

The Fact Remains

No amount of misrepresentation by the peddlers of alum baking powders, no juggling with chemicals, or pretended analysis, or cooked-up certificates, or falsehoods of any kind, can change the fact that

Royal Baking Powder has been found by the official examinations to be of the highest leavening efficiency, free from alum, and of absolute purity and wholesomeness.

Royal Baking Powder is indispensable for making finest and most economical food.

ADMINISTRATORS' NOTICE

Estate of ANNIE HOFFMAN, late of East Donegal Township, deceased. Letters of administration on said estate having been granted to the undersigned, all persons indebted thereto are requested to make immediate payment, and those having claims or demands against the same, will present them without delay for settlement to the undersigned, residing in Marietta Route 2 and Mt. Joy Route 1.

AARON L. HOFFMAN, SAMUEL L. HOFFMAN, Administrators.

Willis G. Kendig, Attorney.

may 6-6t

A Modern Barn

Mr. Harvey W. Metzler of Sporting Hill, is erecting a monster barn on his farm, 114x54 feet. The rough timber is all Mississippi long leaf yellow pine and finishing boards are Idaho white pine. A number of pieces were 10 in. by 14 in. and 54 feet long, and some 7 in. by 18 in. and 54 feet long. These timbers weigh more than one ton each. When completed Mr. Metzler will have one of the most up-to-date barns in that section.

Subscribe for the Mt. Joy Bulletin.

HOME HEALTH CLUB

By Dr. David H. Reeder, Chicago, Ill.

THE AILMENT: I once heard a man say that whenever he opened his mouth to say something he always put his foot in it. A young lady present looked at the size of the foot and said she did not believe he could do it.

My helpers in the Home Health Club office say that I certainly "put my foot in a puddle" when I asked for 100 volunteers to demonstrate that the Home Health Club methods would really cure constipation, when it was already demonstrated. Within three days after the article appeared the deluge began. I knew that constipation was the real cause of so much real sickness, but I did not realize that so many were willing to admit the fact and really try to effect a natural cure. I asked for 100 volunteers, but there will be no limit. I can see now that one or two more ciphers must be added to that 100 figure, and all I can say is you are welcome, all of you; we are here for the purpose of doing something good for somebody all the time and if we can make 1000 people happier and more comfortable by showing them how to be well and comfortable, we know by experience that we start an endless chain of helplessness because each one of you will pass it on, according to our Home Health Club motto and help another thousand. It will be like the cheerful smile that caused so many other smiles and miles of smiles and all I had to do with this smile was to lead off the S, to make miles of smiles.

This is as you know the multiplying season, all nature is striving to produce abundantly, and while we are striving to multiply our helpful efforts let's not forget that if the gardener lets one noxious weed live among his plants and it goes to seed there will be thousands of weeds later on. So also if you let one fly live and deposit its eggs in the barnyard manure pile, there will be more than a million of its descendants to contend with before the season is over. To destroy them is a comparatively easy process. They breed almost exclusively in horse manure. It takes ten days for them to mature. They must have both heat and moisture. Manure will not heat if it is scattered thinly over the surface of the ground, therefore, if it is carted to the fields twice each week and scattered where it is of great commercial value the eggs and larva of flies will be nearly all destroyed. Isn't that a cheap and easy way? Will you help? Also will you swat every fly you see this spring, don't let one escape. Remember one killed now prevents the annoyance of a million before fall. One fly may start an epidemic of typhoid fever in your community that might carry off one of your loved ones. It's easier to prevent than to cure one swat of the right fly may even save your life.

MILTON GROVE

The Week's Doings Among the Green Hills

A. F. Shelly is prepared to do whitewashing of fences or barns. Miss Ada L. Grosh of Lancaster spent a few days at her parental home.

Miss Bessie Shelly visited friends and neighbors in this place Saturday and Sunday.

Mr. and Mrs. Arthur Kauffman and daughter Grace spent Sunday at Highspire.

Supervisor A. R. Gibble with a force of men, is repairing roads thru-out the township.

Mrs. Abram Eshleman and Miss Ruth Fisher were visitors in Harrisburg the past week.

Jerome Sowers of near Mastersonville, circulated in our village in his new automobile, Saturday.

Mrs. Harvey Kulp and Mrs. I. G. Zook combined business with pleasure in Elizabethtown Thursday.

Messrs. A. H. Gingrich, Melo Martin and T. W. Zook transacted business in Elizabethtown the past week.

Misses Kathryn Arndt and Ellen Porry of Ironville, spent Sunday at the home of the former's parents, Mr. and Mrs. E. F. Arndt.

Among those shopping in Elizabethtown Saturday were: Mrs. Henry Gebbe and son Harvey, Mr. and Mrs. A. R. Gibble and Mr. and Mrs. Harvey Kulp.

Mr. John P. Riser and family of Lawn, called on Mr. and Mrs. Melo Martin on Sunday. Addison Martin of Bachmanville, was a visitor at the same place.

Robert Arndt had the misfortune of being kicked by a horse on the farm of Amos Mumma on Friday. A deep gash in the cheek and a few slighter bruises resulted.

\$100 Reward, \$100

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials. Address: H. L. CHENEY & CO., Toledo, Ohio. Sold by all Druggists. Take Hall's Family Pills for constipation.

Read the Bulletin

Dicky, of Crusaders, Strikes Out Fifteen Men

"Dick" Madigan's Crusaders Saturday defeated Landisville on the latter's grounds in a fiercely contested game by a score of 4 to 3. It was a pitcher's battle from start to finish, with "Dicky" having the better of it over Gray, a former Tri-State man. The score:

CRUSADERS	
Mowrey, c	1 1 5 0 0
McMichael, 1b	0 6 1 2
Stumpf, 2b	1 1 2 0
Mellinger, ss	1 1 1 0
Longenecker, 3b	1 2 0 0
Groff, rf	1 0 0 0
Johnson, lf	0 1 0 0
Kilgore, cf	1 0 0 0
Dickey, p	1 1 2 0
Totals	4 7 27 6 2

LANDISVILLE	
Hiestand, 3b	1 0 0 0
Baker, 2b	0 12 0 0
Trayer, 2b	1 0 2 0
W. Gray, p	1 2 3 1
Peris, ss	1 0 2 2
Kilgore, cf	1 0 0 0
Hilfenderfer, c	0 12 0 0
Seitz, rf	0 0 2 0
J. Gray, lf	1 1 0 0
Totals	3 5 27 9 4

Crusaders 2 1 0 0 1 0 0 0 0 4
Landville 0 0 0 0 0 3 0 0 0 3
Sacrifice hits: Mowrey, Dickey, Peris. Stolen bases: Mowrey (2); Stumpf (2); Johnson, Kilgore, W. Gray, Hiestand. Struck out: by Dickey 15; by Gray 10. Bases on Time: of Dickey 1, W. Gray 3. Time: 2:10. Umpires: Nicholas and Bushong.

NORTHWEST RAPHO

Sunday School was held Sunday at 9 A. M.

Mrs. D. B. Eby, who for some time has been sick, is convalescing.

Mr. and Mrs. Aaron Grossman visited J. L. Ruhl and family Sunday. One of the horse sheds at the Chitau Meeting-house was re-roofed recently.

Christ Brandt has installed a hot and cold water system recently. A. M. Shelly had the contract.

John G. Hershey and family of near Manheim, visited in the family of Isaac Gelb, at Locust Lane.

S. S. Shelly, A. A. Shaffer and Morris Bradley spent the past week at Lancaster serving as jurors.

Mr. and Mrs. Aaron G. Ruhl and Mr. and Mrs. Edgar Herr strolled along the hill to Mr. Ruhl's parental home on Sunday.

1,200 Attend Dipping

Fifteen converts were immersed in the Susquehanna River near Blue Rock Sunday afternoon by Rev. C. N. Hostetter, pastor of the Dunkard Church, between Mountville and Washington Boro. Fully twelve hundred people were in attendance at the immersion. Three hundred teams and thirty-five automobiles were lined along the banks. The parties immersed were converted at the revivals held by the church last winter. Thirteen men and two women comprised the party.

McVey Succeeds Stager

Lieut. Joseph McVey of Ephrata, has received word from Fred C. Hanyen, Grand Master of the Grand Lodge of the I. O. O. F., of Pennsylvania, his commission as District Deputy Grand Master for the Northern district of Lancaster county. The appointment was made to fill the vacancy caused by the death of the late Henry L. Stager.

Directors Appointed

At a meeting of the Board of Directors of the Mt. Joy Township Fire Insurance Company, held on Monday, Martin Brandt of Bachmanville, was appointed a director to fill the unexpired term of John G. Stauffer, and Monroe G. Hollinger of Mt. Joy Township, was appointed to fill the unexpired term of John G. Stauffer, who died recently.

Hotel Property Changes Hands

A. M. Diehm has again disposed of his White Oak Hotel property. A few days ago he made a deal with John Zieger, living near Hull's Hotel, near the Leabnon county line, by which he exchanged the hotel property for a farm owned by Mr. Zieger. The new landlord will take possession about May 15.

They Will Oil Too

Strasburg Boro has decided to oil all its main streets but the expense will be defrayed by subscriptions. This will also be done at Mountville. Littitz wants to oil but it can't stand the cost at this time. That's where we have it on them all. Mount Joy will oil its streets and the town will pay for it and won't mind it either.

Mothers' Day at Maytown

Mothers' Day was observed in the Maytown Lutheran Church Sunday, when the pastor delivered a special sermon in the morning, on the subject "Mother." The subject used in the evening was "Parenthood." Special music was rendered by the choir and the decorations were very appropriate for the occasion.

A U. S. Juror

Mr. Peter S. Kraybill has been drawn as a juror to serve in the United States Court at Philadelphia.

Discharged as Bankrupt
Harry Forry of Elizabethtown, has been discharged as an involuntary bankrupt.

WHAT THE DAM MEANS

Practically Cuts Off River Outlet to Sea for Two States

Considerable interest has been aroused over the latest utterance of J. Hampton Moore before Congress, on his pet project for damming the Susquehanna. Moore went straight to the attack in his speech and showed that the nation is certainly discriminating against the broad river of Central Pennsylvania. In this connection he said:

"There are some great rivers in the United States that are not treated by the federal government with the same consideration that is accorded to other rivers, and the Susquehanna is one of them. I do not know of any other river in the country so capable of public service that has been so signally overlooked. It runs thru a section of the country where the people generally have been prosperous and busy, and it is because of that condition, possibly, that the immediate inhabitants of the valley have come to look upon the Susquehanna more as a beautiful creation of nature than as a means of reducing transportation costs or of developing commercial and industrial possibilities.

The Picturesque Susquehanna
"The Susquehanna river is picturesque and historically interesting, but, in addition, it has a record for serviceability equal to the best of our American rivers. Men are still living who recall the tales of the frontiersmen and the lumberjacks who operated along its banks. Like the Upper Delaware or the Upper Mississippi, the Susquehanna was the highway of the raftmen who brought their timber to market, and it is still used for logging purposes. It was also the avenue for commerce passing back and forth in the "arks" or river boats which thrived upon it in the earlier part of the last century.

Up and Down the River
"It is today the scene of much boating, conducted for business or pleasure, but the canal boats which formerly operated along its banks and carried coal and other commodities to Baltimore and points south have disappeared thru the competition, if not with the assistance of the railroads. The construction of various railroad bridges without draws for generating water power at McCall's Ferry have practically closed the river to navigation above the Maryland line. Thus the people of Pennsylvania and New York have quietly been deprived of their right of an outlet to the sea.

"I appeal to my colleagues on the interstate and foreign commerce committee and on the rivers and harbors committee to study this case of the Susquehanna. It is a navigable stream within the interpretation of the Supreme Court of the U. S. but it is not navigable under a department ruling. It can not be dammed up, but it has been dammed up."

Resolutions of Respect

At a meeting of the Crusader's Bible Class of St. Mark's U. B. Church of this place, the following resolutions were unanimously adopted on the death of its teacher:—
Whereas, The Messenger of Death has come among us and so suddenly called our beloved pastor and teacher Dr. H. S. Gabel, from labor to his reward, we deplore and deeply mourn our loss, but bowing to Him who doeth all things well and is too wise to err and too good to be unkind, be

Resolved, That his faithful labors, his intelligent and kindly teachings and his consistent Christian life among us, will ever be held in grateful remembrance.

Resolved: That as a tribute to his memory, our class charter be draped for a period of thirty days.

Resolved: That we deeply sympathize with his bereaved family, and that a copy of these resolutions be presented to them, and that same be spread on our minutes, be published in our town papers and the Religious Telescope.

J. W. ESHLEMAN JAMES GLADFELTER ALBERT MUMMA

THE P. R. R. SIGNALS

Line of Automatics Will Be Complete By July 1

With only twenty miles to go, the Pennsylvania Railroad main line will have a complete automatic system between New York and Pittsburg by July 1. This announcement was made last Wednesday following an inspection of work now in progress east of Huntingdon on the Middle division. The section not completed is on the Middle division between Huntingdon and Longfellow, a distance of thirty-five miles. Under the direction of W. H. Baisley, division operator, a force is at work fifteen miles east of Huntingdon. This section will be completed by May 15.

With the completion of the automatic system a thorough test will be made and then will come a rearrangement of operators and telegraphers. With the new system completed the number of telegraphers now working on the main line will be reduced.

To Beautify the Unbeautiful
Marietta people have raised \$257, and are still on the job of raising money for the improvement of the town's Centre Square, which is bare and bleak and far from beautiful.

RUN-DOWN WOMEN

Find Health in a Simple Tonic
How many women do you know who are perfectly well, strong and healthy as a woman should be? They may not be sick enough to lie in bed—but they are run-down, thin, nervous, tired and devitalized.

Women are so active nowadays, and so much is expected of them, that they constantly overdo and suffer from headache, backache, nervousness and kindred ills.

Such women need Vinol, our delicious cod liver and iron tonic without oil which will create an appetite, tone up the digestive organs, make pure blood and create strength.

Mrs. Walter Price, Biloxi, Miss., says: "I was in a run-down condition for months, I had taken several medicines but they seemed to do me no good. Finally Vinol was recommended, and from the first bottle I began to improve until I am strong and well as ever."

Try a bottle of Vinol with the understanding that your money will be returned if it does not help you.

P. S.—For pimples and blotches try our Sazo Salve. We guarantee it.

W. D. CHANDLER & CO.
Druggists
West Main Street Mount Joy, Pa.

American Plan Rates Moderate

Exchange Hotel

Mount Joy, Pa.
J. M. Backenstoe, Prop.

Has just been remodeled thruout. Has all modern convenience such as Baths, Hot and Cold Water, Steam Heat, Electric Light, Etc.

Table is Supplied With the Best the Market Affords.

Also Lunch Counter
Where Soups, Sandwiches, Cheese Tripe, Etc., Etc., are served

BAR IS STOCKED WITH THE BEST BRANDS OF BEER, WINES, LIQUORS & CIGARS

Good Stabling Accomodation
Local and Long Distance Phones

CONESTOGA TRACTION CO.

LANCASTER, ROHRERSTOWN, MT JOY AND ELIZABETHTOWN DIVISION

Schedule in effect January 1, 1914.
Westward—Leave Lancaster, 4:00, 5:15, 6:15, 7:15, 8:15, 9:15, 10:15, 11:15 a. m.; 12:15, 1:15, 2:15, 3:15, 4:15, 5:15, 6:15, 7:15, 8:15, 9:45, 11:15 p. m.

Eastward—Leave Elizabethtown, 5:15, 6:45, 7:45, 8:45, 9:45, 10:45, 11:45 a. m.; 12:45, 1:45, 2:45, 3:45, 4:45, 5:45, 6:45, 7:45, 8:45, 9:30, 11:15 p. m. 12:30 a. m.

Additional car daily except Sunday leaves Mt. Joy at 6:15 a. m., arriving at Lancaster at 7:15 a. m.

Saturdays cars every half hour leaving Lancaster from 6:15 a. m. to 7:15 p. m.; leaving Mt. Joy from 7:15 a. m. to 8:15 p. m.

On Saturdays a car will leave Lancaster at 9:15 and 10:15 p. m.; leave Elizabethtown at 10:45 and 11:45 p. m.

Sundays, cars every half hour from May 1 to Nov. 1, leaving Lancaster from 7:15 a. m. to 7:15 p. m.; leave Mt. Joy from 8:45 a. m. to 8:15 p. m.

Sundays, cars every half hour from Nov. 1 to May 1, leaving Lancaster from 2:15 p. m. to 7:15 p. m.; leaving Mt. Joy from 3:15 p. m. to 8:15 p. m.

Sundays, first car leaves Lancaster at 6:15 a. m.; leaves Elizabethtown 7:30 a. m.
(*Dally except Saturday.)

Elgin Watches

AT Special Sale

IN GOLD FILLED CASES.
Guaranteed for Twenty Years.

\$7.75

Cases in different designs, engine turned, plain polish and engraved. Monogram or initials engraved free.

Don W. Gorrecht
(Near Bowman's Store)
MOUNT JOY, PA.

Advertise in the Mt. Joy Bulletin. Subscribe for the Mt. Joy Bulletin. Advertise in the Mt. Joy Bulletin.

DON'T DECIDE ON A HAT

Until You Have Seen The Wonderful Values Which We Are Offering In Hats and Trimmings During

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Lancaster, Penna.