

## AMERICAN STORES CO. AMERICAN

Read it over — Check every item"

We can save you money on the finest high grade groceries obtainable. It pays to trade where quality counts. Our Nearest Store is Mount Joy, Penna.

<p><b>BEST PEARL BARLEY</b> 4c lb. None better—splendid for soups and broths. An exceptionally low price.</p> <p><b>CHOICE QUALITY TOMATOES</b> Can 10c, 15c</p> <p><b>CHOICE TENDER PEAS</b> Can 14c</p>	<p><b>LAUNDRY SOAP</b> 6 cakes 25c</p> <p><b>BEST WHITE BEANS</b> lb. 10c</p> <p><b>IVORY SOAP</b> Cake 6c</p>
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**BANG! DOWN GOES THE PRICE OF MACKEREL.**

**OUR 13c MACKEREL CUT TO EACH..... 12c**

**OUR 18c MACKEREL CUT TO EACH..... 16c**

**OUR 35c MACKEREL CUT TO EACH..... 32c**

The finest quality Mackerel that ever swam in the ocean. Eat mackerel—more economical than meat. What's nicer for your breakfast than a Fine, White, Fat Mackerel?

**EVERY DAY EVAPORATED MILK big can..... 12½c**  
Quality just right. Cheaper and more economical than fresh milk. Try it to-day for your tea, coffee, puddings, etc.

**PENINSULAR CONDENSED MILK can..... 17c**

**EAGLE MILK, can..... 20c**

**EASTER RABBITS, lb..... 25c**  
Fresh from the N. B. C. ovens. Very dainty. Nice for the youngsters at re-cess time.

**TENDER DRIED BEEF, pkg..... 13c**  
Sliced very thin, trimmed of all waste. Packed in sanitary packages and only sold in our 1,200 stores.

**PURE THREADED CODFISH, pkg..... 8c, 12c**

<p><b>CHOICE Quality Broken RICE, lb. 9c</b></p> <p><b>Our VERY BEST COFFEE (The Cup That Satisfies) Pound 32c</b></p> <p><b>CALIFORNIA SEEDED RAISINS, pkg. 14c</b></p> <p><b>FINE TABLE SALT, pkg. .4c</b></p> <p><b>MOSS ROSE CATSUP, bottle 10c</b></p> <p><b>FRESH CRACKER DUST, lb. 13c</b></p> <p><b>CALIFORNIA BONITA, (Like Tuna Fish) can 19c</b></p> <p><b>CUT STRING BEANS, Can 12½c</b></p> <p><b>CAMPBELL'S SOUPS, can 10c</b></p> <p><b>FANCY SPAGHETTI, can 8c, 12c</b></p> <p><b>CHOICE SALMON, can 12½, 20c</b></p> <p><b>KIPPERED HERRING, can 15c, 24c</b></p> <p><b>DOMESTIC SARDINES, can 8, 17c</b></p>	<p><b>RITTER'S PORK &amp; BEANS can, 11c</b></p> <p><b>COLUMBIA RIVER SHAD, Big can, 18c</b></p> <p><b>'ASCO' GINGER ALE, Bottle, 12c</b></p> <p><b>OUR VERY BEST TEAS ½ Pound 12c ¼ Pound 23c</b></p> <p><b>MRS MORRISON'S CHOCOLATE PUDDING, pkg. 8c</b></p> <p><b>EASTER JELLY EGGS, lb. 23c</b></p> <p><b>FINEST CREAM CHOCOLATE EGGS, lb. 33c</b></p> <p><b>CHOCOLATE COATED EASTER RABBITS, 6 for 11c</b></p> <p><b>FANCY CALIFORNIA APRICOTS, can, 15c</b></p> <p><b>CHOICE CALIFORNIA PRUNES, lb., 16c</b></p> <p><b>STUFFED OLIVES, bottle 14c, 20c</b></p> <p><b>NEW MADE MACARONI, pkg., 10, 12c</b></p>
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### HERE GOES THE "FINISHING 5TH"

#### Counties Make Early Start on Victory Loan Work.

With the Victory Liberty Loan drive still several weeks distant many of the counties of the Third Federal Reserve District are splendidly organized and are prepared to make the "Finishing Fifth" the most enthusiastic campaign of the series.

One or more group meetings have been held by several of the Pennsylvania county groups. At each meeting there has been an exposition of conditions in the ability of the Loan organizations to put the Loan over. It is generally admitted that there is need of advance hustling to revive patriotic interest, but no one doubts that the public will respond to the right kind of Loan appeal.

As evidence of the interest that is already being taken in the Loan and the progress that has been made, the following news paragraphs are noteworthy:

**LOAN "PEP" AT READING**  
Six Counties Made a Good Start in Joint Conference.

Six counties were represented at a conference at Reading to formulate plans for the Victory Liberty Loan campaign. Daniel W. Kaercher, of Pottsville, representative of Group B of the State Advisory Committee, presided and urged a spirited drive. The counties in the group are Lebanon, Northampton, Lehigh, Northumberland, Schuylkill and Berks.

Campaign plans were outlined by E. McLean Watters, State chairman of the Advisory committee. An interchange of speakers by the various counties during the drive may be arranged. This is to introduce new arguments. Publicity features were discussed, including spectacular flights by aeroplanes and a dirigible balloon. A distribution of German helmets, cartridges and also medals made of captured German cannon is planned. The medals are for the Loan volunteers.

Addresses were made by E. J. Fox, Northampton; C. W. G. Fox, Berks; Supreme Court Judge; Rev. J. L. Henson, of Lebanon; Miss Anna Grimm, Lehigh; Miss Frances Kaercher, Mrs. Lewis Anhalt and Daniel Duffy, of Schuylkill.

**LEND OR BE TAXED? THE ISSUE**  
Chairman Hersh Stirs York Rally With Blunt Facts.

"Will we lend our money to pay the nation's tax debts, or will we force the government to take the money from us in taxation?" is the way Grier Hersh, county chairman, placed the Victory Loan issue before the county workers at a big Loan rally in the Colonial Hotel at York.

Benjamin H. Ludlow, State chairman of the Speakers' Bureau of the Victory Loan Committee of Pennsylvania, delivered an address, in which he imparted to the workers present helpful suggestions for the campaign.

These slogans are being used locally: "The next national election is in November, 1920. This is a Victory Loan campaign."

"The first four Loans took 'em over, now the fifth one brings 'em back."

Guests of the York county Victory Loan Committee present were: J. E. Bacon, Philadelphia, director of supplies; George E. Lloyd, Carlisle, district chairman of the speakers' bureau; Rev. H. B. Stock, chairman speakers' bureau, Cumberland county; Rev. A. R. Steek, Rev. M. Plummer, H. Hall Sharp, Prof. John Rhee, J. C. Wagner and Fisk Goodyear, Carlisle.

**MONTGOMERY NORTH IS READY**  
Victory Loan Workers Organized and Headquarters Open.

Preliminary plans for the Victory Liberty Loan are shaping up very favorably in Montgomery county, northern division, and indications point to a spirited drive. The Central committee for this division comprises Clayton H. Alderfer, division chairman; S. L. Gabel, vice chairman; Roy Huber, publicity chairman; Theodore Lane Bean, speakers' chairman; and Morgan P. Hunter, secretary.

Headquarters for the Central committee are located in Norristown, in the Boyer Arcade building on the first floor, while the Publicity department has an additional office on the second floor for posters, signs, supplies, literature and other forms of "silent salesmen."

Speakers' and publicity chairmen are in service as follows:

Norristown—Theodore Lane Bean and Roy Huber, Conshohocken—Richard G. Wood, Jr., and James Gorman, Bridgeport—John J. McCormick and John J. Hoesy, Phoenixville—J. Clarence Parsons and H. H. Gilkyson, Spring City—Milton Latsav and John T. Wagner, Royersford—Horace E. Campbell and John T. Wagner, Pottstown—Edward S. Preetz and Ernest J. Sparo, Collierville—A. D. Pettoroff and E. S. Moser, Schuylkill—Irvin S. Schwenk and Irvin H. Bardman, Green Lane—Jesse Cressman and H. L. Shellenberger, Pottsville—Rev. O. S. Krielle and Foster C. Hilligas, East Greenville—John L. Dimmig and Foster C. Hilligas, North Wales—Henry S. Swartzley and Abel Price, Lansdale—William M. Taylor and Walter L. Sunborn, Southernton—Allen G. Reiff and R. B. Gostlyer, Harleyville—A. C. Alderfer and H. W. Dabbs, Telford—V. H. Kulp.

**How is Your Complexion?**  
A woman should grow more beautiful as she grows older and she will with due regard to baths, diet and exercise, and by keeping her liver and bowels in good working order. If you are backward and yellow, your eyes losing their lustre and whites becoming yellowish, your flesh flabby, it may be due to indigestion or to a sluggish liver. Chamberlain's Tablets correct these disorders. 4-2-5t.

**Who Wants a Farm?**  
I have for sale an 86 acre farm in West Donegal township, that is, beyond a doubt, the best farm of its size I have ever offered. Limestone land excellent producer, good buildings, excellent location. Must be seen to be appreciated. J. E. Schroll, Mt. Joy.

### FARMERS' COLUMN

Items in These Columns Are Prepared in the Department of Agriculture at Washington, D. C., and are Reliable and Trustworthy.

**HOW TO REDUCE MILK-BOTTLE**  
Consumers can help by careful handling and prompt return of milk bottles to dealers or their authorized agents.

Drivers can collect all bottles promptly and handle them with more care.

Milk dealers can develop more effective plans for marking bottles, collecting those which are lost, and returning them to the owner.

Legislators and public officials may assist by providing laws, ordinances, and regulations to curb wasteful and dishonest practices, including the suppressing of milk-bottle traffic and junk dealers.

Inspectors and the courts may give valuable service by strictly enforcing laws and regulations.

The press has an important service to perform in pointing out that milk bottles are private property, in the aggregate of great value, and a material factor in the cost of milk service.

**KEEPING THE FLAVOR IN MEATS**  
It is extremely difficult to retain the flavor-giving qualities in a piece of meat so tough as to require prolonged cooking. It is sometimes partially accomplished by first searching the exterior of the meat and thus preventing the escape of the juices. Another way is to let them escape into the gravy which is served with the meat itself, illustrated in the following recipe for round steak on biscuits.

Cut round steak into pieces about one-half inch square, cover with water and cook at a temperature just below the boiling point until it is tender, or boil for five minutes, and while still hot put into fireless cooker and leave it for five hours. Thicken the gravy with flour mixed with water, allowing two level tablespoons to a cup of water. Pour the meat and gravy over split baking-powder biscuits, so baked that they have a large amount of crust.

**LICE ON TURKEYS**  
Four species of lice are commonly found on turkeys in this country. One of these, which occurs particularly on turkeys associated with chickens, is the common body louse of chickens. This species is not found in great numbers on turkeys, but it sometimes becomes sufficiently abundant to cause considerable irritation both to the grown fowls and to the young. The shaft louse of chickens also has been found on turkeys, but probably does not breed on that host. The other two species seem to be native to the turkey, probably existing on this fowl in the wild state. The large turkey louse probably is the most abundant. It occurs on the feathers on various parts of the body, especially on the neck and breast. The slender turkey louse is a species of good size, though rather elongate, resembling in shape the head louse of chickens. Normally neither of these species is exclusively abundant, but on crippled or unthrifty turkeys they may cause serious annoyance, and undoubtedly they are injurious to poultry.

**PREVENTING MOTTLED BUTTER**  
Mottled butter is frequently found on the market at this time of the year, and, even though it may be of very good flavor, it is strongly discriminated against by the purchaser. As this defect is one of workmanship, it can be overcome by the application of proper methods on the part of the butter-maker.

Mottles are caused primarily by an uneven distribution of salt in the butter. This may be produced by insufficient working of the butter or by churning, washing, and working it at a very low temperature, or by washing or working it at a temperature several degrees higher or lower than the churning temperature.

When the quantity of butter made in one churning is much less than usual, it is necessary to work it a greater number of revolutions of the churn than usual in order to produce the same result on the butter.

Extremely low temperature of churning, washing, and working should be avoided, because they produce so firm a butter that it is only with great difficulty that the salt can be worked uniformly into it. High temperatures of churning, washing, and working must also be avoided to prevent an abnormal loss of fat in the buttermilk and also the making of a greasy, lanky butter.

Great variations in temperature during the manufacturing process should always be avoided. Under normal conditions the temperature of the wash water should be the same as, or within 2 degrees of, that of the buttermilk.

**TEN HENS TO A HOME**  
By keeping a back-yard poultry flock the family would not only help in reducing the cost of living but would have eggs of a quality and freshness which are often difficult to obtain.

Each hen in her pullet year should produce 10 dozen eggs. The average size of the back-yard flock should be at least 10 hens. Thus each flock would produce in a year 100 dozen of eggs, which at the conservative value of 40 cents a dozen, would be worth \$40.

**Good Business for Sale**  
I have for sale a dairy outfit of Messrs. B. F. Kauffman & Son of this place. It includes horses, wagons, cans, bottles, clarifier, separator, cooler, etc. Will give immediate possession. Will sell business and outfit or rent the buildings to purchaser or will sell buildings with the business. Now who wants an old established business averaging 500 quarts daily in a town with no competition. Don't think long but act. J. E. Schroll, Mount Joy.

**Never so much plowing done during the month of March as this year; neither were the roads in such good condition, is the word that comes from all over the state.**

Subscribe for the Mt. Joy Bulletin.

### BAD BACKS BRING SLEEPLESS NIGHTS

Many Mount Joy People Deprived of Needed Sleep by a Sore, Aching Back

There is little peace or rest for the backache sufferer. Night brings no respite from the day's misery—the same old backache is ever present, the sharp twinges when turning or twisting. The annoying urinary troubles, the headaches and nervousness, all tend to prevent rest or sleep. You often arise more tired than when you went to bed. If you have kidney trouble you must get to the cause, the kidneys. Weak kidneys seldom get well alone. Use Doan's Kidney Pills, the remedy that is so strongly endorsed by your friends and neighbors in Mount Joy. Could you desire more convincing proof of merit?

C. J. Gillum, E. Main St., Mount Joy, says: "My back" became so painful I couldn't rest well at night and was all tired out when I got up in the morning. Doan's Kidney Pills entirely took away that disorder. I haven't had to use any kidney remedy now in over eight years."

Price 60c, at all dealers. Don't simply ask for a kidney remedy, get Doan's Kidney Pills, the same that Mr. Gillum had. Oster-Milburn Co., Mfrs., Buffalo, N. Y.

**Own Your Home**  
Lancaster City has just started a big "own your home" campaign, which is indeed a very wise move and there is no good reason why the same can not be done here. There are a number of good houses for sale in this section. I am listing additional ones daily and will cheerfully give home-seekers whatever assistance I can in reference to financing their proposition. If you know of a home you would like to own, call, phone or write and I will be "johnny on the spot."

The lot with two properties on E. Main street, of the estate of the late B. S. Dillinger. One house has all conveniences.

Now don't delay but see me at once. Jno. E. Schroll, Mt. Joy.

**A GREAT MEDICINE FOR HIM AND HIS AILMENTS**  
SAYS FARMER BROWN

Chester Brown, a farmer, living near Honeybrook, Pa., says: "I had dropsy, had water in my feet, legs and feet swelled, and my system was all run down. I took Tomall, having read about it in the papers, and, seeing what it did for others, decided to try it. An glad I did, for it was great medicine for me and my ailments. It has helped wonderfully."

"I has done me so much good that I feel as though it is my duty to recommend it for the benefit it does for suffering humanity."

Tomall is sold by W. Garber, druggist, Mount Joy, Pa.

**REAL ESTATE**

Here is a condensed list of Real Estate I have for sale. If interested in any of these properties, please call, phone or drop me a card, and I will cheerfully furnish particulars in detail.

**BUILDING LOTS**  
No. 2—Four Lots, each 50x200 ft., on North Barbara St., Mount Joy.  
No. 6—Two Lots, each 40x197 ft., on Frank St., Mount Joy.  
No. 28—Seventeen choice lots fronting on the north side of P. R. R. Some front on Old Line of P. R. R.  
No. 29—Four lots on Fairview St., Mount Joy. Tract contains 1½ acres.  
No. 32—Two lots in Florin, each 90x200. They front on Main St.  
No. 35—One Lot 50x65 ft., on West Donegal St., Mount Joy.  
No. 36—Two Lots each 45x212 ft., on Poplar St., Mount Joy.  
No. 45—Four lots in Florin, 40x200 ft. They front on Church St.  
No. 57—A 5-acre tract in the boro of Mount Joy, fine large lot and would be a money-maker for trucking or speculating on building lots. The Dr. Ziegler tract.

**FACTORY SITES**  
No. 10—A tract fronting 107 ft. on the P. R. siding in Mount Joy has many advantages and centrally located. One of the best in the town. I also have a number of properties that owners do not care to have advertised. If you don't find what you want in this list, call and see me. I have it.

Also 200 Lebanon Co. farms from 40 to 200 acres at \$4,000 to \$22,000.

**LARGE FARMS**  
No. 105—A 41-acre farm, 8 acres meadow with running spring water, exceptionally good buildings, house has heat & bath, hog sty 80 ft. long, shed for 10 acres tobacco, must be seen to be appreciated. \$13,000.  
No. 42—An 85-acre tract of farm timber and pasture land in West Donegal township, tract adjoins Masonic Homes ground on two sides. Price very low.  
No. 94—A 149 acre farm, iron stone soil, on Scriver pike, bank barn, 8-room house, shedding for 20 acres tobacco, \$90 per acre.  
No. 95—A 1/2 acre farm near Conewago Station, all farm land, running water, bank barn, brick house, etc., for \$6,000. Immediate possession.  
No. 100—An 86 acre farm in West Donegal, fine farm 1 acre offered, good buildings, on piked road, 4 acres timber ready to cut. No better farm in the county.

**DWELLING HOUSES**  
No. 4—The J. Harry Miller property on Columbia Avenue, Mt. Joy.  
No. 5—A 16-room apartment house for 5 families on East Main Street, Mount Joy.  
No. 8—A double house in Florin, the C. A. Wiley property.  
No. 44—A large brick house, good repair in Florin, the Mrs. Fanny Hambright property.  
No. 50—A row of six newly built brick houses on Hazel St., Lancaster.  
No. 51—A large frame house in Florin, the S. S. Stacks property.  
No. 68—The property of John H. Zepher on West Donegal street, Mount Joy.  
No. 75—One square in Florin contains an acre, 5 lots in all, good 6-room frame house, stable, etc. Only \$1,800.  
No. 76—A fine 6-room house, stable, etc., midway between Mount Joy and Florin, the Mrs. C. Shtatz house. Price right.  
No. 78—A fine 9-room house on West Main St., Mt. Joy in best of condition. Only \$2,000.  
No. 80—Lot 80x200 ft. in Mt. Joy, beautiful buff brick mansion and modern in every way. Could not be replaced for near the sale price.  
No. 81—A 3-story brick mansion in Maytown, excellent location, has all improvements—a real home. Has large store room and would be fine for business and dwelling combined.  
No. 83—A frame house and business stand on E. Main St., Mt. Joy. All improvements.  
No. 84—A frame house.  
No. 85—A fine shape, all improvements, sell one or both.

**TRUCK FARMS**  
No. 15—Fine 12-acre truck farm close to Columbia good house and barn, excellent land; produced \$1,196 worth of tobacco last year in addition to all the trucking. Price, \$5,200.  
No. 70—A 5-acre truck farm at Donegal Springs, none better, excellent buildings, an abundance of fruit, good water, etc. Price, \$3,500.  
No. 82—A 1-acre tract 2 miles north of Mt. Joy, with frame house, stable, etc., \$900.  
No. 97—A tract of good soil at Milton Grove, fine residence, good house, etc. For quick sale only \$700.  
No. 104—A 10-acre farm near East Petersburg, new house, barn tobacco shed, at a shape. This is the best small farm I have. \$6,000.  
No. 107—An 8½ acre tract of land in East Donegal, near Reich's church, frame house, tobacco shed, barn, etc. \$4,000.

**CALL, PHONE OR WRITE**

**Jno. E. Schroll**  
Mt. Joy, Pa.

**City Shop**  
Repairing  
OLD SHOES  
LIKE  
50  
FOR

**"An Agents Duties should not cease with the writing of a policy and the collection of the premium"**

Along with every policy sold by this agency goes a complete and competent supervision of rate; a loss prevention service; and, in the event of loss, an unexcelled supervision of adjustment. Buy your insurance through an agency that knows how to give you service.

**Henry G. Carpenter**

WEST MAIN ST. MOUNT JOY, PA.

**HENS LAY MORE EGGS WHEN FED CRUSHED OYSTER SHELLS**

All Grades As To Size  
1.25 PER 100 LBS

**D. H. ENGLE, Mount Joy, Pa.**

**CHAS. A. WEALAND**  
Painter and Paper Hanger

LARGE STOCK OF WALL PAPER  
Always on hand at reasonable prices. Estimates Cheerful.

Agent for  
VICTROLAS AND RECORDS. All  
MAIN STREET