

**DON'T FORGET THE PUMPKIN PIE!**



That is exactly what you will say soon when you have tried them. Old chronic cases, that had not enjoyed a square meal in years, now swear by our Gas and Dyspepsia Tablets. (Combined Treatment) They give you relief in two minutes by the clock yet wouldn't harm a kitten. Buy a package today. If you don't find them the best Remedy for dyspepsia, gassy, sour stomach, pain after meals, etc., come and get your money back. 50 cents for a large box.

CHANDLER'S DRUG STORE  
Mount Joy

# Chesty de Nut HE'S STILL CLAIMS HE WAS RIGHT. by F.R. Paul



**OH, FINE THAT'S CHESTY. WE NEED AN UMPIRE YOU DON'T HAVE TO KNOW ANYTHING ABOUT THE GAME. ALL YOU GOTTA DO IS HOLLER BALL OR STRIKE!**

**THIS IS THE SOFTEST JOB I'VE HAD IN A LONG WHILE!**

**STRIKE ONE**

**BALL, YOU SAID, EH! STRIKE, I MEAN BALL!**

**WHAT DID YUH SAY ???**

**LET ME ASK HIM JUST ONE QUESTION**

**BALL, I MEAN STRIKE NO, NO. I MEAN BALL STRIKE, I THINK IT WAS BOTH!**

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**Take Notice!**

The Underigned Wish to Inform the Public that They are Prepared to do

**Practical Horse Shoeing**  
At Jno. Bombach's Standing, Mt. Joy

Special attention given to all work. All diseases of the feet promptly attended to. Your Work Solicited.

**BOMBACH & SHANK**  
General Blacksmiths and Horse-Shoers  
MOUNT JOY, PENNA.

**CENTRAL HOUSE**  
J. M. Backenstoe, Prop.

Choice Wines & Liquors  
At The Bar.

MOUNT JOY, PENNA.

**RALPH F. ESHLEMAN**  
Show Card Writer

Paasche Air Brush Used  
Prices Reasonable  
West Donegal St. MOUNT JOY, PA.

**"I Don't Feel Good"**

That is what a lot of people tell us. Usually their bowels only need cleansing.

**Resall Orderlies**

will do the trick and make you feel fine. We know this positively. Take one tonight. Sold only by us, 10 cents.

E. W. Garber.

**Paxtine**

A Soluble Antiseptic Powder to be dissolved in water as needed For Douches

In the local treatment of woman's ills, such as leucorrhoea and inflammation, hot douches of Paxtine are very efficacious. No woman who has ever used medicated douches will fail to appreciate the clean and healthy condition Paxtine produces and the prompt relief from soreness and discomfort which follows its use. This is because Paxtine possesses superior cleansing, disinfecting and healing properties.

For ten years the Lydia E. Pinkham Medicine Co. has recommended Paxtine in their private correspondence with women, which proves its superiority. Women who have been "stuffed" with pills, which only produce a large laxative by mail. Sample free. Write the Paxton Toilet Co., Boston, Mass.

**HOME HEALTH CLUB**

By Dr. David H. Reeder, Chicago, Ill.

The Skin—How many uses has your skin? In how many ways does it contribute to your life, health and happiness?

Rather hard to answer those two questions without giving the matter some thought, isn't it? In the first place let us put "protection." Just let a little bit of the skin get knocked off the body or a limb or even a finger and you see as if every thing that comes near will just manage to touch the spot and hurt it. It protects us in many ways. There are thousands and hundreds of thousands of little holes through it and although our bodies are made up largely of water, yet when in normal health these little holes automatically close up tight and keep the water in unless we get too warm and then they let out just enough moisture to help us keep cool.

In addition to protection the skin can properly be called a respiratory organ. It is an organ of excretion also and throws off vast quantities of poisonous and waste matter. It is an organ of absorption and it sometimes becomes necessary to use this function to prevent starvation. It is an organ of sensation and conveys to the brain ideas through the sense of touch. Through this means the blind and the deaf are enabled to know things otherwise impossible for them to know. The sense of touch or feeling is probably one of the most important of the five senses.

That brings up another subject, the sixth sense. Did you know that you have a sixth sense and that it is important to any of the five that you have been told about since you were a child. Well, you have a sixth sense and it can be paralyzed by strong drink or by a slow or gradual injury just as surely as can the sense of seeing, feeling, smelling, tasting or hearing. It is the sense of Equilibrium and is located back of and inside the ears, a little piece filled with fluid, somewhat on the order of the spirit level used by builders. A blow back of the ear shatters the fluid and the man drops to the ground. A blow on some other part of the head disturbs it and he staggers. Alcohol disturbs it and the drunken man staggers and falls.

Wonderful discoveries and inventions appear in these days, the most recent and most wonderful being Prof. Sully's recovery of the true reason we are able to hear a man's voice, although he is thousands of miles away, how we can see through the wall of a building and fly thru the air. When the observations and discoveries of Prof. See have been perfected we may be able to suspend the laws of gravitation and thus, by getting off the earth in a flying machine, let it revolve for 12 hours and then alight on the other side. Perhaps that is too visionary for a practical doctor to write about, but it's always the dreams that come true that mark progress in the inventive world.

If such a dream could be changed into a reality today I could stop all of the wars in Europe in a few hours.

You certainly had your share of experience with the Small Pox, but now that it is over you will feel safe in that direction hereafter. In regard to a cistern I would suggest that you write to the Agricultural Department at Washington, D. C. and get a Farmer's Bulletin showing the best methods of building filters and cisterns. It would not do at all to put a brick filter in the bottom of the cistern. As a rule the best plan is to build your cistern of the proper size and between it and the down spout from the roof you should construct a smaller cistern which is filled with charcoal and gravel and all of the water for the cistern should be made to pass through this smaller cistern or receptacle. Do not use an ordinary whiskey and have it down and

**DEGENERATIVE DISEASES**

Little Talks on Health & Hygiene by Samuel G. Dixon, M. D., LL. D.

Benjamin Franklin said, "Nine men in ten are quacks." The interference of individuals to their continued personal welfare which inspired this remark one hundred and sixty-nine years ago applying equally today. Conditions have changed in many ways and some of them are less beneficial for the individual.

Carefully accumulated statistics show that here has in all probability been a steady increase in Bright's Disease and other degenerative diseases incidental to advancing age. Within the past few years, certainly the number of deaths from this cause is sufficiently high to warrant the serious consideration of every individual advancing toward middle life. Of course everyone now-days is familiar with the doctrine of fresh air, exercise and simplicity of diet, etc., which make up the creed of the sanitarian.

Few are willing to go to the fancied discomforts of denying themselves the pleasure of eating, drinking or indulgent ease. They are perfectly aware to be sure that indulgence is unwise. They have been warned by old people's experiences and not improbably have been admonished by their medical advisers as to the evil effects of certain favorite indulgences. But the fact that a single gratification of their weakness is not likely to be accompanied by any of the forecasted ill effects seems to lead the majority of people to regard the pleasure of the ultimate gratification of their weakness as being the ultimate resistance seems to be the popular path.

Probably every individual will admit to himself that he is running a risk and that the ultimate outcome will probably prove serious. Nevertheless he will and so there is more than a medium of truth in what Poor Richard said.

Self denial and temperance may seem Spartan virtues to the self-indulgent but they are worth cultivating if one would challenge Father Time and his grim companion.

**DON'T OVERLOOK THIS**

A Careful Perusal Will Prove Its Value to Every Mount Joy Reader

The average man is a doubter, and there is little wonder that this is so. Misrepresentations make people sceptical. Now-days the public ask for better evidence than the testimony of strangers. Here is proof which should convince every Mount Joy reader.

Mrs. Frank Conrad, David St., Mt. Joy, says: "It would be hard to tell all the misery I endured from kidney ailments. I had nearly every symptom of that trouble and was daily growing worse. I had a constant dull pain across my back that made my household a burden. I had chills and dizzy spells and the least bit of work tired me out. When I saw Doan's Kidney Pills advertised, I got a box at Garber's Drug Store. I had taken but a few doses when I felt much better and I improved as I continued using them. Today I am in better health than I have been for a long time."

Price 50c, at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the same that Mrs. Conrad had. Foster-Milburn Co., Props., Buffalo, N. Y.

**Farmers Column**

VERY VALUABLE INFORMATION FOR THE FARMERS

Always Breed Pure Bred Stock, it Pays—Hatch Your Pullets so That They Lay Before Frost—Provide Shade for Your Poultry

Egg-bound is a condition that is your fault, not the hen's. Hens sometimes die of it, without giving notice that they will die. The egg bound condition results in a weakening of the heart, and the hen is sometimes found dead on her nest, where she was straining to produce the egg. The disease is usually caused by an overfat condition, which brings a pressure upon the egg passage, weakening it. Sometimes the weak walls give way and to the abdominal cavity. This may end in inflammation, followed by peritonitis.

Failure to provide shade for poultry during the summer months not only results in a large number of deaths, but the flocks are less productive. The importance of summer shade cannot be overestimated. Poultry of all kinds require shade. Ducks and geese very quickly succumb if they are unable to get protection from the sun's rays. It is easy to provide plenty of shade. The Missouri College of Agriculture recommends the following ways of furnishing shade for poultry. Portable houses can be set up on blocks so that the birds may run under them; orchards, sunflower patches and other conditions for rapid and productive growth are ideal. A little planning on the part of the farmer will make poultry keeping more profitable. By providing shade the losses are reduced, the flock is more productive, and the young stock will make more economical growth.

Every farmer and poultryman, says Professor Rice, must first solve to his own satisfaction the time of year in which to hatch birds so that they will begin laying just before heavy frost or freezing weather arrives in his particular state. This is a very simple problem, as a glance at the average date of arrival of frost will show the average date of frost and freezing weather for any given period of years. Then, taking into consideration a particular breed and familiarizing himself with its characteristics, a farmer or poultryman can set the exact date when eggs should be hatched so as to allow the pullets ample time to come full plumage and maturity before the advent of cold weather. If, for example, White Leghorns are the type chosen, a farmer will learn that these birds usually begin laying at seven to eight months of age. He strikes the average time for the arrival of cold weather, probably November 15 to 25. He looks at his calendar and carefully counts back eight months and finds that March 15 to 25 is the logical time in which to hatch out the birds. Therefore, if Leghorns are to lay at eight months they must have eight months or more weather absolutely adapted to their fullest development before they can be expected to lay. And they must not come into laying except in mild weather before their vitality has been taxed or impaired by cold.

Many breeders of pure bred stock fail to pay sufficient attention to their local market. The excuse is often made that the farmers nearby will not pay the prices a breeder ought to have for producing high class breeding animals. To the breeder located in a community where the use of such stock has become firmly established this may be true. It will be to the breeder's

**Unclaimed Letters**

Unclaimed letters in the post office at Mount Joy, for the week ending Aug. 18, 1915:

Norman Hiestand  
Mabel Mober  
Ruth Iorwood  
Mrs. Hannah D. Johns  
Mr. M. Sheetz  
J. F. Fenstermacher, Postmaster.

**Eight Men Killed**

Keystone Express on the P. R. R. ran into a gang of section hands at Mt. Union on Friday, killing eight of them. There were fifteen in the gang.

**MOTHER OF SCHOOL GIRL**

Tells How Lydia E. Pinkham's Vegetable Compound Restored Her Daughter's Health.

Plover, Iowa.—"From a small child my 13 year old daughter had female weakness. I spoke to three doctors about it and they did not help her any. Lydia E. Pinkham's Vegetable Compound had been of great benefit to me, so I decided to have her give it a trial. She has taken five bottles of the Vegetable Compound according to directions on the bottle and she is cured of this trouble. She was all run down when she started taking the Compound and her periods did not come right. She was so poorly and weak that I often had to help her dress herself, but now she is regular and is growing strong and healthy."—Mrs. MARTIN HELVIG, Plover, Iowa.

Hundreds of such letters expressing gratitude for the good Lydia E. Pinkham's Vegetable Compound has accomplished are constantly being received, proving the reliability of this grand old remedy.

If you are ill do not drag along and continue to suffer day in and day out but at once take Lydia E. Pinkham's Vegetable Compound, a woman's remedy for woman's ills.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

**Pennsylvania Dutch.**

What Shilky Bumblecock Has To Say This Week.

Ich hob dach shunt a hunderd dousand mull' g'winst Ich wair aw 'n "Mind reader" we dael claima sich. Wairer. Wairst ferwos Ich sell wurt? Ei no wist ich wair seiler unonymus b'reef g'shriva hut wo ich g'rickt hob. Ich hob 'n noshun fuent dawler shpenda un's hexa wenn ich larnu un macht sel soch recht.

Ich geb gorenix drum eb's n monsker odder 'n weipmensch wore, over 's is 'n g'lacnes ferschtend fer 'n b'reef tu schreiva un sich net bakont macha. Der b'reef hut 'n lot questions on ich anstru sell over louder so os arrig easy sin, henyah tu mere. Der b'reef wor we des:

Doe finst pohr g'wastions os du ansora must un won du der ansaer net recht huch? tu otie g'vestion, don brenn ich dere house on shire nunnor. 1. Woz grickt m'r fer onner leit ihra bisnis su minda? 2. Woz iss 'n g'hichered mon sel duty? 3. Woz issa'chickelt? 4. Woz reich dunnm tu g'reeg? 5. Woz muss ich du fer 'n laehva macha.

Well, du lever laeser, luss mich dere sawga so'n b'reef 'su g'reega mached in de hobn in de hae gae, Ich woe fa tzwaee dawg gons ouse 'n kupp. Ich hob's Webster's unabreiter dictionarj fun deek tu deek ouse d'gockert fer de dephnis, luss ich da g'vestions over's woe'r net da awert. Sie woe'r net drin. Owwer we ich, widder mi g'soonder ferschtend g'rickt hod bin ich ons ouse rechla, un mid der helf tu chellener mon sel duty? N g'htred mon sel duty iss aucht gevva uff de frau un klinner, won e'r henyah klinner, won e'r henyah klinner hut. Net mach dross unon lawfa, sie sell der frau gevva, otie dawg schoffa, net ofolla mit schlechte kompanij, net f'lehl "bitter-sweet" drinka, net f'lehl schwetza mid voungse maid un ferluss dich net uff eber sunst won dusht don bist fehsassa.

Nunnor aene: Woz richk m'r fer onner leit ihra bisnis 'su minda? Ich eb'motes 'n schwarty-un-b'lo awig un eb'motes druvvel, 's depend yust wennlich druff woz de bisnis iss. 'S nembt 'n mon mit 'ma hahn so full ideas os 'n dishtla stuch f'oll schtacha iss fer sel bisnis recht tzu minda un hut ken tzeit fer onner leits bisnis minda, e'r hut blenty ganoonk mit sylva seegny.

Nunnor tzwaee: Woz iss 'n g'hichered mon sel duty? N g'htred mon sel duty iss aucht gevva uff de frau un klinner, won e'r henyah klinner, won e'r henyah klinner hut. Net mach dross unon lawfa, sie sell der frau gevva, otie dawg schoffa, net ofolla mit schlechte kompanij, net f'lehl "bitter-sweet" drinka, net f'lehl schwetza mid voungse maid un ferluss dich net uff eber sunst won dusht don bist fehsassa.

Nunnor dri: Woz iss aerlichkelt? Aerlichkelt maent uffrichtig in otie hescht, wou du of kohrs net bist, sunst hetsch dich bakont macht in dy'm b'reef. 'S sin tswaee g'roszle dinga os du mit dy'm de weldt bringa must, sell is g'soonder ferschtend un aerlichkelt, un sell muss in dich gebora sel. Nem ken oagerecht gelt, 's batatzwedl ken shulta. Shoff net uff der Soondawg unerschiltz har richa un erichtliche fersomling. Brover net del aerlichkelt fer hondu uff 'n sock foll gelt 'n friar gawissa is mae waerd os gelt.

Nunnor fier: Woz reichdunnm tu g'reeg? Fer sell arizwa daucht net, luss dich net schtuel, or

**MAYTOWN MAN'S SUCCESS**

Charles A. Harter, of Maytown, son of Dr. and Mrs. George A. Harter, has been elected assistant principal of the public schools of Duquesne, near Pittsburgh. He was also chosen as the coach of the schools, and will have supervision and control of all sports. These schools the past few years have been doing things in the athletic line, and their new head will be quite to the occasion. Mr. Harter is a graduate of the Maytown Central high school and of the Paankin and Marshall college. He taught school in several sections of Lancaster county, and goes to his new field very highly recommended.

**Another Heavy Downpour**

A tremendous downpour of rain occurred at about two o'clock on Thursday from Landsville to Elizabethtown. Streams rose rapidly, overflowing their banks in several places. Fields and roads were inundated and both were badly washed out at places. Big ponds of muddy water stood in tobacco fields at Landsville, and in the vicinity of the plants for several hours afterwards.

**BEAT THIS RECORD!**


The only way possible is to feed the Park & Pollard Feed just as directed in their Year Book. We sell the feed and give away the books free. The book alone is worth a dollar or more to you.

Wholesale Distributors  
**BRANDT and STEHMAN**  
MOUNT JOY, PA.

Hatched March 22, 1910.  
Weighed May 22, 1910.

Raised on Park & Pollard Growing Food.

Can you beat it?



**BEAT THIS RECORD!**

The only way possible is to feed the Park & Pollard Feed just as directed in their Year Book. We sell the feed and give away the books free. The book alone is worth a dollar or more to you.

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