
OUT-DOOR SLEEPING

Little Talks on Health and Hygiene Printed 58 Years Ago when Negro
by samuel G. Dixon, M. D., LL. D. Wrinter Sold at Public sale
That which is looked upon as a Our townsman Mr. Emanuel
ad toray becomes the necessity of Sumpman handed us a copy of the When they fail to do this the kid-
vith out-door sleeping.

ew years or so ago, out-door sleep- the Eads Bros. Store an old sale
ng was recommended for those bill that is quite a relic. It was

suffering from tuberculosis and
others vhose egneral physical con-
orinted in 1858 by the Press at Hop-
kinsville, Ky. and is very much like
the sale bills of today
ition seemed to warrant it.
dition seemed to warrant it.
These pioneers were looked upon the sale bills of today except that
by their friends and neighbors with the the sate is tis. ins. In the bill 28 negroes at
belief that if they survived this ex- found the paper in the attic. of tie
posure, which was doubtful, they house on a farm near Hopkinsvil vould soon tire of the experiment house on a farm near Hopkinsvith he recently owned. The
nyhow. As a matter of fact there is well preserved wo a hundred open air sleepers to- ducing it beceaved. We are rep
its unusual and
ay where there was one a decade
interesting features: go and it is no longer limited to PUBLC SALE
hose who is
All who have tried open air sleep-
ing are enthusiastic about it and
ng are enthusiastic about it and
they constitute an ever growing

oked upon as an essential part of road in Christian county $31 / 2$ milles
the home. Whole families have from
he home. Whole families have from Hopkinsville, 2 tracts of land
anen to sleeping in the open and containing 30 acres about 200 acres
lave been so benefited by it that are cleared and
have been so benefted by it that are containing 300 acres about and the balance in to tim-
hey would never consider anything ber. The improvements consist of a
hese.
els.
Thick dwelling with five rooms
The proper garb to insure warmth brick litchen and smoke house eto
bsite the temperature is
despite the temperature is essential. There are on the farm tobacco
With a warm room for dressing ac- barns sufficient to cure 60 acres of
With a warm room for dressing ac. . .arns sufficient to cure 60 acres o
cessibe there is no reason why this toraco, with all necessary out-
invigorating and stimulating cistom touldings, two
invigorating and stimulating custom buildings; two never falling springs, reason it was easy, for the ver
hould not continue to grow in popu- and a number one apple and peach They could buy for about half
Many men and women who of
orchard.
The land will be sold for one-third $\begin{aligned} & \text { those peddiers usually eharge. Stock } \\ & \text { positively }\end{aligned}$
and
cessity must spend their working ash down, and the remainder in in and all the leading varieties.
and
lon of the out-door air that Nature ments.
 on the most modest homes at a are two hogshead makers, one get it for less, each when you can What have you to sam want to buy


 meet the new conditions. The cattle, hogs, wheat, household and home. We would be glad to show Keystone Servide

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On day of sale.
e W. M. S. and the Mission Band
the Evangelicial Church will hold
tapp. 29th. 1858 .
apple social at the home of Mr.
apple social at the home of Mr. W. W. WESTER.
. Mrs. S. F
negal street. Chicken corn soup,
cher
cream
Organization Insurance Board


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$\qquad$
A gent for the Milddietown stean
and deiveres pritian.
Charles S. Frank
AUCTIONEER MOUNT JOY, PA.


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