Drying Fruits and Veg hles

in

Hunting a New Position

Porter Wins

The mayor of Riverside has been Put one hundred men on an island. e-elected to office. And it is a strange where fish is a staple article of sus-

There is a right way and a wrong degrees below zero or there afford in these days to keep servants. greater quantities since the using way to go about everything and the him.

te is careful instantly to release or three now get along with one maid. Did, for if he does show this Many manage with half a servant, they retain their native flavor as ssness the inner palm of his sharing her with a neighbor. Not a well as the canned article. They have way if she expects to be successful. says the Los Angeles Times. In order So long as everybody works there i will be frozen in five seconds. few housewives have been driven to but one disadvantage-that unlike the First of all, do not go hunting new to set up an additional preventive plenty. All hands are happy. result is the same as though he the necessity of doing their own cook- anned article they cannot be served employment late in the afternoon or against the spread of the disease he Ten of the allotted fish catchers the necessity of doing their own cook-ing and sending the washing to a cooking or overnight soaking.

This, however, is a minor inconveni- that day and the fatigue are sure to unlawful for a man to kiss his own fish they catch. ence, when you remember how much be reflected in your manner, and you wife. You "wouldn't dast' kiss the Five continue to catch fish, but york more dried food can be packed away in will not appear at your best or be able prettiest girl in Riverside, and that's only part of the day at it. comparatively small space than the to convince the new employer of your a big word, for Riverside is just literally jammed with pretty girls.

If you were to see the prettiest girl upon having the same

line she already follows. Advertise- every other misery to kiss her. You and cooked the fish But what can the flat dweller do? ments to the girl who wants to go would walk a tight rope across Niagara owing to the under sur Falls on a windy day to do it.

But, if you did, and it was when house run on that scale the butler plies. Canned goods take up space found only through a friend or the the "flu" was rampaging around there, upon the fruit and veg Mayor Porter's policeman would slam They insist upon a The cold wave alternates with warmer Coal oil begins to thicken at 40 de- and cook "stand in" with the butcher far in excess of the amount of food employment agencies, so that it is well you into the calaboose and all the fish in return for the to register in several places and give lawyers in California couldn't get you in gathering fruit and vegetables It But you can pack away enough a full history of your ability. Very dried food for the winter's needs of a often a girl who has followed one spe-

small family on one or two shelves. cial line of work for some time hesibe Mayor," was what they all said. and vegetables.

Yet, here comes along another elec unnecessary to do the drying at home. at the time they register. If all the tion, and there is the honorable mayor It was found that the average But berries, apricots, peaches, pears various lines of work and the special just where he was, booked for another

apartment house family throws away and other small fruits should be dried training to each girl is recorded the term, his same old chair waiting nice To offset the effect of the strike of only one-fifth as much-largely, doubt- if there is not space or equipment for unusual position is surer to find its and cozy for him in the city hall. It is indeed a true saying that poligreat convenience, taking up less as a clerk or stenographer.

space than the cans, and yielding much In paying off a very efficient girl which way it will jump. But there more pulp and flavor at a smaller who was going to a better position must be something more than that back of the re-eleition of Mayor an employer remarked. "You know The Italians have long had dried Miss Brown, if you had told me when Porter. There must be something un

omatoes, but the article is still more you came that you could do this work usual about the man himslf. of a rarity with the American families. I would have paid you much more The Latest Gossip took you at your word." That girl ever forgot the statement, and since 50 pounds of meat, 35 pounds of po-tabels has evaporated and only the all the possible work she could do

Every month we have a few more efore starting out, and then, when uestioned, answered firmly and certainly every question. The result has For example: A fresh young carrot tasks to do with small pay, she has corbutic vitamine as a fresh but old

arrot. Both the age and the method effect on this valuable food item. Dried milks keep their vitamine Most girls are afraid of themselves value and may be used for children if

prange juice is fed . Condensed milk, y, and one or two tablespoonfuls will girls who do nothing but boast, and

are cooked and how much is eaten. It is "thumbs down" for the boiled back of the stove or leave in a slow perfectness that they failed utterly potato, especially with the skin off. cooking are death to the vitamine

This max ke from 36 to 48 hours. Iy and in such a manner as to make example, of four pigeons on the same the ambition of every Japanese gen-Then replace all the berries in a hot one think of no special part of that ration of corn and barley and peas, the tleman from that time to this to oven to come to boiling point. This dress but to remember only the gen- two whose food was heated in a presis simply done to sterilize completely. eral neatness and suitability, with sure cooker at 15 pounds pressure for that bears the name of a celebrated Pack tightly in small pails or tins shoes blackeed and straight of heel, 25 hours died in 40 days, but the two artist.

and cover the top of the can with hair netted and not blowing heedless, whose food was heated only 35 mineveral thicknesses of newspaper be- hands neatly gloved, who are bound utes were doing well after 280 days. been attracted, he looks next at the vitamines. Each little vitamine has world for their tiny buttons. Religion, Spinach, string beans and many eyes and much is determined by this habits of its own. Glittering generali- history, folklore and humerous inciother available vegetables may be left eature. Clear, strong wide-awake ties are their abhorrence. And fur dents of daily life all furnish material to dry in a slow oven, but always there yes convince the most prejudiced, for thermore the same food varies not or the netsuke carver. Many of the should be only enough heat to dry men of the business world are not nly with age and the treatment it has woodcarvers have today gone into the

case. In the betting ring the odds tenance. Twenty-five of the men catch

would have been 1000 to 1 against fish. Twenty-five others clean the fish. Twenty-five hunt friut and vege-This mayor presided over the town tables. The entire company eats what

Let's Go!

Fewer fish go into the kitchen.

But the same number of men insist nt of fish to eat as they had I

cleaned s to do fish. But they continue to dema

Gradually greater b are laid hunters. share of arger efforts s denied them and soon twenty of "This is the last time he will ever the twenty-five quit gathering fruit

> But the entire one hundred men ontinue to insist upon their right to

The daily food supply gradually shrinks. The man with two fish dehands three bananas in exchange for one of them. The man with two bananas refuses to part with one for tics is like a cat. "No one can tell fewer than three fish.

Finally the ten men remaining at work quit in disgust. Everybody continues to eat. The hidden fish are brought to light and consumed. Comes a day when there is no food of any kind. Everybody on the island blames everybody else.

What would seem to be the solution? Among the Vitamines Exactly! We thought you would guess

For we repeat taht you can't eat, buy, sell, steal, give away, hoard, disconcerting facts about the vitamine. wear, use, play with or gamble with WHAT ISN'T.

History of a Button

and unworthy of the talent inherent in the agle fingers of the Japanese

gainst scurvy, according to how they turned to making netsuke. Netsuke are the little buttons of carved wood or ivory fastened by a cord to the tobacco punch and the pipe case to Too high temperatures and too long prevent them from slipping through the sash. A whole school of netsuke that may, however, survive cooking carvers sprung up at the end of the eventeenth century, and it has been fasten his tobacco outfit by a netsuke

There is nothing momentous about but they have drawn from the whole

ompletely into the fire. ch temperatures one must be te Glass ver areful about touching things protected hands. It is dangertake hold of a door knob when u will drop that sentence was finad slipped from the

zen. To remedy this, the dish

with the uncovered hand, un- Households which formerly kept two prize of sugar made canning an ex- girl who goes out to hunt a new posi-

cted to this frigid temperature con- but there has been an incidental gain.

grees below, and at 60 and 70 degrees and grocer, and their rake-off in- value they yield.

Cutting Down

Home Waste

People of average means can hardly Dried fruits and vegetables.

ay aside for the winter.

s like a bit out of "Alice touched a red-hot stove. and." but in sober fact, as Great spikes, used in constructing laundry. n American formerly envarious enterprises at Daw- the frames of buildings, when sub- This has meant to deal a discomfort,

he Yukon territory.

reaks

sistant and, striking iron, flew into pieces

been glass instead of

interesting to learn what fract when embedded in the wood, Waste is enormously reduced. is at 60 degrees below zero, a and when the clinging fiber of the Servants make nearly all the waste rature not uncommon in the wood can no longer control the con- of a household. Many housewives, canned goods. It is true that rows true ability. For example, the gentleman traction, the shrinking spikes give a deprived of "lady help," have been of well filled shelves are a delight to The newspapers offer no end of ned tells of one stretch of such great jump in the wood, this being ac- astonished to observe a shrinkage of the eyes of the thrifty housewife who ideas for the girl who wants to do n Riverside you would risk the "flu," In January, a spell that endured complished by a loud booming sound their food bills, notwithstanding the takes this advantage of summer to something different or improve the lumbago, mumps, Charley horse and The fifty men who two weeks. The temperature rauged like the firing of heavy gun, or that present doubled and trebled prices. from 44 degrees below zero (the of a building struck with a sledge, When a domestic establishment emwarmest) down to 68 degrees below. there is, therefore, not one but many ploys half a dozen servants the waste In the average city flat there is scarce ahead, but sometimes the best oppor-Some of the outlying Yukon police of these explosions, which resemble is enormous. Nearly always in a y enough space for current food sup- tunities are not advertised and are stations reported 80 degrees below. the sounds from a target range.

periods of 10 degrees below.

At such temperatures as these below becomes as thick as lard and creases with the amount of food they strange manifestations appear. One looks very much like that substance, throw away. is the way a fire burns in the stove. only a little darker. It can then be Recent investigations by the New It roars and crackles like a great cut out of the can with a knife the York Health Department proved that It does not pay to dry lima beans or tates to branch out in those sister deforge, and wood in the stove seems same way that one cuts lard or but- the average family living in a private in fact any of the bean family. These partments which demand special work And certainly it looked like it. Everyto dissolve in the flames like a chunk ter. A lighted lamp or lantern left house with one or more servants, are such staple articles that they can along that particular line and fail to body was mad. of ice; the wood is gone and one won- exposed in this temperature will throws away a pound and a quarter be bought cheaply enough to make it mention their ability to do this work freeze up and go out in about 80 min- of perfectly good food every day. ders where the heat went.

utes.

At 60 degrees below every stovepipe

throws out a great white cloud of boat in its whiteness, and this cloud telegraphic employes, an airplane pos-less, because such families reduce do-less, because such families reduce do-canning. Dried tomatoes also are a way to you than if you simply register streams away for from 50 to 100 feet, tal service has been organized between mestic service to a minimum. the principal cities of Italy by the In the tenement districts of New mingling with the other white-gray York one garbage can usually suffices

mist of haze that remains permanent Italian government.

posed of frozen vapor.

to hold the food refuse of 20 families in the atmosphere of the town like a Recently detectives in Berlin in an But in the "private house districts" great fog when it is 40 degrees or more below zero. This white-gray airplane chased and apprehended three it was found that 163 families had more below zero. This white-gray money traffikers who, with 11,000,000 175 garbage pails, or more than a pail Their method is to stew fresh tomatoes but you were not sure and, of course but you were not sure and the sure and frozen fog, and every man, woman, silver rubles, were en-route to Frankapiece child, animal and even the fire that fort by train. The pursuers reached Examination of the 175 pails reburns is throwing out moisture into Frankfort before the train and nabbed vealed 18 pounds of bread and rolls, most of the water content of the vegethe air, which is immediately turned the traffikers as they were in the act into a cloud of frozen vapor that of transferring the money to accomfloats away and remains visibly sus- plices in a hotel.

pended in the air. Very slowly this Without Assistance settles to earth; and in the morning, about the steps and any protected

place, one can see a very fine film of flourlike dust deposited, which is comtent of a party of city hunters one

Exposed cars, hands and noses night. freeze at this temperature in going One of the Nimrods raised himself perity. Not until very recently have perfectly dry these strips of tomatoes the distance of about one city square. upon his elbow and glanced about. The breath roars like a mild jet of "Oh, Lord! Every other man sound this was a foolish idea. steam, while a dipper of boiling water asleep, so that I'll have to smell it all thrown out into the air emits a pecul- alone!'

iar whistling as its drops circle through the frosty atmosphere.

Prospectors, in attempting to boil the Manufacturers' Aircraft Associa- In the first four months of this year dish of rice or beans upon a camp fire unprotected from the weather, tion have united in urging the passage 62,509 Italians came to this country. find that the side of the dish that is of Federal laws regulating aerial traf. An ounce of asbestos can be spun oven until the scalding point is to realize that the employer did not in the fire will boil, while the part fic in harmony with the international into a string more than a hundred reached. Then leave in a warm place of the dish exposed to the weather air code.



One area of shale on the Colorado-

The American Bar Association and 36.000,000,000 barrels of oil. vards long.

Utah boundary is estimated to contain tomatoes.

eason as richly as a small can of we all know they are usually the class the antiscorbutic. who are constantly hunting a new

position because their last was too arge for them. They looked so much

fore clambink on the lid. It should, to attract the business man. Having of course, be tightly sealed.

tables.

tatoes, 16 pounds of cereals and large pulp remains in the saucepan. This quantities of perfectly fresh vege must be stirred frequently, of course, to prevent burning, and should simmer

Always the amount of food waste over a slow flame very gently. Final- been that instead of taking small has over three times as much antis varies directly with the number of ly, the pulp is squeezed through a col-A squnk happened to wander by the servants employed. As a matter of ander, the liquid being used for soup tasks to do with small pay, she has steadily climbed upward, taking on fact the full garbage pail seems hith- making or other immediate purposes. more and more difficult work, and of cooking a food may have much erto to have been regarded in this The pulp is spread out on boards giving more satisfactory service. country as a manifestation of pros- and left to dry in the sunshine. When

price.

people begun to think that possibly are packed tightly in jars or crocks and hesitate to extol their own pos-this was a foolish idea. and sealed. Thus they keep indefinite irls who do nothing but boast, and

For drying berries, be sure to use nly the good ripe ones. Spread three

very slowly without any water being

added whatever. This is done until

o let the moisture evaporate slowly.

There are a few girls dressed plain- under less strenuous conditions. For

The demands of today are trivial

Potatoes may or may not guard for July. Many wood carvers have

The descendants of Unkel have devoted themselves to art in miniature,



1