

Feel Better In Few Hours Or No Cost!

POISONING YOURSELF TO NOTICE QUICK DIFFERENCE IN THE WAY YOU EAT, SLEEP AND FEEL

...ion over SELF-poisoning is great! ...old cause every man and child to pause and consider his own condition. Self-poisoning, as it is called, the direct result of allowing the liver, the body's filter, to become sluggish and clogged. This is why many wake up feeling dull and red-tongued coated—bad taste in mouth and offensive breath.

Why You Feel Bad

...explains why so many suffer from just such symptoms as indigestion, sour stomach and on of gases, improper movement of the bowels, pimples, salivary gland headaches and a and overtaxed condition of the system—why one cold so easily while in this condition and why the not healthy enough to various diseases as Na-

Due to Neglect

...ere is no need for alarm! ...poisoning menace is not ...but due entirely to neglect. And, just as has traced these symptoms to a poisoned liver and so medical authorities have a remedy that overcomes

the cause of Self-poisoning and quickly relieves miserable sufferings. Gives Quick Relief

The great prescription of Dr. H. S. Thacher is considered the most efficient of all methods in aiding Nature to throw off these poisons. Great numbers are daily reporting quick relief from its use and practically every experimental method of overcoming Self-poisoning has been abandoned as case after case of remarkable restoration to health and happiness through Dr. Thacher's Liver and Blood Syrup has been noted.

Strengthens System

Dr. Thacher's Liver and Blood Syrup helps Nature to cleanse and tone the liver, wake up your appetite, strengthen your digestive organs, soothe the tired and overtaxed nerves, brace up your system and purify your blood. The result is you quickly feel a return of your strength, vigor and energy.

Sold Under Guarantee

Dr. Thacher's Liver and Blood Syrup contains ingredients that are known to physicians for their corrective and health-building qualities. Just try it and notice the quick difference in the way you eat, look, sleep and feel. Dr. Thacher's is sold by all leading druggists with the understanding that you will be completely satisfied, as others have, or they will be no cost. Avoid substitutes; Remember this guarantee.

Dr. Thacher's Liver and Blood Syrup is sold and recommended by W. D. Chandler & Co. and all leading druggists.

Co. Farm Bureau

September and October are the months for community fairs in Lancaster County. Many home gardeners have been planning to exhibit, and many others who have good vegetables in their gardens should look over the crop to see whether it would not be worthwhile to select some of the fine specimens for exhibit.

It is not so much the premium offered that makes these shows worth while, the prizes are frequently so small that they do not pay for the time necessary to properly prepare the vegetables for the show. The exhibits are worthwhile in that they illustrate the best types of vegetables that we all should strive to grow, and emphasize the importance of good cultural practice and the control of all factors that might damage the crop. For the purpose of acquainting exhibitors of vegetables with the factors to be considered in picking specimens, the following brief rules have been compiled for the Bulletin by the Lancaster County Farm Bureau.

1. An entry of vegetables in competition with other entries for prizes must conform in quantity and kind to the specifications of the premium list.
2. Each entry should bear the correct variety name.
3. The specimens making up an entry should be of the same variety and uniform in size, color, shape and general appearance. That is, if you are selecting six beets for a plate, get those six as nearly like peas in a pod as possible.
4. Preference in judging is given to marketable size, unless otherwise stated in the premium list. Enormous size is not a merit in the case of most vegetables.
5. All specimens should be perfectly clean. This means that many vegetables, especially root crops, should be carefully washed.
6. All specimens should be free from disease or insect injury, bruises, cuts, or blemishes of any sort.
7. The arrangement and the container should be attractive and the container, if one is used, should be new.
8. Neat string, ribbon or tape should be used for tying up bunched vegetables.

NEVADA WOMEN MAKE HOME GARDENS IN SPITE OF CLIMATE

In spite of the usual troubles of the average home gardener and the additional hazards of late and early frosts, to say nothing of grasshoppers, a group of farm women in Elko County, Nev., successfully demonstrated last year that a supply of fresh vegetables from the home garden is a possibility in this mountainous region of short summers.

The long distances from trading centers here practically limit the foods bought by farmers to canned or dried materials and the mining camp diet of coffee, bread, meat, and pastry has not changed greatly even with the development of farming. To furnish a more economical and varied food supply, cooperative agricultural extension workers have urged the growing of home gardens, and last year women in five communities volunteered to grow demonstration gardens with the extension agent's help.

One demonstrator reports an ample supply of vegetables for herself and neighbors the entire summer and sufficient stored for winter, in spite of the fact that her garden was covered with snow the first of June. In another community, nine farm girls grew gardens with products, according to reports to the United States Department of Agriculture valued at \$128, although one garden was completely eaten up by grasshoppers in a single night.

Local opinion of the gardens is expressed by a demonstrator who writes: "We believe that a garden home consumption is indispensable to the country. From my own besides the living for a and from 6 to 16 hired the harvest seasons, we through vegetables for

TH' OLE GROUCH

HEH! HEH! HEH! LEM GOOCH CUT DOWN THAT BEAUTIFUL BIG ELM TREE IN HIS YARD 'N IT FELL ON HIS HOUSE 'N BUST FOUR WINDOWS, 'N TH' ROOF IS GOIN' 'Y REQUIRE LOTS O' FIXING! I HATE 'Y SEE A NICE TREE CUT DOWN! 'Y LEM BEAUTIFY TH' TOWN!



STUDENT JUDGES HAVE VARIETY OF OCCUPATIONS

Reports collected by the United States Department of Agriculture on the subsequent activities of nearly 500 agricultural college students who were members of dairy-cattle judging teams at the National Dairy Show previous to 1923 show that a number of them have attained unusual prominence and a large share of them are engaged in bettering agricultural conditions.

In the 14 contests there were 559 students, and of these records were obtained on 493. One hundred and seventy-eight of these men, or 36 per cent, are engaged in educational work. Of this 36 per cent 18 are professors and 5 assistants or associate professors of animal husbandry or dairying in agricultural colleges, 13 are instructors or assistants in animal husbandry or dairying, and 17 are engaged in livestock agricultural extension work. Eight are with the United States Department of Agriculture. A great many are engaged in vocational or general high-school teaching, and 45 are county agricultural agents.

Practical farming has claimed 167 of these young men, 55 are dairy farmers and breeders of dairy cattle, 19 are managers of dairy farms, 17 are herdsmen, 3 are managing farms other than dairy farms, and 73 are engaged in general farming.

Twelve of these former judging team members are in public-service work. One is a British Government agent, 2 are missionaries, and 3 are in the United States Army or Navy. One of the men in this group has achieved the high honor of election to the Presidency of Latvia, one of the countries formed since the war from a portion of European Russia.

In addition to those mentioned there may be listed the president of one of the breed associations, secretaries of two breed associations, and one breed association field man. There are 7 creamery managers, 8 men in general creamery work, 3 in the dairy-supply business, 5 in the ice-cream business, 8 in the retail milk business, 4 dairy inspectors, and 1 secretary of a State dairy association.

The contests in which these many men received valuable training are held every year at the National Dairy Show. The sixteenth contest will be held this year at Milwaukee, where the National Dairy Show will take place September 27 to October 4. Among many prizes offered to the winning student judges are two \$400 scholarships.

Hall's Catarrh Medicine

Those who are in a "run down" condition will notice that Catarrh bothers them much more than when they are in good health. This fact proves that while Catarrh is a local disease, it is greatly influenced by constitutional conditions. HALL'S CATARRH MEDICINE is a tonic and blood purifier, and acts through the blood upon the mucous surfaces of the body, thus reducing the inflammation and restoring normal conditions. All druggists. Circulars free. S. J. Cheney & Co., Toledo, Ohio.

You may as well try to conduct your business without capital as to try and get along without advertising. There's no use, it won't go. All the leading, and most successful merchants use the columns of the Mount Joy Bulletin.

EGGS IN 1923 BETTER THAN HERETOFORE, OFFICIALS FIND

Eggs in the shell showed improvement in quality during 1923 over preceding years, according to a recent report of the officials of the Bureau of Chemistry who have been watching interstate traffic in eggs. This improvement, the officials believe, may be attributed chiefly to the growing practice of candling eggs before shipment. The bureau has maintained for a number of years that it is practicable to eliminate by candling most of the bad or questionable eggs in a consignment and that any material amount of bad eggs in a case is sufficient basis for either prosecution or seizure actions under the Federal food and drugs act. Many of the larger shippers seem to have come to a realization that it is more profitable to candle eggs before shipment than to run the risk of having their shipments seized, reconditioned, or destroyed on account of spoilage that might easily have been prevented.

The volume of business in eggs in the United States is enormous, the 1923 crop being estimated by the Department of Agriculture as worth \$602,000,000. In the 20 Middle States, where three-fourths of the eggs of the country are produced, 6,799 cases containing 30 dozen each were seized during the year, but practically all the shipments released under bond and reconditioned under the supervision of Federal inspectors, resulting in the destruction of 1,183 cases. In previous years carload lots arriving in the Eastern States had been found, as a rule, to have been candled, and the work in this section of the country was concentrated on shipments from the smaller dealers who send their country eggs to produce dealers in the larger cities. The inspectional work in the East would indicate that suggestions as to properly caring for eggs are still necessary and that the economic advantage to be gained by shipping good stock only is not as yet realized by the smaller dealers.

The better character of interstate shipments of eggs in the Western States in 1922 was partly due, it is believed, to the efforts of the egg dealers to improve their output and partly to the favorable weather conditions prevailing during the season when spoilage is most likely to occur.

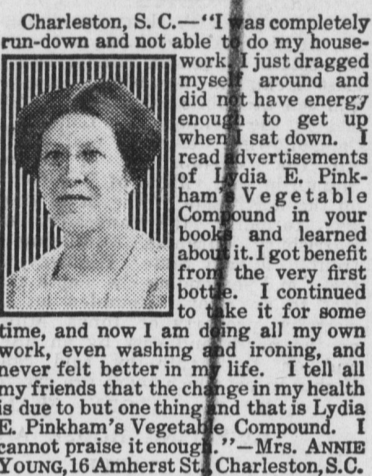
Completes Its Fourth Year

A cow-testing association, organized in 1919 in Lawrence County, Pa., through the efforts of the county agricultural extension agent, completed its fourth year with the highest association butterfat average made in that State, 332.3 pounds per cow for the year. The members have used the information their testing has given them during the four years in improving their feed rations, in feeding individual cows according to production, in better regulating their feeding and milking schedules, in detecting unprofitable cows, and in building up the quality of their herds by better breeding methods. Their records show, according to reports to the United States Department of Agriculture, that the average butterfat per cow in the tested herds the first year was 243 pounds, and for the past year, 332.3 pounds, the average milk production per cow the first year was 6,018 pounds, which was increased to 7,531 pounds the last year.

More acres of corn were cultivated by boys' and girls' club members, according to reports to the United States Department of Agriculture, than of any other single field crop in 1923, the total reaching 23,354 acres. These young farmers, ranging in age from about 12 to 19 years, carried to completion, under the direction of their county extension agents, over 17,000 demonstrations of the methods which research and experience have found best for the economical production of those varieties adapted to conditions in their particular localities, both for their own information and for the benefit of their parents and neighbors.

MRS. YOUNG ENTHUSIASTIC

Cannot Praise Lydia E. Pinkham's Vegetable Compound Enough. Sick Women Read This Letter



Charleston, S. C.—"I was completely run-down and not able to do my household work. I just dragged myself around and did not have energy enough to get up when I sat down. I read advertisements of Lydia E. Pinkham's Vegetable Compound in your books and learned about it. I got better from the very first bottle. I continued to take it for some time, and now I am doing all my own work, even washing and ironing, and never felt better in my life. I tell all my friends that the change in my health is due to but one thing and that is Lydia E. Pinkham's Vegetable Compound. I cannot praise it enough."—Mrs. ANNIE YOUNG, 16 Amherst St., Charleston, S.C.

The reason for such a letter from Mrs. Young is apparent. She got well and is grateful. Recently a nationwide canvass of women purchasers of Lydia E. Pinkham's Vegetable Compound was made, and 98 out of 100 reported that they received benefit from taking it. Just because the Vegetable Compound has been helping other women is a good reason why it should help you. For sale by druggists everywhere.

Barrel Fresh Syrup Special

Per Quart 15c
Per Gallon 55c

High Grade Notions and Groceries

Strickler's Store
MOUNT JOY, PA.
aug. 20-tf

Delco-Light is more than just a "lighting plant." It provides you with electric power, dependable and economical, for running the machinery ordinarily turned by hand. Saves hours of time every day.

DEPENDABLE DELCO-LIGHT PRODUCTS

C. E. Hottenbough
MAYTOWN, PA.

FEEL your hair

How long is it?
How many days since it was cut?
10 is Right. Haircut every 10 days.

Go now, to
Hershey's Barber Shop

For Falling Hair

Try Our Special
SHAMPOO

Weaver's Barber Shop
Cor. W. Main & Manheim Sts.

MORNING-NOON & NIGHT

USE THE MARTIN SANITARY DAIRY PASTEURIZED MILK

IT'S THE MILK THAT ALWAYS PLEASES

You will never be disappointed in a bottle of Martins Dairy milk or cream. It always has the same sweet flavor and full creamed quality.

THE MARTIN SANITARY DAIRY
A. R. MARTIN, PROP.
"Your Milkman"
56 W. DONEGAL ST.
BOTH PHONES

Used Cars

1922 Ford Touring.
1922 Ford.
Ford Coupe.
1923 Chevrolet Touring.
Motorcycle with side car.
1924 Maxwell Club Sedan (new).
Essex Coupe.
Oakland Touring \$100.

DEBBIE BROTHERS MOTOR VEHICLES

P. Franck Schock
MOUNT JOY, PA.

Mt. Joy Theatre

Thursday, 25 - **Rouged Lips**
VIOLA DANA and All Star Cast
Fox Comic—Dumb and Daffy

Saturday, 27
Don't Miss This One
RENO
By Rupert Hughes
Cast:
Helene Chadwick, Lew Cody, Dale Fuller, Geo. Walsh, Caramel Myers and Hedda Hopper
Fox Comic—He Is My Pal

Tuesday, 30—**When Love Comes**
Fox Comic—Sad But True

Oct. 3, 10, 17, 24, 31
There will be a Show.

THE Wingert & Haas Hat Store

Largest Line of
STRAWS and PANAMAS
In the City
Plain Hats A Specialty

JOHN A. HAAS, Prop.
144 N. Queen Lancaster, Pa.

STONE

Before placing your order elsewhere see us. We have cut prices to pre-war prices.

J. N. STAUFFER & BRO.
MOUNT JOY, PA.

Stitchers Wanted

IDEAL WORKING CONDITIONS
STEADY WORK, GOOD PAY

THE LeBLANC CANKAM
Formerly The Herrmann Aukam & Company Factory
sept. 26-tf

LETZ-DIXIE

MEAL MAKER

ALFALFA CLOVER
SNAPPED CORN
SOY FEEDER
WHEAT LETZ

the cost of feed 25 to 50%
increases production 15 to 30%

Capacity No. 244 Dixie with FORDSON TRACTOR

2000 to 5000 lbs. PER HOUR
3000 to 4000 " " " "
2000 to 5000 " " " "
2500 to 3000 " " " "

NEWCOMER & SON
MOUNT JOY, PENNA.

The Best Heating COAL

whether you buy a...