

# Help the Red Cross

**WHICH?**

Coal or kerosene? The government needs the coal. The less coal used this summer the more there will be for winter when it's needed most. Every housewife can help by using an oil cook stove in her kitchen instead of a coal range. Will you?

**NEW PERFECTION OIL COOK STOVES**

not only save coal for war purposes and home heating but they mean less work for the women who have them. They're less trouble to operate than a coal range. Nothing hard to understand. Simply strike a match, light the wick and regulate the heat as easily as you turn a lamp up or down. Isn't that easier than carrying wood or coal and bothering with the ashes every day?

Also, the results are better, for you have the heat at one place, right under the pots and pans—not over the whole stove and over the whole kitchen.

But for perfect results always use Atlantic Rayolight Oil. Ask for it. Don't buy unbranded kerosenes. They look the same but they're not. Atlantic Rayolight Oil is so highly refined that it gives the most heat and all without smoke, sputter or smell. Go to your dealer now and ask to see New Perfection Oil Cook Stoves. And then be sure to use Atlantic Rayolight Oil.

**THE ATLANTIC REFINING COMPANY**  
Philadelphia and Pittsburgh

**ATLANTIC Rayolight OIL**

## 5% FARM LOAN BONDS

Issued by the Virginian Joint Stock Land Bank of Charleston, West Virginia, under the supervision of the Federal Farm Loan Board of the Treasury Department, Washington, D. C.

Exempt From Federal, State, Municipal and Local Taxation

Dated Nov. 1, 1917. Int. semi-annually May 1 and Nov. 1. Due Nov. 1, 1937.

Interest payable at the Federal Reserve Bank of Philadelphia

Redeemable at par and interest on any interest date after Nov. 1, 1922.

Coupon bonds exchangeable for registered bonds.

Denominations \$1000, \$500 and \$100

**HISTORY**—The Virginian Joint Stock Land Bank was organized and operates under a charter granted by the United States Government. Its arrangements are made by Government appraisers and it is under Government regulation and inspection. It may be designated by the Secretary of the Treasury as a financial agent of the Government and a depository of public funds.

**SECURITY**—The collateral security for the Virginian Joint Stock Land Bank bonds is deposited with the Registrar of the Farm Loan Board and is confined to United States Government Bonds or first mortgages on farm lands. The mortgages are limited to one-half of the value of the land and twenty per cent of the value of the permanent insured improvements—said value to be determined by a Government appraiser. Before any bonds can be issued, the original application and appraiser's report on which such loans are based must be submitted and approved by the Federal Farm Loan Board in Washington. All mortgages deposited as collateral for this issue of bonds are secured by farm lands in West Virginia.

**TAX EXEMPTION**—The Federal Farm Loan Act under which these bonds are issued provides that "Farm Loan Bonds issued under the provisions of this Act shall be deemed and held to be instrumentalities of the Government of the United States, and as such they and the income derived therefrom shall be exempt from Federal, State, Municipal and Local taxation." This includes the Federal Income Tax—both normal and sur-tax—and income from these bonds need not be reported.

PRICE 99% AND INTEREST, TO NET OVER 5%

### WEST & CO.

1417 CHESTNUT STREET PHILADELPHIA

Members New York and Philadelphia Stock Exchange

Represented by Ira Wilbur Arnold

Orders for above bonds will be received by

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| Lancaster Trust Co., Lancaster, Pa.       | Columbia Trust Co., Columbia, Pa.        |
| Farmers Trust Co., Lancaster, Pa.         | Ephrata National Bank, Ephrata, Pa.      |
| Peoples Trust Co., Lancaster, Pa.         | First National Bank, Intercourse, Pa.    |
| Cultural Trust Co., Lancaster, Pa.        | Lititz Springs Nat'l Bank, Lititz, Pa.   |
| Guaranty Trust Co., Lancaster, Pa.        | Keystone National Bank, Manheim, Pa.     |
| First National Bank, Blue Bell, Pa.       | New National Bank, Mount Joy, Pa.        |
| Christiana National Bank, Christiana, Pa. | New Holland Nat'l Bank, New Holland, Pa. |
- where delivery will be made if desired.

## SUGAR PROBLEM IS SOLVED; SMALL SACRIFICE REQUIRED

Consumer Assured if Stocks for Preserving—Should Cut Table Use One-Quarter—Manufacturers Provided For

The patriotic Pennsylvanian will join hands with Mr. Hoover and Mr. Heinz in their effort to save sugar, a order that our allies in Europe may be supplied with that very necessary article of diet. After all, the task set for the consumer is not a heavy one. "Cut your use of sugar about one-quarter," said Howard Heinz, U. S. Food Administrator for Pennsylvania, to an audience of Philadelphia housewives a few days ago. Surely not an onerous requirement.

To the manufacturer of certain products containing sugar the Food Administration says: "Limit your use of sugar to 80 per cent of normal, and even to this rule there are exceptions in favor of manufacturers who produce such necessities as fruit and vegetable preserves, catsup, chili sauce, canned milk, jams, jellies, ice cream, medicines, apple butter, honey, and meat preparations in which sugar is used for preservation.

For the housewife who desires to lay away preserved or canned food supplies against the future special dispensations have been made. A simple system of sugar certificates enable her to obtain sugar in 25-pound lots from her regular grocer for such purposes as well as the usual supply for current table and cooking use. In lots of 5 to 10 pounds for country dwellers. To obtain these small current supplies no certificate is required.

There is plenty of sugar in Cuba and Hawaii, but enough ships to transport it all cannot be had, but your Uncle Sam has arranged to give the American public 80 per cent of the usual amount and that's enough. "Just do your bit" in this sugar matter—the little bit the government asks of you—and the problem will be solved. Save a teaspoonful here and a tablespoonful there, and help to whip the Hun.

## USE A LITTLE LESS MEAT IN YOUR DIET

Reasonable Reduction of Consumption Necessary to Aid in Supplying Our Allies.

While the Englishman has been limited to two pounds per week of any kind of meat, the dweller in the good old Keystone State has been permitted for the last two months to "eat his head off" if he felt like it. Now poor old John Bull must pull his belt a little tighter still, for his weekly ration has been cut to less than a pound a week of such flesh as beef and other "butcher's meat," and a small additional quantity of bacon, fowl, rabbit, venison or horseflesh.

Pretty tough for John; for you will remember that he has always been a heavy meat eater, and the "roast beef of old England" is famous around the world.

But John Bull is at war and we are fighting with him, shoulder to shoulder. In the matter of food, we are better off than he; it is our good fortune, not our right, in this world crisis. We would have no real cause to complain if we were compelled to take pot-luck with him. How much less cause, therefore, for any American to quibble or whine when the Food Administration asks him to cut down his consumption of meat a little—just reasonably—to meet the demand for shipment abroad to help John, who right now has mighty little of his favorite food and who, as our ally in arms and messmate, is entitled to this slight consideration?

Meat once a day is enough for most of us. Smaller portions and less "heavy feeding" would make most men and women healthier, wealthier and happier. In this country right now the supplies of other food than wheat, meat and sugar are greater than ever before in history. Utilize this condition of abundance to aid our Allies and save the world from the domination of the Hun.

## FOOD CONTROL RESTRICTIONS

One thing that people are beginning to recognize is that the Food Administration is not to be taken as ready to raise the restrictions upon the consumption of food when conditions warrant as it was vigorous in applying them. The Food Administration is a war agency. It is not an agency for correcting the habits of the American people, or for reforming American economic practices. It is co-operating with the American people to help them to win the war.—AMERICAN GROCER.

**Battles in Kitchens.** The most momentous battles of the "Great War" will be fought and won in American kitchens. The American woman has in her keeping the destinies of the world and will fight the decisive conflict for a free earth. In her own kitchen with no other uniform than the kitchen apron and surrounded by her little ones she will "go over the top" to victory.

**Barberry is a Hun—Kill It.** The tall barberry is an enemy of the United States, because it is an enemy of wheat. Wheat rust is spread with the pollen from the barberry flower. Dig out the barberry by the roots before it has time to bloom.

This is one way to fight the Hun.

No wheat to be used in manufacturing for anything but food.

Cut down the consumption of wheat by at least one-half.

## WOMEN'S RESERVES CALLED TO COLORS

In Garden and Kitchen They Must Back Up the Fighters in the First Line

In this great crisis of the world's history it is necessary that women live greatly. At the battle front they have performed prodigies of valor and have been decorated with the Cross of War for heroism under fire. The American woman, too, would like to drive an ambulance and bring out the wounded under shell fire; but the world behind the lines is even more important. It is not the single act of heroism that will win the fight, but the steady sticking to the job.

It is not a new task to which the woman is called, but the age-old task of feeding the family. Like the tribal women of old, we have sent forth our men and children to war, and we must take up the great first task of feeding for the family. But unlike that tribal woman, whose horizon was bounded by the tribal hunting ground, our horizon is the world. Our family must be fed in made up of the great nations whose armies united under a single leader are facing the enemy. For those women who have eyes to see this is the coming back into a lost kingdom.

This year's campaign is a struggle of reserve against reserve; America is the last reserve; in overwhelming numbers our forces are being moved to the front; and behind the lines the women are asked to bring up their last reserves of energy and intelligence in the practical carrying out of food orders.

The food situation must steadily degenerate as long as the war lasts. It is therefore of prime importance to add every item to the total production. No woman with a foot of growing space at her disposal can afford to be merely a destroyer of rations, a dependent on the food supplies of a starving world. The Allied nations look to America for food. One object of the Food Administration is to bring as much food as possible under control and distribute these supplies where they are most needed.

America is today the careful guardian of the needs of the world. As the Food Administration anxiously counts the dwindling bushels of wheat, it asks of every woman: "To what extent can you make your home independent of this common store?"

How many potatoes and how many beans will you need? How many jars of tomatoes and how many of peaches? Sit down with pencil and paper and make a definite plan, remembering that every woman's real war work is to make the home pantry as independent as possible of the world pantry. Take stock of what you have during the winter and of what you have left on hand. Make an estimate of your grocery orders for the past winter and plan this year to reduce these to a minimum by substituting your own products. For instance, for sugar, substitute sorghum syrup and honey if they are available; for candy, home-made crystallized fruits and fruit pastes; for raisins, dried cherries; for tropical fruits, native fruits; for Brazil nuts, walnuts and hickory nuts; for canned meats, home canned meats; for shipped breadstuffs, neighborhood meals and flours.

To sum it all up—stop eating freight. Transportation is the greatest problem of the war and shipping space the most precious thing in all the world. Above all, don't eat from the pantry of the hungry Allies. With a little planning and much hard work you can fill your pantry with home-grown foods.

Now is the hour of our testing. Let us make it the hour of our victory over ourselves; victory over the enemy of freedom—Home Card, 1918.

## EVERYONE MUST HELP.

Wars cannot be fought without money, and upon the Treasury centers every financial demand upon the Nation.

The rich of this country cannot alone meet the needs of the Nation; the men of the country cannot do it alone; the women of the country cannot do it alone; but all of us, the people of the United States, disregarding partisanship, forgetting selfish interests, thinking only of the supremacy of right and determining to vindicate the majesty of American ideals and secure the safety of America and civilization, can do the great and splendid work which God has called upon us to do.

W. G. McADOO, Secretary of the Treasury.

## EAT CORN MEAL TO SAVE WHEAT

Super-Abundant Supply Makes Its Use a Patriotic Duty, Says Food Administrator.

## SOLVES WHEAT PROBLEM

Scores of Attractive Dishes May Be Made by Use of Old and New Recipes.

"Thousands of tons of corn meal and millions of dollars will be lost if the American public fails to co-operate in the efforts of the Food Administration in the next few weeks."

This warning is issued by Howard Heinz, U. S. Food Administrator for Pennsylvania, who is urging on the people of Pennsylvania the necessity of consuming the great excessive stocks of this wholesome food which has accumulated in the last month or so, Mr. Heinz said.

"When the Food Administration last winter faced the necessity of shipping seventy-five million bushels of wheat to the allies, and to do so was compelled to put the people of this country on short rations of wheat flour, a warning went forth to millers all over the land that corn should be converted into flour and the meal used as substitutes for wheat.

"Millers all over the country patriotically began turning out corn meal to meet the altered condition. Their loyal response is known to the entire country. Unfortunately, in this crisis the exceptional weather of the winter interfered with the prompt shipment of this product. Millions of pounds of corn products were held in mills, storage warehouses and elevators because the railroads of the country were unable to handle it.

"This stock began pouring into the market as soon as transportation lines were able to handle it, with the result that these delayed shipments flooded in upon dealers, wholesale and retail all over the country, filling their warehouses to overflowing. The conditions of last winter were entirely unforeseen and could not be provided against, with the result that today there is a vast volume of corn meal that should be disposed of. The Food Administration, in an effort to relieve the situation, is urging upon the people of the United States to purchase freely of this commodity, and other substitutes of a like character.

"Corn meal is now on the market at a very low price—5½¢ or 6 cents a pound—much cheaper than wheat flour and other substitutes for wheat. It is one of the most wholesome of foods. It can be utilized in innumerable forms in cooking and in the making of Victory bread it is equally useful. Corn meal mush, fried mush, corn muffins, corn bread and Indian pudding are only a few of the familiar forms in which it appears on the table. It is welcome in the diet of almost every one, and it contains all the nourishing qualities of the best food."

## OYSTER CRACKERS; GO EASY ON 'EM

Federal Food Administrator Classed Them as Bread and Says "Use Sparingly."

And now it is the festive oyster cracker that has come under the ban of the Food Administration. No more can the busy citizen order "half a dozen raw," or "plate of clams," and while consuming his six bivalves get away with half a pound of crackers on the side. Never again, at least during the period of the war, can Mr. Ordinary Citizen order "one small stew" or bowl of soup, and when the half pint of savory mixture reaches him mix up with it a quart of crackers broken into crumbs in his dish.

Because, he it known, that Jay Cooke, U. S. Food Administrator for Philadelphia, has decreed that crackers are in the same category as bread, and that hereafter it will be contrary to the Food Administration rulings for oyster houses, restaurants, quick lunches, hotels and clubs to serve more than two ounces of crackers with an order of soup or oysters in any shape.

In one way it is possible that the restaurants will regard this a blessing in disguise, for it is no secret in the trade that a great many customers consume at least one-third the value of their soup order in crackers that are served as a side dish. It will be a money-saving proposition to the restaurant man and will doubtless be regarded by him in that light.

The Administration is going thoroughly into the matter, and investigations will be instituted to find where in the ranks of oyster houses and restaurants.

**Who Wants a Home?** Since last week I listed several very good properties in real estate. I have an acre of ground with fairly good buildings near Sharp's Corner for only \$900. Another of an acre with real good buildings nearby for \$2,000. Two good dwellings on the heart of the business section with all improvements on East Main street at only \$2,000 each. Now act quick. Jno. E. Schroll, Mt. Joy.

The Mount Joy Bulletin is the best value in a newspaper.

## REAL ESTATE

Here is a condensed list of Real Estate I have for sale. If interested in any of these properties, please call, phone or drop me a card and I will cheerfully furnish particulars in detail.

- BUILDING LOTS**
- No. 2—Four Lots, each 50x200 ft., on North Barbara St., Mount Joy.
  - No. 6—Two Lots, each 40x197 ft., on Frank St., Mount Joy.
  - No. 28—Seventeen choice lots fronting on the pike east of Florin. Some front on Old Line of P. R. R.
  - No. 29—Four lots on Fairview St., Mount Joy. Tract contains 1½ acres.
  - No. 32—Two Lots in Florin, each 90x200. They front on Main St.
  - No. 35—One Lot 50x55 ft., on West Donegal St., Mount Joy.
  - No. 36—Two Lots each 45x212 ft., on Poplar St., Mount Joy.
  - No. 45—Four Lots in Florin, 40x200 ft. They front on Church St.
  - No. 57—A 5-acre tract in the borough of Mount Joy, fine large lot and would be a money-maker for trucking or speculating on building lots. The Dr. Ziegler tract.
  - No. 66—Building lot 45x213 ft. on East side Poplar St., Mount Joy.
  - No. 77—Very desirable building lot fronting on the south side of Marietta street. Will sell any number of feet you want at \$6 per foot.

- DWELLING HOUSES**
- No. 4—The J. Harry Miller property on Columbia Avenue, Mt. Joy.
  - No. 5—A 16-room apartment house for 3 families on East Main Street, Mount Joy.
  - No. 8—A double house in Florin, the C. A. Wiley property.
  - No. 21—A brick dwelling in Florin, the D. E. Wolgemuth property.
  - No. 41—A frame mansion dwelling in Florin, the J. N. Hershey property.
  - No. 44—A large brick house, good repair in Florin, the Mrs. Fanny Hambrick property.
  - No. 50—A row of six newly built brick houses on Hazel St., Lancaster.
  - No. 51—A large frame house in Florin, the S. S. Stacks property.
  - No. 59—A fine frame residence and business stand on West Main St., the John Keener property.
  - No. 60—A very beautiful and modern brick dwelling on West Main St., Mount Joy, up to the minute in every detail, the H. E. Ebersole property.
  - No. 64—A lot of ground fronting 27 ft. on West Main St., Mt. Joy next to Brunner's Furniture Warehouses, with a frame house. Lot is 205 ft. deep and price low.
  - No. 68—The property of John Zephery on West Donegal street, Mount Joy.
  - No. 75—One square in Florin contains an acre, 5 lots in all, good 6-room frame house, stable, etc. Only \$1,800.
  - No. 76—A fine 6-room house, stable, etc., midway between Mount Joy and Florin, the Mrs. C. Shatz house. Price right.
  - No. 78—A fine 9-room house on West Main St., Mt. Joy in best condition. Only \$2,000.
  - No. 80—Lot 80x200 ft. in Mt. Joy beautiful buff brick mansion at modern in every way. Could not be replaced for near the sale price.
  - No. 81—A 3-story brick mansion in Maytown, excellent location, all improvements—a real home. Has large store room and would be fine for business and dwelling combined.
  - No. 83—A frame house and business stand on E. Main St., Mt. Joy, in business center. All improvements.
  - No. 84—A frame house adjoining No. 83; fine shape, all improvements. Will sell one or both.
  - No. 86—A 2½-story 11 room modern mansion on E. Main St., Mt. Joy, with heat, bath, electric lights, etc. Immediate possession.
  - No. 88—A 9-room frame house in Florin, at trolley, large stable, lot is 80x200. A fine home.

- BUSINESS STANDS**
- No. 43—A good hotel property in Mount Joy, enjoying an excellent patronage. Ample shedding and will sell worth the money.
  - No. 27—Lot 100x150 ft., on West Main St., Mount Joy, lot fronts on P. R. R. siding. Established coach works stand. Good large frame building suitable for industry or present business.
  - No. 35—A tract of 15 acres in Rapho township, near Sporting Hill, the H. K. Dillingham steam flour mill, 24 bbl. capacity, fine residence, barn and outbuildings. Here's a snap.
  - No. 36—The entire concrete block manufacturing plant of J. Y. Kline at Florin, together with all stock, machinery, buildings, contracts, etc. Price very low.

- TRUCK FARMS**
- No. 54—A 14-acre truck and poultry farm in Rapho township, 2 miles from Mastersonville. Soil limestone and sand. Cheapest tract I have.
  - No. 82—A 1-acre tract 2 miles north of Mt. Joy, with frame house, stable, etc. \$900.
  - No. 85—One acre of land in Rapho, 2 miles north of Mount Joy, frame house, stable, etc. Only \$2,000.

- LARGE FARMS**
- No. 42—An 85-acre tract of farm timber and pasture land in West Donegal township, tract adjoins Masonic Homes ground on two sides. Price very low.
  - No. 73—A 126-acre farm of sand and iron stone land, brick house, good barn, etc., on state road near Lawn. Only \$90 per acre.

- FACTORY SITES**
- No. 10—A tract fronting 107 ft. on the P. R. R. siding in Mount Joy has many advantages and centrally located. One of the best in the town. I also have a number of properties that owners do not care to have advertised. If you don't find what you want in this list, call and see me. I have it.

**J. E. Schroll**

Both Phones