send your order for Kilfly by mail or telephone. Kilfly comes in 11 oz. bottles, price 50 cents and in quart cans, price \$1.25. Hand atomizer, 30 cents. McNESS Kilfly kills flies, cockroaches, bed bugs, moths, mosquitoes, ants and fleas.

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A million thrills to thrill millions. This picture was made for you.
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TUES., SEPT. 8—BANDOLERS
A picture of old Spain that is different.
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10c sizes 3 packs for 25c
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