

GOODS IN SEASON

We carry a full line of IMPLEMENTS at all times. We now offer you the EMERSON and BELLEVUE MANURE SPREADERS, MISSOURI and JOHN DEER GRAIN DRILLS. We offer you a low price on either The Missouri Drill is a light running drill and has points that no other drill has. We would like to submit prices to you before you buy.

Sharpless Separators

We have very low prices on them. The No. 2 sells now at \$45.00, the No. 3 sells at \$55.00. We have a strong guarantee on them and positively skims clean at any speed.

Fertilizers

We sell Baugh's fertilizers. These goods are low in price and in good drilling condition.

SEEDS is our stronghold, will soon have Alfalfa and Timothy Seed of the Highest Quality. Consult us in anything you need.

G. MOYER

In Business Since 1888 MOUNT JOY, PA.

Your Battery Business

The Battery is one of the first and foremost essentials toward the working of your car. If you want a good battery try a

Diamond Grid

We have been handling these batteries for a long time and they give good satisfaction. We stand back of the guarantee.

Battery Repairing

MR. HARVEY HAWTHORNE has just finished a complete practical course in Battery Construction and hereafter we will

REPAIR and REBUILD ALL BATTERIES at our place of business. We are now ready for your work and GUARANTEE OUR WORK TO BE SATISFACTORY.

REAM'S GARAGE

MOUNT JOY, PA.

Have Your Seed Wheat Cleaned

Having recently installed a new cleaning machine, I am now prepared to clean your wheat with the

Cleanest Cleaning Cleaners

Which takes out the cockle and garlic. Not better than the best but better than the rest. Consult me before placing your order elsewhere. Satisfaction guaranteed.

RISSER'S MILL

Peter H. Risser
R. D. No. 3 MOUNT JOY, PA.

Just Received a Truck Load of



Yellow Transparent Apples

From our orchards. These apples are sprayed fruit and are fine, a splendid cooker.

For sale at my home in Mount Joy, South of the Freight Station.

ELI G. REIST

HOME HEALTH CLUB

WEEKLY LETTERS WRITTEN EXPRESSLY FOR THE MOUNT JOY BULLETIN BY DR. DAVID H. REEDER

A LONG JOURNEY: It is sometimes quite astonishing to find how far one's influence may travel. Our short Home Health Club talks are supposed to be read by all of us here at home and I try to make them just as interesting as I can while keeping the main object, helpfulness, uppermost.

One of the slogans so often used in the club work was suggested by a good old grandmother many years ago and it was, "Pass it on." Happily this is agreeable to most people. We all like to help others and when we find something that helps us we just can't help passing it on.

Some one was greatly helped by one of my recent articles so he just marked the paper and sent it to a friend in South Africa. It proved to be just the information needed and as soon as it was fully appreciated, the urge to help some one else again caused the paper to travel still farther. Last week I received a letter from the last man to get the paper. We are the superintendent of a diamond mine in Kimberly, South Africa and he just wanted to tell me how much he appreciated the knowledge he had gained.

To still further show his appreciation he said that he had clipped the article from the paper and sent it to an old friend in London.

A few days later I received a letter from a banker in London, telling me about receiving the article from his friend in Kimberly and how much it had helped him. In fact he said he had sent it to his son who was the publisher of a paper in Canada and asked him to publish it with due credit because it would help some one else just as it had helped him.

Now do you think that the good person who sent the paper to South Africa ever dreamed of taking credit for doing so much good.

One can never tell what far reaching results may follow a kind act or an impulse to help the other fellow. Every time you induce some one to subscribe for this paper you help yourself by helping your community and you help me to help others by spreading the influence of the HOME HEALTH CLUB.

Another way to help others is to tell the editor how well you like this as well as the many other helpful features in the paper. Most of us think we could run the paper much better and we are always ready to find fault and point out the mistakes but as a matter of fact it takes more brains than most of us possess to edit and publish a real newspaper.

The real education of our modern civilization is just beginning when we step out of high school and college. And the publications like this are the greatest educators outside of school ever developed since the history of humanity has been written.

Even the advertisements are educational. The best brains and the most skillful artists are employed and tremendous salaries paid to secure writers and artists whose work will compel attention.

It is within the last quarter of a century that health educational work was established by the HOME HEALTH CLUB a permanent part of newspaper work but today a publication which does not have a well edited health service is considered not up-to-date.

Club Notes

High blood pressure is the condition which worries Mrs. A. T., of Mt. Dear Doctor Reeder: I have not been at all well this summer and so I went to our family doctor to find out why. He said he thought I had high blood pressure and that I would have to be careful about my diet. He gave me some medicine to take but I cannot see any change after taking it. Will you please tell me what causes high blood pressure and how can I know for sure if I have it. What will it do to me and how can I be careful of my diet when I don't know what will make it better or worse. I am scared but I don't know a thing about what scares me.

Answer: From what you have written I would judge that your doctor doesn't know any more about it than you do. If he suspected blood pressure he should have tested it in order to be sure before handing out a scare. He should also have sought out the cause and adopted measures to remove it and he should also have told you what foods to avoid. If you have high blood pressure then it is quite certain there must be a cause. Usually autotoxemia. I cannot tell where the source of infection may be: Teeth, tonsils, post-nasal sinuses, liver, kidneys, womb, a dozen places might be named but that would be guess work, which you don't want. You must secure a correct and complete diagnosis and then intelligent treatment will give the desired relief.

The danger is of a stroke. The foods to avoid are meat, beans, peas and cheese, sweets and an excess of starchy foods. If I knew more of your actual condition I could advise you more intelligently.

All readers of this publication are at all times at liberty to ask any questions pertaining to health. Address all communications to Dr. David H. Reeder, La Porte, Indiana, with at least 6 cents in postage.

When and Where to Buy

The time to buy is now. The place to buy is from merchants who advertise their wares for the benefit of the public. Read the advertisements in this and every other issue of the "Bulletin" and you will save some real money. The summer reduction sales are now on. Mount Joy merchants are offering real bargains. There is no reason why you should go elsewhere.

PENNSYLVANIA DUTCH

What Shilkey Bumblebeek Has To Say This Week



Ich denk du husht shunt uft g'woonered we ich en laeva mauch. Olles os ich nuh so weit aw g'fonga hob is mere dorrich g'shopped. My rigel-wake doot net batzawla, my biskotza burglar-proof safe is ken success wile de kotza tsu rawr sin, un my hexa ducteri bringt gons wenich ei wiles ken hexa mae hut. Olla mon si experience is en lessen tsu onery mon, un my grosser droovel far der windt raisa in en worning tsu karls woo net wissa was en dawler warlt is. De fact is, en is easier geld lose wara os es ie bringa, un ufmohts sharta yunge menner nows mit ma hofwa geld fun eram fodder un es seemed s sin net g'satisfied bis se es lose warra. Es seemed era heifly geld reibed se os we en hickerniss in ma shiffel. Se sin net rooch bis es oll is, darno ac mahl coomds ena ei os se on de arawet missa un os es en dawg hardt shoffa nembt far en dawler fardeena. Des sin ae sarl norra waega geld.

En onery sort geld norra sin karls woo mer de rare first-rate karls has-ed. Woo olsart blendy geld hen, sin liberal, un kenna et ous era agena deer gae ony a pawr dawler shenda. Won du n bill collecta wid ena don hen se nec ken geld, awer won du se drows aw-dreffa doosht don doona dich royal treata—farleicht mit dime agena geld. Du konsht mit dime base warra ivver se un duch grabwits in dere os we en mouss won se onera malekshst fretta will.

En onery sort geld norra sin selly karl woo hoch, ni sharta in bississ, driva de beshta gile, un wara de beshta glaeder. Se kawfa un fakawfa, schwetza waega tzae dawsend dawler os wons usht tzae cent ware, locha ivver leit woo hardt shoffa far en laeva maucha un laega ena os we easy os es is geld tsu maucha won se usht schmaht g'nunk wara. De leit googa uff tsu ena os won se harra wara. Yader ebber drowed ena un de mensht leit windsht won se usht a pawr dowsend dawler hettta far ena tsu geuva usht far "safe keeping." Gli grocht ebber. Der shreef coomed un derno warts ous g'funna os era grosser show oll gadoo is warra mit oner leit erm geld, un derno farwoonert leit os se so farlompete kelver wora un hen net dorrich se saena kenna darfore. Awver farleicht tsu shpote. Se missa widder frish ni awfonga en dowsend dowg shoffa far de dawsend dawler fardeena os se rem raskel geuva hen, usht far eme tsu wisa we feel confidence os se eme g'hot hen.

D fact is, shepculata mit oner leit eram geld is g'farliche bississ. Es geld os do mauched won du glich husht is di, uns geld os du farleersht is dina friend. Glae awfonga un grosse uff geuva is en gooter motto far yunge leit. Won du en hooneder dawler fardeest in ma yohr un shpendst nine-un-nintzich don bisht da harlich; un won du en hooneder dawler fardeest un shpendst en hooneder un ac dawler don bisht du moowdlich. Der besht wake is cash batzawla we mer gait won mer's oner ishted do con, un nix kawfa os moner net wase woos geld hare cooma doot fars batzawla. Ich wet liever en far-issner ruck wara os batzawled is os we en doochner ruck os ich ken rasade derfore hob. Wons shunt net so shae gooked mer con duch nochts shlofa oona ga-droockered si mit shoolda. Der droovel os mer sich selver mauched is der hardst, un kenna hennem em fae brode-grimia uff's lineduch os wo shoolda druvell.

Doh hare comst du dich drue fer-lussa, won oll shepculations dorrich folla ae ding is sure, un des is os nemond g'shucka waerd—wile ich geld laena wet won ich kent, un kent net won ich wet.

FEDERAL-AID ROADS INCREASED 600 MILES
Nearly 600 miles nearer the goal of a completed system of highways for the United States is the report of the Bureau of Public Roads of the United States Department of Agriculture for the month of July. The final goal, the construction of a system of approximately 180,000 miles of Federal-aid highway consisting of a network of trunk line and secondary roads reaching into practically every county is still a long way off, but we are 5,392 miles nearer than at the beginning of the year according to the bureau.

Completed Federal-aid roads now total 18,299 miles with 14,912 miles under construction and approximately 60 per cent complete. Including projects not yet under construction Federal-aid roads in all stages now total 40,338 miles.

There is no indication of any slackening of the greatly increased rate of progress which be gan with the season of 1921 as the States continue to pour in plans for new projects and place them under construction as rapidly as possible. Nearly twelve and one-half million dollars was obligated to new projects in June and July, and in the week ending August 5 reports were received of the letting of 68 new projects and announcements of 57 to be left.

At the present time the force of the bureau is taxed to the limit with the examination of new plans and projects, inspection of roads under construction and the planning of the Federal-aid highway system which is being gotten into final shape.

THE PRODUCE AND LIVE STOCK MARKET

CORRECT INFORMATION FURNISHED WEEKLY BY THE PENNA. BUREAU OF MARKETS FOR THE BULLETIN

Range of Prices

Beets: Homegrown and N. J. good quality, 5c bunch.

Beans: Homegrown, green, good supply, 10-15c one half peck; yellow 10c one fourth peck.

Cabbage, Homegrown, new stock, fair supply, good condition, 4 8c per head.

Cauliflower: Cal. and homegrown, supply fair, good quality, 10-25c per head.

Corn: Homegrown, good supply, 10 and 20c per dozen.

Cucumbers: Nearby, fair supply 2-5c each. Pickles: Fair supply, 25-60c per 100.

Egg Plant: Nearby, supply fair, 10-25c each. Squash: Nearby, good supply, 5-8-10c each.

Onions: Nearby, yellows and whites, 15-20c qt. box, green 3-8c bunch, Spanish 8-10-15c each.

Lima beans: Homegrown, supply liberal 15-18c qt. box.

Parsley, Homegrown, good quality 1-3c bunch.

Peppers: Nearby, fair supply and quality, 2-5c each.

Potatoes: Nearby Irish Cobbler, new, good quality, 20-25c one half 90c-\$1.10 bushel.

Sweet Potatoes: N. J., supply fair, 25-35c 1-2 peck.

Radishes: Homegrown, good supply, fair condition, 3-5c bunch.

Parsnips: Nearby, fair supply, 10c qt. box.

Tomatoes: Nearby, supply good, 3-7c box; 14 qt. basket 40-50c.

Turnips: Nearby, fair supply and condition, 20c one fourth peck.

Rhubarb: Homegrown, good supply 3-10c bunch.

Celery: Nearby, fair supply, 10-20c stalk.

Fruits

Apples: Homegrown Transparents and red varieties, good supply and condition, 20-30c 1/2 peck.

Bananas: Jamaica, good quality, 20-35c per dozen.

Grape Fruit: Florida, good supply, 10-20c each.

Crab Apples: Nearby 10-15c qt. box.

Cantaloupes: Fla. and Calif. fair supply, 5-15c each.

Lemons: Calif., good supply and quality, 20-30c per dozen.

Oranges: Florida and California, supply good, quality and condition good 30-75c dozen.

Peaches: Homegrown, supply increasing, 8-15c box; 14 qt. basket \$1.00-\$1.25. Md. 1/2 bu. baskets Carmen \$1.25.

Blackberries: Homegrown, fair supply, 18-20c qt. box.

Elderberries: Nearby, fair supply 10-15c qt. box.

Wild Cherries: Nearby, fair supply 15-20c qt. box.

Plums: Homegrown, all varieties 10-20c qt. box.

Pears, Nearby, all varieties 10-20c qt. box.

Watermelons: a good supply, 30-50c each.

Grapes: Nearby, limited supply 20c qt. box.

Butter: Country 35-45c per lb., Eggs 38-40c dozen, mostly 30-40c.

Poultry: Dressal chicken, \$1.25-2.25 each. Springers 75c-\$1.00 each. Squabs, 25-50c each.

STRAIGHTEN THAT BENT BACK

No need to suffer from that tired, dead ache in your back, that lameness, those distressing urinary disorders. Mount Joy people have found how to get relief. Follow this Mount Joy resident's example.

Mrs. G. B. Zeller, 309 E. Main street, says: "My kidneys were badly disordered and sharp, darting pains annoyed me so I couldn't get very far with my work. My back ached all day and at night I suffered even worse. This trouble ran down my health and to add to my misery, my kidneys began to give out. Specks blurred my sight and often dizzy spells followed. On my mother's advice, I began taking Doan's Kidney Pills, procured from Galt's Drug Store and it didn't take them long to drive the pains out of my back and regulate my kidneys. Doan's cured me of all signs of kidney trouble."

Price 60c, at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the same that Mrs. Zeller had. Foster-Milburn Co., Mfrs., Buffalo, N. Y.

AREA PLAN OF TUBERCULOSIS ERADICATION INCREASES

The plan for eradicating tuberculosis in cattle from entire areas, such as counties, is daily growing in popularity according to reports coming to the United States Department of Agriculture. The idea has taken hold in Michigan and is spreading rapidly. Already five counties have been freed of the plague, and reports from the inspector in charge for the Government show that the boards of supervisors appropriated money and made provision for, cooperating with State and Federal forces. When one county joins the ranks for eradication its action stimulates others to follow. The prospect for ultimately ridding the country of the disease never looked so promising as at present, say those in charge.

Good E. Donegal Farm.

If any one wants a real good East Donegal township farm, along the Donegal creek, with the best of me stone soil, here's your chance. 107 acres, seven acres of which is good meadow, farm divided into six fields, new barn 48x90, 8 room brick house, summer house, shedding for 10 acres of tobacco running water at the barn and house. Buildings in exceptional shape farm is convenient to markets is an excellent producer and can be bought at \$180 an acre. If interested call, phone or write Jno. E. Schroll Realtor, Mount Joy.

Ford
THE UNIVERSAL CAR

\$348
F.O.B. DETROIT
NEW PRICE

You have never before had the opportunity of securing as much motor car value at so low a price. Take advantage of this opportunity and place your order now when you can obtain prompt delivery.

Terms if desired.

H. S. Newcomer
Mount Joy, Pa.

BEAUTIFY YOUR HOME
WITH
CHANDELIERS OF QUALITY

See our Five Exclusive Showrooms
All kinds of Electrical Appliances

Trissler Elec. Shop 243 N. Duke St.
LANCASTER, PA.
Look For Our Big Electric Sign

GOOD FURNITURE
Is the only kind I sell—Furniture that is Furniture

Rockers, Mirrors, Hall Racks,
Picture Frames, Ladies' Desks,
Extension and Other Tables,
Davenport, China Closets,
Kitchen Cabinets.

In Fact Anything in the Furniture Line

UNDERTAKING AND EMBALMING

H. C. BRUNNER MOUNT JOY, PA.

COAL COAL
ALL SIZES AND KINDS OF COAL ON HAND FOR IMMEDIATE DELIVERY. CARDS ARE NOT USED ANY MORE.

F. H. BAKER
TRY SUCRENE DAIRY FEED FOR MORE MILK.
USE SUCRENE DRY MASH FOR CHICKENS FOR MORE EGGS!

LUMBER and COAL

Both Telephones MOUNT JOY, PENNA.

Read the "Bulletin" for all the News