

# How to avoid Operations

### Three Women Tell How They Escaped the Dreadful Ordeal of Surgical Operations.

Hospitals are great and necessary institutions, but they should not be the last resort for women who suffer with ills peculiar to their sex. Many letters on file in the Pinkham Laboratory at Lynn, Mass., prove that a great number of women after they have been recommended to submit to an operation have been made well by Lydia E. Pinkham's Vegetable Compound. Here are three such letters. All women should read them.

Marinette, Wis.—"I went to the doctor and he told me I must have an operation for a female trouble, and I hated to have it done as I had been married only a short time. I would have terrible pains and my hands and feet were cold all the time. I took Lydia E. Pinkham's Vegetable Compound and was cured, and I feel better in every way. I give you permission to publish my name because I am so thankful that I feel well again."  
—Mrs. FRENZ BERNIK, Marinette, Wis.

Detroit, Mich.—"When I first took Lydia E. Pinkham's Vegetable Compound I was so run down with female troubles that I could not do anything, and our doctor said I would have to undergo an operation. I could hardly walk and I would not help when I read about the Vegetable Compound and what it had done for others I thought I would try it. I got a bottle of Lydia E. Pinkham's Vegetable Compound and a package of Lydia E. Pinkham's Sanative Wash and used them according to directions. They helped me and today I am able to do all my work and I am well."  
—Ms. THOS. DWYER, 989 Milwaukee Ave., East, Detroit, Mich.

Bellevue, Pa.—"I suffered more than tongue can tell with terrible bearing down pains and inflammation. I tried several doctors and they all told me the same story, that I never could get well without an operation and I just dreaded the thought of that. I also tried a good many other medicines that were recommended to me and none of them helped me until a friend advised me to give Lydia E. Pinkham's Vegetable Compound a trial. The first bottle helped, I kept taking it and now I don't know what it is to be sick any more and I am picking up in weight. I am 20 years old and weigh 145 pounds. It would be the greatest pleasure to me if I can have the opportunity to recommend it to any other suffering woman."  
—Miss IRENE FROEDICHER, 1923 Manhattan St., North Side, Bellevue, Pa.

If you would like special advice write to Lydia E. Pinkham Med. Co. (confidential), Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

## DODGE BROTHERS MOTOR CAR

Besides those qualities which evidence the fine engineering skill employed in manufacturing and assembling the entire power plant, there are other qualities that enable you to realize to the full the delights of motoring.

The one-man top with its Jiffy curtains for example, assures you instant protection against inclement weather.

The car's unusual roominess, the depth and softness of the real leather upholstery, with its filling of natural curled hair, the design of the seats, and the buoyancy and sensitiveness of the self-lubricating springs, make you unmindful of distance.

The motor is 30-35 horse-power. The Price of the Touring Car, or Roadster, complete, is \$815 f. o. b., Lancaster.

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Phone—Bell, 50; Ind., 771

WE thank the people of Mt. Joy and vicinity for their liberal patronage of Chiques Rock Soda Waters during the past year, and wish you all a Happy and Prosperous New Year.

**FLANAGAN'S**  
COLUMBIA, PENNA.

### HOME HEALTH CLUB

Edited by Dr. David Reeder, Chicago

Smallpox: Here is something from "Clinical Medicine," December, 1915, for you to treasure in your memory and keep on file also.

The conquest of Smallpox by Calcium Sulphide in Mexico: The grandest and most meritorious work of my life has been performed within the past four months, namely: I succeeded in arresting the most deadly epidemic of Smallpox I have ever known, and that without performing a single vaccination; and the death rate was 93 per cent before I intervened which practically was by force, without my having been called by the victims or the rattled official. And I must confess that I embarked on a very unpromising venture. I read up the history of Smallpox and about what is known of its ineffective medication. I had in stock a meager 1000 calcium sulphide granules of 1-2 grain each, and no chance to get more in reasonable time. This was not a drop in the bucket in this urgent need; and I had to employ them so that the value of not one solitary pill would be wasted.

Having used sulphur internally against the old time "seven-year-itch" with cheering success, it struck my stupid noggin that this chemical should exercise at least a modifying influence upon any cutaneous affliction. However, I failed to find a word in the history of sulphur, and in that of the treatment of Smallpox, that it ever had been employed in that distressing pestilence. Yet, nothing discouraged, I resolved to put my brimstone-theory to the proof.

I started out by thoroughly purging every mother's son and the parents likewise, resident in the exposed realm. I gave the grown folks a teaspoonful of flour of sulphur every night and morning, and I anointed the bodies of the little ones. I had them repeat the sulphur dosing day after day, while giving enough of a purgative to aid the sulphur in insuring unobstructed clearing of the bowels. I could not order burning of the clothing and bedding, for lack of others to replace them; but I had them boiled, I also had boiling water liberally applied wherever there had been any infection; and everybody still liable to infection was bathed with water as hot as could be borne without causing blistering.

As a fresh case of infection appeared among those previously exposed, I gave the patient calcium sulphide, pushed to saturation and sustained, and alternated with echinacoid. In this manner, every case was effectually aborted, the patients recovering the same as those treated for the prevalent fevers; and they caused no new infections.

Thus, this Smallpox epidemic of well-radicated virulence, collapsed at four popular places. At one place, 17 deaths out of 50 people had occurred, in a few days, mostly before smallpox was publicly suspected the cases having been reported as measles. But not one person died after my calcium sulphide and sulphur and boiling water called a halt to the immolation. Before this treatment was instituted, nearly every one attacked had died.

(The preceding statement is copied from a personal letter recently received from Doctor Gray. Just think of the terrific load this man is bearing. Despite his advanced years, valiant Doctor Gray is doing more for the relief of suffering, under conditions which would appal the average American physician, than any man I can think of.)

### Milton Grove School Report

Report of the Milton Grove School for the fourth month ending Jan. 4, 1916.

Number of pupils enrolled, males 13; females 16; total 29.

Average attendance during the month, males 12; females 14; total, 26.

Per cent of attendance, males 93; females 93; total 93.

Those present every day are: Violet Helsey, Mary Koser, Stella Helsey, Anna Ober, Sarah Koser, Leroy Wittie, Roscoe Thome, Charles Koser, Oliver Rasp, Blaine Helsey, Raymond Helsey, Aaron Diffenderfer.

Visitors during the month: Mr. David Greiner, Mr. Samuel Meckley, Mr. and Mrs. Simon Gingrich, Mr. and Mrs. Rasp, Mr. and Mrs. Reinhold, Mrs. Dr. Thome, Mrs. Blaine Grosh, Mrs. Claude Grosh, Mrs. Koser, Mrs. Ginder, Mrs. Harvey Wittie, Mrs. Gipple, Mrs. Holwager, Miss Zook, Mrs. Helsey, Mrs. Martin, Clara Green, Rhoda Wolgemuth, Mary Stager, Rhoda Martin, Mrs. C. Helsey, Mrs. C. Ginder, Prof. Shearer.

Patrons and friends of education are invited to visit the school, Miss Mayme Kuhns, Teacher.

### Making His Mark

In a letter from Clayton H. Zerphoy of this place, who is serving an enlistment in Troop H, 13th Cavalry, at Columbus, New Mexico, he writes us: "During my time at Riley, Kansas, I passed a high mark in Tarrier's Duty. It was a five months' course and I stood fifth in a class of thirty-four, which had been chosen from various mounted branches of the army. Was also an honor graduate. Received a certificate of proficiency and am now eligible for duty as a Tarrier in any organization in the United States. All is quiet along the border now and we are resting easy. No more line riding. We have base ball and foot ball several times a week. The weather is exceeding

### EAST PETERSBURG

The fire company held a spelling bee on Saturday evening.

Mrs. U. B. Hull of New Holland, visited with the family of Mrs. Wm. Gerlin on Wednesday.

Rev. N. N. Lower, who is holding revival services in the Evangelical Church, is drawing great crowds.

Mrs. Ella Shenk of Landisville, spent a few days this week with her mother, Mrs. Mary Hostetter.

Mrs. Adam Hershey and Mrs. A. B. Miller of Lancaster, spent Wednesday visiting their sister, Mrs. Susan B. Dietrich.

A Frank Eberly, proprietor of the Captain Lawrence hotel, was taken to the General Hospital on Thursday afternoon by Dr. Garretson, where he underwent an operation.

### Shoot Held at Marietta

A big shoot was held at Marietta on Friday afternoon in which a number of marksmen participated. In the 100 bird race the score was as follows: Moore, Ironville, 89; Hoffman, Harrisburg, 82; Huemr, Marietta, 76; Andrews, Strasburg, 76; Paxton, Marietta, 68. In the 25 bird race the score was as follows: Andrews, 23; Humer, 23; S. Hoffman, 22; W. Moore, 22; Paxton, 21; Sultzbach, 24. In the DuPont trophy shoot Paxton and Sultzbach shot a tie at 23. This will be shot off later.

FOR SALE—A good as new 2-burner gasoline stove in A1 condition. Cost \$15 but will sell very cheap as have no further use. Call at this office.

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I HAVE IN MY EMPLOY MR. JOHN KESSELER, A MAN WITH EIGHT YEARS' PRACTICAL EXPERIENCE ON AUTOMOBILE WORK. HE CAN REPAIR ANY MAKE CAR KNOWN TO THE TRADE AND DO IT RIGHT. DOESN'T THAT INTEREST YOU?

## Agent for the Studebakers and Pullmans

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I ALWAYS CARRY A FULL AND COMPLETE LINE OF CONGRESS TIRES, AND ALL AUTO ACCESSORIES.

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## There Are All Sorts of Men's Clothing Sales This Month—How Are You Going To Pick Out the Best

LET US have a moment to help you answer the question. Suppose we get down to the rock-bottom facts of the case, just as we ourselves would do if we were going to build a house or buy a load of lumber.

It isn't a deep question at all. The first point is: You are going to buy a Reduced Price Suit or Overcoat, for yourself or for the boy.

Well, you find Clothing Sales to the right of you, offering all kinds of Reductions, in size. Your first impulse might be to take the one that seems to save you the most money.

But wait a moment! Let's get down to the ORIGINAL PRICE. That's the big factor. Was the Suit or Overcoat you saw marked down from \$15 WORTH \$15 ORIGINALLY? Or could it be bought for LESS somewhere else. We'll say right here, there are many stores offering \$15 Clothing that we wouldn't think of taking for G. & W. \$12 garments.

HOW ARE YOU TO KNOW about this original price? BY KNOWING YOUR STORE. You ought to know, we believe you DO know, that GROFF & WOLF CO. is the BIGGEST Clothing House in the county. They come here in regular season because they get \$2 to \$5 better value, or \$2 to \$5 lower price—as you care to put it.

NO WONDER stores that charge this much more in regular season can sometimes reduce a half dollar or a dollar more than WE can afford. BUT FIGURE IT UP FOR YOURSELF—on which can you save the most money—say a \$15 Suit elsewhere reduced to \$10 that isn't a bit better than, or as good as, a G. & W. \$12 Suit reduced to \$8.98—or, again, an \$18 Suit or Overcoat elsewhere reduced to \$12 the equal of which in every way you can buy HERE in a \$15 Suit Reduced to \$10.98.

### Men's Suits and Overcoats

\$28 Values Now	- -	\$20.00	<b>Bargains Extraordinary</b> A rack of Suits for Men and Young Men that were worth \$15, \$18 and \$20. There is only one reason why we give these an extra reduction—and that is because there are only one or two sizes to a pattern. They have all been marked to \$10.00 Each
25 Values Now	- -	17.98	
22 Values Now	- -	16.98	
20 Values Now	- -	14.98	
18 Values Now	- -	12.98	
15 Values Now	- -	10.98	
12 Values Now	- -	8.98	
10 Values Now	- -	7.50	

### Boys' Suits and Overcoats

<b>Bargains Extraordinary</b>	\$12.00 Values Now	-	\$ 8.98
A rack of Boys' Suits and Overcoats, mostly in 3-4-5 and 6-year sizes and like in the Men's Suits, mostly one or two of a kind. There may be a half hundred of these—and they have all been marked.	10.00 Values Now	-	7.50
	8.00 Values Now	-	5.98
	6.00 Values Now	-	4.50
	5.00 Values Now	-	3.98
	4.00 Values Now	-	2.98
	3.00 Values Now	-	2.25
	2.00 Values Now	-	1.69
<b>HALF PRICE</b>			
For instance, \$5 Suits, only \$2.50; \$3 Suits, only \$1.50.			

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