MICKIE, THE PRINTER'S DEVIL

By Charles Sughroe
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A Few Opinions

THIS COUPON IS WORTH 25c TO BUY PEPSANA
Good for 10 Days
Name.....
Address.....

EAT WHAT YOU WANT
PEPSANA
WILL DIGEST IT

PEPSANA is especially prepared for Indigestion, Dyspepsia, Constipation, Sour Stomach, Gas in Stomach, Heartburn, Billiousness, Dizziness and Torpid Liver.

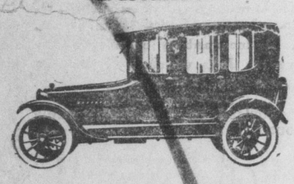
It tones the stomach, liver, nerves and bowels. Good digestion depends on an active stomach. If it becomes inactive, fermentation results, with gas, bloating and belching.

PEPSANA MAKES THE STOMACH WORK by strengthening the nerves controlling the blood supply in the walls of the stomach. That's why it is so good and why it is different and better than other remedies.

Many people have been permanently relieved by using only one bottle—some, part of a bottle. The first dose helps.

PEPSANA SELLS FOR $1.00
With the coupon and 75 CENTS you can get a large bottle during the next ten days, at
Chandler's Drug Store
Garber's Drug Store
Mount Joy, Pa.

JITNEY SERVICE
Local and Long Distance



CLOSED CARS
Reasonable Prices
Day and Night Service
H. Smith
MOUNT JOY PENNA.

Krall's Meat Market

I always have on hand anything in the line of
SMOKED MEATS, HAM, DRIED BEEF, BOLOGNA, LARD, ETC.
Also Fresh Beef, Veal, Pork, Mutton
H. H. KRALL
West Main St, MOUNT JOY.

Stitchers Wanted
IDEAL WORKING CONDITIONS
STEADY WORK, GOOD PAY
THE LeBLANC COMPANY
Formerly The Herrmann Aukam & Company Factory
sept. 26-tf

We use the same methods employed by the leading shoe factories; hence our results are fully as good. Add months of wear to your shoes; have them repaired here.
City Shoe Repairing Company
50-52 S. Queen St. Lancaster, Pa.

Don. W. Gorrecht
37 WEST MAIN STREET
Jeweler
Watchmaker—Engraver

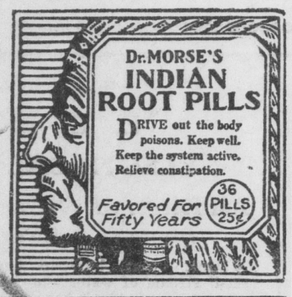
50 GOOD CIGARETTES 10¢

GENUINE "BULL" DURHAM TOBACCO

We Are Buying
FURS
At The Highest Market Prices
Witmer Eberle
102 E. Donegal St., Mount Joy, Pa.

A man's appearance depends upon the way he has his HAIR CUT. We cut hair to suit the customers, and not ourselves. Two Barbers for your service.
C. K. WEAVER
Two Doors East of Bennett's Meat Market

STONE
Before placing your order elsewhere see us.
We have cut prices to pre-war prices.
J. N. STAUFFER & BRO.
MOUNT JOY, PA.



S. HESS HERSHEY
Investments
Real Estate
Insurance
MOUNT JOY, PA.
Bell Phone 75R2

Ice Cream, Groceries and Confections
BRANDT BROS.
Mount Joy Street, Mount Joy, Pa.

WANTED
20 MEN and 20 GIRLS
STEADY EMPLOYMENT AND PLEASANT WORKING CONDITIONS. APPLY
Nissly Swiss Choc. Co. Inc.
FLORIN, PA.
oct. 24-tf

I do all Kinds of
Upholstering
Such as Sofas, Lounges, Rockers, Chairs, Etc.
I also Repair Automobile Upholstering.
H. S. MUSSELMAN
FLORIN, PENNA.
feb. 6-3 mos.

HOME HEALTH CLUB

WEEKLY LETTER WRITTEN EXPRESSLY FOR THE BULLETIN BY DR. DAVID H. REEDER

THE HAIR: The hair is a very remarkable structure as seen under the microscope, however ordinary or plain it may appear to the naked eye.

In its magnified form, you see what appears to be the trunk of a tree, with an outer bark covered with scales overlapping each other like those on a fish. (This outer layer is known as the cuticle). Next there is an inner bark compound of fibre and cells (the Cortex), and in the center is a soft substance, corresponding to the pith of a tree (the medulla).

To the Cortex, or middle section, the hair—like the tree—owes its strength and elasticity and color, as it contains the coloring pigment. The nearer to flatness a hair is, the more curly it will be.

Considerable may be learned of the condition of the hair and its needs by means of the microscope.

The follicle is the tube or sheath imbedded in the skin, in which the hair grows. At the base of each hair is a small bulb, through which it draws its nourishment. This is known as the papilla or nipple. This small bulb contains an artery, supplying blood for the maintenance of the hair. Each follicle is supplied with from two to six oil glands, which furnish oil to keep the hair soft and glossy.

The supply of oil, if too little, causes the hair to become dry and harsh, if too great the hair is matted with grease and accumulates dirt and produces dandruff if not carefully treated.

The papilla will continue to produce new hair as the present ones grow old and fall out.

Each hair having a certain period of growth and life, the papilla itself is often destroyed and replaced with another and it sometimes undergoes periods of inactivity. The hair falling out and not being replaced at once often causes alarmment, the person thinking that the hair has been permanently lost.

The hair then starts to grow of its own accord after an apparent rest and the hair crop is as good as ever. This festure accounts for the remarkable stories of how this or that hair restorative did wonders. Probably they used it just at the right time when Nature itself got ready to produce new growth.

Hair in its growth cannot be changed, or its growth affected by medicines or tonics, etc., to any such degree as the owners of hair "Restoratives" and "Growers" would have you believe.

If nature planned that you have heavy and long hair, you will have it. If it be natural for you to have straggly or scant tresses, all of the tonics under the heavens would not make them luxurious and rich, as nature did not plan it so.

You can often do something to prevent ill results to what you have, to make it more glossy and attractive and to preserve it as it is by stimulating the scalp, by cleanliness, by combing, brushing, etc.

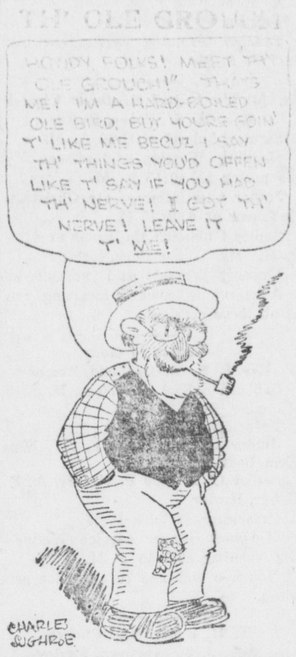
More hair is injured by the use of miscellaneous so-called "Hair-Growers", "Tonics", etc, than in any other way. Many of these preparations are prepared by people wholly ignorant of the nature or the needs of the hair, no knowledge of chemistry and therefore not only make the act of applying their concoctions useless, but positively harmful and dangerous.

It is the cleansing, the gentle manipulation of the scalp with the fingers, that usually does the good.

Dark hair is more often the coarsest and light hair the finest, much depending in the race. It was probably put upon the head for protection against blows, possibly to maintain a somewhat even temperature, possibly for ornament. Certainly to my way of thinking a fine head of hair is a very great attraction to either children or older persons.

The hair is a very important feature as concerns personal appearance and is so considered by most people.

The time to care for hair is when you have it! When once it is gone and the life germ destroyed no amount of urging by any power known to man will restore it. If you have a fine growth of hair, by all means care for it. You will appreciate this more every year. It will repay in beauty all the care which



you may give it. It is surprising what a difference hair makes to one's personal appearances. And no matter how much or how little you have, or whether its color be black or white, yellow, brown, or red, or any shade between, it will be improved by being taken care of.

A thorough massage of the scalp daily for five minutes, using the fingers only, with a weekly shampoo, using a soft or jelly soap made with vegetable oils or potash, will do more to keep your hair in good health than all the tonics. But good general health **and good circulation** of rich, pure blood is the first requisite for luxuriant and beautiful hair.

HAVE TWO AND A QUARTER MILLION PEOPLE ENROLLED

No other organization in this old Keystone State can compare in numbers, organization or good accomplished with the Pennsylvania State Sabbath School Association.

In the Sabbath Schools of Pennsylvania are enrolled two and a quarter million people, one-fourth of the state's population. In this grand old state are one-sixteenth of all the Sunday School people of the world.

The success of this great host of Sunday School workers in eleven thousand Sunday Schools may be attributed to a number of outstanding reasons, one of which is The Pennsylvania State Sabbath School Association, an organization governed by a board of directors of business men who meet monthly and not only pay all their own expenses, but are exceptionally heavy contributors of time and money to the work of the State Sunday Schools, and a field staff of workers second to none in the world, and then the policies of Christian education of the association worked out by the board, the field staff and one representative from each denomination in the state.

With sixty-seven counties fully organized, and these sub-divided into more than 900 districts throughout these counties, every school is reached and influenced solely for the purpose of better religious education and training in Christian service.

It is, therefore, interdenominational, working in harmony with denominational practices for Sunday School improvement.

As an example of the use made of information obtained in the research work of the United States Department of Agriculture, may be cited a letter recently received by the Bureau of Entomology from an electric light company on the Pacific coast. This letter states that utilizers of electric-light poles in California are finding it necessary to impregnate the entire pole with creosote in order to prevent serious damage by termites to the tops and cross arms. Following the recommendations of the bureau, this company is going to try out 1,000 Douglas fir poles treated with the presure-creosote process. If they prove satisfactory this company will later put in its own pressure-treating plant.

Water for Livestock

If horses, cattle and sheep can get a good drink once or twice daily, they will do very well. Hogs and poultry should have water more frequently, preferably close at hand where they can drink whenever they want it.

If you want to succeed—Advertise

Bell Phone Rates to be Inrcreased

COMPANY HAS FILED A NEW SCHEDULE WITH THE P. S. C. AT HARRISBURG—HEARING APRIL 1

The Bell Telephone Company of Pennsylvania will, on Tuesday, April 1, file with the Public Service Commission at Harrisburg, a new schedule of telephone rates that in many instances will be an increase over those now in effect.

What the specific changes will be cannot be announced until they are presented to the Commission. The new schedule is to take effect May 1, the law requiring that thirty day's notice be given of any change.

For the last several months the Company has not entirely earned the dividend on its common stock, and there is no prospect that it will be able to correct this situation in the future unless its revenues are increased.

The present rates have been in effect since 1920. At that time there were 620,000 telephones in the state, representing an average investment of about $137 each. In the succeeding four years the number of telephones in the state has grown to 862,000, last year's net growth being 75,000.

Each telephone added last year necessitated a plant investment of $380, bringing the average investment per telephone in service up to $177, or about 30 per cent, more than it was four year ago.

By 1928, it is estimated, the average investment per telephone in service in Pennsylvania will be **$225.**

To maintain a high standard of service for present subscribers, to meet the unprecedented demand for more telephones, and to take care of necessary replacements of plant, will require large amounts of new capital, which can be obtained only if the Company is able to earn its dividends and set aside an amount for surplus sufficient to command its securities as a safe investment.

During the five year period beginning January 1, 1924, the Company expects to connect 938,000 new telephones—more than there are today in the state—which, with the normal number of disconnections, will represent a net growth of 440,000 telephones.

In this period the Company expects to spend not less than $178,000,000 in this state; yet in 1920 its entire plant in the state represented an investment of only $85,000,000.

The Telephone Company so far as possible has met this situation by economies in methods of construction and operation. Labor saving devices are used wherever possible, and accounting methods and other routines have been simplified wherever this could be done. Improvements in the art developed by the large staff of engineers in the laboratories of the American Telephone & Telegraph Company have been applied to keep costs down; but all these have failed to bridge the gap between present revenues and present money requirements.

In its schedule which will be filed next week The Bell Telephone Company of Pennsylvania sets up rates that will do no more than enable it to pay all its bills, including adequate wages; to meet its interest and dividend requirements; and to have sufficient margin for surplus which will provide the financial stability and soundness necessary to attract new capital.

Orange and Rhubarb Conserve

5 pounds rhubarb
6 cups sugar
1 cup seeded raisins
2 cups walnut meats
8 large or 12 small California oranges
2 lemons.

Wash rhubarb, cut in one-inch pieces, sprinkle with sugar. Wash oranges and lemons, wipe dry, and cut in thin slices. Be sure to use California navel or Valencia oranges, which have no seeds. Add raisins, lemon, orange and rest of sugar. Let stand till juice accumulates, then boil gently over slow fire, stirring frequently to prevent burning. Cook until thick rich conserve consistency. If fruit is very tart, more sugar may be needed. Just before taking from fire, stir in the nut meats. Pour into sterilized glasses or jars.

Read the Bulletin.
Subscribe for the Mt. Joy Bulletin

THIS BRIGHT BABY GIRL

Brought Joy to Home. Mrs. Price's Health Restored by Lydia E. Pinkham's Vegetable Compound

Scootac, Pa.—"I never felt like working, and when I would try to do any work standing on my feet, I would just drag around all day long. At times I would have terrible pains and would be in bed three or four days. I was in this condition about a year when I saw Lydia E. Pinkham's Vegetable Compound advertised in the papers. I had heard different women say it was good for women's troubles, and my aunt thought it would help me as it had helped her. So I took the Vegetable Compound and it brought things right, and I was in good shape before I became a mother again. I believe it helps at birth, too, as with both my other babies I suffered a great deal more than with this one. I thank you a thousand times for the good your medicine has done me. It has surely made our home a happy one."—Mrs. ROBERT PRICE, Scootac, via Lockhaven, Pa.

In a recent country-wide canvass of purchasers of Lydia E. Pinkham's Vegetable Compound, 98 out of every 100 report they were benefited by its use.

The large circulation of the Bulletin makes it the best advertising medium in this section of Lancaster county. Give it a trial and be convinced. tf

If you do not get your share of the business in this vicinity, its your own fault—no one else's. Advertise and tell the people what you have to sell. tf.

CERTIFIED SEED POTATOES

I have at my place and at Wolgemuth & Sons at Florin, Pa., certified Northern grown Michigan Russett Seed Potatoes, from clean fields, carefully sprayed, rogued, harvested and as free from disease as can be produced.
Raymond B. Zook
feb. 16-Apr. 18-pd

LEROY C. BATES
"DO IT WITH ELECTRICITY"
ELECTRICAL CONTRACTOR
Wiring, Fixtures and Appliances of All Kinds
66 West Main Street
Bell Phone 18R4 Mount Joy, Pa.
mar. 5-3 mos.

MORNING-NOON & NIGHT
USE THE MARTIN SANITARY DAIRY PASTEURIZED MILK

MILK WAS MADE FOR MAN
There is no substitute for rich pure milk from a dairy where all the health safeguards are used. We sell you the milk your family needs to know.
THE MARTIN SANITARY DAIRY
A. R. MARTIN, PROP.
"Your Milkman"
15 W. DONEGAL ST.
BOTH PHONES

THE Wingert & Haas Hat Store
Largest Line of
Spring Hats
In the City
Plain Hats A Specialty
JOHN A. HAAS, Propr.
144 N. Queen Lancaster, Pa.

JNO. H. DIETZ
119 E. Main St. Bell Phone 115R3
HOUSE WIRING DONE TO YOUR SATISFACTION
Attractive Fixtures of All New Finishes at Reasonable Prices
Everything Electric to Make Housework a Pleasure
Rotarex Washers, Ironers and Apex Cleaners
Kook-Rite the New Electric Stove That can be attached to a light socket
Westinghouse Automatic Ranges, Irons, Heaters, Waffle Irons, etc.

Groceries & Notions
—FOR—
WORKING CLOTHES
OVERALLS,
PANTS, SHIRTS
and
HIGH GRADE GROCERIES
&
REASONABLE PRICES
Go to
ALBERT STRICKLER
EAST MAIN ST., MT. JOY, PA.

HERSHEY'S BARBER SHOP
3 BARBERS, GOOD SERVICE
Children and Ladies'
HAIR BOBBING A SPECIALTY
Try us and be convinced
Agent for Manhattan Laundry
Jos. B. Hershey, Propr.

COAL COAL
ALL SIZES AND KINDS OF COAL ON HAND FOR IMMEDIATE DELIVERY. CARDS ARE NOT USED ANY MORE.
F. H. BAKER
TRY SUCRENE DAIRY FEED FOR MORE MILK
USE SUCRENE DRY MASH FOR CHICKENS FOR MORE EGGS
LUMBER and COAL
Both Telephones MOUNT JOY, PENNA.

CLARENCE SCHOCK
MOUNT JOY, PA.
WE ASK PATRONAGE
WE GIVE SERVICE
LUMBER-COAL