

VANIA DUTCH.

Bumblebee Has To This Week



ite imer sawga, mer es ollas blenty is. lower es is net so shlich ding es blenty ginner.

er gessa noch a molefer en help dutzet. Se sawga des de am shonshta runner se by bringt. Ich fool ene amole un e gatzuga des ken. Seller wake hov aer uns net fanna. arich em fire-eshkape

h gronk un hop ins var im bet fer apore an amole ay dawk aens fon unser kin-tzum nochber un en glayner bu grega och ber hut sel net nna ower unser Lis war wore. De no Lis wa vesht du glayner bu grega?

"Wy do yetz war bet un der duckter matel gabrucht. im bet."

tzu arick gragert OOY dawk rager cept Fridaw un mer hen so feel es ich seiver shimt amole draw.

rema bowera des so kot hen des yore defu ferfowl. Of ferenera so

usamers usht grawt ves sis.

TEMPER vs. TEMPERANCE

Little Talks on Health & Hygiene by Samuel G. Dixon, M. D., LL. D.

Over two thousand years ago Confucius said, "Few are those who are on the side of self restraint."

All neurologists unite in the opinion that anger has a dangerous effect on the human system. Experiments have been carried on to show that the various functions of the body are materially interfered with or arrested by excessive passion.

It is not uncommon for illness to follow a fit of temper and for those whose blood pressure is high or where there is defective heart action it is extremely dangerous. Not only those who give way to uncontrolled passion work an injury to themselves but they are almost certain to arouse a like passion in others.

There are few occasions in life which justify the display of "righteous anger" and even in such stances it is always a debatable question whether calm and well directed energy would not have accomplished far more.

During the hot weather small annoyances are apt to be exaggerated and trifles assume an importance out of proportion. Self restraint is a valuable asset in the building of individual character and in the cultivation of those temperate habits of mind and body which go far to maintain sound bodily and mental health.

Recipe For a Good Town

- Grit.
- Vim.
- Push.
- Snap.
- Energy.
- Schools.
- Morality.
- Churches.
- Harmony.
- Cordiality.
- Advertising.
- Talk about it.
- Write about it.
- Cheap property.
- Speak well of it.
- Healthy location.
- Help to improve it.
- Advise in its papers.
- Patronize its merchants.
- Good country tributary.
- Elect good men to office.
- Honest competition in prices.
- Faith exhibited by good works.
- Make the atmosphere healthy.
- Fire all croakers, loafers and deadbeats.
- Let your object be the welfare, growth and promotion of your town and its people.
- Speak well of the public-spirited men, and also be one of them yourself.
- Be honest with all your fellow men.

This Didn't Happen Here

A man named Wood and a man named Stone met on the street in a nearby city and they stopped for a few minutes to exchange a few cheerful views when a woman in a particularly noticeable sheath gown passed. Simultaneously Wood turned to Stone and Stone turned to Wood and then both turned to rubber.

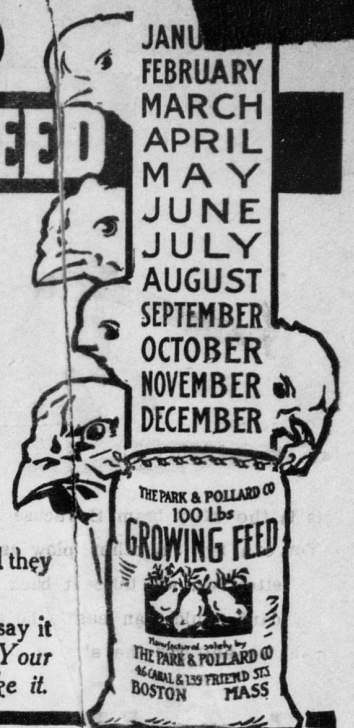
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UP-TO-DATE JOKES

"How was your speech received?" asked one member of another. "When I sat down they said it was the best thing I ever done," was the reply.

A famous woman novelist was once asked why she had not married.

"I have three things about the house," she said, which represent so closely the characteristics of the average man that I don't want any more of him."

"What do you mean?" her friend asked.

"Well," the novelist replied, "I've got a dog that growls all the morning, a parrot that swears all the afternoon and a cat that stays out all night."

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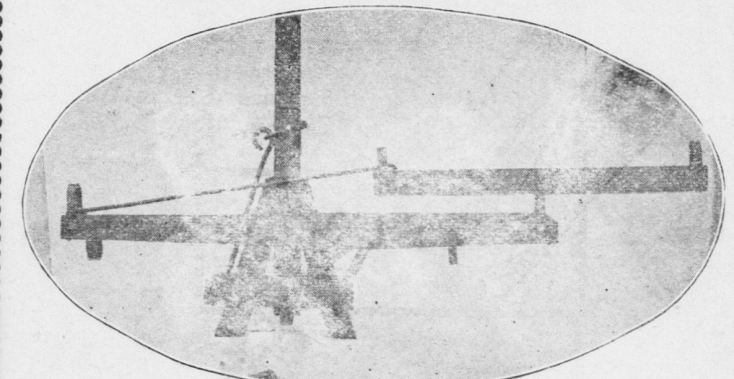
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When the wheat is harvested thoroughly ripe it will be able to thrash as early as possible and store the grain in bins if market prices are not satisfactory. Such stored wheat should be treated about once a month with sodium-bisulphide at the rate of one pound per ton of grain. The liquid may be applied to bran sacks or blankets spread over the surface of the grain. The heavy gas will settle down through the grain and kill all living moths. Larva in the grain will not be reached by the gas. For this reason the above indicated repetition of treatment should be made. When applying this treatment the gas should be confined as much as possible. Special care should be exercised to keep the gas away from fires of any kind—lanterns, lighted cigars, etc.

BATHING IN POLLUTED WATERS

There is a common but erroneous idea that clear water is pure water. Unfortunately this is untrue as many a stream which to all appearances is uncontaminated carries the germs of typhoid and dysentery.

Through the summer months thousands of camps dot the streams and woodlands and the seekers after health and pleasure naturally turn to the streams for their water supply and for bathing purposes. Often camps are located close together and if there is careless disposal of the wastes by those up stream they become an active menace to those below.

For the sake of safety be careful in selecting a bathing place. All streams should be avoided which are contaminated by city sewage. When there is any doubt regarding the character of the water it is better to boil the entire supply used for drinking and culinary purposes and to forego the pleasure of swimming.

On picnics and excursions to the country unused wells and those in barn-yards or near out-houses are to be avoided. Even springs are not always to be relied upon for they are often contaminated by drainage from adjacent properties. The alluring roadside spring that looks so tempting to the weary traveler on a hot day is often so located that it receives road drainage and is unfit for use. It is far better to suffer a temporary inconvenience from thirst than to risk a drink from a questionable source.

The general adherence to these suggestions would save much of the typhoid which for years has been an inevitable accompaniment of the vacation season.

Catarrh Cannot Be Cured

with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it, you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly upon the blood and mucous surface. Hall's Catarrh Cure is not a quick medicine. It was prescribed by one of the best physicians in this country for years and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surface. The perfect combination of the two ingredients is what produces such wonderful results in curing catarrh. Send for testimonials, free. F. J. CHENEY & CO., Props., Toledo, O. Sold by Druggists, price 75c. Take Hall's Family Pills for constipation.

eur or driver is not affected. President Wolf and Mr. Ruth were named to take the matter up with Mayor McClain and seek to have him make a modification of his order. Seven new members were elected. Aaron B. Landis, chairman of the social committee, reported that the August meeting will be held at his home at Rohrerstown when ladies' night will be observed.

GAME PROTECTION

State's Plans Are Working Well in Increase of Animals

Pennsylvania's methods of protecting and propagating game animals and birds are equal to the systems in vogue in any other states and should be continued with no radical change in the opinion of Dr. Joseph Kalbfus, who is secretary of the State Game Commission and chief game protector. Dr. Kalbfus so reported to the board at its meeting today.

One of the main issues in Dr. Kalbfus' report is that of a "game farm," a method of propagation which has been tried in some other states but with only indifferent success or no success at all. Dr. Kalbfus recommends that the general protective system in this state, coupled with restocking so far as possible, be continued and that game preserves be established in every county where the state has sufficient land to admit it. The state now has six such preserves on state forest lands, wherein no killing of any sort is permitted. Extension of this chain of sanctuaries, according to the view of the chief game protector, will result in natural propagation of sufficient game.

Game has increased in the past year, with the exception of quail, and the state now harbors more game of all kinds than for years. Propagation of quail is a problem not yet solved anywhere.

Closing certain counties to deer hunting under the act of 1913 and releasing adult deer thereon has been an excellent step; Chester is the only eastern county so closed. Releasing elk, which was done in Clearfield county in an effort to restock the state, has been a mistake because the elk will not "stay put" but insist on wandering afar and destroying crops.

The resident hunters' license tax law has worked well, except that the funds are held up by the auditor general, and Dr. Kalbfus recommends consulting sportsmen at all times about game laws, particularly since now the sportsmen are supplying the money to carry on the Game Commission's work.

An old lady from the remote Highlands was taken to Edinburgh and heard modern singing in church for the first time. She was asked by the friend who took her what she thought of the music. "It's very bonny, but oh, it's an awfu' way of spending the Sabbath"

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