

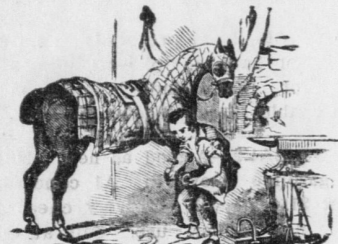
# Chesty de Nut

HE SAYS THAT HORSES HAVE OUTLIVED THEIR USEFULNESS.

by F.R. Paul



We still have A number Extra Fine Calendars For Sale Very cheap

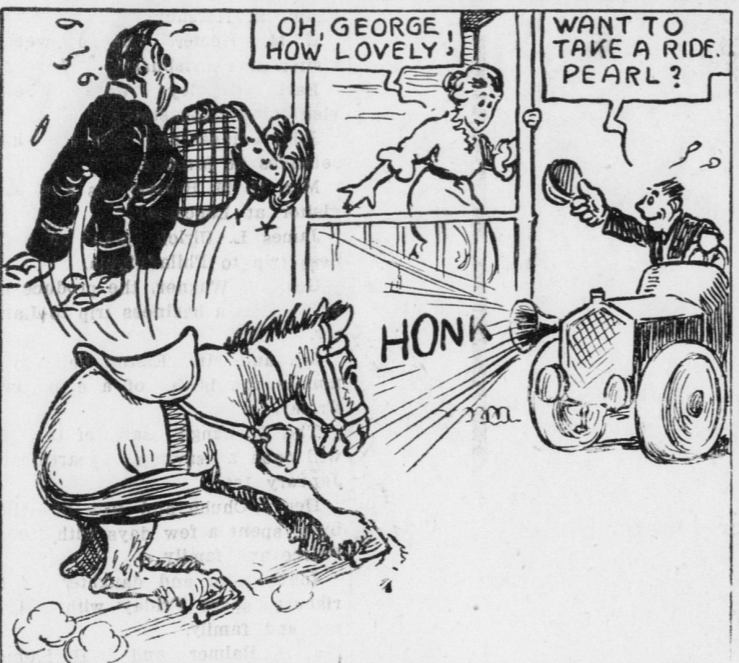
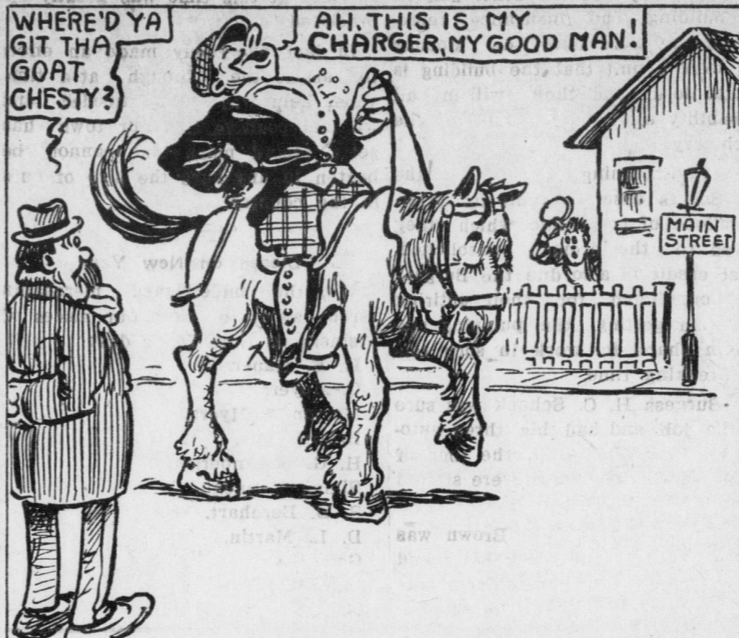


### Take Notice!

The Undersigned Wish to Inform the Public that They are Prepared to do Practical Horse Shoeing At Jno. Bombach's Stand, Mt. Joy Special attention given to all work. All diseases of the feet promptly attended to. Your Work Solicited

### BOMBACH & SHANK

General Blacksmiths and Horse-Shoers MOUNT JOY, PENNA.



## GENERAL HOUSE

J. M. Backenstoe, Prop. Choice Wines & Liquors At The Bar. Also Choice Oysters Ham, Switzer and Lamberger Sandwiches MOUNT JOY - PENNA.

## Pure Spring Water ICE

IN ANY QUANTITY at Moderate Charges. Don't fail to see us before placing your order this year. J. N. Stauffer & Bro. Mount Joy, Penna.

## MRS. KERNS' ADVICE

To Weak, Nervous, Run-Down Women So, Cumberland, Md.—For a long time I suffered from a nervous breakdown. I could not eat or sleep and was so weak I could hardly walk. My husband heard about Vinol and got me to try it. Now I have a good appetite, sleep soundly and am well and strong. Every nervous, weak, run-down woman should try Vinol.—Mrs. D. W. KERNS. Vinol is a delicious cod liver and iron tonic, without oil, which we guarantee to create a healthy appetite, aid digestion and make pure healthy blood.

W. D. CHANDLER & CO. DRUGGIST MOUNT JOY, PENNA.

## Show Card Writer

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## CHICHESTER'S PILLS

THE DIAMOND BRAND. Ladies! Ask your Druggist for Chichester's Diamond Brand Pills in Red and White Seal. They are made with purest ingredients. Take no other. Buy of your Druggist. Ask for CHICHESTER'S DIAMOND BRAND PILLS, for 25 years known as Best. Sold Always Genuine. SOLD BY DRUGGISTS EVERYWHERE.

FOR SALE—A 1916 4-cylinder Henderson motorcycle complete with tandem attachment, presto tank, etc., 12 to 14 horsepower and in A1 condition. Will be sold very cheap good. Bulletin office, Mt. Joy. If as I have no further use for it. Call at once if you want something

## HOME HEALTH CLUB

By Dr. David H. Reeder, Chicago, Ill.

Piles: Not a pleasant subject for discussion but much more unpleasant for the afflicted. When one finds an safe in estimating that 7 out of 10 nearly all suffering from that trouble is entirely unnecessary the value of real information on the subject is essential. I believe that I am safe in estimating that fully 75 per cent of the suffering from piles is unnecessary and that 75 per cent of the operations for the relief of the trouble is also unnecessary. As a matter of fact I have seen but few cases of Piles, Hemorrhoids or Fissure in a period of 25 years where surgery was necessary or beneficial and I have seen many cases.

In the first place there is seldom if ever a case of piles that is not preceded by constipation. There are few if any cases that will not get well under a very simple form of home treatment if the cause is entirely removed. Obviously it is impossible for me to go into a lengthy discussion of why constipation causes piles, nor is it necessary. Those who want to know all of the details will be able to learn the entire story by procuring my Home Health Club book, Vol. 3, which tells all about the whys and wherefores in a way that you can readily understand. It tells many other things about health and how to preserve it, but what we want now is immediate relief. Well, as I have always told you, first find out the cause and remove it then nature has a chance at the job of curing your ailments.

In this case it's constipation. Now here comes John Doe and Richard Roe and both declare that they are never constipated, but both are suffering with piles. One glance in their faces tells me that although they are supposed to be truthful men they don't know what they are talking about. Because they have a movement of the bowels every day does not prove that they are not constipated and I tell them emphatically that both are suffering severely with bad forms of constipation. At once they want to know what kind of pills they should take and hardly know what to make of it when I say, "No pills."

It is seldom, according to my observations, that the liver is at all to blame for the sort of constipation that causes piles. The fault is in the individual. Improper diet, and in this is included not enough water, also carelessness.

Neglecting to attend to the calls of nature promptly causes what is known to physicians as reverse peristalsis. The fecal matter which should have been expelled is returned or forced back into the colon and there the putrefactive process continues.

There may be, as in the case of Roe and Doe a movement every day and of proper proportion, but it is from one to three days behind time. The result of this delay is not only a poisoning of the system through the absorption of toxins, but during this period of delay the natural moisture and lubricants of the mucous surface of the colon is absorbed and the result is such a dry hard mass, that injury results.

How to remove this accumulation in an emergency and to prevent its accumulation in the future as well as to heal the injury already done, will be discussed in the next lecture.

## Odd Bits of News

Springfield, Ill.—Mrs. Isabella who weighed 400 pounds died recently. It was necessary to hold the funeral on the porch as the coffin was too large to pass through the doorway. Ten pallbearers were required. Morgantown, W. Va.—Twenty years ago Lewis M. Runner left home for Washington to patent a device. He had never been heard from since until recently, when he returned home. His wife who had always said he would come back welcomed him with open arms.

Cottage Grove, Ore.—Bert Nokes set a hen and then decided to move to Spokane, 500 miles distant. He shipped biddy, her nest and all, by express, and twelve of the fourteen eggs hatched.

Rulo, Neb.—Years ago Arthur Lytle, a fisherman, located his hut on a small sand bar lying near the Missouri shore. Dirt washed onto the bar, and now it is the size of two sections. Lytle turned farmer and has made a small fortune. Neither Missouri nor Nebraska demand taxes of him, but he cannot vote as his holdings are regarded as under the jurisdiction of the national government. He has resided on the land 22 years.

Wichita, Kas.—Whenever Mrs. Louis E. Fisher tries to telephone, her right arm and side become numb and she becomes unconscious. Her affliction is a case of nerves. Several years ago she received a shock while telephoning.

Bideford, Me.—James Sargent has the original human calf. It has human skin, covered with human hair. A luxuriant beard hangs from its chin. When it attempts to bellow, it emits sounds resembling a child crying. Otherwise it is a normal calf.

New Manchester, Ind.—For 90 days a hog belonging to C. O. Hudgelson lived off the fat of its own body. The hog got into a huge stack of straw and couldn't get out. It weighed 250 pounds, but when found had shrunk to less than 100 and was still alive.

## BAD THINGS TO DO

Boy Stole Ride on Auto Truck and Was Hurt

George, the 12 year old son of G. Harry Gaus, who tenants the Senft farm at Klinesville, was the victim of a painful accident on Tuesday afternoon. The lad was on his way home from the Sterline school house on the Marietta pike a short distance west of Klinesville, and in order to save himself a walk he leaped on the rear of a passing automobile truck. In getting off of the rapidly moving machine at a point near his home he fell and his face struck the road. He was later found lying unconscious in the road and was rushed to the hospital where he was soon revived. It was found that his only injuries were a number of lacerations of the face. After receiving treatment the boy was able to return to his home.

## BOOSTING BEATS KNOCKING

Former Mount Joyan is Sure Pursuing the Right Methods

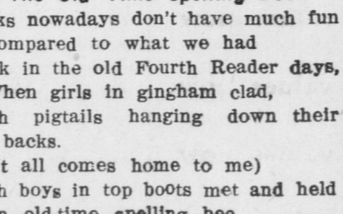
Collier's Christmas number contains the following: "Andrew Keiser, division superintendent of one of the Eastern railroads, wanted to cut down the number of cases of trainmen requiring discipline. So, instead of the usual bulletin of punishments for failure to observe rules, he published an "honor list" showing that some 400 of his 700 conductors, engineers, brakemen and firemen had gone thru the entire year 1914 with a clean record. The result for six months of 1915, as compared with the same period of 1914, was a decrease of over 60 per cent in the number of such cases of discipline and a decrease of over 70 per cent in the amount of wages lost to these employes because of suspension. The other 300 trainmen are hustling to get their names on that roll of honor! Why not? What else could be expected of men with energy and ambition enough to hold a job at all? The challenge to make good if you can is far superior in inspiration to the challenge to break rules if you dare. ANDREW KEISER has got hold of one true principle of leadership, viz., to make attainment visible, possible, and desirable. That is what makes a man put his back into it. This world is going to get ahead, not by caging folks up for doing wrong, but by setting them free to do right and eager to do it." The Andrew Keiser referred to above is an old Mount Joy boy. His father, the late George Keiser, many years ago conducted a milling business at the mill now owned by Simon R. Snyder. Mr. Keiser's early youth was passed in this place. He became a telegraph operator and after many promotions finally attained to his present position, that of Superintendent of the Conemaugh Division of the Pennsylvania railroad.

## A Little Like Gasoline

Potatoes have jumped rapidly in price in Lancaster within the last week. Three weeks ago the tubers could be had at 50 cents a bushel, and hundreds of farmers sold at that price. Saturday the price was up to 80 and 85 cents.

## Marriage Licenses

Joseph Bankus and Cora P. Gruber, both of Mt. Joy township. Michael H. Showalter of Lancaster and Laura V. Pennell of this place.



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## W.B. BENDER BARBER

East Main St., Mount Joy, Pa. WE HAVE EVERYTHING FOR THE AMATEUR PHOTOGRAPHER

## MARIETTA MAN GONE

Benjamin Rhoads of That Boro, Disappears Very Suddenly

After making his usual morning trip to the postoffice Monday morning, about 9:30 o'clock, Benjamin Rhoads, aged about 75, a Civil War veteran, who resided with Mrs. Frank McCann, on Second street, Marietta, suddenly disappeared and until a late hour last night, was still among the missing. No reason can be given for his mysterious departure, but it is feared that he became delirious and wandered off. The last person to see him, a mail clerk, who greeted him in the postoffice that morning. When he left home, he is thought to have had nearly \$300 on his person, but was a man of very temperate habits and always known to be a teetotaler. Rhoads was a man of small proportions, weighing only little more than a hundred pounds. He was blind in the left eye, and during an engagement in the Civil War, sustained a fracture of the frontal and parietal bones. To this fact is attributed the supposition that he became the victim of a delirious spasm and wandered away. A number of residents of Marietta scoured the surrounding woodland Monday afternoon and night, but were unable to unearth a clue to his recovery.

## Fruit Trees

I will, in connection with my Green House business, handle a complete assortment of Fruit Trees, such as apple, Pear, Peach, Plum, Apricot, Cherry, Quince, as well as smaller varieties. I can also supply you with ornamentals of every description. Try me and be convinced that I can save you money. Will Guarantee all stock. Carnations are now ready. If at any time you want potted or cut flowers, try me.

## E. H. ZERCHER

MOUNT JOY, PENNA.

## CONESTOGA TRACTION CO.

LANCASTER, ROHRERSTOWN, MT JOY AND ELIZABETHTOWN DIVISION Schedule in effect January 1, 1914. Westward—Leave Lancaster, 4:00 5:15, 6:15, 7:15, 8:15, 9:15, 10:15, 11:15 a. m.; 12:15, 1:15, 2:15, 3:15, 4:15, 5:15, 6:15, 7:15, 8:15, 9:15, 11:15 p. m. Eastward—Leave Elizabethtown, 5:15, 6:45, 7:45, 8:45, 9:45, 10:45, 11:45 a. m.; 12:45, 1:45, 2:45, 3:45, 4:45, 5:45, 6:45, 7:45, 8:45, 9:30, 11:15 p. m.; 12:30 a. m. Additional car daily except Sunday leaves Mount Joy at 6:15 a. m., arriving at Lancaster at 7:15 a. m. Saturdays cars every half hour leaving Lancaster from 6:15 a. m. to 7:15 p. m.; leaving Mount Joy from 7:15 a. m. to 8:15 p. m. On Saturdays a car will leave Lancaster at 9:15 and 10:15 p. m.; leave Elizabethtown at 10:45 and 11:45 p. m. Sundays, cars every half hour from May 1 to Nov. 1, leaving Lancaster from 7:15 a. m. to 11:15 a. m. and 3:15 p. m. to 7:15 p. m.; leave Mt. Joy from 8:45 a. m., 12:15 p. m. and 4:15 p. m. to 8:15 p. m. Sundays, cars every half hour from Nov. 1 to May 1, leaving Lancaster from 3:15 p. m. to 7:15 p. m.; leaving Mount Joy from 4:15 p. m. to 8:15 p. m. Sundays, first car leaves Lancaster at 6:15 a. m.; leaves Elizabethtown 7:30 a. m. (\*) Daily except Saturday.

## Elgin Watches

Silveroid Case

5.00 Fully Guaranteed Gold Filled Expansion Bracelet Watches \$5.50 & Up

## Don W. Gorreent

(Near Bowman's Store) MOUNT JOY, PA.

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## GARDEN THEATRE

Saturday Night YOU WILL BOTH ENJOY EVENING BETTER