

DOUBLE "A." GREEN STAMPS

SATURDAY MORNING UNTIL 12 O'CLOCK

Lancaster Pa. **LEINBACH & COMPANY** Lancaster Pa.

Where are the summer furs of yesteryear?

A lazy man makes much ado about nothing.

Men, like pigs, are no good if they lose their heads.

If you make a cat's paw of a friend you are apt to get scratched.

While alimony returns in Chicago amount to \$1,000,000 annually some of the 3,000 former husbands paying them seem to think it cheap at that.

The man who never tried has no sympathy for the one who tried and failed.

Investigations may disclose that there never was an old fashioned summer.

Out of fear of the submarine may be evolved the paradoxical dread-nought aeroplane.

On days that the Palm Beach suit feels comfortable it also wrinkles all over the human anatomy.

If you do not believe that this is July take a look at the calendar.

"Banks flushed with Money" says a headline. Speaks well for the country.

Archery, moreover, never strains a man's veracity by leading him to tell stories of the fish that got away.

Perhaps the savant who is really needed in modern war is the medical specialist who will prescribe for the enemy.

BOY SCOUTS ORGANIZE

Following Are the Officers That Will Serve the Ensuing Year

At Camp Clifton last week the Boy Scouts of this place effected the following organization for the ensuing year:
H. J. Williams, Scout Master; R. H. Pennell, Assistant Scout Master; Troop Committee: Dr. W. D. Chandler, Dr. J. J. Newpher, H. C. Brunner, Wm. Tyndall and Chas. Morton.
Eagle Patrol: Charles Garber, Patrol Leader; Calvin Kramer, Assistant Patrol Leader; James Garber, Chas. DeLong, Roy Tyndall, Irvin Fritz, George Weber, Mark Mumma, Jacob Zeller, Walter Pennell.
Owl Patrol: Harry Williams, Patrol Leader; Sylvester Dearbeck, Assistant Patrol Leader; Howard Greenawald; Edwin Walters, Oscar Laskevitz, Everett DeLong, Elwood Schermer, James Rapp, Glenn Derr, Thomas Stohler.

A TRIP TO THE CAMP

"Along New England roads and elsewhere" by W. C. Prince, and "Under the Trees" by Hamilton W. Mabie, are essays of beauty and inspiration, inspired by the authors coming in intimate relationship with nature. We feel sure no more attractive scenes and surroundings exist to the lot of these writers than those to be found at Camp Clifton, situated three miles north of Middletown, along the creek called the Swatara. At this delightful place the Boy Scouts of Mt. Joy spent their first two weeks of camp life—two weeks of never to be forgotten pleasure and sports, coupled with good, strong, wholesome discipline. Handled down to them by their tireless and energetic Scout Master, Harry J. Williams. The writer was one of five who visited the camp on July 29, and spent the day with the boys. On this occasion and this particular day an auto containing Mr. John E. Schmitt, Dr. J. J. Newpher, H. C. Brunner, William Tyndall and Dr. W. D. Chandler, arrived at the camp about ten o'clock. The boys were particularly anxious that this crowd should arrive. Some were before the boys left for their camp Mr. Harry Brunner remarked that he thought of treating them to a chicken dinner. Mr. Schroll remarked that his auto was at his service, and Dr. Newpher, learning of the proposition, said that he would accompany the crowd. There being room for two more, an invitation was extended Mr. Tyndall and W. D. Chandler, two members of the Troop Committee, to be their guests on the occasion. This auto load was anxiously looked for by the boys and on reaching the camp, found the scouts drawn up in line in honor of their arrival. After being dismissed the boys escorted the visitors thru their camp with pride, for which they had cause, as the twelve o'clock inspection fully demonstrated to the guests. The camp was in splendid order. At the call for dinner they took their places in a quiet, dignified way, and while standing, offered prayer for the necessities of life. It did one good to see the chicken disappear along with the other good things that go to make up a dinner, and the covering of all this with blocked ice cream and cake. The boys had splendid appetites, as well as some of the older ones, but in spite of nature's demands, they failed to get away with the seventy pounds of chicken, three gallons of cream and half a bushel of cakes. After dinner three hours of strenuous athletic sports were indulged in—base ball, jumping in various forms, running, swimming, boating and quilts. Towards evening a newspaper man and a doctor started out to fish. The understanding was that the bushel can that contained the cut-up chicken, was to be filled with fish for supper, and the parties referred to started out to fulfill the promise made on the way to camp. With much care the two baited the hooks and then seated in the boat, launched out into the deep, and after some hours, exposed to the rays of the scorching sun, returned unable to keep their promise. Providence falling to smile on their efforts. The boys are in fine physical condition. The last week of their camp life the Boy's Brigade of Harrisburg, camping nearby, paid them a friendly visit. In the evening they held a camp fire, around which they sang and told stories. Many visitors honored the camp with their presence. On the 29th, besides those already mentioned, we remember of seeing Mrs. Amos Shickley, Mrs. Sylvester Dearbeck, Mrs. Lily Stohler, Mrs. Scott Swords, Mrs. Aaron Garber, Mrs. Mabel Garber, Mrs. Katharine Dietz, Mrs. Harry Derr, Mrs. Elias Derr, Mr. A. E. Hoffer and Dr. Wright. We understand seven hundred and fifty visitors dropped in during the two weeks—a never to be forgotten two weeks in the lives of those who spent them at Camp Clifton. They will profit from the experience gained and thus be able to make the two weeks' outing in 1916 be better in every way. It will be a very great pleasure for them to look forward to that time. Just a word about the one who has been devoting so much of his time to this cause in our community. He is like the rest of us, liable to error at times. Who has not? Only dead men make no mistakes. We refer to Scout Master Harry J. Williams. We know of no man better fitted to fill the position. He has military training and he is putting it into practical use. Lend him your support morally and financially. Help to build up. Remember, it requires greater effort and skill

to erect a building than it does to pull it down. The Troop Committee inspected the camp and found the boys in splendid condition and plenty to eat. They broke camp Friday, July 30, and hiked to Mt. Joy, reaching the latter place Saturday morning at 8:20. They camped out over night on their way home, near Elizabethtown. As they entered Mt. Joy the people were out in goodly number to give them a hearty welcome, thus ending a very pleasant and profitable two weeks of camp life.

HOME HEALTH CLUB

By Dr. David H. Reeder, Chicago, Ill.

Power in Emotions: Some time ago I told you a little about the ductless glands and the effects which they exercise over the body. I have made many observations and spent a great deal of time in the study of this subject, many books on the subject have been compiled during the last few years. I use the term "compiled" instead of written because the most of them tell more of what others have written than of original research. I have them tell more of what others have written than of original research. I have written the manuscript for a book but I purposely avoided a study or even the reading of anything written by others until I had my own ideas in black and white.

At the recent meeting of the Homeopathic Medical Society, Dr. Dewitt Wilcox of Boston, read a paper in which he asserts that the adrenal secretions make and unmake heroes in battle or in fact anywhere else and that it is the influence of their secretions that tell the story of what we sometimes call deeds of superhuman power. When a human being is laboring under the excitement of fear he will commit acts that are entirely foreign to his normal nature and apparently impossible in a physical sense.

In some cases we find people that are known to be cowards when normal, but under the excitement of eager or other powerful emotions they perform deeds of valor and strength that makes the world wonder at the power of a man. How to utilize this wonderful power that is really in us all the time I have tried to explain in the unpublished book, but what you want to know is what to do now.

For many years the medical fraternity have tried to increase the efficiency of the ductless glands in man by making extracts from the glands of animals and they have met with some success. I can give only a brief suggestion of what I believe to be the true method.

The emotions must at all times be under complete control of the mind. A successful general does not allow himself to become frightened or excited, but the excitement all about him and the tense vibration of thought waves enables him to make quick decision on important points. His whole body responds to the situation and all of the ductless glands act in unison, therefore he is a complete dynamic power and not erratic. The first requirement of the mental healer or the Christian Scientist is faith, then the putting away of fear. After that forgive your enemies and if you have a grudge against anyone, forget it, quit worrying, accept peace and when you have accomplished all these things, harmony begins to appear in your body as well as your mind. In addition to these suggestions the ductless glands may be made strong and active through the use of properly selected herbs, fruits and other foods that seem to have a direct influence upon them. At least one article of each meal should be uncooked. Several kinds of uncooked foods may be used with decided benefit. Nearly all fruits are better and vastly more appetizing in the raw or uncooked state of natural food, also many vegetables and all kinds of nuts.

BOUNTY INFORMATION

Cured Skins Only May Be Sent to State Dept. Hereafter

For the information of those who desire to secure bounties as provided for by the Act of April 15th, 1905, we beg to advise that this Act distinctly provides that in case the necessary affidavit is made before a Justice of the Peace, Alderman, or Magistrate, on forms secured from the Game Commission by such official, the unutilized skin or entire pelt of such animal shall be forwarded to the Game Commission, Harrisburg and therefore, it does not provide for the sending of the entire carcass of the animal. Furthermore, we beg to warn all claimants for bounties that they should in all cases skin the animal and cure or dry the skin before forwarding same to Harrisburg, as otherwise the postal authorities will very likely destroy the parcel containing a raw skin or carcass before it reaches Harrisburg because of the fact that such raw skin or carcass has become offensive during transit, and under such conditions your claim would be entirely lost. Therefore, in the future do not send anything except the cured or dried skin (Not the carcass) to the Game Commission, Bounty Division, Harrisburg, Pa.

The notoriety seeking crank is usually able to gratify his vanity without the use of a bomb.

Chicago's schools should be run for the benefit of Chicago's children.

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Mature an early crop of cabbage. Set out hardened outdoor grown, frost-proof cabbage plants. We have this variety in Early Jersey Wakefield, at 12c per dozen, 2 dozen, 20c. Be in the lead and order now.

Potted Big Boston Lettuce, 5c per dozen, 30c per 100.

Potted Grand Rapids Lettuce, 5c per dozen, 30c per 100.

Potted Double Curly Parsley, 10c per dozen, 75c per 100.

We also have the leading varieties of Spring grown plants which are good and strong.

Cabbage—Early Jersey Wakefield, Early Copenhagen Market, Extra Early Express, All Head Early, Succession. All the above are good early leaders, price 10c per dozen, 5 dozen, 45c. By parcel post, add 10c for one or 5 dozen. We can send you 5 dozen as cheap as 1 dozen. We accept 2c postage stamps on small orders. Money order may be sent.

Brussels Sprouts at 12c per dozen.

Burpee's Danish Prize and Dwarf Erfuo Cauliflower.

We have good varieties and good leaders in Tomatoes, such as Bonny Best, Spark's Earliana, Cracker Jack, etc. These plants are ready; order now. Come and see them.

We have Hyacinths—Dark Pink, Rose, White, Dark Blue and Light Blue.

Tulips—Single—Bright Scarlet, Brilliant Pink, White, Red with yellow border, Rose Griselina.

Double—Murills, Brilliant Scarlet, Golden Yellow.

Narcissus—Golden Spur, Van Sion.

Also cut flowers, such as Carnations, Sweet Peas, Calla Lilies, etc.

We solicit your patronage, and we will try to treat you right.

E. H. Zercher
Columbia Ave. Mount Joy, Pa.

Social Side of Soda Water

Summer brings its social gaities, and Chiques Rock soda water can be made such a help in so many of these charmingly informal functions that you should learn to lean on this inexpensive aid.

For children's parties of all kinds you know in advance that a case or two of Chiques Rock soda water will make an instant "hit" and it is the cheapest kind of good refreshment you could possibly buy.

But remember that men and women are but children of a larger growth, and that no one ever grows too old to enjoy the crisp bubbly delight of a cold glass of some one of our delightful flavored carbonated beverages.

It is a good money-saving habit to think of soda water every time you think of entertaining young or old.

Perhaps we can help you with some suggestions. Go to your nearest dealer and order an assorted case of Chiques Rock Lemon, Creme, Sarsaparilla, Birch, Orangeade, Raspberry, etc.

FLANAGAN'S

The House of Quality Columbia, Pa.

The Man Who Buys a Suit

Now Is Wise In More

Ways Than One

IN THE FIRST PLACE, he is wise from the fact that at no time during the whole summer season outside of this reduction sale has he been able to get an A No. 1 Suit for so much below regular price.

IN THE SECOND PLACE, he is wise because of the fact that, with the prevailing scarcity of wool through the demands of the armies in the European War, there is bound not only to be a shorter market and an advance in price next Spring, but there is also bound to be inferior Value. FOR NO MATTER how STRONG the demand may be for any one thing, when there is a scarcity of it NO AMOUNT OF MONEY can bring up the supply.

RIGHT NOW in the middle of Summer you can buy say a \$15 Suit for the price of ONLY \$10.98, virtually a saving of \$5. We are not exaggerating in the least when we say that next Spring you will have to pay as much as \$18 to get a Suit of equal value—if present conditions are any gauge of the future.

The Children Will Soon Be Going to School

And the chances are nine out of ten that they will be needing a new Suit in a week or two. DO YOU KNOW that, by the simple matter of coming to our Boys' Suit Reduction Sale RIGHT NOW you can save just as much in proportion as the Father can save?

You may not want the highest-priced Suit just for school wear for the boy, but it makes no difference to us—THEY'RE ALL REDUCED, from the lowest to the highest—but you must take advantage of the Sale THIS MONTH ONLY, for after that the next Season Suits will be put in stock and the present sale will be at an end.

Men's Suits Are Priced As Follows:	Boys' Suits Are Priced As Follows:
Were \$8.00.....Now \$5.98	Were \$2.00.....Now \$1.69
Were 10.00.....Now 7.50	Were 3.00.....Now 2.25
Were 12.00.....Now 8.98	Were 4.00.....Now 2.98
Were 15.00.....Now 10.98	Were 5.00.....Now 3.98
Were 18.00.....Now 12.98	Were 6.00.....Now 4.50
Were 20.00.....Now 14.98	Were 8.00.....Now 5.98
Were 22.00.....Now 16.98	Were 10.00.....Now 7.50
Were 25.00.....Now 17.98	Were 12.00.....Now 8.98

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